

February Events at Dominican Retreat and Conference Center

**CASAC/CPP/CPS Training with
Warren Skov, LCSW, CASAC**

**"Lifestyle Changes and Brief Practices
to Enhance Recovery"**

February 1 9 AM-4 PM Lunch included

Fee received by 1/25 is \$60, received after 1/25 is \$65



**2019 Retreat for Women
February 1-3**

*The only thing that counts
is faith expressing itself
through love.* (Gal. 5:6b)

Director: Sr. Katherine (Kitty) Hanley, CSJ

\$205.00 (age 65 & over - \$190.00)

Registration: 7:00 PM on Friday

Program begins: 7:45 Ends: 2:30 PM Sunday



Busy Person's Retreat

February 3-8

Director:

Sr. Christine Connolly, OP

\$125.00 per person

Opening session: Sunday, Feb. 3 at 2 PM

Closing session: Friday, Feb. 8 at 2 PM



"Sung Vespers in the Spirit of Taizé"

February 7

7:00—8:00 PM

Free Will Offering Presented by: The Dominican Sisters

**LINCOLN IS LOVED NOT BECAUSE HE WAS
PERFECT - BUT BECAUSE HE WAS HUMAN**

Presenter: **Thomas Hoffman**

Monday, Feb. 11 from 7-8:30 PM

OR Tuesday, Feb. 12 from 10-11:30 AM

\$15.00 per person



**Men Concerned with Alcoholism
Feb. 8-10**

**Something Simple, Nothing Fancy:
A Weekend with the 12 Steps
of Alcoholics Anonymous**

Director: **Rev. Tom Weston, SJ**

\$205.00 (age 65 & over-\$190.00) Reg. 7:00PM

Begins: 7:45PM / Ends: 11:30 AM Sunday



**Valentine Evening of Reflection
for Married & Engaged Couples
February 14**

**For better and for worse ~
For richer and for poorer**



Presenter:

Rev. Thomas Konopka, MDiv, LCSW

\$45 per couple Registration: 6 PM Begins: 6:20 PM
w/candlelight dinner, conference &
celebration of Eucharist

Registration Form: Complete this form and mail it with your payment to:
Dominican Retreat & Conference Center, 1945 Union Street, Niskayuna, NY 12309.

Program(s) Registering for: _____

Name(Mr.,Mrs.,Ms.,_____) _____ Address _____

City/ST/Zip _____ Phone(H/W/C) _____ Email _____

Special Needs: _____

Deposit: Amount \$ _____ Check # _____ OR Credit Card: M/C _____ Visa _____ Discover _____

_____ Exp Date _____

Credit Card Reservations can be made on our website (www.dslcn.org),
by fax (518-393-4525) or phoned in (518-393-4169) to save time and postage.

(Print name as it appears on card for Credit Card Authorization)

Office use:
BK _____ DB _____ List _____ Conf _____ Program: _____

5 Day Centering Prayer Silent Retreat For Men & Women



February 15-20

**Heart Perception:
the Grace in Yielding,
Surrendering and Letting Go**

Director: **Rev. Bill Sheehan, OMI**

\$425.00 per person

Registration: 7:00 PM on Friday. Begins: 7:45 PM

Program Ends: 1 PM Wednesday Per Diem Rate: \$65 with overnight \$90

Dream Group

Feb. 25

7PM-9PM

Sr. Carol Davis, OP

Meets monthly / \$25 per class

caroldavisop@gmail.com - OR -

call:(518) 393-5517



For more information or reservations, you can call: (518) 393-4169, email: dslcnny@nybiz.rr.com, fax: (518) 393-4525, or go to our web site: www.dslcnny.org. You can now submit reservations over the internet using our secure registration form using your credit card or Electronic Funds Transfer (EFT) from your checking account. If you would rather send in a paper form with your payment, there is also a registration form you can print on the website.

If you do not wish to receive our monthly emails, please let us know by responding to this email stating that you wish to be removed from our email list.

N.B. the Good News is now available on Line. To view, click on this link or paste in your browser: <https://nebula.wsimg.com/f3da8c1799a5c83c70296a7016d6435f?AccessKeyId=53B92B29BEABD0BBE5E1&disposition=0&alloworigin=1>

Remember, you can register for any of our programs:

• On the internet at www.dslcnny.org

• By phone-518-393-4169

• By fax-518-393-4525

Bring a friend on retreat. If you know someone who may be interested in any of our programs, kindly forward this email.

Dominican Retreat & Conference Center / 1945 Union St., Niskayuna, NY 12309

(518) 393-4169 / (518) 393-4525 (fax) / dslcnny@nybiz.rr.com / www.dslcnny.org



BE GREEN!!!

For the next few months we will be focusing on our plastic usage and how we can reduce it: **Buy boxes instead of bottles. Often, products like laundry detergent come in cardboard which is more easily recycled than plastic.**



THE WINDMILL ... A VERY SPECIAL PLACE FOR PRIVATE INDIVIDUAL RETREATS

The Windmill is available for year-round weekend, weekday and/or overnight use and is fully furnished - including a kitchenette to prepare meals and living

room on the first floor; a beautiful prayer room and full bath on the second floor; and a spacious bedroom with two single beds on the third floor.

Conveniently located on 10 beautifully landscaped acres just off Route 7 in Niskayuna.

Rates are as follows:

Daily:	\$30.00	Religious/Clergy
	(single)	(day) \$25.00
	\$50.00	(overnight) \$45.00
	(double)	(6 days) \$255.00
Overnight:	\$50.00	
	(single)	
	\$90.00	
	(double)	

For reservations contact:

Phone: (518)393-4169

Fax: (518)393-4525

Spiritual Direction

Spiritual Direction is a privileged time and place to reflect with another about your relationship with God. The focus is your life with God as it is lived out in all of your experiences. All of your life is material for spiritual direction as you seek to become more aware of God's presence in your life. Usually sessions are once a month for about an hour.

Your commitment to the Spiritual Direction relationship is that of bringing yourself to the

session in an open stance, being faithful to your personal prayer life, and to the scheduled meetings with your director. The director's role is to stand in service to the relationship between God and the

one seeking direction. This is done through respectful listening to the experience of the directee, helping the directee to recognize and listen to his/her own experience of God. The director does not tell the person what to do, but may offer suggestions for reflection and prayer on the part of the directee. **And of course, GOD is the true director.**

We do not charge a specific fee for Spiritual Direction.

The suggested offering is \$25-\$40 per session. If you are interested in exploring this with one of our qualified directors, please call our office at 518-393-4169 to begin the conversation.

