



# Lifeguard

# Certification

# Course



**Geneva Family YMCA**

399 William St. Geneva

315-789-1616



The Geneva YMCA will host a **3 Day Lifeguard Certification Course** beginning Thursday **October 5<sup>th</sup>**.

**Fee: \$325** for 3-Day course and all materials

**Get Certified in:** American Red Cross Lifeguarding/Waterfront/CPR/AED/First Aid . Class attendance is mandatory. Participants must pass the prerequisite skills test to continue with the class. To achieve certification participants must pass both the water skills and written tests.

## REQUIREMENTS

- At least 15 years old
- Swim 550 yards continuously
- Tread water for 2 minutes using legs only
- Swim 20 yards in one minute forty seconds, surface dive to a depth of 10 feet, pick up a 10 pound object and return

## CLASS SCHEDULE

October 5 <sup>th</sup>	4:00p – 9:00p
October 7 <sup>th</sup>	9:00a – 5:00p
October 9 <sup>th</sup>	9:00a – 5:00p

## FOR MORE INFORMATION

Please contact:

Kristal Swartley – Aquatics Director

315-789-1616

