



TEMPLE BETH SHALOM  
JOYFUL • PERSONAL • ACCESSIBLE

October 2018

Tishri - Cheshvan 5779

# The Window

“Fall” Into Our  
New TBS  
Affinity Groups!

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JOIN US FOR

*First Friday*  
*Service & Dinner*

October 5 | 6:30pm

Enjoy a fun-filled, family friendly service followed by a meal prepared by TBS Men's Club! This month we are having chicken marsala, pasta, garlic bread, & salad.

[rsvp@tbsohio.org](mailto:rsvp@tbsohio.org)

\$10 per adult, \$5 per child,  
maximum of \$30 per family!

# 4 October Events

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> <b>Simchat Torah</b> TBS Office Closed	<b>2</b>	<b>3</b> 9:30am— TBS Mitzvah Corps Tour 1pm— Mah Jongg 4pm— Midweek Hebrew Enrichment	<b>4</b>	<b>5</b> 6:30pm— Family Friendly First Friday Shabbat Services	<b>6</b> 10am— First Aliyah of Jack Zimmer
<b>7</b> 9am— Religious School 12:45pm— Chaverim Apple Picking 7pm— Men's Club Poker	<b>8</b> 10:30am— 10pm MOD Pizza Fundraiser (see pg. 12)	<b>9</b>	<b>10</b> 1pm— Mah Jongg 4pm— Midweek Hebrew Enrichment	<b>11</b>	<b>12</b> 6:30pm— Erev Shabbat Services	<b>13</b> 10am— First Aliyah of Eliana Stahl
<b>14</b> 9am— Religious School 4pm— TBS Board Meeting	<b>15</b>	<b>16</b> 12pm— WBS Lunch & Learn	<b>17</b> 1pm— Mah Jongg 4pm— Midweek Hebrew Enrichment	<b>18</b>	<b>19</b> 6:30pm— Shabbat Chai Musical Erev Shabbat Services w/ the "Sha-band"	<b>20</b> 10am— Tot Shabbat Services
<b>21</b> 9am— Religious School & 3rd grade breakfast 9:15am— WBS Mitzvahs & Mimosas	<b>22</b>	<b>23</b> 7:30pm— Choir Practice	<b>24</b> 1pm— Mah Jongg 4pm— Midweek Hebrew Enrichment 6:30pm— District 12 Forum 7pm— WBS Tupperware Party	<b>25</b> 12pm— Lunch Bunch	<b>26</b> 7:30pm— Erev Shabbat Services	<b>27</b> 9:30am— Healing Circle 10am— First Aliyah of Abby Worly
<b>28</b> 9am— Religious School	<b>29</b>	<b>30</b> 7:30pm— Choir Practice	<b>31</b> 1pm— Mah Jongg			





# Chaverim

(3rd-4th Grades)

## Upcoming Youth Events



10/7

Apple Picking  
at Lynd's Fruit  
Farm



11/4

Rockin' Jump



12/2

Hanukkah  
Party



1/6

Franklin Park  
Conservatory



2/3

Ice Skating



3/3

Westerville  
Watering Hole  
Swimming



4/7

Bowling



5/5

Lag B'Omer  
Camp Fire &  
Temple

For more information, contact Angelo Dunlap at [adunlap@tbsohio.org](mailto:adunlap@tbsohio.org).



# Club 56

(5th-6th Grades)

## Upcoming Youth Events



10/28

Apple Picking  
at Lynd's Fruit  
Farm



11/18

Rockin' Jump



12/9

Hanukkah  
Party



1/13

Franklin Park  
Conservatory



2/10

Ice Skating



3/10

Westerville  
Watering Hole  
Swimming



4/28

Bowling



5/5

Lag B'Omer  
Camp Fire &  
Temple

For more information, contact Angelo Dunlap at [adunlap@tbsohio.org](mailto:adunlap@tbsohio.org).



## Fighting Loneliness: Your TBS Family

During this High Holy Day season, we at Temple Beth Shalom are working through different ways to combat loneliness. The following is an adapted version of my Rosh HaShanah sermon on loneliness and the new Temple initiative to get people involved in small affinity groups.

Around 6:00 am on Tuesday, August 21 of this year, my phone alarm went off. Usually, when we have set those early alarms, we are able to hit the snooze button a few times, as we were likely up in the middle of the night with Asher or Noah... or Jake... or Sammie. But that morning, when the alarm went off, both Lauren and I bolted out of bed. It was the day we had been both anticipating with great joy and at the same time, also dreading for a few weeks: Sammie's first day of Kindergarten. We are very lucky.

Sammie is a go-with-the-flow type kid. She is confident, tends to do ok in new situations, and likes just about everyone. She was excited for her new adventure. We, on the other hand, were terrified. How will she get from the bus to her classroom? Will someone help her open her cheese stick? Does dodgeball still exist and if so, why? Will her teacher be kind? Did we prepare her well enough? Of all the questions we had though, the ones that I found myself most concerned with were, will she make any friends? Will she know anyone else in her class? Will she have someone to eat lunch with? Will she be lonely? Putting our feelings aside for the moment, we woke Sammie up, who was as excited as ever. She immediately picked out clothes for the day (she picked a shirt that said "brilliant" on it, which I thought was a bit presumptuous), and before we knew it, our little peanut, who I'm pretty sure was born yesterday, hopped up onto the bus and waved from the window. Of course, everything went great, other than the nurse calling to say that she had fallen and scraped her knee and elbow during recess. She has some good friends in her class, and she seems not to be sitting alone at lunch.

When reflecting back on that first week of school for Sammie, what I found myself focused most on was the idea of loneliness. I was talking a couple weeks ago to a member of our congregation who had just moved her oldest son to college. Talk about tough parenting transitions. What struck me when talking with her, was that some things don't change between Kindergarten and Freshman year of college, and frankly, throughout our lives. Nobody wants to be lonely. Yes, some of us are introverts and prefer solitude, and that's ok. But solitude is different than loneliness. I imagine all of us here know what loneliness is – that subjective perception of isolation, the discrepancy between the social connections for which we yearn, and the ones we have. Loneliness touches all demographics and religions, all socio-economic levels and races. Quick show of hands, if you feel comfortable, raise your hand if you or someone you know has dealt with some sort of feeling of loneliness in the past six months. Clearly, this is a wide-spread problem.

Recent Scientific research shows that loneliness has become an epidemic in our country and throughout the world, and it carries with it significant health risks. Former Surgeon General Dr. Vivek Murthy wrote in a recent article, "During my years caring for patients the most common pathology I saw was not heart disease or diabetes; it was loneliness. The elderly man who came to our hospital every few weeks seeking relief from chronic pain was also looking for human connection. He was lonely. The middle-aged woman battling advanced HIV who had no one to call to inform that she was sick: She was lonely too. I found that loneliness was often the background of clinical illness, contributing to disease and making it harder for patients to cope and heal.

A recent study found that loneliness and weak social connections are associated with a reduction in lifespan, equal to smoking 15 cigarettes a day, and even greater than health risks associated with obesity. But we haven't focused nearly as much effort on strengthening connections between people as we have on curbing tobacco or obesity. Loneliness is associated with a greater risk of cardiovascular disease, dementia, depression, and anxiety."

In an essay in the New York Times, writer Jonathan Safran Foer wrote, "A couple of weeks ago, I saw a stranger crying in public. I was in Brooklyn's Fort Greene neighborhood, waiting to meet a friend for breakfast. I arrived at the restaurant a few minutes early and was sitting on the bench outside, scrolling through my contact list. A girl, maybe 15 years old, was sitting on the bench opposite me, crying into her phone. I heard her say, "I know, I know, I know" over and over.

What did she know? Had she done something wrong? Was she being comforted? And then she said, "Mama, I know," and the tears came harder.

