



Globally Recognized Editor-in-Chief: Azeem A. Quadeer, M.S., P.E.

MARCH 2020 Vol 11, Issue 3

Trump in India



In full swing of the 'Atithi Devo Bhava', India gave a grand welcome to US President Donald Trump, the First Lady Melania Trump, Ivanka Trump, two Indian-American officials from the White House, and other delegates amidst heavy security in Gujarat this morning. The moment Trump and his team landed from Air Force One, as many as 20 artists performed 'Shankhnaad' penetrating the sky and played the conches. It was followed by traditional dance performances reflecting the cultural heritage of Gujarat. The entire airport reverberated with the Shankhnaad and the conch beats. Trump was given a 150-foot-wide red carpet welcome.

The Great Indian Road Show, as the grand rally from Ahmedabad airport to Motera Stadium is dubbed, was the most spectacular highlight of the welcome to Trump. 14 troupes comprising 256 artists from across the country rocked 28 stages, erected en route the stadium, with various cultural performances having bearing on India's unity in diversity. One of the performances depicted watershed events in the life of Mahatma Gandhi during the road show. The state guests were served a vegetarian high tea at the Sabarmati Ashram, and the broccoli and corn butter samosa on the menu is trending on Twitter.

After the inauguration of Motera Museum and the visit to the Sabarmati Gandhi Ashram where Gandhiji's charkha stole the show with the Trumps, the US delegates left for Taj Mahal in Agra. At the Agra airbase, more than 250 artistes from across Uttar Pradesh performed several ethnic folk dance forms to the beats of nagada, dholak and mridang, adding to the festive ambiance. Both President Trump and the First Lady were eloquent in praise of the refurbished beauty of Taj Mahal, with the sun setting in the backdrop.

A Jaipur-based cutlery designer, Arun Pabuwal, has designed an exquisite set of gold and silver-plated tableware for the personal use of US President Donald Trump and the First Lady Melania Trump during their one-day stay in New Delhi. Similar cutleries with a layer of pure gold and silver on them were made for former President Barack Obama during his visit to India in 2010 and 2015.

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MOST HINDUS HAVE A MUSLIM BEST FRIEND & MOST MUSLIMS HAVE A HINDU BEST FRIEND!!



Worst Religious Riots in Delhi P-16

UK is shifting to a points-based immigration system and it is good for Indians P-23

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The All Saint's Alumni of North America (ASAANA) Reunion 2020 in Chicago, IL. P-12

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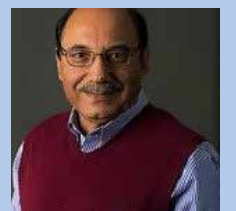
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No requirement for CAA, entire country should reject it, says CM Arvind Kejriwal

Stressing that India does not require the Citizenship Amendment Act, Delhi Chief Minister Arvind Kejriwal said the "entire country should reject" the law, arguing that it will affect "both Hindus and Muslims" in equal measure.

Addressing a town hall gathering, fourth in the series of seven such scheduled events, Kejriwal said the discourse of the country should primarily be about generating employment, not "throwing people out for failing to produce birth proof".

"I want the entire country to understand the objective of the Bill. You people (media) have made this a Hindu-Muslim issue. This is not a Hindu-Muslim issue. Through this Bill, both Hindus and Muslims will be evicted from the country. Everyone should know this. The text of the Bill says it will only shield only Hindus

coming from Pakistan. All the Hindus sitting here must arrange identity proofs of themselves and their parents," Kejriwal said.

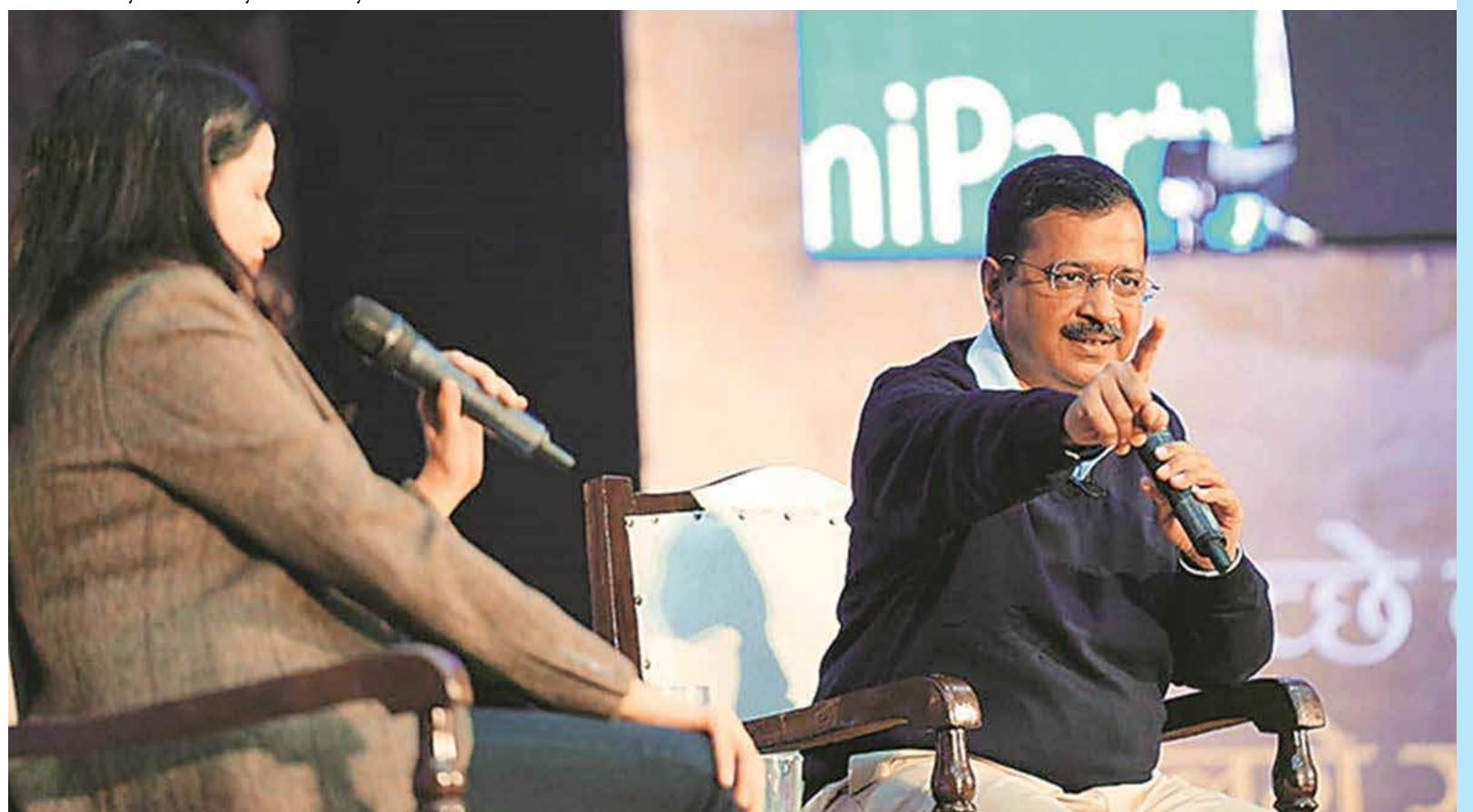
Responding to another question by NDTV's Nidhi Razdan, who was moderating the discussion, Kejriwal asserted: "This Bill has absolutely no requirement. Everyone together, the entire country should reject the Bill. The Union government should reject the Bill."

Kejriwal has in the past termed CAA as "dangerous". On Friday, he once again pointed out the need to focus on reviving the economy and generating employment for people of the country. On Union Home Minister Amit Shah's remark that there is no plan to conduct NRC across the country as of now, Kejriwal said "kabhi na kabhi toh karenge".

"There is no point in indulging in word play. They plan to bring 2 crore Hindus from Pakistan. Where will they be housed? From where will they be given jobs? First take care of your own, the rest can be taken care of later. Lafde chodo, isme kuch nahi rakha," he added.

Asked about him giving the protests outside Jamia Millia Islamia University against CAA and NRC in Delhi a miss, Kejriwal said that as CM, his job is to maintain peace and establish order in Delhi.

"People voted for me to develop Delhi, to ensure peace. I was trying to ensure that there is no incident of violence anywhere, that the protests remain peaceful and there are no police excesses. I was taking all the necessary steps towards that end during this time," Kejriwal said.



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2. Ask for Republican Ballot
3. Vote for SIDDIQI

