

Education: PsyD in Clinical Psychology from Massachusetts School of Professional Psychology, MA in Psychology from NYU, and BA in Psychology from Binghamton University.

Previous Experience: Residential Treatment Center Clinician at St. Christopher's, Inc, Adolescent Intensive Outpatient Clinical Family Based Therapy Intern at Walden Behavioral Care, Clinical Assessment Intern at Leon O. Brenner Center for Psychological Assessment, Clinical Intern at Regis College, Community Based Acute Treatment Clinical Intern at Franciscan Hospital for Children, Clinical Outpatient Intern at The Psychological Center.

Areas of Focus: Experience work with preteens, adolescents, and adults, families, and couples. Trained in Dialectical Behavioral Therapy (DBT), Trauma Focused Cognitive Behavioral Therapy (TF-CBT), Collaborative Problem Solving, and Cognitive Behavioral Therapy (CBT). Experience treating anxiety, depression, trauma, Bipolar Disorder, self injury, eating disorders, grief, self-esteem issues, suicidal ideation, peer conflict, and life changes.