I was faced with a choice: I could interject myself into her life, or I could respect the boundaries between us. Intervening might make her feel worse, or be inappropriate. But then, it might ease her pain, or be helpful in some straightforward logistical way.

It is harder to intervene than not to, but it is vastly harder to choose to do either than to retreat into the scrolling names of our contact lists, or whatever your favorite iDistraction happens to be. Technology celebrates connectedness, but encourages retreat. The phone didn't make me avoid the human connection, but it did make ignoring her easier in that moment, and more likely, by encouraging me to forget my choice to do so. My daily use of technology has been shaping me into someone more likely to forget others. The flow of water carves rock, a little bit at a time. And our personhood is carved, too, by the flow of our habits."

Perhaps one of the reasons we as a society are so lonely is that we have so many more opportunities than ever before to wall ourselves off.

I imagine many of us have been in this situation. We're in line in the grocery store, and immediately, we're checking Instagram or Facebook. We are at a child's soccer game, and we pull out our phones, maybe just to take a picture, and the allure

of the app brings us in. Maybe we are waiting for Rosh HaShanah services to begin, or to end for that matter, so we distract ourselves by taking out our phones. When we do that though, perhaps we are losing precious opportunities to interact with people around us. Each time we pull out our phones, as Foer said, we shape ourselves.

Perhaps this helps us understand why loneliness isn't just a fleeting feeling, leaving us sad for a few hours to a few days. Research in recent years suggests that for many people, loneliness is more like a chronic ache, affecting their daily lives and sense of well-being.

A story from National Public Radio reports that "In January of this year, a nationwide survey by the health insurer Cigna finds that loneliness is widespread in America, with nearly 50 percent of respondents reporting that they feel alone or left out always or sometimes.

More than half of survey respondents — 54 percent — said they always or sometimes feel that no one knows them well. Fifty-six percent reported they sometimes or always felt like the people around them "are not necessarily *with* them."

An industry has even popped up around people's loneliness. There's an app called "Hey!" where you can find new friends within a half-mile of your current location and meet for coffee. There's an app called "backtalk" where you can talk with a robot with artificial intelligence. There are even a number of apps like cuddlist.com where you can pay a professional cuddler to come and cuddle you in your home or in theirs. That sounds comfortable, doesn't it? And, there are new living spaces called "Adult dorms," aimed specifically at lonely millennials. But many of these solutions don't actually do the job. How is it that we can feel so alone, so isolated, even when there are so many people around us?

Interestingly though, this survey also finds that our phones aren't necessarily the cause of our country's loneliness epidemic. Our constant attachment to our devices is more likely a symptom of a bigger problem. We as a society are working too much, not getting enough sleep, not spending enough time with loved ones, and not engaging in enough physical activity. Maybe all of these factors push us toward doing what seems to be easiest — looking down at our phones rather than up at each other.

Rabbi Richard Plavin teaches, "When I was a student at the seminary we loved to tell stories about our revered teachers. One story told of the great Bible scholar H.L. Ginzberg and the renowned philosopher, Abraham Joshua Heschel. Heschel met Ginzberg in the stairwell and posed this question: Who was the most tragic figure in the Bible? Ginzberg provided the most obvious answers: Jacob, Job, Jeremiah, but Heschel rejected them all. He said that the most tragic figure in the Bible was God. Why? Because God was so alone. Perhaps the answer to why God bothered to create humanity is that God was desperately lonely and needed company. That also explains why the Eternal created us "B'tzlmo — in God's image." We like to hang out with people like ourselves, and it seems God does too." Could it be that in Genesis, we are learning not just the creation story, but also about the creation of real relationships?

The ultimate story in the Talmud about loneliness concerns a man called Choni HaMagal, Choni the Circlemaker." The Talmud tells us that Choni fell asleep in a cave one night and did not wake up for 70 years. I imagine he at least felt refreshed after that. Choni wakes up, leaves the cave, and soon thereafter realizes that he's 70 years in the future and that everyone he had ever known was gone. He is utterly abandoned. His pain is so intense that he prays for death to escape his intolerable loneliness. The Talmud uses a memorable phrase in that story. "O *chevruta, o metuta*" "Give me companionship or give me death."

A few years ago, Jewish Lights published a book called Relational Judaism which discusses how to transform congregations through the power of relationships. Dr. Ron Wolfson writes, "It's all about relationships. People will come to synagogues for programs, but they will stay for relationships. Programs are wonderful opportunities for community members to gather, to celebrate, to learn. But ultimately, it's not about programs. It's not about marketing. It's not about branding, labels, logos, clever titles, websites or apps. It's not even about institutions. It's about relationships."

## Temple Beth Shalom

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If you have a really good memory, you may remember that about 10 years ago, Rabbi Apothaker and I gave a joint Rosh HaShanah sermon about the importance of small affinity group communities within our larger Temple community. Because I have a hard time remembering what I said yesterday, let alone 10 years ago, allow me to remind you. I started off our joint sermon by telling you about a huge megachurch in Cincinnati called Crossroads. When I was a rabbinical student in Cincinnati, one Sunday a friend and I went undercover to Crossroads to see what all the hype was about.

When inside the auditorium with almost 1000 other people, something immediately became clear to us. It wasn't just a room of 1000 people, it was clear that it was more like 100 groups of about 10 people each. I could clearly see that there were smaller groups of people who were excited to be together, who seemed to care about each other. I could imagine them saying to each other, "let's meet at church tomorrow morning. See you there." People showed up to see their close friends – to be in a group where their attendance on a Sunday mattered to someone else. In these small groups called affinity groups, if someone doesn't show up, the others in the group will call and text to make sure everything is ok. Looking for plans on a Saturday night? No problem, your group of close friends is planning something great. Need someone with whom to celebrate the holidays? So do the other members of your group. Need someone by your side at a trying time in your life? Your people will be there. It's a seemingly simple idea, and it's something that many Christian communities have been doing well and on purpose for years now. In the last five years, Jewish congregations have started shifting their focus from programs to relationships. In a congregation like ours, where so many people weren't born in Columbus, people in these connected groups become each other's in-town family. The go-to people. The people you can count on. We clergy will always be able to give sermons, run services, teach classes, visit people in need, but the greatest service that our congregation can offer you is a sense of belonging, a sense of connectedness, a sense of friendship and camaraderie, a sense of Jewish identity.

As we begin 5779 I want you to know: you do not have to be lonely. We can help you find your people here in the Temple community. This idea of creating affinity groups is so important to our Temple Board leadership that we have created a new position on our staff called "Engagement Coordinator." Our new Engagement Coordinator is Hannah Rossio, a recent college graduate who has lots of energy and lots of great ideas. To add to our amazing Women of Beth Shalom and TBS Men's Club, here are some of the groups that we are attempting to start this year: The Creative Writers Guild, A knitting circle, Chronic Illness support group, Help I have a Teenager!, Lost loved ones support group, Two-wheeled TBSers for cycling, LGBT celebration group, TBS Around Town monthly touring group, Recently Retired support group, Bakers of TBS, Music Lovers, Mahj players, Football fans, Healing circle, Jewdies (Jewish Foodies trying new restaurants), 20s/30's Happy Hour, New Empty Nesters, Learn Yiddish Club, Friends of 4-Legged Friends, Environmental Lovers, Toddler Playgroups, Babies and Bagels, Israel Club, Walking groups, Book clubs, Wine and Paint nights, navigating married life, and more! Yes, that's a lot of groups. And Hannah is open to other suggestions for groups. As you heard, some of these are based in programming, like the TBS Around town, where a bus will take people to the Art Museum, Clippers Games, etc., and some of them are based in shared affinities. They might not all take off – we don't know that yet. But the goal of every single group here at the Temple is for people to connect with one another, to find others with whom to share life experiences, to ensure that next year at this time we feel more connected and less lonely.

