

# CALM KIDS

**Building Skills for Inner Peace and Confidence**



## **Group Therapy for Young People Managing Stress & Anxiety**

**Ages 9-13**

**Saturdays 9-10:30 AM**

**February 21 – March 21**

**Ages 14-17**

**Fridays 5:30-7:00 PM**

**February 20 – March 20**

Taking place in person at the TCFS Office:  
18537 1<sup>st</sup> Avenue South, Normandy Park, WA 98148

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Space is limited