

CALM KIDS

Building Skills for Inner Peace and Confidence



Group Therapy for Young People Managing Stress & Anxiety

Ages 9-13 Saturdays 9-10:30 AM February 21 – March 21

Ages 14-17 Fridays 5:30-7:00 PM February 20 – March 20

Taking place in person at the TCFS Office:
18537 1st Avenue South, Normandy Park, WA 98148

Contact: ketra@transformativeCFS.com

Space is limited