

Female Teams

Place	Team	Code	Points
1	Linn-Mar	LNMR	181
2	Prairie	CRP	146
3	Xavier	XCR	130
4	Regina	ICR	92

**Xavier Co-Ed Invite
4/28/2015
Cedar Rapids, IA**

9	Gambish, Anna	FR	Linn-Mar	57' 9.50"
10	Grostic, April	JR	Regina	55' 11"

Girls High Jump

PL	Athlete	Yr.	Team	Final	Pts
1	Lorenz, Brooke	JR	Linn-Mar	4' 10"	10
2	Miller, Nicole	SO	Prairie	4' 8"	8
3	Baetsle, Maddie	SR	Prairie	4' 8"	6
4	Lampe, Theresa	FR	Xavier	4' 6"	4
5	Kriege, Madison	JR	Linn-Mar	4' 0"	2
5	Ross, Natalie	SR	Linn-Mar	4' 0"	

Girls Long Jump

PL	Athlete	Yr.	Team	Final	Pts
1	Corkery, Emma	SO	Regina	15' 1"	10
2	Bohnsack, Natalie	SO	Prairie	14' 1"	8
3	Smith, Sophia	SO	Prairie	14' 0"	6
4	Parr, Anna	FR	Xavier	13' 10"	4
5	McNeese, Chloe	FR	Linn-Mar	12' 9"	2
6	Smith, Katie		Linn-Mar	12' 2"	1
7	Renner, Sarah	SR	Linn-Mar	10' 7"	

Girls Shot Put

PL	Athlete	Yr.	Team	Final	Pts
1	Niertert, Lannie	SR	Linn-Mar	37' 6.25"	10
2	Nemec, Brooke	JR	Prairie	35' 3.50"	8
3	Joens, Meghan	SR	Xavier	35' 1"	6
4	Gaffey, Ashley	SR	Regina	33' 10"	4
5	Mahnke, Abbey	SO	Prairie	29' 3.75"	2
6	Barnes, Kenzie	JR	Prairie	29' 1"	
7	Lincoln, Christina	SO	Linn-Mar	28' 10"	1
8	Miller, Grace	FR	Xavier	27' 1.50"	
9	Chan, Mya	JR	Regina	26' 8.75"	
10	Grostic, April	JR	Regina	25' 2.75"	
11	Thompson, Kendra	SO	Linn-Mar	22' 7"	
12	King, Sarah	FR	Xavier	21' 5.75"	

Girls Discus

PL	Athlete	Yr.	Team	Final	Pts
1	Gaffey, Ashley	SR	Regina	118' 6"	10
2	Joens, Meghan	SR	Xavier	109' 4"	8
3	Niertert, Lannie	SR	Linn-Mar	103' 6.50"	6
4	Nemec, Brooke	JR	Prairie	88' 1"	4
5	Sill, Alicia	FR	Prairie	83' 2"	2
6	Fuhrmann, Melanie	FR	Linn-Mar	80' 8"	1
7	Murdock, Abby	SO	Prairie	80' 4"	
8	Chan, Mya	JR	Regina	72' 2"	

Girls 3000 Meters

PL	Athlete	Yr.	Team	Final	Pts
1	Stanek, Eilish	SO	Prairie	11:50.49	10
2	Genskow, Maddy	SO	Linn-Mar	11:57.85	8
3	Johnston, Sydney	SR	Linn-Mar	12:07.83	6
4	Burlage, Sara	SO	Regina	12:19.10	4
5	Brune, Meghan	SO	Prairie	12:25.13	2
6	Novak, Aubrey	SO	Linn-Mar	12:29.14	
7	Brown, Lydia	JR	Xavier	12:34.83	1
8	Marti, Alaina	JR	Xavier	12:37.53	
9	Sueppel, Natalie	FR	Regina	14:15.18	

Girls 4 x 800m Relay

PL	Team	Final	Pts
1	Linn-Mar	A 10:03.74	10
2	Prairie	A 10:47.48	8
3	Regina	A 10:54.60	6
4	Xavier	A 11:36.43	4

Girls 400m Shuttle Hurdles

PL	Team	Final	Pts	Note
1	Prairie	A 1:10.16	10	
2	Linn-Mar	A 1:11.74	8	
	Xavier	A DQ		3rd runner left early