Retired physician Mike Bernstein writes, "After my wife of 44 years died, I didn't feel the urge to socialize or really do anything at all. I spent much of that first year sitting in our house, watching TV. I was living, but not really. I hadn't lived a day without my wife since I was 18 years old, and I immediately fell into deep despair and loneliness. But that didn't stop my friend Ron from inviting me to join a group of guys who got together every Thursday for dinner. I told him I wasn't ready. I couldn't pretend that everything was ok. He called again the next week, and again I said no. He kept calling every single week for six months until finally, I said, "OK, I'll go. Anything to keep you from calling me every week." It has now been five years since my wife died, and thanks to Ron, I am now part of a dinner group that meets every week, and we've dubbed the group ROMEO— Retired Old Men Eating Out. And of course, it's so much more than the meal out each week. I have a bunch of guys who care about me. If I miss a week, my phone starts ringing. If there's a new restaurant opening or an exhibit at the museum or a game or a movie, I don't have to go alone. And if I am feeling lonely, which I sometimes do, I have friends who feel like family, who will drop everything to help one another. It is more than I could have ever hoped for."

We do not have to be lonely. We have the ability to create a caring community right here, all we have to do is reach out to one another. Put your name on the list. Sign up for a group. Let us fulfill the most important mission of this congregation: to care about one another, to experience life and Jewish tradition together, to be a *kehillah kedosha*, a holy community. We sang earlier this morning, "*Heinei Mah Tov, u'Manayim Shevet Achim Gam Yachad*." How good and pleasing it is when we all dwell together. But if you are familiar with Hebrew, you may know that the sentence would be just as meaningful if it would have said "*shevet achim yachad*." The word "gam" seems superfluous here. But according to a mystical Jewish text, the word "gam" signifies God's presence when we come together, godliness dwelling in our relationships. When we sit together as one, when we come together face to face as a community, when we support one another and care for one another, when we agree that none of us needs to be lonely, then Hinei Mah tov umanayim, shevet achim GAM yachad, how good it will be that we can dwell together, seeing God's presence in each other's faces.

You can sign up for any of the new groups at [www.tbsohio.org](http://www.tbsohio.org) under "Get Involved." Groups are forming now, so it's the perfect time to join!

# Cantorial Corner with Gail Rose 9



In last month's issue of The Window, I published biographies of the 15 people that provided musical leadership for the various High Holiday Services at TBS. Bravo and thank you to all of these incredibly talented people for providing us with beautiful and meaningful services. Another group of talented people who played a huge part in the beauty and spirituality of our High Holiday Services is the Sharyonim Choir. I would like to introduce you to these dedicated and talented musicians.

**Soprano Section—Madalyn Benjamin** moved to New Albany in 2004 upon her husband, Roger's, retirement. She joined TBS and began singing with the Sharyonim about 10 years ago. Madalyn also sings with Columbus Chorus of Sweet Adeline's. Madalyn is a retired RN and has 3 sons and 6 grandkids. Regretfully none of whom live near. "We are so lucky to be learning and singing with the BEST, Debbie and Gail and a bunch of talented and committed singers."

**Susan Bugenstein** has been in Sharyonim for over 10 years. She loves to read and will read anything! Susan likes animals, knitting and gardening. Her favorite flower is the grape hyacinth. Susan has also been in many Purimspiels and has had several leading roles.

**Cindy Cohen** has been part of the soprano section for 4 years. Cindy has participated in choirs since Junior High School. She has been a participant in the TBS Purim Spiels and has played the roles of Esther and Vashti. "As a member of the choir, I get to sing beautiful songs with beautiful people. I am uplifted and truly blessed in the beauty of the music."

**Wendy Cohen** has been singing all her life. She is a huge fan of musical theater and has been involved in numerous productions around the city. Wendy spent 9 years as a cantorial soloist and is currently a B'nai Mitzvah tutor. Judy Radin has been with the choir for 17 years. She loves to sing and play the piano. She has been a customer service rep for the past 12 years and is also a marketer for her husband Edwin M. Radin's children's books. Judy loves singing with her friends from The Sharyonim Choir.

**Alto Section—Susie Blank** has been a member of the TBS choir, The Sharyonim, for 8 years. In addition to 20 years of selling hospital/laboratory equipment, she has been teaching 2nd & 4th grade Judaics at the TBS religious school for 16 years. Susie also sings with the Harmony Project. "Singing totally feeds my soul!"

**Marian Cuenot** joined the choir in 2002 because she loves to sing and enjoys Jewish music. This passion for music was learned from her paternal Grandmother, Many (Miriam) and her father, Manny Elman both of blessed memory. After retiring from a 26 year career of teaching preschoolers with disabilities, Marian has more time to be with all of the delightful people of the Sharyonim choir. "Music is good for your soul."

**Connie Hirsh** has been a member of Sharyonim for 14 years, joining shortly after her family joined TBS. She comes from a family of singers, including her great-grandfather who was a Cantor. She has been in choirs since elementary school and was in the NJ All-State Chorus. Although she loves to sing and admires those who make music a career, she is happy in her roles outside of music as a psychiatrist at Optima Behavioral Health and mother to Ariel, Alice, and Harry.

**Robin Leasure** is a native of Columbus and TBS has been her temple all of her life. Robin not only sings with TBS's choir but also teaches 5<sup>th</sup> Grade Hebrew and 6<sup>th</sup> grade Judaics for our Kehillat Torah Religious School and is a Bar/Bat Mitzvah trainer.

**Marlene Levine** has been a member of TBS since her marriage to Phil Edelsberg at the old Temple in 1988. She has sung with our choir for many years except for a 10 year absence when she and Phil lived out of town. During her absence, she sang with Mount Zion Congregation in St. Paul, MN and Congregation Beth Shalom in Naperville, IL. She rejoined the choir after returning to Columbus in 2014.

**Cindy Radvisky** has been singing with Sharyonim for so many years that she has lost count! She loves the camaraderie of the group and the beautiful music that is made together. Cindy finds it gratifying to work under Debbie Costa's fantastic guidance. "I think we have all progressed immensely over the past few years--especially improving our sound as a choir as we tackle increasingly difficult four-part harmonies." Cindy teaches math at OSU in Newark. She enjoys being in the student role and having the opportunity to observe Debbie's excellent teaching strategies. It's great welcoming so many new members to the choir.

**Tenor Section—Rachael Goldblatt** shares both her singing and artistic talents with TBS in many ways: Sharyonim Choir, Purim Spiel actress/singer, scenic designer for Purim Spiels and float creator for our Pride Parade participation.

**Joel Kent** is originally from Akron. He and his wife, Gerry, have been members of TBS since 1988. Besides singing tenor with Sharyonim since 2000, Joel has served on the TBS Board of Trustees four times and served as Board Co-President from 2010-2012. Having retired from the Supreme Court of Ohio, Kent is able to enjoy his 5 grand-children and studying languages.

**Arthur Rose** has been singing all of life. He was a tenor in his Jr. High School and High School choirs. While in High School, Dr. Rose joined his native city's (Houston, Texas) award-winning Barbershop Chorus, The Tide landers. Arthur continued his singing in The University of Texas's Longhorn Singers and formed a specialty quartet, 40 Acre Four. This quartet still combines their voices to sing at each other's' simchas.

**Emma Rose** came to Columbus in May 2011 alone, not knowing anyone here. After meeting a few people at Starbucks over that summer, they asked her to join the choir for the upcoming High Holidays. That was the beginning of wonderful friendships and opportunities. "I am so thankful for the welcome and ongoing support of this caring musical community!"

**Tom Shook** has been in the choir at least 20 years. Shook is a "retired" band director who teaches private music lessons, writes marching band shows, runs a clarinet choir, judges music contests and plays in musicals, the Heisey Wind Ensemble and in the TBS Klezmer band. My prize clarinet student is Daniel Griffaton who also performs in the Klezmer band. Did I mention I have 4 grandchildren and a wife who encourages me to spend a lot of time with them?