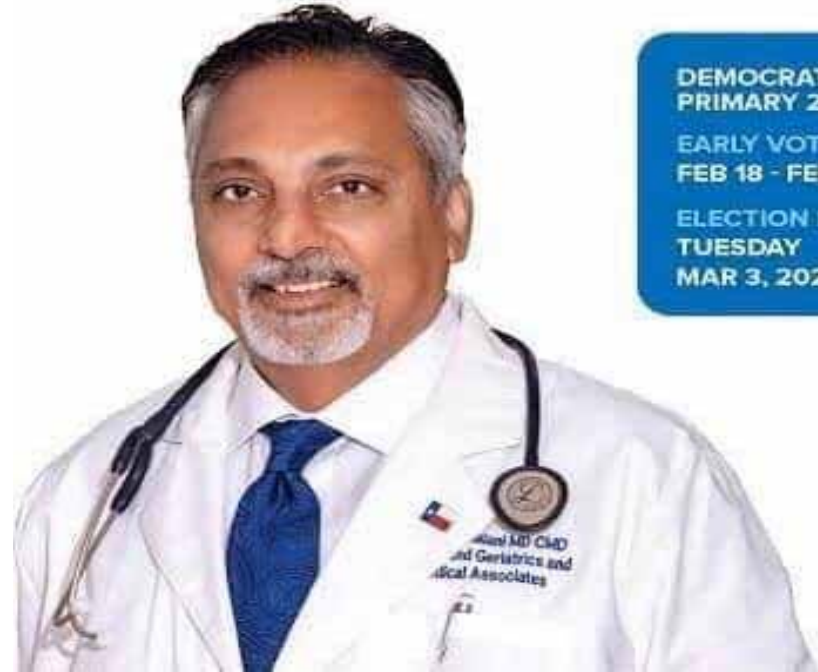
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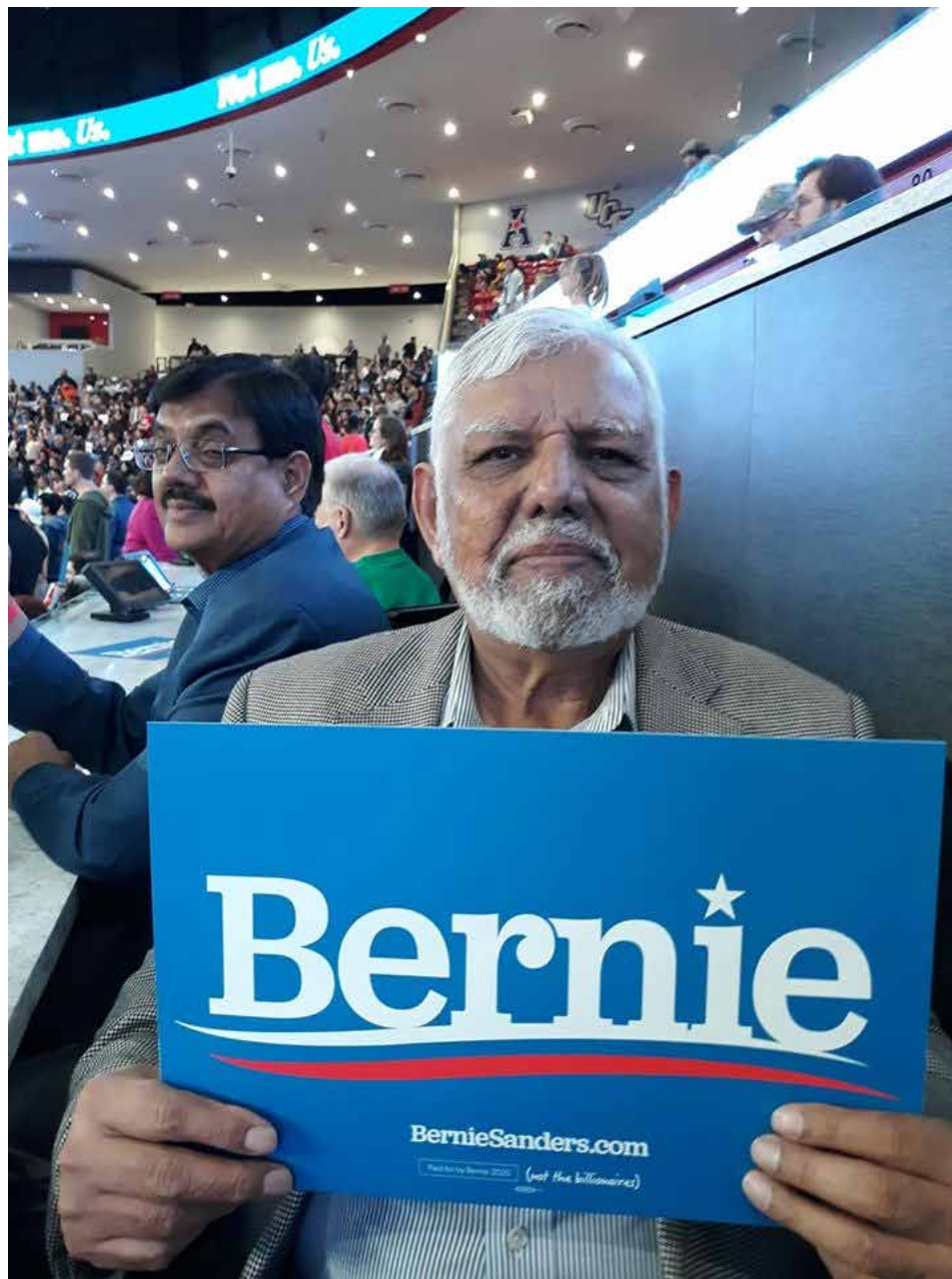
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Abdur Rauf Khan at Bernie Sanders event in Houston



Faiz Shakir is Bernie Sanders' campaign chief



The Harvard graduate is the first Pakistani and Muslim American to head up a major presidential campaign. Vermont Senator Bernie Sanders is on the verge of racing ahead of the pack in the Democratic primaries winning both New Hampshire and Nevada.

An avid baseball player during his time at Harvard, Shakir credited the sport with introducing him to different cultures, a fact that he says has helped his career.

"Baseball was everything for my life, in terms of opening up my life to education opportunities. All of my friends and networks even to this day are a lot of friends that I acquired from baseball," he said.

What might come as a surprise to many, given the rise of Islamophobia in the US, is that his campaign is being led by an American Muslim.

After graduating, Shakir served as a communication aide for the White House Office of National Drug Control Policy and as a legislative aide to Senator Bob Graham.

Faiz Shakir carries the distinction of being the first Muslim and first Pakistani American to head up a major presidential campaign.

During John Kerry's presidential campaign in 2004, Shakir also worked as a junior staffer. A year later, he worked as a policy adviser for the Center for American Progress, and helped launch the ThinkProgress blog. Between 2007 and 2012, he was the editor-in-chief of the blog.

Bernie Sanders has always spoken out vigorously on race issues and is a prominent opponent of US President Donald Trump's 'Muslim ban', which prevents residents from a number of majority Muslim countries from entering the US. Nevertheless Shakir's inclusion in the campaign in such a prominent way, will be seen as a milestone for the American Muslim community.

In later roles, Shakir served as an adviser on new media to House Speaker Nancy Pelosi and as a senior adviser to Democrat Senate Leader Harry Reid in Nevada.

The 41-year-old previously served in advisory roles to politicians, as well as private organisations.

Before joining the Bernie Sanders campaign, Shakir also served as the political director for the American Civil Liberties Union (ACLU). He was one of the people involved in launching the People Power website, which encourages people across the US to mobilise in defence of civil liberties.

Born in Florida to a Pakistani immigrant family, Shakir completed a degree in government at Harvard University before gaining a law degree from Georgetown.

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Rep Pramila Jayapal at Bernie Sanders Campaign in Charlotte, NC

Rep. Pramila Jayapal from Seattle, currently serves as the *U.S. Representative from Washington's 7th congressional district* was in Charlotte, NC for Bernie, Sanders campaign. Rep. Pramila Jayapal is her district's first female member of Congress, she is also the first Asian-American to represent Washington in Congress.

Congresswoman Jayapal serves on the House Budget Committee, the House Judiciary Committee, the Subcommittee on Immigration and Border Security, and the Subcommittee on Antitrust, Commercial and Administrative Law, the House Education and Labor Committee, the Subcommittee on Higher Education and Workforce Development and the Subcommittee on Workforce Protections.

Rep. Jayapal represents house resolution H.Res.745 on Kashmir which has been under lockdown for past 7 months by right-wing nationalist government of India - *Urging the Republic of India to end the restrictions on communications and mass detentions in Jammu and Kashmir as swiftly as possible and preserve religious freedom for all residents.*





Mr. Kareemullah Hussaini Biyabani being felicitated with the AWARD OF EXCELLENCE, by His Royal Highness Prince Talaal bin Mohammed Al-Abdullah Al-Faisal Aal-Saud (Great Grandson of His Majesty Late King Faisal bin AbdulAziz Aal-Saud (Rahimahullah)) @ Narcissus Hotel, Al-Marjaan Convention Hall, Riyadh, Kingdom of Saudi Arabia on Wednesday, 12/02/.



Muqtar Events & Entertainment Presented SHAAM E GEET SANGEET, Karaoke Musical Evening, Successful Show, Image Mumtaz Ali Akram Bhai & Organiser Muqtar Shaik — with Muqtar Shaik, Mumtaz Ali Akram and S Khan



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interactive Session of Indian and Saudi IT Companies Organized by Indian Embassy Riyadh At Crown plaza



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IFTEKHAR SHAREEF PAGE

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This afternoon meeting with Census USA delegates at MAPS Center in Schaumburg, Illinois. It is important for all & Asians to be counted as INDIAN Americans whether you are US citizens, Permanent Residents, H1B visa holders , came on B2/B2 Visa holders, or even un-Documented . All must be registered , funding to State is on the basis of population



Meet and greet for Raees Yawer for 22nd district State Senate seat attended by community leaders of north west suburbs and others



Good to meet for lunch with my long time friend U.S Congressman Chuyi J Garcia representing Illinois 4 Th District.



Mr. B. SANJEEVA RAO (ex-MLA), Vikarabad, Telangana, INDIA. went to be with the LORD He and his family visited several times to Chicago, our community(UTCC) events and our churches. Please uphold his Wife Mrs. Madhuraveni Garu, Children and related families in your prayers.



Felicitated Dr Srinivas Reddy for being appointed as member of State of Illinois medical Disciplinary Committe.Meet and greet Ricki GANDHI for State Rep hosted by Behari Beti Neelam Driwedi at Oak Brook . Organized by Dr Vijay Prabhaker



CHICAGO PAGES

The All Saint's Alumni of North America (ASAANA) Reunion 2020 in Chicago, IL.



All Saints High School, Gunfoundry, Hyderabad INDIA

The All Saint's Alumni of North America (ASAANA) is organizing Reunion 2020 in Chicago, IL. Please join us with your families and friends to the grand ASAANA Reunion 2020. All Saint's High School, located in the heart of Hyderabad City in India, is a 165 year old private, Christian school and thousands have graduated to become professionals in various fields including doctors, scientists, engineers, architects, professors, law makers, businessmen and famous sportsmen who played at national and international levels, especially in cricket and table tennis.

Hundreds of Alumni have settled in United States of America and Canada and made these places their home. The ASAANA Reunion 2020 is bringing the Alumni of All Saints' to Chicago, IL, from all over North America and Canada, with their families and friends for an ex-

travagant evening filled with entertainment, music, food and felicitation of distinguished awardees. It's an opportunity for meeting and networking with old friends and professionals, in an event that will showcase the rich and vibrant Indian culture including ethnic Indian food, Bollywood music and entertainment, celebrities, cricketers, Law makers and many more.

ASAANA Reunion 2020 is an opportunity to reminisce classmates, recognize friends, revive friendships, and rejuvenate childhood. A colorful souvenir magazine will be published filled with golden memories.

