



5602 Arsenal St.  
St. Louis, MO 63139

HOURS: 9am-3pm Monday-Wednesday-Friday  
314-645-3477 — FAX: 314-645-3813  
[www.stlactivitycenter.com](http://www.stlactivitycenter.com)

**NOTE: THE CENTER WILL BE CLOSED & THERE WILL BE NO TRANSPORTATION AVAILABLE ON JANUARY 1ST & JANUARY 2ND DUE TO THE NEW YEAR HOLIDAYS & JANUARY 19TH DUE TO THE ML KING HOLIDAY!**

**NOTE: MEMBERSHIP FOR 2026 WILL BE \$20.00 & TRANSPORTATION IS NOW \$10.00 ROUND TRIP!**

**POT OF GOLD—DRAWING, MONDAY, DECEMBER 29TH—JANUARY TICKET SALES BEGIN MONDAY, JANUARY 5TH—**On Monday, January 5th we will start Pot of Gold ticket sales for the drawing on Monday, January 26th! See Alice Jennings or Mike Quinn to purchase tickets. COST: 1 ticket = \$1.00; 6 tickets = \$5.00. You need not be present to win.

**EXERCISE PROGRAM—**Our Exercise Program is held on Mondays, Wednesdays, and Fridays at 10:00am! We exercise with **BANDS and WEIGHTS on Mondays and Wednesdays!** Suggested donation for this program is \$2.00 per session. Please join us!

**COFFEE TALK WITH ALICE—MONDAYS AFTER EXERCISE—**Come join us as we discuss interesting topics.

**PINOCHLE PLAYERS—MONDAYS @ 9:00AM—**If you would like to play Pinochle, you are welcome to join this group!

**MOVIE: "THE FIRST WIVES CLUB", JANUARY 7TH, AT 11:00AM—**Join us to watch this movie!

**POLISH RUMMY— FIRST OPEN FRIDAY OF THE MONTH, JANUARY 9TH, AT 10:00AM—**Come join us for Polish Rummy!

**BOOK CLUB—MONDAY, JANUARY 12TH, AT 10:45AM—**Our Book Club is reading "Mrs. Jeffries and the Midwinter Murders" by Emily Brightwell. They will meet on Monday, January 12th, at 10:45am to discuss this book. Come and join them!

**N. SARAH FOOD HUB—PLANT-BASED FOOD DEMONSTRATION—MONDAY, JANUARY 12TH, @ 11:00AM—**Come join us for a Pasta Primavera cooking demo!

**RIVER CITY CASINO—WEDNESDAY, JANUARY 14TH—**We will depart at 10:00am. **COST: \$10.00 for transportation.**

**BIRTHDAY CELEBRATION—WEDNESDAY, JANUARY 14TH, AT 10:45AM—**Join us as we celebrate our January birthdays! Birthday cake and coffee will be available for FREE. Happy Birthday to all our celebrants!

**GATEWAY SCIENCE ACADEMY ORCHESTRA—WEDNESDAY, JANUARY 14TH, 10:30AM—**The Gateway Science Academy Orchestra will be giving us a concert!

**BINGO—THURSDAY, JANUARY 15TH, 10:30AM—**On Thursday, January 15th, we will be playing Bingo! We will play from 10:30-11:30am, break for lunch, and resume play at 12:00 Noon. Lunch will be available for purchase. Come and join in the fun!

**ST. LOUIS PUBLIC LIBRARY—WEDNESDAY, JANUARY 21ST, 10:30-11:45AM—**The St. Louis Public Library will be at the Center on Wednesday, January 21st, from 10:30-11:45am. Visit their table to see what they have to offer you!

**LUNCH AT GRACE RESTAURANT, FRIDAY, JANUARY 23RD, 11:30AM—**Please let the front desk know if you will be going to lunch with us.

**CRAFTING WITH SUE—MONDAY, JANUARY 26TH, AT 10:45AM—**Come make something decorative for your home!

**BINGO SPONSORED BY ST. MARY'S COMPLETE HOME CARE—MONDAY, JANUARY 26TH, AT 11:00AM—**Join us as we play Bingo for prizes & learn more about St. Mary's Complete Home Care & what they have to offer you!

**DIGITAL LITERACY SESSION W/SARAH REDDICK, ST LOUIS PUBLIC LIBRARY—WEDNESDAY, JANUARY 28TH, 10:30-11:30AM—**Sarah will answer questions you might have on any digital device. Bring the device with you so Sarah can look at it!

