



# Dress Code Guide

## 2025-2026

### MODERN

**Modern Techniques [Ages 10+]: Monday 4:30pm | Miss Greta**  
**COMPANY Teen/Senior Modern: Wednesday 4:30pm | Miss Greta**

#### FOOTWEAR:

None - Barefoot

#### FEMALE ATTIRE:

- Leotard: Any solid color, any style
  - Sports bras / bras may be worn underneath but please conceal straps and avoid bright colors / patterns for all undergarments



- Bottoms: Fitted dance shorts (optional); no leggings, no pants, no sweatpants



- Tights: *Revolution* or *Body Wrappers*, stirrup (skin tone match)



- Hair: Up and off the face, clean & neat

#### MALE ATTIRE:

- White or black solid t-shirt
- Black or Grey athletic shorts or pants
- Leotard and tights are not required, but can be worn if preferred