**Barry Yaillen** has lived in 7 different cities: Detroit, Lincoln, Pittsburgh, Morgantown, Highland Park, South Orange, St. Louis, and then Columbus. He has been singing with the Sharyonim choir since it was founded in 1989. Over the years he has also enjoyed singing in choirs at Tifereth Israel, Temple Israel, Koleinu, the Jewish Community Choir, and the Mazal Tones. His parents are originally from Milwaukee, WI, (where Rabbi Benji is from), and he went to the same Jewish summer camp where Benji was a song leader (many years after he was a camper there). "Connections across the country and across the generations."

**Bass Section—Marvin Blank** has been a member of holiday and community choirs for many years. He has been a teacher at the religious school for 16 years. "I am looking forward to feeding my Jewish soul with music and teaching for many more years to come."

**Nick Ciranni** was raised in Coney Island and loves to travel back to his hometown. He has been active in our choir as a singer and guitarist for over 20 years and has played the role of Haman in the Purim spiel for 15 years. Nick is also a member of TBS's Klezmer Band and Shabband.

**Michael Cohen** has always had a passion for singing. He remembers singing with his friends in various places like the city subway system for its unique echo effects. Dr. Cohen never found time to pursue this interest, but now in retirement, he is exploring his voice singing in harmony to God.

**Brad Goldman** has participated as a singer and a conductor in many choirs. When Brad is not involved vocally in a TBS service, we can see him playing trombone or tuba in the TBS Klezmer Band, Shabband and in the orchestra pit for local theaters. Goldman's twin daughters and son also share their father's talents and love of music.

**Edwin M Radin** has been with The Sharyonim Choir since inception, 33 years ago. He is an author of children's books and an autobiography about his years in Scouting, called *The Troop Clown*. Ed is currently writing a novel dealing with The Kaballah. He loves singing with The Sharyonim and for the Temple.

**Jonathan Schaffir** is an ob/gyn on the medical school faculty at Ohio State. He has only been in the choir for one year but has sung previously in college a cappella groups, with his wife at piano bars, and to torture his children with show tunes in the car.

# 10 CHAI-er Learning with Rabbi Lenette Herzog



## **“Zichroni Livracha”: May My Memory be for a Blessing**

*I am honored to share with you an abridged version of my Kol Nidre sermon*

In your mind, I want you to imagine going to a funeral. You see yourself going to the funeral parlor, parking the car, and getting out. As you walk inside the building, you notice the flowers, and soft music playing. You see faces of friends and family you pass along the way. You feel the shared sorrow of losing, the joy of having known, that radiates from the hearts of the people there. As you walk down to the front of the room and look at the photos, you suddenly come face to face with yourself. This is your funeral. All these people have come to honor you, to express feelings of love and appreciation for your life.

On Rosh Hashanah, the world was created. We cast our sins in *living* waters. We are able to start anew, the agents of our own transformation. But on Yom Kippur, we rehearse the end of our creation. We wear white, like burial shrouds; if we are able, we do not eat or drink; we don't wear makeup, perfume or leather; partners are not intimate. We confess our sins, and at the end of Neilah, we chant the Shema, just as we recite a final confession, and the Shema before our deaths. We compare ourselves to a shriveled leaf, withered grass, a passing cloud.

On Yom Kippur, we remind ourselves: I am going to die.

For some of us, admittedly, this might hit close to home. Some in our midst might be experiencing Yom Kippur for the first time without a loved one, someone who sat next to us just last year. Some of us might be dealing with difficult diagnoses, for whom “who shall live and who shall die” is difficult to say aloud.

But most of us don't spend our days staring death in the face and contemplating our mortality. As humans who no longer have to run from predators, as most of us are lucky enough to not worry about food and shelter, it's just not in our wiring. Spending too much time thinking about death has the potential to paralyze us from taking any risks, or doing anything at all, really.

This is compounded by our society. As Americans, our society doesn't value contemplating our mortality - it's not brought up in schools, nor is preparing ourselves for grief, or how to help others with it. Instead, our society is obsessed with youth, and with looking as young as possible. This pressure is particularly felt among us women. The global Anti-Aging market - hiding our wrinkles, dying our hair, and so on - was worth 250 billion dollars in 2016 and estimated to reach 331 billion by 2021.

In one scene of their famous comic strip adventures, Calvin and Hobbes come across a dead bird in the forest. Calvin muses, “You realize that our existence is very fragile, temporary and precious. But to go on with your daily affairs, you can't really think about that....which is probably why everyone takes the world for granted and acts so thoughtlessly.” At the end of the comic, Calvin hopes that it will make sense when he grows up.

But it doesn't. Perhaps we personally go through moments of acknowledging our own deaths; perhaps we have a magnet on the fridge that says “Enjoy every moment!”; perhaps we volunteer at hospitals and visit those who are ill. But those feelings and moments are fleeting. Out of necessity and out of discomfort, we willfully forget that our time is limited. Yom Kippur gives us the opportunity to deeply, and uncomfortably, stare into the abyss. To visit our own funerals. To think about our deaths - no matter our age - not in the distant future, but in the immediate, present moment.

I'd like for us to close our eyes again and go back to whatever image you created in your mind, at your own funeral. You walk down the aisle and take a seat, waiting for the service to begin. As you look at the program in your hand, you see there will be four speakers. Imagine for a moment, who those four people might be. Perhaps one or two are family members. Perhaps a dear friend, a colleague, or someone from a community organization, or this synagogue.

Take a few moments, with those people in your mind, and imagine: what do you think those speakers would say about you? What kind of sibling, parent, or partner, would you like their words to reflect? What kind of friend or colleague? What character would you like them to have seen in you? What will they always remember? What part of you will live on in them?

This exercise, originally written by Stephen Covey, but very much in the spirit of Yom Kippur, is intended to recalibrate our values and our priorities. He calls it, “Begin with the end in mind.” Not the end of a project or a visit. Begin with the literal end in mind.

David Brooks, an op-ed writer for the New York Times, discusses in his column the idea of resume virtues and eulogy virtues. As you can probably guess, resume virtues are skills you bring to your job - your skills, your effectiveness, your success. But your eulogy virtues are the ones that are talked about at your funeral - your compassion, your humor, your love. And while we can probably all agree that your eulogy virtues are more important than the resume ones, we have to ask ourselves - which of those is prioritized by our education system and our culture, and where do we tend to spend the most time? Our resume. Not our eulogy.

And that's ironic, because even the people who have accomplished great things in our world - who arguably have the greatest resumes of all time! - at their funerals, that's not what they're remembered for.

When Mona Simpson gave a eulogy for her brother, Steve Jobs, she didn't talk about his impact on technology. She



said that while Steve Jobs worked on what he loved, what he really loved was *love* - his family and his love of learning. How he was intensely emotional. How he slow danced with his son Reed at Reed's graduation, and how he helped his daughter Eve foster a love of horses.

And Oprah Winfrey's eulogy of Maya Angelou didn't focus on the commercial success of her books and poems. Instead, Oprah said, "She was my spiritual queen mother and everything that that word implies. **She was the ultimate teacher. She taught me the poetry of courage and respect.**"

Over the next twenty-four hours, we have an opportunity to seal our teshuva - should we choose to take it, an opportunity to identify and *return* to our eulogy virtues, so that our loved ones will actually eulogize about us, what we just imagined tonight.

For me, the best of eulogy virtues couldn't be more contained in a person than Mr. Fred Rogers. I don't know about you, but even just hearing his name - imagining his voice - fills me with a sense of calm. This summer I found myself laughing and crying through the documentary *Won't You Be My Neighbor*, and perhaps you did too. In his 50 years of television, Mr. Rogers invited generations of us to be his neighbor. Mr. Rogers didn't teach us about resume values - he didn't teach us about persuasive speech, or how to quickly climb to the top, or to define success by your paycheck or the square footage of your home.