The ASAANA Reunion 2020 will be held on Saturday, April 4th 2020 @ 5 PM CST at Shalimar Banquets, 280 W. North Ave. Addison, IL 60101. Reserve your seat with family and friends (\$60 / person or \$500 / Table of 10

guests) by purchasing the tickets at <https://www.asaana.us/>



Ameer M Khan
Founder & President,
ASAANA

www.asaana.us

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Meet the candidates

Islamic Center of Naperville (ICN) The Political Engagement & Outreach (PEO) Committee of ICN hosted Meet the candidates event on Saturday February 22nd, 2020 at 6:00 pm to have a dialogue between candidates running for office and the constituents.

The event was well attended by more than 20 candidates running for office and about 300 Community members. The ICN Community are diverse in terms of their ethnic composition, national origin and professions. There are a significant number of families from South Asia, the Middle East, and other parts of the globe. In the past couple of decades, the Asian communities have become indispensable to the success of our nation because of their high-levels of education, skills and commitment to achieving the American Dream. I would like to thank our wonderful candidates who are running for office and joining our community to share their views.

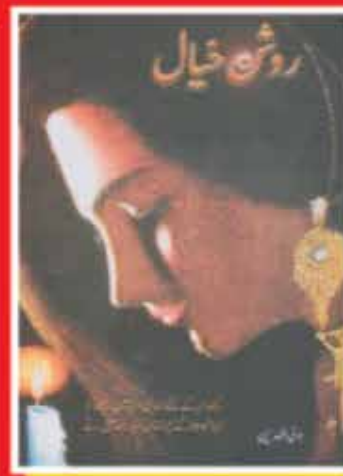


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At Wedding ceremony of Abdul Gafoor

Chicagoland rallies behind Azam Nizamuddin for Dupage County Circuit Court Judge

A Community Meet and Greet event was hosted for Azam Nizamuddin, Democratic candidate for Circuit Court Judge in DuPage County at Royal Palace in Naperville, Illinois. The event was attended by elected officials, Candidates running for office and community leaders from across Chicagoland, including State Representative Karina Villa, Alderman Judd Lofchie, City of Aurora and Dupage County Board Member Dawn De Sart. The Primary Election is on March 17, 2020.

There was unanimous support for Azam, who is "Highly Recommended" by the DuPage County Bar Association and also "Recommended" by the Illinois State Bar Association Judicial Advisory Poll. He is also the recipient of the DuPage County Bar Association's Directors Award, and the Chicago Bar Association's Building Bridges Award. Azam has the most well-rounded legal experience of all the candidates running for DuPage Circuit Court, having practiced both civil and criminal, and having worked for a large law firm, small law firm, and as General Counsel for a financial services company.

As part of his remarks at the event, Azam stated, "I believe that judges should be independent, impartial, and fair to all citizens that come before them, regardless of their racial, ethnic, religion, gender, or sexual orientation, or socio-economic background. He further emphasized that "the judiciary in DuPage should represent all the people of DuPage County."

"A just and fair judicial system starts with electing the right candidate. Azam, who is a renowned practicing attorney, would ensure that equal access to justice is not a

privilege but a basic right", said Bernadette Chopra, a Community Leader, and added that as a Circuit Judge Azam will protect the integrity of our Courts and preserve the independence of our judicial system.

Shoaib Khadri, another Community Leader said that Azam's professional background in law, combined with his active involvement in various organizations at the social, political and interfaith platforms, makes him a natural choice for the position of Circuit Judge.

Mohammed Kaiseruddin, a Community Leader said that Azam is best suited to be a judge. "The Courtroom audience will be in for a treat. The Plaintiffs and Defendants will always expect a fair verdict", he added.

Dr. Dilara Sayeed, President of the Illinois Muslim Civic Coalition, said that Azam is the only candidate in the primary race to be rated as Highly Recommended and added that he will be a judge who is just and fair with all residents.

Shree Gurusamy, a Community Leader said that Azam has always been respectful and inclusive towards people of all ethnic backgrounds which will be a great asset to the DuPage County Judicial system. "His election as a Dupage Circuit Court Judge will be greatly instrumental in bringing diversity, fairness and professional expertise to the judicial system", she added.

Joseph Fortunato, a Member of the Host



Committee said that, Azam will be a great addition to the judiciary in DuPage County and an important voice for change in how new Associate Judges are selected.

Iftekhar Shareef, a Community Leader, strongly endorsed Azam Nizamuddin for the position of Judge in the Circuit Court of DuPage County, considering Azam's thorough understanding of the profile and problems of the South Asian Community.

Ashfaq Syed, said that one of the key qualities voters should look for in an outstanding candidate for Circuit Judge is a strong record of service to the community and great credentials and added that Azam has been a civil leader for over 25 years and called upon one and all to rally behind him for Dupage County Circuit Judge.

Michelle Gale, a Community Leader & Member of the Host Committee said that Azam has always been passionate about creating a better DuPage and deeply committed to integrity and justice. "There are many people running up and down the

ballot, but Azam is by far one of the best, in terms of both character and experience", she added.

Saily Joshi, a well-known resident and activist in Naperville said that Azam's multifaceted exposure will be an asset to the bench, which is much needed in the present-day judiciary.

Tabassum A. Hakeem, CPA, MPP, AM stated that Azam is deeply civic minded and committed to broader community which extends beyond any racial, religious, or socio-economic boundaries. "As a resident of DuPage County, I would feel privileged to be served by a Circuit Court Judge like Azam", she added.

Mir Khan, a Member of the Host Committee said that those who desire to be a part of Team Azam should contact his campaign at info@azamforjudge.com and visit his website: www.azamforjudge.com.

Ashfaq Syed

Indian American Association celebrated 71st Indian Republic Day

The Indian American Association (IAA) Chicago, Illinois, celebrated India's 71st Republic Day by hosting a large colorful cultural program on Saturday, January 25, 2020 at Pearl Banquet in Roselle, Illinois.

The exciting event consisted of musical performances, dances, and a candle-lighting ceremony to honour the day on which the Indian constitution was drawn into existence.

The Indian community of Chicago is very vibrant, as Hindus, Sikhs and Muslims constitute an important part of Chicago's diverse population. Therefore, many parallel events were organized in Chicago for the celebration of Indian Republic Day, which falls on 26th January. The Consulate event hosted by IAA President, Nawab Mir Hamid Ali Khan, was a celebration of democracy, liberty and the secular values espoused in India's constitution.

IAA invited two celebrities, Bollywood actress Neetu Chandra and Miss South Asia International, Manjari Parikh, along with large number of dignitaries to the event. Manjari Parikh presented a beautiful dance to the delight of guests.

Neetu Chandra presented another dance with Desi Hoppers Group on the traditional poem "Lab Pe Aati Hai Dua Banke Tamanna Meri". This poem promotes the values of humanity and patriotism and was written by Allama Muhammad Iqbal who was a great poet during the British colonial era and inspired many towards the freedom struggle of the sub-continent through his poetry.

The Chief Guest was the Consul General of India, Honorable Sudhakar Dalela, US Congressman, Honorable Raja Krishnamoorthi, D-Illinois, 8th District and other dignitaries including Mr. William D. McLeod, Mayor of Hoffman Estates, Mr. Joe Gallo, Mayor of Rolling Meadows, Mrs. Joe Gallo, Mr. Kevin B. Morrison Cook County Commissioner 15th District, Mr. Amit Jhingran CEO SBI, Mrs. Amit Jhingran, Mrs. Malini Vaidhyathan, Air India Manager Midwest, Mr. Vaidhyathan, Mr. Michael Devivo, New York life, Mr. Onkar Singh Sangha, and others.

The Republic Day Program began at 6:00 P.M with American and Indian National Anthems. This was followed by a welcome speech by Nawab Mir who then, along with the dignitaries, performed the lamp-lighting ceremony. A welcome dance was performed by Kalanjali Dance School, followed by the Oath Ceremony. US Congressman 8th district and other dignitaries congratulated newly elected office bearers of IAA and the Indian American community for celebrating 71st India Republic Day.



With the lively performances showcasing the rich culture of India, the reception was a remarkable success enjoyed by all the guests. However, in the grand scheme of things, the program was beyond the celebration of independence from the British rule 71 years ago. It was a reflection of the culture of India as one that is all-encompassing and connects all people in interfaith harmony.



ZERQA ABID

A HILLIARD MOM ON A MISSION

of protecting & empowering all youths and families against drugs, gangs, violence, human trafficking & despair. A fierce advocate of justice, equality & liberty for all.

A resident of 12 years. Served on both the Tharp & Weaver PTO and the Hilliard Education Advisory Council. An alumni of the Hilliard Citizen Police Academy. A nonprofit manager who works closely with the City Council & the State House. A Hilltop Area Commissioner. An Everyday Hero 2019 Award winner from The Dispatch Media Group.

A community organizer and a staunch Democrat who has been organizing the Ohio Muslim Community for the Democratic Party since 2008.

A Tested Leader to Represent the Diverse Community of Hilliard in the Central Committee of the Franklin County Democratic Party.

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FRANKLIN COUNTY DEMOCRATIC CENTRAL COMMITTEE

TUESDAY, MARCH 17

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Date: Saturday March 7th, 2020
Time: 2 PM Sharp
Age: Girls 22-30 years; Boys 25-35 years
Light Refreshments will be served

Contact Sister Anjum at 732-485-2037 or Sister Munazza at 732-234-6920 for more



New Delhi riots at worst level as India balks at U.S. reaction to the religious violence

BY ARSHAD R. ZARGAR

The death toll from four days of sectarian violence in India's capital has risen, making it the worst religious rioting Delhi has seen in more than three decades. Over 200 people have been injured, dozens of them shot, as mostly-Hindu supporters of a controversial new citizenship law seen as discriminatory against the country's minority Muslim population clash with opponents.

Despite assurances from government and police officials Wednesday that the situation was under control, new clashes were reported early Thursday morning, and the death toll continued to rise sharply. Residents in the hardest-hit neighborhoods have told CBS News they're afraid to leave their homes.

People mourn next to the body of Muddasir Khan, who was wounded on Tuesday in a clash between people demonstrating for and against a new citizenship law, after he succumbed to his injuries, in a riot affected area in New Delhi

People mourn next to the body of Muddasir Khan, who was fatally wounded Tuesday in a clash between people demonstrating for and against a new citizenship law, in New Delhi, India, February 27, 2020.

ADNAN ABIDI/REUTERS

The violence prompted the U.S. Embassy in India to issue an advisory for American citizens in the capital city, urging them to "exercise caution," "keep a low profile" and "avoid all areas with demonstrations."