Girls 100 Meters

PL	Athlete	Yr.	Team	Final	Pts	Section (SPL)
1	Soeken, Kenzie	JR	Prairie	13.48	10	2(1)
2	Thompson, Kendall	JR	Linn-Mar	13.60	8	2(2)
3	Miller, Grace	FR	Xavier	13.73	6	2(3)
4	Oakley, Sydney	JR	Xavier	13.78	4	2(4)
5	Weiland, Mariah	SO	Linn-Mar	14.05	2	1(1)
6	Schwach, Jenna	SO	Xavier	14.06		2(5)
7	Ingalls, Maddie	JR	Regina	14.19	1	2(6)
8	Einck, Sarah	SR	Linn-Mar	14.49		2(7)
9	Crinigan, Brenna	FR	Prairie	14.50		1(2)
10	Wolfe, Olivia	SO	Regina	14.63		2(8)
11	Baccam, Vanessa	JR	Prairie	15.26		1(3)
12	Espinoza, Elisa	SO	Regina	16.04		1(4)

Girls 1600m DMR

PL	Team	Final	Pts
1	Regina	A 4:22.90	10

2	Prairie	A	4:25.90	8
3	Xavier	A	4:33.86	6
4	Linn-Mar	A	4:37.69	4

Girls 400 Meters

PL	Athlete	Yr.	Team	Final	Pts	Section(SPL)
1	Gries, Abby	JR	Linn-Mar	1:03.57	10	2(1)
2	Nickel, Kali	SO	Linn-Mar	1:03.81	8	2(2)
3	Murdock, Abby	SO	Prairie	1:05.98	6	2(3)
4	Chambliss, Katrina	FR	Regina	1:06.13	4	2(4)
5	Harper, Maddie	SO	Linn-Mar	1:06.44		2(5)
6	Booth, Victoria	FR	Prairie	1:07.93	2	2(6)
7	Klesner, Elizabeth	SO	Regina	1:08.15	1	2(7)
8	Nearad, Jenna	JR	Prairie	1:08.37		2(8)
9	Ross, Morgan	SO	Xavier	1:11.63		1(1)
10	Maloney, Katie	SO	Xavier	1:12.20		1(2)
11	Wessels, Maddy	SR	Xavier	1:13.11		1(3)

Girls 4 x 200m Relay

PL	Team	Final	Pts
1	Xavier A	1:50.31	10
2	Linn-Mar A	1:52.99	8
3	Regina A	1:55.42	6
4	Prairie A	2:01.33	4

Girls 100m Hurdle

PL	Athlete	Yr.	Team	Final	Pts	Section(SPL)
1	Foley, Erin	JR	Xavier	17.51	10	2(1)
2	Lampe, Theresa	FR	Xavier	17.71	8	2(2)
3	Fuhrmann, Melanie	FR	Linn-Mar	17.89	6	2(3)
4	McNeese, Chloe	FR	Linn-Mar	17.98	4	2(4)
5	Hartzler, Elli	SO	Linn-Mar	18.16		2(5)
6	Smith, Sophia	SO	Prairie	18.18	2	2(6)
7	Richards, Madsy	SR	Xavier	18.48		1(1)
8	Fuller, Brie	FR	Prairie	18.54	1	1(2)
9	Cooley, Lexie	FR	Prairie	20.04		1(3)
10	Espinoza, Elisa	SO	Regina	21.08		1(4)

Girls 800 Meters

PL	Athlete	Yr.	Team	Final	Pts
1	Garcia, Morgan	JR	Linn-Mar	2:25.76	10
2	Rapp, Jacqueline	SR	Regina	2:28.93	8
3	Bohnenkamp, Rachel	FR	Linn-Mar	2:30.56	6
4	Newman, Amanda	SR	Linn-Mar	2:31.28	
5	Milder, Sam	SR	Regina	2:42.14	4
6	Kohoutek, Jenna	JR	Prairie	2:42.36	2
7	Brown, Lydia	JR	Xavier	2:45.76	1
8	Myers, Andrea	FR	Prairie	2:48.57	
9	Rice, Sarah	FR	Regina	2:50.38	
10	Grady, Ashley	SO	Prairie	2:51.42	
11	Tursi, Gemma	FR	Xavier	3:09.95	
12	Deegan, Eva	FR	Xavier	3:25.72	