He taught us that "real revelation comes through silence" by setting an egg timer for sixty seconds and just letting it run. To enjoy the simple everyday routines, such as taking off your shoes or feeding the fish. How, when you asked someone a question, instead of just thinking about your response, to patiently wait for an answer. That "there's no 'should' or 'should not' when it comes to having feelings." That we should value and voice the messy and difficult feelings - even anger - and we always have the choice to manage them. To be creative, try new things, and grow ideas in the garden of our minds. He advocated for peace and inclusion. He spoke with children about loss and grief and death.

He told us - through our screens, he seemed to speak to each of us, saying, "you have made today a special day - just by you being you. And I like you just the way you are."

But I think my favorite "eulogy virtues" quote from Mr. Rogers is this one:

"You know, I think everybody longs to be loved, and longs to know that he or she is lovable. And, consequently, the greatest thing that we can do is to help somebody know that they're loved and capable of loving."

In one segment on the show, Daniel Tiger, the main puppet of the show voiced by Mr. Rogers, Daniel asks a human character, Lady Aberlin, "Am I a mistake?"

Not, did I *make* a mistake. Am I a mistake. Daniel elaborates, of course in song. "Sometimes I wonder if I'm a mistake, I'm not like anyone else, I know, when I'm asleep or even awake, sometimes I get to dreaming that I'm just a fake. I'm not like anyone else."

Lady Aberlin listens to Daniel. She doesn't say that he's wrong, or to ignore the feelings. She asks him what he means, and then she sings back that she loves him just the way she is. Aberlin sings, "I do like the person that you are becoming. When you are sleeping, when you are waking, you're not a fake. You're no mistake. You are my friend." Daniel isn't convinced. He sings his lyrics again, and Aberlin responds - and it becomes a duet. Then Daniel feels comforted and accepted by his friend, Aberlin.

"The greatest thing that we can do is to help somebody know that they're loved and capable of loving." I believe this is what Mr. Rogers meant by being our neighbor.

When we think about Yom Kippur as a time to recommit to our eulogy virtues - Yom Kippur becomes a joyous holiday. Our ancient rabbis teach that Yom HaKippurim - Yom Kippur's full name, "The Day of Atonement," is actually a play on words. It also means Yom K'Purim - a day like Purim. And while of course we aren't bounding around in costumes and putting on a huge spiel, there is joy in staring death in the face - and recommitting to life.

We don't talk much about death in Judaism - aside from today - because Judaism prioritizes the here and now.

As we stare into the abyss....and perhaps tomorrow is also a good day to discuss end of life planning with your family.....ask yourself - how do you want to be remembered?

When Mr. Rogers accepted his Lifetime Achievement award at the Emmys, he didn't spend the time talking about himself - of course. Instead, he said, "So many people have helped me to come to this night. Some of you are here, some are far away, some are even in heaven. All of us have special ones who loved us into being. Would you just take, along with me, ten seconds to think of the people who have helped you become who you are, those who cared about you and wanted what was best for you in life."

Mr. Rogers, of blessed memory, then said, "Whomever you've been thinking about, how pleased they must be to know the difference you feel they have made."

May each of us, as we are living, and when we are not, be that person for someone else.

*G'mar Chatima Tova* - may you be sealed for a good 5779.



+



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# The Directive with Bonnie Abramowitz 13



## Thank You!

I am thankful to all of you for a wonderful September and for making the High Holy Days a success for our congregation. At this time of year we gather in numbers far greater than any other time of year, and you helped us tremendously by bringing your security passes, participating in worship, and treating us to your kind smile and words as you entered our sacred space. For all the volunteers who ushered, helped with mailings, and prepared food – you continue to show what community is all about and helped to make us shine as a Jewish community.

Our BeSTY food drive will continue through the first week in October. Please bring non-perishable items to help the Mid Ohio Food Bank. Thank you so much to all who have already delivered bags to us.

## **Annual Appeal Update:**

Our Annual Appeal letter was mailed last week, and have already received over 30 pledges back! Thank you! Your generosity means so much. Many congregants are not fully aware of the significance of this annual fundraiser, and why it is so important to TBS. Why are these funds needed?

- The Annual Appeal is our biggest annual fundraiser and helps fill in the shortfall between our operating needs and money collected from Membership and Religious school dollars.
- Through this fundraiser, you ensure Temple Beth Shalom remains a thriving community today and for the future. Your donation supports everything we do here at TBS-programming, religious services, education, social action, and more.
- EVERY contribution is important, regardless of the amount, and is critical for our success. Your contribution matters.
- Our goal for the Annual Appeal this year is \$25,000, and participation from 30% of the congregation.

You can mail back the donation form you received in the mail, or you can make a donation right on our website at [www.tbsohio.org/donate](http://www.tbsohio.org/donate). Please help us to meet our goals.

## THERE ARE MANY AVENUES TO GIVE TO TBS!

- ~ Donate via check or credit card
- ~ donate gifts of stocks or securities
- ~ donate through a donor advised fund
- ~ donate matching gifts through your employer
- ~ name TBS in your estate plan
- ~ planned giving

Did you know you can donate appreciated stock to Temple Beth Shalom?  
Why might this be an attractive option?

According to Fidelity Investments, by donating stock that has appreciated more than a year, you are giving 20% more than if you sold the stock and then made the cash donation. Why? You avoid paying the capital gains tax.

There are other potential tax benefits, but due to the new tax law changes, it is important that you consult with your tax advisor to see if this option is right for you.

WANT TO KNOW MORE ABOUT ONE OF THE ABOVE?  
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THAT IS RIGHT FOR YOU.



Save the date

# LUNCH & LEARN

Tuesday, October 16 | 12pm

Optional lunch to follow



Women of Beth Shalom

Save The Date

# LUNCH BUNCH

THURSDAY, OCTOBER 25 | 12PM

\$10



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# TBS Men's Club Poker Night



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7PM | TBS



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# 16 Simcha Station

## October Birthdays

October 1st — Jacob Dobres, Richard Schwartz,  
October 2nd — Naomi Cohen  
October 3rd — Scott Baker, Roger Benjamin,  
Betsy Schuster  
October 4th — Randy Bank, Steven Grossman,  
Richard Kallenberg, Mark Koval,  
Anthony Liccardi, Gabrielle Wenter  
October 6th — Stephanie Eckstein  
October 7th — Bonnie Joseph, Rachel Potnick  
October 8th — Andrea Alpert, Ethel Meizlish, Eve Schmidt  
October 9th — Beverly Benzakein, Matthew Kauffman,  
Daniel Lang, Stephen Lansky  
October 10th — Elaine Barnett, Jonathan Feibel,  
Alisa Handmaker, Lyudmilla Litmanovsky  
October 11th — Patrick Boyce  
October 12th — Randall Cuenot, Jeffrey Salon,  
Sandy Wylie  
October 13th — Abbie Friedman, David Segal,  
Chris Zimmer  
October 14th — Chris Zimmer  
October 15th — Michael Bloch, Carol Rich, Alfred Spiegler  
October 16th — Brian Benson, Lynn Dobb, Steve Herman,  
Deborah Leasure, Morna Smith,  
Adry Tomer  
October 17th — Lauren Bar-Lev, Julie Handler,  
June Sahara  
October 18th — Philip Goldstein  
October 19th — Meryl Palestrant  
October 20th — Ruth Bank, Steve Skilken  
October 21st — Joshua Silverman  
October 22nd — Todd Odess, Alyssa Schottenstein,  
Jody Schwartz  
October 23rd — Jo Anne Grossman  
October 24th — Andrew Klein  
October 25th — Toni Lattimer, Sherri Regester,  
Howard Rosenberg, Stacey Royer  
October 26th — Rebecca Haidt, Karen Stahl  
October 28th — Candy Bar-Lev, Jessica Bullock,  
Jack Joseph, Frank Weiss  
October 29th — Zachary Singer  
October 30th — Justin Slutsky  
October 31st — Marc Kleiman, Rona Rosen, John Royer