Trending News ›

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In Washington, the U.S. government's Commission on International Religious Freedom (USCIRF) condemned the "brutal and unchecked violence" in Delhi and urged the Indian government to "take serious efforts to protect Muslims and others targeted by mob violence."

India's External Affairs Ministry dismissed the commission's comments as "factually inaccurate and misleading," and said they appeared to be "aimed at politicizing the issue."

New law behind the clashes

The controversial law at the heart of the violence is called the Citizenship Amendment Act. Brought in by Indian Prime Minister Narendra Modi's government, the law makes it easier for people facing religious persecution in three neighboring countries — Pakistan, Afghanistan, and Bangladesh — to get Indian citizenship. But the law specifically excludes Muslims.



There were widespread, deadly protests as soon as the law was passed in December, and they have continued to this day.

Opponents of law in secular India, including both Hindus and Muslims, argue that it is unconstitutional for singling out a religious group. They say it is part of a larger plan by Modi's right-wing, Hindu nationalist government to marginalise the country's 200 million Muslims.

"We don't sleep at night"

The latest clashes kicked off in Delhi on Sunday, the eve of President Donald Trump's first state visit to India.

Houses, shops, cars, and mosques were gutted as mobs armed with sticks, stones, and Molotov cocktails ransacked at least 10 neighborhoods in northeast Delhi. There has been no official breakdown of the casualty figures, but local reports suggest the majority of the dead and injured are Muslims. But Hindus, including members of the security services, are among those to have been killed.

A resident in Mustafabad, one of the worst-hit areas in the capital, who wished to be identified only as Ahmed, told CBS News the trouble started when a mob shouting Hindu religious slogans tried to break up a sit-in protest against the new citizenship law, which had been carrying on peacefully for 40 days.

"They started throwing stones at the protesters, who then retaliated," he said.

A Picture and its Story: A mob out for blood: India's protests pit Hindus against Muslims

A group of men chanting pro-Hindu slogans beat Mohammad Zubair, 37, who is Muslim, during protests sparked by a new citizenship law in New Delhi, India, February 24, 2020.

DANISH SIDDIQUI/REUTERS

Police have been accused of failing to stop such aggression against Muslims. On Wednesday, India's Supreme Court said timely action by the police could have saved lives, and the Delhi High Court also chastised the police for failing to file cases against politicians who gave hate speeches days before the clashes began.

"The police did nothing. They just gave the rioters a free hand," said Ahmed. "They didn't even let ambulances come into our areas."

Ahmed said the Hindu attackers were not from the adjacent, Hindu-majority area of Shiv Vihar, whom he and his neighbors know well. He said those neighbors had even given "refuge to hundreds of Muslims who fled when the militant mobs were on rampage." In other words, the attacking mob was not a local group, but from outside the immediate area, according to Ahmed.

"There is so much fear and tension we don't sleep at night," said Jamal, another resident who uses only one name. "We remain on guard in the streets the whole night."

"I know five people who have died in our locality; four of them have bullet wounds and one was stabbed," he told CBS News.



Fearing further violence, dozens of families from the worst affected areas — both Muslims and Hindus — have moved out to safer places in the sprawling capital city, further afield.

INDIA-POLITICS-RIGHTS-UNREST

People look out near a burnt-out and damaged shop at the riot-hit area following clashes between people supporting and opposing a contentious amendment to India's citizenship law, in New Delhi on February 27, 2020.

MONEY SHARMA/AFP/GETTY

The Delhi judge who accused the police of failing to cite politicians for hate speech was transferred to a different court later the same night. The government called his transfer "routine," and said it had been arranged previously. The new judge heard the case on Thursday and gave the government one month to tell the court what action it has taken against the politicians for their alleged hate speech.

An address by a Hindu leader of Prime Minister Modi's own party sparked the complaints of hate speech. Kapil Mishra had told a crowd, in front of a senior police officer, that he had appealed to the police to clear the anti-citizenship law protest sites.

"I want to tell them (police) that we will stay silent until Trump's departure, but after that we will not even listen to you," Mishra said.

Journalists attacked

Several journalists who covered the recent clashes have said they were threatened, heckled, and in some instances even beaten by the mobs.

Times Now correspondent Parbina Purkayashtha told CBS News she was surrounded by a group of men with sticks in their hands while she was reporting live on camera in the Maujpur area Sunday evening.

"They said they would kill me," she said. "I sat down, cried and pleaded with them to let me go, but they didn't listen. They were about to hit me with a stick when one of them told them not to and I ran for my life."

"I was scared they would catch me for being a journalist, molest me for being a girl, lynch me for being a Muslim," another journalist, Ismat Ara, wrote about her experience covering the clashes.

She told CBS News it would "take some time to recover from all this."

First published on February 27, 2020 / 8:44 AM

Ilhan Omar's Challenger Is Literally on the Run From the Law

It's not unheard-of for members of Congress to resign their seats because of serious legal trouble. Now Republican House candidate Danielle Stella is trying to achieve the inverse: getting elected to Congress while being wanted by the law.

Stella, one of the five Republicans competing for the right to take on Rep. Ilhan Omar (D-MN) in November, has been wanted for months on an arrest warrant for felony shoplifting. Even while facing arrest, though, she's managed to achieve a respectable fundraising haul—nearly \$84,000 as of the end of 2019—and built up a following on social media, where, well, she's made some waves.

Stella first stirred the pot in July over tweets suggesting she supports the QAnon conspiracy theory, which claims that Trump is engaged in a ceaseless secret war against high-ranking pedophile-cannibals in the halls of power. At the same time, The Guardian reported that she had been arrested twice in the Minneapolis area's Hennepin County on shoplifting charges, including an allegation that she stole \$2,300 from Target.

Stella insisted she didn't break the law. According to records, though, Stella failed to

show up for multiple October court hearings about her alleged felony. After Stella missed another hearing, a judge issued a still-outstanding warrant for her arrest.

"We can confirm that she does have an active felony theft warrant in Hennepin County," a spokesman for the Hennepin County Sheriff's Office told The Daily Beast.

Stella didn't respond to requests for comment.

Stella's primary rivals have watched her mounting legal woes with surprise. Lacy Johnson, an entrepreneur who has raised nearly \$500,000 in his own bid for the Republican nomination, said that negative headlines about Stella could undermine whoever eventually faces Omar in the general election. The eventual Republican nominee already faces a steep challenge in the district, which heavily favors Democrats.

"Candidates are reflections of the party in a way, and it's not a good reflection of the party in a sense," Johnson said. "But now, being in politics, you do learn that people do have all kinds of ways of looking at things."

Sheriff's deputies aren't the only ones interested in Stella's whereabouts. Questions about her location flared anew over the weekend, when a conspiracy theorist with 50,000 YouTube subscribers claimed with no evidence during a livestream that Stella was in some unspecified danger at a hotel in Osceola, Wisconsin. Callers from across the country deluged the Osceola hotel with calls, and police were called to the scene.

A spokeswoman for the Osceola Police Department declined to share an incident report about the event, citing an open investigation.

Stella is facing obstacles beyond the courtroom, too. In November, Twitter suspended her campaign account after she repeated a fringe allegation that Omar is an Iranian government asset and claimed that Omar "should be tried for #treason and hanged" if the allegation was true.

Despite all the legal attention, Stella continues to operate her campaign—at



least online. In addition to raising money for her campaign, Stella has posted messages to her supporters on Facebook and Instagram, including promotional memes about QAnon.

As a candidate himself, Johnson said that anyone facing an arrest warrant would no doubt face complications while running for office. How, for example, could they show up for debates in the face of police pressure?

"I wouldn't even run if I was on the run from the police," Johnson said. The Daily Beast

Crown Prince orders project to develop roads in Riyadh

Saudi Arabia's Crown Prince Muhammad Bin Salman, deputy premier and minister of defense, has ordered the development of main roads in the heart of Riyadh in order to upgrade the city's transportation system.

The project aims to transform Riyadh to be a major hub in providing sustainable transportation services as well as logistics services in the Middle East, the Saudi Press Agency (SPA) said. The program will work on developing junctions between Riyadh's ring roads and main routes. It will develop 400 km of road network, by adding new roads and upgrading existing junctions.

The project will enhance Riyadh's leading role as one of the major metropolises of the world, in line with the goals and programs of the Kingdom's Vision 2030.

Among the main projects will be:

- * Improving the First Ring Road with an additional length of 80 km and continued work on the Second Ring Road.
- * Developing the main junctions of the King Fahd Road to increase its capacity.
- * Increasing the capacity of the Imam Saud Bin Faisal Road from King Khalid Road until its junction with the second eastern ring road, with a length of 23 km.
- * Improving the Prince Turki Bin Abdulaziz I road and its extension to the south until its meeting point with the second southern ring road, with a length of 45 km.
- * Developing the extension of the Abu Bakr Al-Siddiq Road to the south from Makkah Road to the Eastern Ring Road, and its extension south to the Dhahran Street to the Southern Ring Road with a length of 17 km.
- * Developing the Othman Bin Affan Road from King

Salman Road to Al-Urouba Road, and from Makkah Road to the the Southern Ring Road with a length of 16 km.

The implementation of this program will contribute to achieving a set of benefits for the city. Among them are linking different parts of the city with each other via a network of express and arterial roads, accommodating traffic trips to the city through the ring road network, fulfilling the existing and expected transportation needs, raising the average speed of traffic, reducing travel time of trips on the city's road networks, and directing urban development in line with the city's future vision and strategy.



No Discovery of Around 3000-Tonne Gold Deposits in Sonbhadra: GSI

No Discovery of Around 3000-Tonne Gold Deposits in Sonbhadra: GSI The Quint 21 February 2020

(Update: This story has been updated to reflect GSI's denial on gold deposits of around 3,000 tonnes being found in Uttar Pradesh's Sonbhadra district. Earlier, news agency PTI had reported on the discovery by quoting Sonbhadra district mining officer KK Rai)

The Geological Survey of India (GSI) on Saturday, 22 February, said there has been no discovery of gold deposits estimated to be around 3,000 tonnes in Sonbhadra district of Uttar Pradesh, as claimed by a district mining official.

"Such data was not given by anybody from GSI.... GSI has not estimated such kind of vast resource of gold deposits in Sonbhadra district," GSI Director General M Sridhar told PTI in Kolkata on Saturday evening.