**"MRS. KRISHNAN'S PARTY" AT THE REPERTORY THEATRE—THURSDAY, JANUARY 29TH, 9:30 AM—**If we get 10 people to sign up, we can get the \$20.00/ticket group rate! Please sign up at the front desk no later than Wednesday, January 7th, so we can order tickets! We are limited to 15 people. COST: \$30.00 for ticket and transportation. We will depart the Center at 9:40am.

**BOWLING—FRIDAY, JANUARY 30TH, 11:00AM—**COST: \$12.00/Members, \$17.00/Non Members, includes shoes, bowling, & transportation.

#### **EVENTS COMING UP IN FEBRUARY:**






**SHELDON COFFEE CONCERT: SAMBA BOM—WEDNESDAY, FEBRUARY 11TH—**COST: \$30.00 (incl. transportation, coffee, doughnuts, & the show). **Must make reservation & payment by Friday, January 23rd! We will depart from the Center at 8:30am** so you can enjoy coffee & doughnuts before the show!

**"PRIMARY TRUST" AT THE REPERTORY THEATRE—THURSDAY, FEBRUARY 12TH AT 9:30AM—**If we get 10 people to sign up, we can get the \$20.00/ticket group rate! Please sign up at the front desk no later than Wednesday, January 28th, so we can order tickets! COST: \$30.00 for ticket and transportation.

**TRANSPORTATION SERVICES** are available for lunch & activities at the Center, medical appointments, business, essential shopping (5 bag limit), recreation, etc. **PLEASE NOTE: DUE TO INCREASED FUEL COSTS, SUGGESTED BUS DONATIONS HAVE CHANGED TO \$10.00 ROUND TRIP FOR ALL TRIPS. TRANSPORTATION TO ST. LOUIS COUNTY (OR OVER 10 MILES) IS \$40.00. The Center relies on donations to cover the cost of gas, insurance & vehicle maintenance!** **SUGGESTIONS**—Please let front office staff know of any suggestions you may have regarding ways to improve the Center, trips you would like to go on, new activities you would like us to start, etc.

# St. Louis Activity Center Calendar

January 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>QUILT RAFFLE</b> <b>Congratulations</b> <b>to Pat Devaney!</b> <b>She won the quilt</b> <b>raffle!</b>			<b>1 HOLIDAY</b> 	<b>2 HOLIDAY</b> 
<b>5</b> Pot of Gold Tickets 9:00am Pinochle 10:00am Exercise 10:45am Coffee Talk 11:30am Lunch	<b>6</b> TRANSPORTATION AVAILABLE	<b>7 REP DEADLINE FOR "MRS. KRISHNAN'S PARTY"</b> 10:00am Exercise 11:00am Movie-The First Wives' Club 11:30am Lunch	<b>8</b> TRANSPORTATION AVAILABLE	<b>9</b> 10:00am Exercise 10:00am Polish Rummy 11:30am Lunch
<b>12</b> 9:00am Pinochle 10:00am Exercise 10:45am Book Club 11:00-12:00am Food demo by N. Sarah Food Hub 11:30am Lunch	<b>13</b> TRANSPORTATION AVAILABLE	<b>14</b> 10:00am Exercise 10:00am River City Casino 10:30am Gateway Science Academy Orch 10:45am Birthday Cake 11:30am Lunch	<b>15</b> 10:30am BINGO 11:30am Lunch 12:00pm BINGO	<b>16</b> 10:00am Exercise 11:30am Lunch
<b>19 HOLIDAY</b> 	<b>20</b> TRANSPORTATION AVAILABLE	<b>21</b> 10:00am Exercise 10:30-11:45am St. Louis Public Library 11:30am Lunch	<b>22</b> TRANSPORTATION AVAILABLE	<b>23 SHELDON DEADLINE</b> 10:00am Exercise 11:30am Grace for lunch 11:30am Lunch
<b>26</b> Pot of Gold Drawing 9:00am Pinochle 10:00am Exercise 10:45am Crafting with Sue 10:45am Coffee Talk 11:00am Bingo St Marys Home Care 11:30am Lunch	<b>27</b> TRANSPORTATION AVAILABLE	<b>28 REP DEADLINE FOR "PRIMARY TRUST"</b> 10:00am Exercise 10:30-11:30am Sarah-Digital Literacy 11:30am Lunch	<b>29</b> "MRS. KRISHNAN'S PARTY" @ THE REPERTORY THEATRE—9:30AM	<b>30</b> 10:00am Exercise 11:00am Bowling 11:30am Lunch