Girls 200 Meters

PL	Athlete	Yr.	Team	Final	Pts	Section(SPL)
1	Oakley, Sydney	JR	Xavier	27.85	10	2(1)
2	Parr, Anna	FR	Xavier	28.02	8	2(2)
3	Renner, Sarah	SR	Linn-Mar	28.12	6	2(3)
4	Lewis, Morgan	FR	Prairie	28.62	4	2(4)
5	Dinicola, Cairo	SO	Prairie	29.14	2	2(5)
6	Mease, Brooke	FR	Linn-Mar	29.24	1	2(6)
7	Klesner, Elizabeth	SO	Regina	29.36		2(7)
8	Lamas, Lanessa	SO	Linn-Mar	29.63		1(1)
9	Mitchell, Sabra	JR	Regina	29.98		2(8)
10	Wolfe, Olivia	SO	Regina	30.70		1(2)
11	Hill, Jane	SO	Xavier	30.82		1(3)
12	Cline, Mikaela	FR	Prairie	30.89		1(4)

Girls 400m Hurdle

PL	Athlete	Yr.	Team	Final	Pts	Section(SPL)
1	Simons, Jaclyn	SO	Linn-Mar	1:10.48	10	2(1)
2	Lorenger, Kathryn	SR	Regina	1:11.05	8	2(2)
3	Torson, Kayla	SR	Xavier	1:12.44	6	2(3)
4	Baldus, Brie	SO	Xavier	1:13.51	4	2(4)
5	Bohnsack, Natalie	SO	Prairie	1:15.53	2	2(5)
6	Pannkuk, Ella	SR	Linn-Mar	1:17.30	1	1(1)
7	Smith, Sophia	SO	Prairie	1:18.54		2(6)
8	Murhammer, Katelyn	SO	Regina	1:18.77		2(7)
9	Sprengeler, Megan	SR	Prairie	1:19.62		2(8)
10	Richards, Madsy	SR	Xavier	1:21.13		1(2)
11	Hensley, Lee	FR	Linn-Mar	1:22.29		1(3)

Girls 800m SMR

PL	Team	Final	Pts
1	Prairie A	1:57.29	10
2	Regina A	1:59.24	8
3	Xavier A	2:02.37	6
4	Linn-Mar A	2:02.77	4

Girls 1500 Meters

P	PL	Athlete	Yr.	Team	Final	Pts	Splits
1	1	Fraze, Hannah	SO	Prairie	5:01.47 1.47 (56.21)	10	56.21 (1:21.83) (1:22.86)
2	2	Mann, Maddie	SO	Linn-Mar	5:12.42 2.42 (58.71)	8	58.71 (1:26.15) (1:28.62)
3	3	Van Rheenen, Abby	FR	Linn-Mar	5:16.30 6.30 (59.60)	6	59.60 (1:26.22) (1:28.61)
4	4	Coffee, Emiko	SO	Xavier	5:17.76 7.76 (59.26)	4	59.26 (1:26.05) (1:30.05)
5	5	Shank, Natalie	FR	Regina	5:23.88 3.88 (59.03)	2	59.03 (1:26.05) (2:58.81)
6	6	Neubauser, Alissa	FR	Prairie	5:28.36 8.36 (1:00.55)	1	1:00.55 (1:27.36) (1:31.20)
7	7	Bourgeois, Meredith	FR	Prairie	5:44.44 4.44 (1:01.21)		1:01.21 (1:29.75) (1:36.89)

8	Burlage, Sara	S O	Regina	5:4 6.2 3	1:00.81 (1:00.81)	2:31.98 (1:31.18)	4:10.43 (1:38.45)	5:46.23 (1:35.80)
9	Ross, Payton	S O	Xavier	5:5 6.0 9	1:03.49 (1:03.49)	2:41.49 (1:38.01)	4:23.74 (1:42.25)	5:56.09 (1:32.35)
10	Sigmon, Annie	S O	Xavier	6:1 2.3 0	1:03.93 (1:03.93)	2:42.31 (1:38.39)	4:29.49 (1:47.19)	6:12.30 (1:42.81)
11	Isenberg, Abby	S O	Linn-Mar	6:3 0.7 2	1:04.25 (1:04.25)	2:46.72 (1:42.47)	4:39.04 (1:52.32)	6:30.72 (1:51.69)

Girls 4 x 100m Relay

PL	Team		Final	Pts
1	Xavier	A	51.55	10
2	Prairie	A	52.93	8
3	Linn-Mar	A	53.20	6
	Regina	A	DQ	

Girls 4 x 400m Relay

PL	Team		Final	Pts
1	Xavier	A	4:16.54	10
2	Linn-Mar	A	4:20.34	8
3	Regina	A	4:24.26	6