"We share our findings regarding any resources of ore after conducting survey

with the state units.... We (GSI, Northern Region) had carried out work in that region in 1998-99 and 1999-2000. The report was shared with UP DGM for information and further necessary action." - GSI Director General M Sridhar
Rejecting the claim, Sridhar said that in its report after exploration in the district "the GSI has estimated a probable category resource of 52,806.25 tonnes of ore with 3.03 grams per tonne gold (average grade) for a strike length of 170m in Sub- Block-H, Son Pahadi of Sonbhadra district of Uttar Pradesh".

The exploration works of the GSI for gold was not satisfactory and the results were not encouraging to come up with major resources for gold in Sonbhadra district, he added.

Sonbhadra district mining officer KK Rai had said on Friday that the gold deposits were found in Son Pahadi and Hardi areas of the district.

The deposits in Son Pahadi are estimated to be around 2,943.26 tonnes, while that at Hardi block are around 646.16 kilogram, the official said.



"The mineralised zone having an average grade of 3.03 grams per tonne of gold is tentative in nature and the total gold which can be extracted from the total resource of 52,806.25 tonnes of ore is approximately 160 kg and not 3,350 tonnes as mentioned in the media," the DG clarified.

The Geological Survey of India (GSI) has discovered gold deposits estimated to be

around 3,000 tonnes and worth Rs 12 lakh crore in Sonbhadra district of Uttar Pradesh, almost five times India's current reserve of the yellow metal.

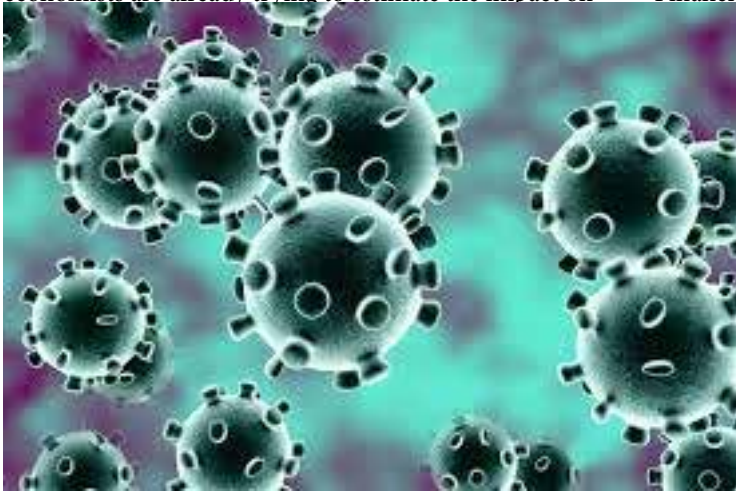
The gold deposits were found in Son Pahadi and Hardi areas, district mining officer KK Rai said on Friday, 21 February.

Coronavirus Impact on Global Economy

By:Shoaib Habib Memon

The fast-spreading new coronavirus that originated in the Chinese city of Wuhan is, at its most immediate level, a public health crisis. But it is also much more than that. As governments struggle to contain the epidemic, the virus is already having economic ramifications in China and around the world.

While it remains unclear how far the virus will spread because Viruses don't see borders and when it will peak, economists are already trying to estimate the impact on



are becoming more damaging by the day.

Australia joined the United States and Singapore in blocking entry to noncitizens traveling from China, with more than 60 nations imposing entry restrictions on Chinese nationals.

Financial markets have also felt the effect of the health crisis. The coronavirus outbreak already having a damaging economic and business impact, affecting everything from tourism to the supply of parts to the automotive and technology industries.

Stock markets around the world are lower than they were two weeks ago. China's market fell 8% on the first day of trading after the holiday.

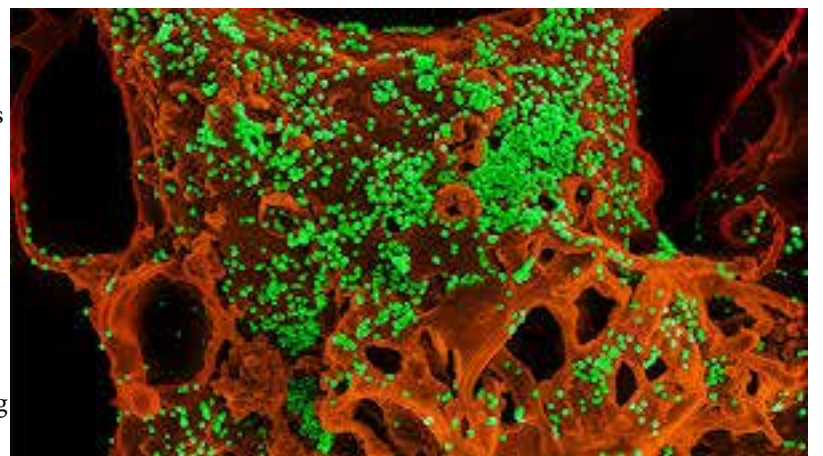
There has been a particularly marked impact on the prices of industrial commodities, as China is such an important buyer.

Crude oil hit its lowest level in more than a year.

It has dropped by about 15% in the past two weeks, reflecting declining demand from China - underlined by reports the country's leading refiner, Sinopec, is cutting back.

A group of oil exporting nations is considering production cuts in an effort to reverse the price fall.

Copper is also cheaper - by about 13% over the past two



weeks.

It is an important material for the construction industry, which is also sure to be affected in China.

Airbus has stopped its production line in Tianjin as travel restrictions imposed by Beijing take their toll. GSK, one of Britain's largest drugmakers, said its medicine packaging facility in Tianjin, which employs about 100 people, remained closed. Apple, which has suppliers in Wuhan, said the reopening of some suppliers' factories had been postponed from the end of January to mid-February. Ikea has closed all of its 30 stores in China, while McDonalds shut about 300 Resturaent, 10% of its network in the country, and Starbucks has shut about half of its 4,100 cafes. The London-listed InterContinental Hotels has 443 outlets in China and has waived cancellation fees for a period, adding to the impact from a drop-off in domestic and inbound travel.

gross domestic product (GDP) in the world's second-largest economy and beyond. Chinese authorities put the death toll at 361, with 17,302 confirmed cases. Experts predict more than 100,000 could become infected worldwide, however, with the virus having already spread to 26 countries, including other major population centers in Asia such as India.

With schools and factories shut in China, air travel curtailed, and major cities resembling ghost towns, the economic effects of the world's worst health crisis in decades

ISNA ANNOUNCES NEW EXECUTIVE DIRECTOR

BASHARAT SALEEM

After a thorough and rigorous search process, led by ISNA's executive committee and a reputable recruitment firm, the Islamic Society of North America (ISNA) is pleased to welcome Basharat Saleem as its new Executive Director.

Basharat brings a wealth of knowledge and expertise in the areas of nonprofit management, leadership development, event management and more. Immediately before accepting this appointment, Basharat served as the Director of conferences and events, at the Society of Professional Journalists (SPJ), nation's most broad-based journalism organization founded in 1909. At SPJ, he managed the annual convention, journalism awards program, Scripps training programs, and other events.

Basharat is no stranger to ISNA, prior to his current position with SPJ, Basharat served as ISNA's Director of convention, conferences, and special projects for more than 15 years. In this role he oversaw

ISNA's annual convention, conferences and other programs. More importantly, his role gave him deep and critical knowledge of ISNA's mission, vision, and strategic priorities as well as meaningful relationships and interactions with Muslim communities and leaders giving him the ability not only to contribute to the development of meaningful programs to serve the community but also the skills and relationships to implement them.

Basharat constantly updates his knowledge and professional skills; he has completed a Master's in Business Administration (MBA) degree in Finance from the University of Indianapolis. He also completed a fellowship program in Non-Profit Management and Philanthropy from the Indiana University Purdue University Indianapolis (IUPUI). In addition, Basharat is a Certified Meeting Professional (CMP) and has received certifications in Fundraising Management (CFRM), and Project Management from (IUPUI).



"Basharat brings the right mix of education, experience, and extensive knowledge of ISNA and its constituencies to this most critical position" said ISNA President Dr. Syed Syeed. "I and the rest of the leader-

ship of ISNA look forward to working with Basharat to take our beloved organization to the next level" he added.

Umar Sharif's daughter falls victim to illegal organ transplant racket

LAHORE: A joint team of the Federal Investigation Agency (FIA) and the Human Organ Transplant Authority (HOTA) on Tuesday raided the house of transplant surgeon Dr Fawad Mumtaz in Bahria Town, Lahore, when it transpired that known comedian Umar Sharif's daughter died from serious complications after he carried out her allegedly 'illegal kidney transplant' at an undisclosed location in Azad Jammu & Kashmir.

Presently serving at the Lahore General Hospital, Dr Fawad was notorious for running an organ trade network in various parts of Punjab, an official told Dawn.

He said the team returned when it learnt that Dr Fawad had already left his home to avoid arrest.

The joint team of the FIA and the HOTA acted on a written complaint of Umar Sharif's son Jawad Umar, who said his sister Hira Sharif died in the wake of her illegal kidney transplant carried out by Dr Fawad Mumtaz.

He said Dr Fawad charged Rs3.4 million for the organ transplant and took her to an undisclosed place in AJK where she developed serious complications a week after the operation. He, however, did not say whether the family was aware that this was going to be an illegal transplant.

Mr Jawad alleged that his sister was brought to a private hospital at Raiwind Road in a life-threatening condition and she breathed her last due to serious com-



plications.

He, however, expressed ignorance about the exact location, building or road where surgery on his sister was performed.

Following his application, HOTA formed a four-member committee to probe the allegations, the official said.

Umer Sharif was on a three-month visit to the United States.

'Faulty criminal justice system'

An official, who was privy to the entire process, said that the criminal record of transplant surgeon Dr Fawad and the network he was running to perform illegal organ transplant uninterruptedly was a

'slap in the face of faulty criminal justice system'.

He said Dr Fawad was nominated in several criminal cases lodged in Faisalabad, Multan, Lahore and other parts of Punjab for carrying out illegal organ transplant.

Talking about some important cases, he said Dr Fawad was arrested red-handed by the FIA in April 2017 when he was carrying out allegedly illegal kidney transplant of foreigners, including Jordanian, Libyan and

Omani citizens at EME Society in Lahore for Rs6m each.

During transplant Jordanian national Salma had breathed her last. The raiding team had also taken into custody the then general secretary of Young Doctors Association, Punjab, Dr Altamash Kharal, and two other suspects.