## October Anniversaries

October 3rd — Karen & Steven Altschuld  
October 6th — Juliann & Joshua Zeidman  
October 7th — Shari & Stephen Brooks  
October 10th — Andrea Alexander-Shnider & Lance Shnider,  
Deborah & Brian Voronkov  
October 12th — Allison & Brad Eckes  
October 15th — Amanda & Dan Chernyak  
October 16th — LaJune & Bernard Cohen  
October 18th — Julie & Seth Alpert  
October 24th — Robin & Robert Hammond  
October 25th — Debra & Marat Wisebond  
October 26th — Jodi & Jeff Harris, Christie & Mitch Miller,  
Sandra & Michael Roads  
October 27th — Teresa & Steve Belford,  
Tera & Matthew Kauffman  
October 28th — Amy & Corey Dubin, Sara & Jeff Scolnick  
October 30th — Cindy & Alan Weisenberg  
October 31st — Karen & Steve Skilken

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Jack Isaac Zimmer, son of Osi and Chris Zimmer, will be called to the Torah as a Bar Mitzvah on October 6. Jack is a seventh grader at Bexley Middle School and attends TBS Kehillat Torah Religious School. He enjoys playing basketball and video games, reading, and playing with his dogs, Samson and Delilah.

For his Bar Mitzvah project, Jack worked with Angie and Ray's Homeless Community Outreach to collect and deliver flashlights, batteries, socks, and more than 125 backpacks to those living in Columbus' many homeless camps.

Jack would like to thank Rabbi Lenette, Rabbi Benjy, Ben Rosen, Robin Leasure, Hannah Rossio, Pamela Feldman-Hill, and his parents for their support and guidance in helping him prepare for his first aliyah.



On Saturday, October 13<sup>th</sup> at 10 o'clock in the morning, Ellie Stahl, daughter of Karen and Kevin Stahl, sister of Ethan, granddaughter of Diane and Peter Stahl and Ellen and Thomas Hitch is called to the Torah for her First Aliyah.

Ellie is a 7<sup>th</sup> grader at Columbus School for Girls and attends Temple Beth Shalom Kehilliat Torah Religious School. Ellie loves playing volleyball and currently plays for the CSG middle school team. She has quite a mean serve! Ellie also has a love for music and enjoys playing the clarinet, banjo, ukulele and guitar.

For her mitzvah project, Ellie spent time as a Welcome Blanket Volunteer for the Ronald McDonald House Charities of Central Ohio. The blankets Ellie made will be part of the Welcome Bag that each new family to the Ronald McDonald house receives and is to be a comfort to the children as well as a memento of their time spent at the house.



Abigail Rose Worly, will be called to the Torah as a Bat Mitzvah on Saturday, October 27, 2018 at 10:00am. Abby is the daughter of Laurie and Jeff Worly, brother of Alex Worly, granddaughter of Kathy and Jay Worly, and Margie and Jerry Phillips and the great-granddaughter of Yetta Worly.

Abby is a 7th grade student at New Albany Middle School where she is part of the choir, the school musicals and plays field hockey. Abby also has been dancing since the age of 4 at Broadway Bound Dance Center.

For Abby's Mitzvah project she is collecting new sneakers for local children in need.

Thank you Rabbi Benjy, Rabbi Lenette and Hannah Rossio for all of their help preparing Abigail for this special day.

# Mazel tov

Find your people at TBS! We are launching a new Affinity Group initiative to help engage members of our congregation with one another, helping people to find a cohort of friends and "in-town family." There are over 30 different groups for members to enjoy, from the programmatic, like TBS Around Town where we will visit different destinations around Columbus, to special affinity groups such as Newly Empty Nesters, Parents of Teenagers, TBSers who love to cycle, and many more!

You can sign up to join one of the groups below, or send a message to Engagement Coordinator Hannah Rossio to start a new group. Questions? Contact Hannah or call 614-855-4882.

- 20s - 30s Happy Hour
- Babies & Bagels
- Chronic Illness Support Group
- Crazy For Board Games
- Creative Writers' Guild
- Daytime Mahj
- Environmental Lovers
- Family Game Night
- Friends of 4-Legged Friends
- Help! I Have a Teenager!
- Israel Club
- Jewdies
- Jewish Women In Business
- Knitting Circle
- L'dor V'dor
- Learn Yiddish Club
- LGBTQ Celebration Group
- Lost Loved Ones Support Group
- Mahj After Dark
- Music Lovers Unite!
- Navigating Married Life
- Newly Emptied Nests
- Poker Club
- Recently Retired... And Loving It!
- Sharyonim Choir
- Sunday Golf Gurus
- TBS Around Town
- TBS Bakers
- TBS Buckeye Nation
- Two-Wheeled TBSers
- Walking Groups
- Wine & Paint

Visit [tbsohio.org/affinity-groups.html](http://tbsohio.org/affinity-groups.html) to learn more!





Women of Beth Shalom

is having a Tupperware Party!

**Wednesday, October 24 | 7pm**

**Hosted by the fabulous Miss Dee W. Ieye!**

**Come have some snacks, laugh and shop  
for Tupperware with your WBS friends!**



# 20 WBS & Men's Club



Women of Beth Shalom

The Women of Beth Shalom board wants to wish everyone a happy new year. We also want to remind you of some fun events we have planned. In October we have a social action, Mimosas and Mitzvah, planned (TBA) and the famous Dee W. Ieye Tupperware lady on October 24<sup>th</sup>. Come have some snacks, laugh and shop for Tupperware with your WBS friends.

We hope to see everyone soon! Any questions or feedback don't hesitate to send us an email, [www.womenofbethshalom@gmail.com](mailto:www.womenofbethshalom@gmail.com)  
Lesley Thompson and Rachel Westrick

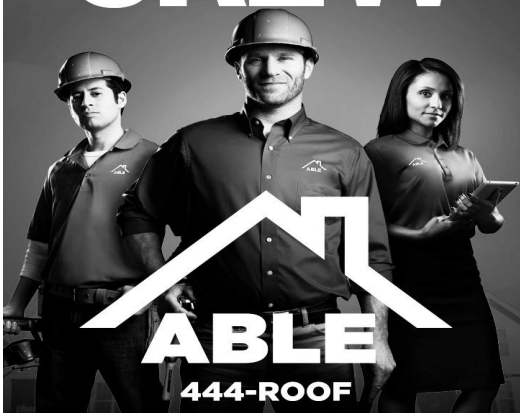


Thank you to Brett Handmaker, Bob Sanford, Jan Cohen, and Todd Goldman for building the TBS Sukkah! Our Beef, Bourbon, and Beer event was once again successful and well attended. Poker night will be October 7th at 7pm.

If you are interested in helping or getting involved in the TBS Men's Club, email [tbsohiomensclub@gmail.com](mailto:tbsohiomensclub@gmail.com).

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## Connectedness

"I define connection as the energy that exists between people when they feel seen, heard, and valued; when they can give and receive without judgment; and when they derive sustenance and strength from the relationship." ~ Brené Brown, *The Gifts of Imperfection*.

As Sukkot comes to a close and we celebrate the festival of Simchat Torah, we are so thankful for a wonderful High Holiday season that we have had at Temple Beth Shalom. We hope that all of you enjoyed the services and festivities of Temple and

were inspired as much as we were to really connect with congregants. As we said in our High Holiday speech, our ultimate goal as your presidents are to make sure that you feel connected to Temple Beth Shalom and to each other.

