



Hamilton Madison House 麥迪臣社區中心

City Hall Older Adult Center 耆英會

100 Gold Street, New York, NY 10038 || Tel: (212)-788-5580

Operation Hours 營業時間 Monday to Friday 周一至周五 8:30AM – 4:30PM

Breakfast 早餐服務 Monday to Friday 周一至周五 9:00AM - 9:30AM

Lunch 午餐服務 Monday to Friday 周一至周五 11:30AM - 12:30PM

Social Assistance Services 社工服務 Monday to Friday 周一至周五 9:00AM-11:30AM

Member Registration 會員入會 Monday to Friday 周一至周五 9:30AM-11:30AM



2024 十一月份的中心活動日曆 Calendar November 2024 In person, Hybrid & Virtual

WHOLE DAY 全天活動

- Computer Lab 電腦室 / Library 圖書室 (newspaper& books 當日報紙, 圖書) 9am-3:30pm
- Ping Pong 乒乓球 9am-3pm
- Chinese Chess, Mahjong 象棋, 麻將 / Multimedia: TV show/ movie day 電影 / 電視

NOVEMBER

Please scan the WeChat QR code on the right corner and subscribe to the official WeChat account platform for the recent updates.

Or visit: <http://www.hamiltonmadisonhouse.org/city-hall-older-adults-center.html>

歡迎參加耆英會多種精彩活動。請掃描右上角的二維碼關注微信公眾號，獲取最新消息。或請訪問官方網站: <http://www.hamiltonmadisonhouse.org/city-hall-older-adults-center.html>

Monday 星期一	Tuesday 星期二	Wednesday 星期三	Thursday 星期四	Friday 星期五
10am-11:15am Tai Chi 太極	9:30am-10:30am	9:30am-11am	9:30am-10:30am	10am-11:15am Tai Chi 太極
10:30am-11:30am Blood pressure 量血壓	Chinese Painting 中國畫	Square Dance 民族廣場舞	Zumba 森巴舞	10:30-11:30am Blood pressure 量血壓
9:30am-11:00am Piano Class Advanced 中級鋼琴課	10:30am-11:30am Calligraphy 書法班	English Conversation Class 英語會話課 9:30-10:30am (Beginning) 初級課 10:30-11:30am (Advanced) 進階課	9:30am-11:30am Paper Folding 折紙藝	10-11:30am Smart phone and Tablet Class 平板手機課
9:30am-11:30am Smart Phone & Tablet Workshop 平板手機問題工作坊(1-on-1)	11/12 & 11/19 10:30am-11:30am Nutrition Workshop 營養健康講座		10:30am-11:30pm Music Group 音樂組	9:30am-11:30am ESL Zoom 線上英文課
11/11, 11/25 10am-11:30pm [New!] Golden Tea Ceremony 琥珀金茶會	9:30am-11:00am 手機平板電腦應用課 (Hybrid) Smart phone and Tablet class		11/14 10:30am-11:30am Nutrition Workshop 營養健康講座	11/22 10:15am-11:15am Thanksgiving Party 感恩節派對
1:00pm-3:00pm Piano Class Beginning 初級鋼琴課	1:15pm-3:15pm Karaoke 卡拉OK		1:00pm - 3:00pm Social Dance Exercise Club 交誼舞	1:00pm-3:00pm Chorus 合唱團
1:00pm-2:30pm Chorus 合唱團小組	1:00pm-3:00pm Computer Zoom Class 線上電腦課 (上課請諮詢辦公室) Please consult CHOAC office for access	11/13, 11/20 12:30-2:30pm [New] Dancing to Connect 舞蹈連結你我	1:00pm - 3:00pm Line Dance Class 民族舞蹈課	11/22 1-2pm Birthday Party 生日會
11/18 12:30-2:30pm [New] Dancing to Connect 舞蹈連結你我		1:15pm-3:15pm Karaoke 卡拉OK	1:15pm-3:15pm Karaoke 卡拉OK	11/28 & 11/29 Center will close to celebrate Thanksgiving holidays 11月28日和29日(周四周五) 感恩節假期中心放假休息。
11/3 Daylight Saving Time Ends 夏令時結束/冬令時開始 請將時鐘較慢一小時		1:00pm - 3:30pm Chinese Opera 京劇	2:30pm-4:30pm Citizenship Zoom Class 線上公民入籍班 (上課請諮詢辦公室) Please consult CHOAC office for access	
		1:00pm-2:30pm Drawing Class 素描繪畫課		

本月亮点 Program Highlights:

- 11月12日、11月14日和11月19日上午有營養健康講座，歡迎參加。Join us for Nutrition Workshops on November 12nd, 14th and 19th.
- 11月13日、18日和20日有“舞蹈連結你我”舞蹈課。11/13, 11/18, 11/20 Battery Dance's Dancing to Connect program runs from 12:30pm to 2:30pm.
- 11月22日早上舉行感恩節派對，下午舉行生日會。Thanksgiving party will be held on 11/22 morning, birthday party will be held in the afternoon.
- 11月3日夏令時結束冬令時開始，請較慢一小時時鐘。Daylight Saving Time ends on 11/3.
- 11月28日和29日(周四周五)感恩節假期中心放假休息。Center will be closed on 11/28 & 11/29 to celebrate Thanksgiving Holidays.

The City Hall Older Adult Center is funded by the New York City Department for the Aging 耆英會長者中心由紐約市老人局資助