The busting of organ trade racket of doctors from serving public sector mega teaching hospitals of Lahore had hit the headlines in national media, inviting strong criticism on the medical community and the health authorities for giving space to such 'notorious medics' in the healthcare set-up for playing with the lives of people.

Next year of arrest in April 2018, the Lahore High Court had dismissed post-arrest bail of Dr Fawad Mumtaz on the charges of illegal kidney transplantation.

Later, he was released on bail when he again moved the high court and resumed his duty at the Lahore General Hospital and organ transplant surgeries at private places, he said.

Meanwhile, the official said Dr Fawad was again nominated in a case lodged with the Faisalabad police in August 2019 when he along with his accomplices removed kidney of a poor carpenter Shahid Masih.

Recently, another criminal case was lodged against him in Multan under Section 302 of the Pakistan Penal Code when a few deaths were reported after he performed on the patients allegedly "illegal organ transplant procedures".

Following the case, Dr Fawad obtained pre-arrest bail from the court of additional district and sessions judge Mohammad Nawaz Bhatti.

On this, HOTA legal director Imran Ahmad pursued the case with the same judge who rejected bail of Dr Fawad for not appearing in court.

Published in Dawn, February 19th, 2020

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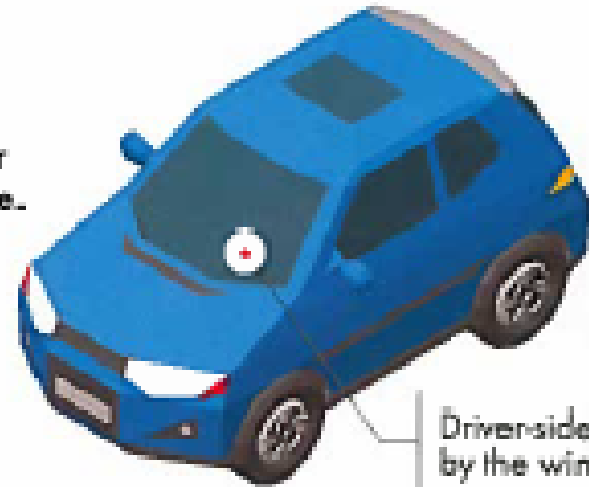
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Pakistan: A Possible Future by K. Tausif Kamal

book review by S. Akhtar Ehtisham MD

Publisher: Archway Publishing (Simon & Schuster Group), Indianapolis, IN 47403, USA

Publication Date: November 20, 2019

This book offers in a remarkably lucid language the history of the inception of Pakistan, its setbacks in infancy, stunted growth and catastrophic loss in 1971 of the Eastern wing which had 55% of the population, and which in its initial years generated most of the country's revenues from the export of jute.

The author, Tausif Kamal, is a Dallas-based lawyer and current affairs analyst and has written on Pakistan.

In the foreword he tells us that Pakistan has the sixth largest population in the world, second largest after Indonesia among Muslim countries, is diverse in ethnicity and the home of the 1700 BCE Mohenjadaro and Harrapa civilizations.

Kamal claims that the book "is not about Pakistan's past but rather about its future - a possible future, not a guaranteed future."

He dwells on the "nation's resiliency, remnant nationalism and survival instincts" that enabled Pakistan to endure despite many existential challenges such as the separation of half of the country, military coups, political assassinations, bankruptcy, poverty, mounting debt, and natural disasters. "For future survival and viability Pakistan must forward and change along the direction of a non-revisionist, nonviolent, peaceful, tolerant, modern, mercantile nation state". He quotes the well-known scholar, Ayesha Jalal, "The logic of its creation and the causes of its survival ... need to be answered..." and notes that "the country has survived wars, natural disasters ...and the separation ...bankruptcy ... fanaticism, terrorism."

May I offer the comment that many countries - Indonesia, Nigeria, and several others in Africa, Middle East and South America - have survived bigger upheavals without dismemberment.

Learning from the past is a worthy idea. Kamal advises that the country "must identify ...acknowledge the blunders its leaders and society have committed", asks if "endless hostilities with India have helped or hindered ... militant groups ... Pakistan ...sole reliance on external aid, ethnic uprisings in KPK, Balochistan and Sind ...sinking deeper ...fundamentalism".

I wish the author had offered the names of persons, groups and political parties which could proceed in the direction.

He moans the sorry state of roads, water and electric supply and pollution in Karachi and demands allocation of a 'decent fraction' of the 60% of the coun-

try's revenue that the city offers to the country, to rebuild its infrastructure.

He decries the discrimination perpetrated against Balochistan since Jinnah sent the army to take over the tribal fiefdom, Kalat.

Under *Moving Forward*, Kamal highlights four critical issues that must be tackled forthwith. Firstly, the freedom of opinion and press, the lack of which perhaps crushes the people like never before in the history of the country. It must be genuinely restored. Secondly, an effective democracy that caters and is responsive to the needs of the people should be the sole sustainable political alternative. Thirdly, the city of Karachi should be developed and financed as the anchor city spearheading the economic growth of the nation. Fourthly, the simmering insurgency in the country's largest province, Balochistan, should be ended via a fair and consensual settlement.

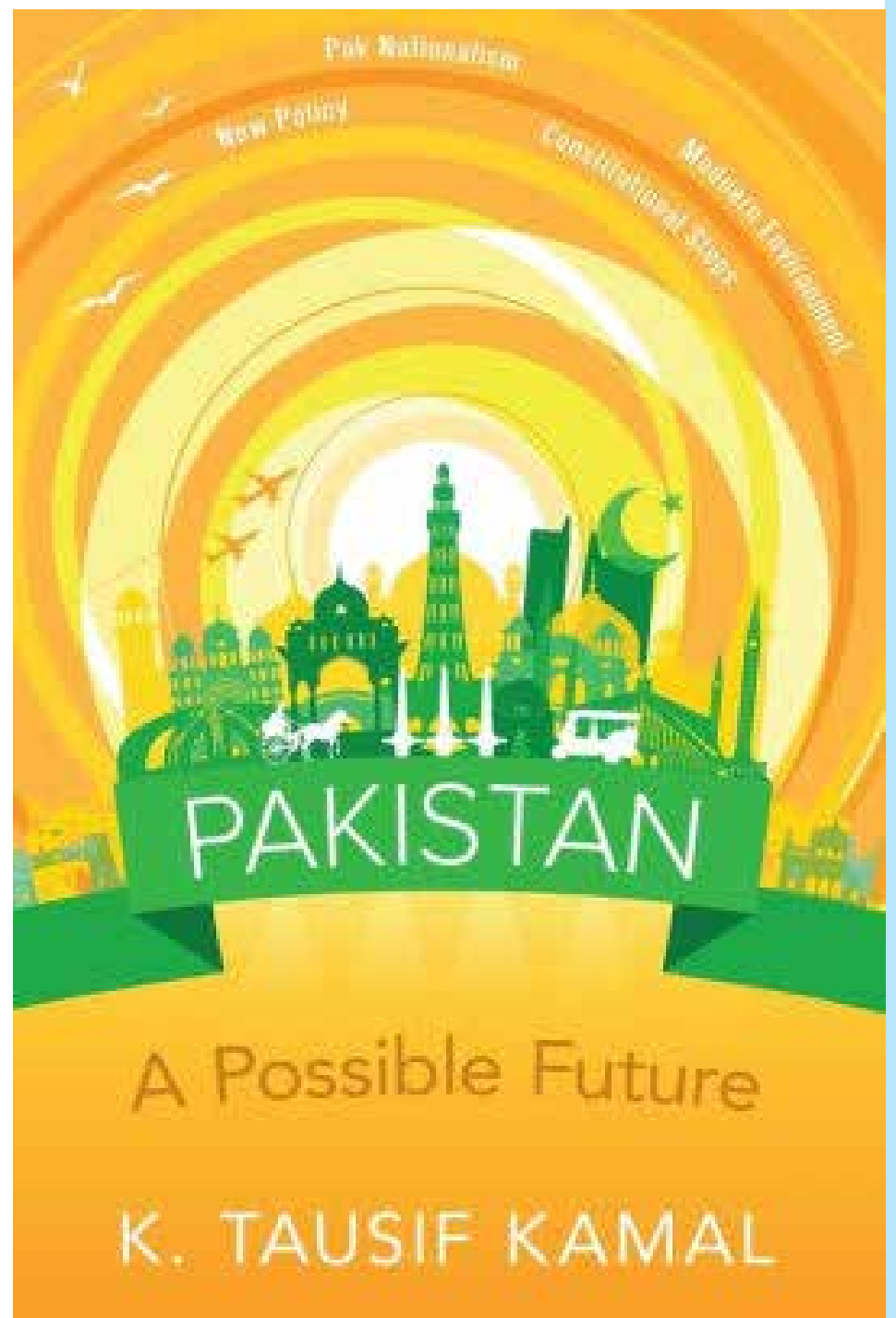
May I offer the opinion that "democracy is a function of capitalism" and it exists in no country of the world which does not boast of a capital-controlled economy. Free speech and media are just delusions as they are controlled/owned by capital all over the world.

Assault on the Constitution: Kamal traces the overthrow of Pakistan's constitutional rule though five coups starting with Gen Ayub Khan and ending with Gen Musharraf.

The judiciary played a supportive role in legitimizing all such acts of treason. "The story of Pakistan is a story for pre-eminence and domination of the nation's milieu primarily by two actors, the judiciary and the military" along with the grabbing of power and pelf by other predatory forces of feudal lords, politicians and opportunists. It was actually the bureaucrats headed by Ghulam Muhammad who first subverted the rule of law and the Constitution by dismissing Prime Minister Khwaja Nazimuddin and the Constituent Assembly when it supported the PM.

The judiciary, Chief Justice Munir of the Supreme Court, improperly and unlawfully legalized all such seizures of civilian power by army dictators on the premise of a fictitious 'Doctrine of Necessity' that had no place in constitutional law.

Later on, Chief Justices Chowdhary Iftikhar and Saqib Nisar, manipulating the constitution, rendered judgements in such cases as the Arslan (Chowdhury's son) case, removal of an elected prime minister on the charge of Contempt of Court, Panama Paper cases, Election Act case, Turkish cases, Memogate, Avenfield, etc. Their judicial excesses were based on misuse of Article 184 (3) suo moto powers of the SC jurisdiction,



improper adjudication of purely political matters, violation of the constitutional principle of separation of powers, misinterpretation of constitutional text, and so on.