As Rabbi Benjy articulated so well in his sermon, TBS is here to help you feel engaged and connected to Judaism and to other congregants. We hope that during the Rosh Hashanah lunch, you were able to sign up for affinity groups which interested you. If you did not have a chance to sign up, you can still do so by calling Hannah Rossio in the TBS office. If you have an interest that was not included in the offerings, please let Hannah know so that she can attempt to find others with the same interest or incorporate it into an existing group.

Speaking of feeling connected, we also want to remind you of a fun event happening on October 8th at MOD Pizza at 4784 Morse Road. From 10:30am to 10:00pm, MOD Pizza will donate 20% of *all* profits to TBS. What a fantastic way for congregants to socialize, feel connected, and for Temple to make money as well! We hope that congregants can be present particularly during lunch and dinner hours to enhance the opportunity for interaction with each other.

As 5779 unfolds, we hope that you will feel a rapport with others at TBS. We believe that by joining one or more of the TBS affinity groups, you will develop more extensive relationships.

Dr. Ron Wolfson, in his book, *Relational Judaism* sums up this feeling of connectedness well. He writes, "In the end, the purpose of Judaism - the purpose of relationships - is to love the other [people] and the Other [God]... When you do, you find *meaning* - an understanding of the significance of life; you find *purpose* - an imperative to do what you are put on earth to do during your life, you find *belonging* - a community of people who will be there for you and with you; and you find *blessing* - a feeling of deep satisfaction and gratitude, a calendar and life cycle of opportunities to celebrate the gifts of life. It is all about relationships..."

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Must book event before March 31, 2019

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# 22 Donations (as of September 21st)

## CARING CIRLCE FUND

- ◆ Nathan & Valerie Robbins, in memory of Mack Robbins

## COHEN-FEIBEL FUND

- ◆ Judi & Mark Koval, in memory of my parents on the High Holidays

## EXECUTIVE DIRECTOR'S DISCRETIONARY FUND

- ◆ Barbara & Marty Schuster, in honor of Bonnie, thank you for taking good care of us for the holidays

## GENERAL FUND

- ◆ Mark Glazman & Janyce Katz, in memory of Ida Katz
- ◆ Michael K. Weisel, in memory of Philip Weisel
- ◆ Jon Wasserstrom & Robin Lifter, in memory of Edward Dolin
- ◆ Rona Rosen, in memory of Mildred Berman
- ◆ Marcio & Patricia Faerman, donation to the General Fund
- ◆ Benson & Arlene Roth, in memory of Mildred & Ada Roth
- ◆ Madalyn & Roger Benjamin, in memory of Fern Fliegel
- ◆ Nate & Valerie Robbins, in memory of Theodore Sindlinger, Margaret Sindlinger, Jacqueline Robbins, Terry Johnson, Hal Johnson, and Paul Johnson
- ◆ Sonja & Gene Shuman, in memory of Edward Eisenberg
- ◆ Jonathan & Agnes Neubauer Hartstein, in memory of Aline Lange
- ◆ Dane & Ann Perelstein, in memory of Mary Holsinger Santora

## HIGH HOLY DAY APPEAL

- ◆ Wendy L. Rood, donation to the High Holy Days
- ◆ Jonathan & Susannah Wolman, donation to the High Holy Day Appeal

## LIBRARY FUND

- ◆ Steve & Joy Seeskin, for the speedy recovery of Marty & Barbara Schuster's daughter

## MARYN SCHWEBEL BEEN CAMPERSHIP FUND

- ◆ Paul M. Been, in honor of Rory Marlin

## RABBI BAR-LEV'S DISCRETIONARY FUND

- ◆ Randi & Marty Lewis, in honor of Rabbi Benjy, a token of our appreciation for officiating our mother's stone setting
- ◆ Alan & Cheryl Meisterman, in honor of the marriage of Sam & Ellen Meisterman
- ◆ Ann & Dan Lang, in memory of Robert Jacobson
- ◆ Dr. David & Leslie Fox, in honor of Rabbi Benjy officiating Emily's wedding to Jeremy
- ◆ Barbara & Marty Schuster, in honor of Rabbi Benjy for being there for us during our daughter's illness
- ◆ Judy & Ed Radin, in memory of Joanne Feldman

## RABBI HERZOG'S DISCRETIONARY FUND

- ◆ Laurie Scoblionko Katz, in appreciation of Rabbi Herzog meeting with Arielle Scoblionko
- ◆ Susie & Marvin Blank, on the occasion of wishing your mother a speedy recovery

## ROLF KAUFMAN FUND

- ◆ Rhoda & Paul Scheiner, to commemorate the 5th anniversary of Rolf Kaufman's passing
- ◆ Barbara & Marty Schuster, in honor of Haneef Muhammad for always taking care of our parking during the High Holy Days

## ROSH HASHANAH LUNCHEON

- ◆ Dick & Tammie Golden, donation towards Rosh Hashanah Luncheon

## TWICE BLESSED FUND

- ◆ Jonathan & Susannah Wolman, in honor of Angelo Dunlap

## "THE WINDOW" FUND

- ◆ Anonymous Donation

*Thank You!*



# IT'S TIME FOR TOT SHABBAT!

Join Angelo Dunlap, Rabbi Lenette, Rabbi Benjy, and Marc Rossio for songs, stories, snacks, crafts, and a ton of fun for our younger friends and their families!

Saturday, October 20 - 10am

Saturday, November 10 - 10am

Saturday, January 12 - 10am

Saturday, March 9 - 10am

Saturday, April 27 - 10am



tbs@tbsohio.org | tbsohio.org | 614.855.4882



Women of Beth Shalom

## Mitzvahs & Mimosas

Sunday, October 21 | 9:15am

Join WBS for Mitzvahs and Mimosas!! We will have mimosas and snacks while we put together snack bags for families at the Ronald McDonald House. We will also discuss future WBS mitzvah/social action activities and decide as a group what other projects we would like for do this year. Please come and share your suggestions!

Please RSVP so we have enough food and drinks for everyone.

Contact Julie Alpert at 614-805-1209 or [alpert1343@gmail.com](mailto:alpert1343@gmail.com) with any questions.

# 24 October Yahrzeits

## October 5th

Sam Berman  
David Clarren  
Violet Coe  
Helen Danchik  
Charles Dubin  
Robert Erlanger  
Sophia Goldberg  
Norman Gurevitz  
Leon Herritt  
Madelyn Hershfield Singer  
Sol Katz  
Anne Levine  
Susan London  
Henry Rich  
Thomas Ricker  
Ruth Schwartz  
Philip Tannenbaum  
Judith Theeboom  
Ralph Wahrman  
Moises Weiss  
Betty Wolkow

## October 12h

Selma Abel  
Nathan Allweiss  
Sybil Ankerman  
Bertha Barnett  
Arthur Cohen  
Richard Coomer  
Merril Farrington  
Julia Feibel  
Anna Fellman  
Jerry Friedman  
Irene Friedman  
Harvey Gelfand  
Al Glickman  
Leonard Goldman  
Olga Gorka  
Mortimer Grossman  
Milton Krantz  
Marie Pabian  
Ruth Resck  
JoAnn Roads  
Edith Wernick

## October 19th

David Barton  
Dawn Booker  
Israel Eckstein  
Hortense Green  
Diane Greenberg  
William Hersch  
Robert Jacobson  
Susan Jones  
Carl Klodell  
Jules Licht  
Richard Meltzer  
Leon Mendel  
Laura Miller  
Otto Neubauer  
Bernard Phillips  
Claire Pravda  
Pearl Reifel  
Gertrude Rucker  
Gary Rothschild  
Jill Sandler  
Sidney Shuman  
Charlotte Slutsky  
James Telford  
Joseph Turner  
Yolanda Washer  
Vivian Yosowitz

## October 26th

D'salomon Benzakein  
Edith Bleiweiss  
Walter Bugenstein  
Rhea Cohen  
Troy Feibel  
Louis Garfield  
Sadie Gurevitz  
Alberta Harber  
Earl Headlee  
Eric Hirschfeld  
Susan Janusz  
Emma Jenny  
Sylvia Livevant  
Michael Loewengart  
Arthur Meizlish  
Benjamin Minkin  
Marion Partridge  
Janice Pearlstein  
Charles Ravitsky  
Tillie Rosenthal  
Ruth Rothschild  
Arlene Sachs  
Louis Sapadin  
Rhoda Schram Weiss  
Rita Sheid  
Arnold Spolter



Saturday, October 27 at 9:30am

## *Meditation & Healing Shabbat*

Please join us for a unique healing experience.  
The service will feature a guided meditation for  
healing and wellness led by TBS congregant,  
Tirtzah Sandor and Nick Ciranni.



