

# Can you recognize...



## Warning Signs

## Risk Factors

## and Protective Factors



## “It’s Time to Talk about It” Suicide Prevention Family Workshop

This training is a 2 hour interactive skills-based workshop that provides families with the opportunity to learn:

- How to identify suicide risk factors, warning signs and protective factors
- How to interact or communicate with youth who may be thinking about suicide
- How to build a safety net around youth in order to keep them safe

A **stipend** will be provided for childcare and transportation (\$30) to each family.

At the end of the training, participants will be asked to take part in a 3-month follow-up survey. USF will contact participants and **will pay them** for their time (\$25).

This is a free training. Each person who attends will receive a workbook, listing of community resources, a family guide and other educational resources to take home.

## Learn to Save a Life!



Thursday, February 9, 2017

6:00 PM — 8:00 PM

Aspire Health Partners, Princeton Campus

1800 Mercy Drive, Orlando, 32808

Princeton Conference Room



**To RSVP for our Family Training, please email:**



Florida Linking Individuals Needing Care Project  
Lindsay Brown | [Lindsay@fccmh.org](mailto:Lindsay@fccmh.org)