Military Coups:

The author dwells on the history of military coups. In the first one, President Iskander Mirza had in fact handed over power to Ayub Khan, who went on to sack Mirza and send him into exile, but that does not take away the onus of responsibility of blighting the rule of law and the civilian rule over the country. Ayub went on to introduce the Basic Democracy-based constitution and so on.

It must be emphasized that the general public, disgusted as it was with the bureaucratic rule, heartily welcomed Ayub's takeover.

Ayub's fortune flourished, he announced another election and Maulana Bhashani, a socialist Mullah, who had initially supported Ayub, somehow persuaded Miss Fatima Jinnah to contest against

him. Miss Jinnah won in Karachi, Dacca and tribal areas; Ayub would have lost if the contest were a one-person, one-vote election.

Bhutto, a flatterer par excellence (in a letter, he placed Iskander Mirza above Jinnah!), persuaded Ayub to launch a war against India to regain his pre-election position. The venture was, overall, a failure and Ayub had to accept a deal confirming the pre-war status. Demonstrations broke out, and to counter them, Ayub foolishly agreed to a 'celebration' of ten years of his rule and that led to larger and more militant rallies.

Ayub gave in and flouting his own hand-made constitution, handed over power to General Yahya Khan, the army chief, rather than to the speaker of the National Assembly. Yahya declared Martial Law, announced the date of elections on the basis of one-person, one-vote scheme. It seemed the elections would produce a house with no party commanding an electoral majority and the president would resume conducting 'musical chairs' between party heads.

But that was not to be. East Pakistan was struck with huge floods. Bhashani demanded that elections be postponed; Yahya did not agree, the Maulana boycotted the elections and Shaikh Mujibur Rahman, on a platform of de-facto secession, won an overwhelming majority in the East, in fact an overall majority of two in the whole country and could, with the support of KPK, Balochistan and other supporters in the West, command a two-third majority and pass a constitution with most powers including finance in the hands of the provinces.

Bhutto supported the army. Mujib became the de-facto ruler of East Pakistan.

After flying a huge number of soldiers to Dacca, Yahya perpetrated a reign of terror on the Bengalis.

Indira Gandhi, prime minister of India intervened, the Pak army was humiliated and Bangladesh was declared an independent state.

Bhutto took over West Pakistan, aped Hitler, perpetrated terror on his opponents and in his megalomania, took on the 'Empire' led by the USA and snubbed Kissinger in the matter of an 'Islamic Atomic Bomb'. In the elections held in 1976, US Dollars flooded the coffers of the opposition. Bhutto was accused of manipulating the results and when a deal with the opposition for new elections had been reached, the army chief Zia ul Haq had him arrested as he took over the country. And Pakistan since has been ruled by the three A's - Army, America and Allah (Mullah).

The author moves on to Chief Justice Chowdhury Iftikhar and his confrontation with Musharraf. I happen to know the Chief Justice. He was from Quetta where I went to school and college. He was a mediocre student, went on to the Law College in Hyderabad, Sind. He visited our home in North Nazimabad, Karachi, in the late-1970's to solicit the vote of my sister, who happened to be an attorney, for the Bar Council. I am not quite clear how he rose to the office of CJ.

Musharraf had appointed an international banker Shaukat Aziz to the office of prime minister. Shaukat, following the policy of International Capital, started selling national assets. When he tried to sell Pakistan Steel, the prospective buyer was an Indian steel magnate; the CJ took suo moto action against it. Musharraf was terribly upset and on March 9, 2007, declared the CJ "non-functional". Lawyers came out on the streets and on July 20, 2007, the CJ was reinstated by the Supreme Court.

Correcting the Constitution- Kamal stresses the imperative of a fault-free, consensual constitution, the core document of a country. "A constitution is a beacon light to point the nation towards the country's future direction ... and na-

tional vision." In his opinion, the present constitution is "a hodgepodge of anomalies, contradictions, ambiguities." Hence the need for streamlining the text via constitutional amendments that involves modifying or repealing provisions such as Articles 62(1)(f) and 184(3), being overly broad and ambiguous; Articles 41(2) and 91(3), being discriminatory and inconsistent; redefining and clarifying separation of powers, civilian-military relations (Article 243 etc.); revising Objectives Resolution, and abolishing the Shariat Appellate Court. On the hot issue of the extension of term of the COAS, he advises that merely amending the Army Act would not be constitutionally adequate till, to provide a constitutional umbrella, the constitution (Article 243) is also amended accordingly.

Pakistani Welfare Nationalism- After examining some variant forms of nationalism, the author proposes the adoption of the Pakistani Welfare Nationalism - rooted in the goal of welfare and well-being of the people as the most sustainable motivational and cohesive and unifying force for the country.

He defines nationalism as pride-passion for performance of the state, goes on to Muslim, Islamist, ethnic, linguistic, Martial and Welfare nationalism and the Two-Nation Theory. He insists on strengthening the Legislature, revamping the Judiciary, improving government and bureaucracy, provision of effective education, organizing the military, control of corruption, and revitalization of political parties.

Kamal quotes the Pak army chief, General Bajwa, "Having achieved stability against terrorism, Pakistan is on a positive trajectory ...". He cites the December 16, 2014 attack on an Army Public School in Peshawar by Tahreek e Taliban, Pakistan which killed 145 students and 6 teachers as "a watershed moment... Terrorism had killed 60,000 in Pakistan".

The author gives credit to the army for launching 'a series of effective military operations' ...and recommends '... militarily defeating ...on all the battlefield ... without ...stalemate'. The radical mindset, of which terrorism is a physical manifestation, has to be eradicated.

But one must note that Pakistan is way down in Gross Domestic Product and way up in international loans. Bangladesh has leaped far ahead in economy and also in crushing religious bigotry (one US dollar is worth 155 Pak Rupees, 84 Bangladesh Taka and 70 Indian Rupees). About 80% of Pakistan's budget goes to Defense and payment of interest on international loans (what % goes to Defense is a closely held secret).

The author then delves on "Strategizing the Economy-broad economic strategy, immediate achievable measures, long-term structural measures, incremental

industrial development, institutions, capital and investment, honoring international contracts, wealth creation, tackling poverty and inequality, modernizing the environment, role of technology, etc.

On Human and Women's Rights, he says, "We must confront ... civil violence in Pakistan ..."; not harass women on the street, and avoid marginalization of women as "98% of top managers in banks, corporations and industry are male...". He notes that honor killing is prevalent and the scourge needs to be erased.

Reforming the Institutions- Kamal suggests a phase by phase approach of reforming various national institutions including some organizational aspects of the military. In streamlining the educational system, urgency must be given to the establishment of vocational institutes that could provide skills and employment to the huge youth bulge in Pakistan approximating 43 million youngsters under the age of 23 years.

As far as the National Accountability Bureau (NAB) is concerned, Kamal concedes that corruption is a big problem in Pakistan but its scale is much smaller than what it is in many Asian countries, like India, China, Indonesia which are rapidly progressing (not corrupt; Pakistan is unarguably the most corrupt). NAB is a monstrosity that must be modified or disbanded as it's a tool for victimizing political opponents, violates the due process guarantees of the constitution and throttles business activity and economic growth. The author, however, does not offer an alternative and feasible means of fighting corruption.

The author advises that Pakistan should adopt a non-belligerent policy with India.

He also says that national interest must override the interest of the elite-waderas, sardars, business and professional elite. He lauds the rulers for developing ties with China. He opines that the China-Pakistan Economic Corridor (CPEC) is not an equivalent of the Marshall Plan; in that case Germany and Japan had adopted a "never say die attitude".

Fighting Terrorism & Extremism- Kamal commends the Pakistan Army for curbing terrorism, though somewhat belatedly and half-heartedly. He fails to mention that it was the army, supported by the Mullahs, which bred terrorism in the tribal areas of Pakistan.

Economic Strategy- The author points to Pakistan's "dwarf economy" and wants the government to focus on creating wealth, increasing productivity and economic activity by taking immediate and long-term measures. He recommends a Pakistani Model for growth: Discard unnecessary regulations, honor international contracts, tackle poverty and inequality.

Modernization -For rapid growth and progress, modernization of society and the milieu are as important as the building of physical infrastructure. Modern work ethics, women's uplift and participation, emphasis on sports, culture, health essential are imperative for a wholesome change.

The book offers a vision for a well-managed, financially and politically organized country that is free of fanaticism of all sorts, upholds civil and women's rights, allows revitalization of the finance, commerce and industrial sectors, rid dependence on foreign capital and loan, enjoys peaceful relations with all countries, including India. It proposes solutions but does not offer means to attain the laudable goals.

It does not refer to the fact that regardless of who the prime minister or the party of majority in the National Assembly is, levers of power are controlled by a combine of the army, feudal lords, mullahs and bureaucrats - what I call The Evil Quad.

The author also ignores the general contempt for law and order in the country-the lawyers getting on the streets in Musharraf's time (recently groups of lawyers attacked a hospital in Lahore, beating up patients, snatching masks from their faces, and assaulting doctors and nurses).

One must also keep in mind that the recent sentence of Musharraf to be hanged and his body to be dragged on streets for three days, is not just overreach but abjectly moronic.

Change State Policy and Conclusion- After an analysis of Pakistan's official stance on the country's security and foreign policy and its critical version, Kamal recommends adoption of change in policy that is necessary for leading the country towards a progressive, constructive, peaceful, tolerant, modern and prosperous nation state. The new policy should put an end to hostilities with neighboring countries, adopt a universal outlook focusing on trade, commerce and openness rather than a narrow religious-obsessive one.

Again, he does not define the ways and means to accomplish these goals.

S. Akhtar Ehtisham MD

(Dr Ehtisham, a semi-retired orthopedic surgeon, is a political, social, HR and Women's Right activist, and lives in NJ, USA. He has written many articles on international affairs, comparative religion, honor killings, and has published two books, "A Medical Doctor Examines Life on Three Continents" and "God, Government and Globalization." He is currently working on a book entitled "Deen e Muhammadi", a comparative analysis of religions.

An exodus of British Muslims is happening right under our noses – and still we’re asking whether Islamophobia exists

Shayma Bakht

The Independent 25 February 2020

British Muslims – many who have lived here for generations – are packing up their belongings, parting ways with their loved ones, established careers and the country they were born in to move to somewhere safer. In recent years, the rates of hate crimes against religious minorities in the UK has rocketed, and for some, it has just become too dangerous to stay. There is an exodus happening in Britain, and no one has even blinked an eye.