# Mitzvah Corps Central 25



## **Wednesday, October 3rd at 9:30am - Tour Joseph's Coat @ 240 Outerbelt St #5, Columbus, Oh 43213**

Joseph's Coat is a connector. Champions connect through Joseph's Coat to offer their gifts of time and resources. Champions are individuals or organizations that share our common cause. Members are families in-need that connect through Joseph's Coat to receive stepping stones of clothing, furniture, household goods or personal care products to help stretch their family's budget during a difficult season. Join us for tour of the facility and to see how you can help. Visit

<https://josephs-coat.org> to learn more about the organization or contact [rachel.murray26@gmail.com](mailto:rachel.murray26@gmail.com) for questions about the tour.

## **Sunday, October 21st from 3pm-5pm TZEDAKAH COLLECTIVE MEETING @ Congregation Beth Tikvah Library 6121 Olentangy River Rd Worthington SPEAKER: THE BIKE LADY**

Who can attend: All Reform Jewish Women. One can join at any time during the year with one tax deductible contribution of \$60. Coordinator: Marsha Pond ( [marshapond@msn.com](mailto:marshapond@msn.com))

The Tzedakah Collective will learn about the "Bike Lady." Speaker, Kate Koch, spontaneously founded this amazing non- profit organization 10 years ago. Her story is incredibly inspiring. Through a consortium of volunteers, thousands of foster children have benefited from bikes given to them. The bikes are assembled by prisoners in three prisons who benefit from having the opportunity to help others. This unique organization lifts up both foster children and prisoners. The true story about how one person, a woman, can make a difference in so many lives is truly inspiring. We will all learn from Kate Koch. You are welcome to bring your daughters to this meeting.

The Central Ohio Women of Reform Judaism (WRJ) Tzedakah Collective is open to all Jewish women in Central Ohio who want to learn about and collectively support local non - profit groups that do excellent work. It meets every other month. RSVP is not required but is always appreciated.

## **Monday, October 29th - Serve lunch at the YWCA Family Center**

The YWCA Family Center provides emergency shelter and critical services to stabilize homeless families in central Ohio. Contact Laurel Zulliger at 614-323-6419 or [Lzulliger@gmail.com](mailto:Lzulliger@gmail.com) if you can help serve lunch or provide food for the meal.

## **Leukemia and Lymphomas Society's Student of the Year 2019 (SOY)**

This is an exciting leadership and philanthropic opportunity for an area High School student. We would like your help in identifying 1 or 2 high school age students who might have an interest in running for the Central Ohio 2019 Leukemia and Lymphoma Society Student of the Year. We are hoping to have our candidates in place by the end of October. The campaign is a seven week program in the Spring. As team captain(s) you are asked to recruit team members, develop a team name and goals, develop a plan and event for raising funds in support of LLS and our mission to Cure Cancer in our Lifetime. The experience of organizing a campaign, asking adults for money, hosting and managing several events, and being held accountable to a mission that when successful will help a lot of people is both overwhelming and rewarding. The student will grow with this experience. Along with an LLS scholarship, his/her participation shows a commitment to a cause and an ability to have an impact through his/her leadership. It is also a wonderful way to build up a college application resume.

Please contact Robin Williams at [robin.williams17@gmail.com](mailto:robin.williams17@gmail.com) for more information.

## **Important dates for the TBS/B.R.E.A.D. Rodef Tzedek Network**

**October 22 7:00 p.m. - Justice Ministry Team Assembly/House Meeting Reporting @  
Rhema Christian Center 2100 Agler Road 43224**

Hear updates on the current issues that BREAD is working on and prepare for the Annual Assembly.

**November 12 7:00 p.m. Annual Assembly @**

**Christ The King Catholic Church 2777 E. Livingston Ave. 43209**

Learn about issues that BREAD could work on and vote to select the one issue that BREAD will work on over the next year.

## **Deliver Kosher Meals to families at Nationwide Children's Hospital**

Bikur Cholim translates to "visiting the sick," but the newly formed Bikur Cholim Society of Columbus does much more than visit. The society provides kosher meals to observant families who come from around the world to Nationwide Children's Hospital for treatment. We operate solely through donations and volunteers who pick up meals (already prepared) and deliver them to Children's and/or Ronald McDonald House. Signing up is easy—just follow this link to the sign-up Google doc for details. <https://tinyurl.com/yd4ulho2> QUESTIONS? Contact TBS Member Deb Rycus at [deb.rycus@gmail.com](mailto:deb.rycus@gmail.com) or 614.561.4346






# HELP SUPPORT TBS

WHILE YOU SHOP!



## AMAZON

AmazonSmile is operated by Amazon with the same products, prices, and service. When you shop, they will donate 0.5% of the purchase price to the charitable organization of your choice.

Go to [smile.amazon](https://smile.amazon.com) to start shopping. On your first visit, select Temple Beth Shalom (New Albany, OH) as your charity of choice.

## KROGER

Did you know you can support TBS just by shopping at Kroger? To get started, sign up with your Plus Card and select **Temple Beth Shalom**. Once you're enrolled, you'll earn rewards for TBS every time you shop and use your Plus Card!

# HOW YOU CAN HELP

## JUDAICA.COM

We receive 5% back for each order placed through the [judaica.com](https://judaica.com) link on the TBS website!

Go to [tbsohio.org/shop-with-tbs.html](https://tbsohio.org/shop-with-tbs.html), click on the link, and shop as usual!

## KOSHERWINE.COM

We receive 5% back for each order placed through the [kosherwine.com](https://kosherwine.com) link on the TBS website!

Go to [tbsohio.org/shop-with-tbs.html](https://tbsohio.org/shop-with-tbs.html), click on the link, and shop as usual!

Do you enjoy decorating,  
painting, & color selection?

## Join our Design & Furnishing Task Force!

We have upcoming design projects,  
and need your help!

The Design & Furnishing Task Force  
helps us evaluate interior design  
projects for the temple. We welcome  
you to join this group and help  
update our décor.

Please call the temple office to learn more,  
or feel free to reach out directly to the  
chairperson, Denise Kohn, at  
dkohn@fastpc.com.



*Have a question or concern?  
Get in touch with us!*

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 614.232.9100

# Our Erev Shabbat Service Schedule

Time	Week of the Month	Evening Theme
6:30 pm	First Week (Service & Dinner)	“First Friday” Family oriented service, with music and story!
6:30 pm	Second Week	“Life-Long Learning” Educational presentation, usually with text. Standard TBS music.
6:30 pm	Third Week	“Shabbat Chai” All music service with the “Shabband”!
7:30 pm* Back to 7:30!	Fourth Week	Classical Shabbat with Sermon. Formal TBS music.
6:30 pm	Fifth Week (when applicable)	Traditional Shabbat with Standard TBS music.

## *The Window*



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New Albany, Ohio 43054

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