



## DOH Seeking Information to Establish Statewide Fallen Worker Memorial for Highway Safety

CHARLESTON- The West Virginia Division of Highways is seeking assistance from the public in order to establish a statewide fallen worker memorial for highway safety to honor those who lost their lives while performing their jobs.

The first step toward success of this project is to collect the names of those fallen workers. WVDOH staff have been able to track work zone fatalities through the mid 1970's and continue to research job related deaths at the state archives. The DOH is now reaching out to the public for any information that could help us honor the fallen.

For inclusion on the memorial, the deceased must have been an active full-time or part-time employee of the Division of Highways, Department of Highways or the State Road Commission. The death must have been from a work-related accident or injury. The names of the honorees, once permission is granted by their families, will be enshrined on the memorial.

This will include employees who died from 1921 to the present. Room will be left for names to be added, although we continue to campaign for no more work-related deaths on West Virginia roadways.

The memorial's design will be selected from entries submitted by WVDOH employees.

This effort has been spearheaded by WVDOH District 3 staff. After a fellow employee, Randy Bland, was fatally struck while performing his job in a work zone, a committee gathered to look at ways to honor Randy's sacrifice. In doing so, they found that there is nothing, statewide, that honors the many men and women who have made the same sacrifice. The committee arrived at the idea to construct a memorial that honors all state highway transportation workers who died performing their jobs.

The memorial will be placed at the Williamstown I-77 Welcome Center where family members, friends and colleagues can reflect on their loss and where the traveling public can become more aware of why safety is of the utmost importance by reflecting on the sacrifices made by those honored.

Please assist our efforts by gathering and forwarding names, a brief synopsis of their accidental death, and any available family contact information for any workers meeting the criteria. Information can be sent by email to [Candice.M.Caviness@wv.gov](mailto:Candice.M.Caviness@wv.gov) or by mail:

Excerpt: <http://www.transportation.wv.gov/communications/PressRelease/Pages/DOH-Seeking-Information-to-Establish-Statewide-Fallen-Worker-Memorial-for-Highway-Safety.aspx>



### DBE Opportunities

**DBE Clinic – Dec. 7<sup>th</sup>, 9AM – 12PM**

- WVDOT Pre-Qualification
- Bid Letting Work Opportunities
- Marketing Construction
- Technical Bidding Support

**Location:** Courtyard Marriott  
100 Kanawha Blvd East  
Charleston, WV

RSVP: 855-678-9323

### About The Program

The Construction Estimating Institute (CEI) works with West Virginia Department of Transportation (WVDOT) as the statewide provider of the federally funded Disadvantaged Business Enterprises (DBE) Supportive Services Program.

We want to increase the number of certified DBEs participating in highway and bridge construction, as well as assist DBEs in growing and eventually becoming self-sufficient. Additionally, CEI provides supportive services by assisting prime contractors and consultants with identifying DBEs for subcontracting opportunities on priority projects.

## Survive the Holidays: 4 Tips for Small Businesses



Here are some tips for small business owners, so that they can manage the stress of a busy holiday season

### 1. Tune out

Do only one thing at a time and give it your full attention. Filter out the noise, whether it's inter-office friction, compounding what-ifs and worst-case scenarios, or your digital life. It might be a good time to unplug, check email less often, and give yourself a break. Don't feel guilty for checking out early, everything will still be there when you get back.

### 2. Set boundaries

If you're the owner of a small business, chances are you run yourself pretty thin most times of the year. Now is the season to set some serious boundaries for yourself so you don't get too overloaded. Delegate responsibilities to savvy partners and employees, and be sure to just say no to some things. Don't take on too much, and be realistic about how much you can single-handedly accomplish during this busy time. Be sure to carve out plenty of breathing room: the holiday season can tend to drag things out, so spacious blocks of time will come in handy when you're smashed in between teenage sisters testing out a multitude of fragrances at Macy's.

### 3. Do your best

Chances are, especially if you're a retailer, you've already initiated your plans for discounts, specials, and promotions over the holidays. If there are hiccups or things fail to run smoothly, it can feel extra climactic during this time of year. If you're particularly perfectionistic, things can feel out of control and stress levels can peak. Respond to customer concerns and maybe even alter your policies slightly to offer some leniency to buyers: the effort can go a long way in securing trust and building future business.

### 4. Find meaning

The holiday season is a perfect opportunity to step back and focus on what really matters. Seek out a purpose that can help lift your spirits and maybe volunteer or make charitable donations. In looking at the big stuff, you may also find that you want to cut some holiday hours to offer your employees a little more time with their families or throw a festive party to instill some togetherness.

Hopefully these four tips can help bring a little peace and calm to your season. Coupled with the promise of socially acceptable binges on simple carbohydrates and fine cheeses, you'll make it through just fine.

Excerpt: [www.forte.net/blog/survive-holidays-4-tips-small-business-owners/](http://www.forte.net/blog/survive-holidays-4-tips-small-business-owners/)

## Supportive Services Offered



- Estimating Training
- Building Capacity
- Mobilization Financing
- Bonding Assistance
- Marketing Plan Development
- Creating a Business Plan
- Building a Website



CEI is an educational organization providing the highest quality construction training in the industry. Over 100,000 owners, estimators, project managers, field supervisors, office support staff, foremen, laborers, and key management personnel have attended courses that are offered nationwide. The courses provide students with construction skills training and the critical information needed to be effective within their companies and organizations.

CEI DBE Supportive Services

Call 855-678-9DBE (9323) or visit us online at [www.wvdbesupport.com](http://www.wvdbesupport.com)