Contrary to the mainstream narrative that veiled and bearded people are flooding through our borders, a significant number of Muslims are leaving their homeland because of rising rates of targeted religious hate crimes. Despite this reality, harmful discourse in the media, politics and places of power continues to contribute to an increasingly hostile environment that is driving British Muslims away.

Sama Khan, who requested for her real name to be protected, is moving to Pakistan with her three children, her husband and her mother in the summer. She was born in the affluent London borough of Kensington and Chelsea, and her parents came to the UK during Partition. Sama

told me: “I wouldn’t want to leave. This is where I’ve been born and bred. My family’s here ... everyone’s here. But I have to think about the future and my kids. If we stay, they’ll face discrimination – and their kids and their kids after them. I don’t want them to feel like second-class citizens. I don’t want them to be miserable.”

Sama’s first experience with Islamophobia came after a lifestyle change in her late-20s when she decided to wear a headscarf day-to-day. In 2018, 720 Muslim women experienced street-based attacks, 480 of them were visible targets like Sama. After putting on the hijab, she said her work colleagues treated her differently. “I was repeatedly intimidated on the road by racist drivers. Now it’s so much worse since Brexit and Boris [Johnson], I know someone whose jaw was broken for being Asian and having a beard.”

Within the British Islamic community, the belief that the EU referendum and the appointment of Boris Johnson as prime minister are to blame for a rise in Islamophobic attacks is widespread. According to TellMama’s latest



report, this is not a total misconception. There was a 475 per cent increase in attacks against Muslims following the referendum result, and after Boris Johnson’s comment calling veiled Muslim women “letterboxes” in 2018, anti-Muslim attacks increased by 375 per cent the next week. While Johnson has apologised for “hurt and offence” caused by the Conservative party, who have been accused of Islamophobia more than once, this issue is greater than the individual assailants of hate crimes. Attackers are emboldened by the people in power who continue to fuel their hate with thoughtless and provocative words.

INTERNATIONAL PAGES

INTERNATIONAL PAGES

UK is shifting to a points-based immigration system and it is good for Indians

Indian students and professionals in the United Kingdom have a reason to cheer amid the uncertainty brought in by Brexit. On Wednesday, UK’s British Indian home secretary Priti Patel announced a points-based immigration system that aims at attracting the brightest and the best from around the world. The new regime, which starts January 1, 2021, would help science, technology, engineering & math (STEM) students and professionals from India and China get permanent residence faster. This is in line with the immigration systems in Australia, Canada and New Zealand, which award points for specific skills, professions, salaries, qualifications and age profiles for highly skilled workers seeking permanent residency. The UK system is a welcome change for students looking at higher education followed by work opportunities. “A points based system modelled on Australian, Canadian and New Zealand’s systems will help Indian students going to study in the UK make suitable career choices,” says Ravi Lochan Singh, MD of Global Reach, an education and immigration consultancy. “Students will have a guidance to opt for courses related to professions facing skill shortage. This would help students get jobs faster and earn an adequate income while waiting for permanent residency.” The US system, in contrast, offers a more difficult path to permanent residence for Indians. Students who complete their higher education in the US are eligible for non-immigrant H1-B visas if they can find jobs. But they are often left in the lurch after that as the time taken to get a green card or a permanent residence could range from five years to several decades, depending on the job. In comparison, the average time taken to get permanent residence status under the skilled points based system in Australia, Canada and New Zealand is less than a year.

Another challenge for Indians on green card queues is that they face a 7 per cent country quota. Thousands of Indian IT professionals employed in the US have little chance of getting a green card in their lifetime, according to a study by Skilled Immigrants in America, an advocacy group. This will change if the US also moves to a skills based points system of immigration.

“Several of my clients in the US have faced great frustration due to the long wait in green card queues,” says Mumbai-based immigration lawyer Sudhir Shah. “They have opted for the Canadian Express entry route and received permanent residence status within six months of filing their application.” This is a win-win situation for them because those with permanent residence status in Canada enjoy the freedom to work and live in the US as well, he adds.

“The proposed changes to the UK immigration rules affirm the fundamental policy to promote and sustain managed migration by attracting qualified skilled talent, who will not in any way be a potential drain on public benefits, says Ranjit Malhotra, a Chandigarh based lawyer who specialises in private international law. The new system will treat EU and non-EU citizens equally, giving priority to those with the highest skills, such as scientists, innovators and academics. But the minimum general annual salary threshold of around Rs 23.8 lakh could become a problem for skilled immigrants. “Though the threshold was brought down from the previously proposed level of Euro 30,000, it could still be a problem, especially in fields not mentioned on the skills list,” says Shah.

THE ECONOMIC TIMES

Points for Immigration

UK (from January 1, 2021)



Points for specific skills, professions, salaries or qualifications/attributes; requirements include job offer from an approved employer at an appropriate skill level

System will treat EU and non-EU citizens equally

70 points* needed to be eligible

Approximate processing time for visa not yet clear as the scheme is new

Australia



Points for age, English language skills, skilled employment experience, educational qualifications and so on

Applicants must nominate a skilled occupation depending on their visa type and must also have their skills assessed by the relevant authority

60 points* required to be eligible

8-10 months is the approximate processing time for visa

DEMOCRAT

Mohammad

FOR CONGRESS

2020 FL - DISTRICT 22

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Brutal Delhi violence on peaceful protesters part of Hindutva's merciless drive for supremacy say Indian Americans

The Indian American Muslim Council (www.iamc.com) an advocacy organization dedicated to safeguarding India's pluralist and tolerant ethos, today urged the international community to call out India for its relentless attacks on minorities and marginalized communities. The latest spate of violence in Delhi is a harbinger of things to come under an avowed Hindutva administration that is violating human rights and religious freedom at a pace rarely seen in history.

Bharatiya Janata Party (BJP) leader Kapil Mishra's procession near the epicentre, Jaffrabad was the initiation of the preplanned violence. Mishra had shouted religious slogans and issued an ultimatum to police to clear protest sites within three days.

A mosque in Ashok Nagar was set on fire late on Tuesday afternoon. A mob shouting "Jai Shri Ram" and "Hinduon ka Hindustan" (India belongs to Hindus) paraded around the burning mosque, and a Hanuman flag was placed on the minaret of the masjid.

In video footage that has since emerged on Twitter, one of the mob is seen climbing up the minaret with an Indian flag in his hand. He attempts to pull down a section of the minaret but does not apparently succeed.

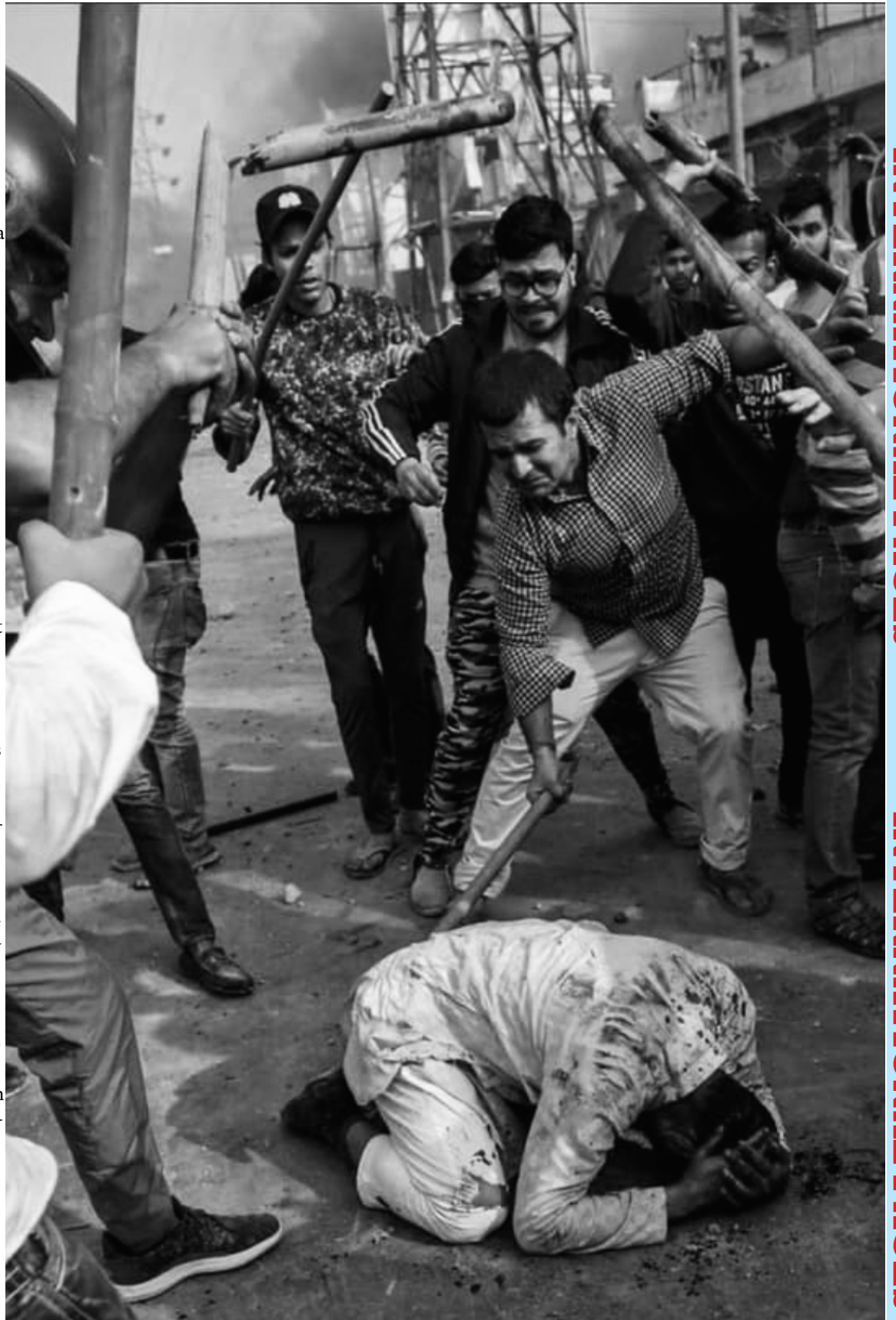
On Sunday night, video clips surfaced on social media of a group chanting "Jai Shri Ram", collecting stones and loading on to a truck. In one clip, the group could be seen and heard cheering and sloganeering just as a tractor full of stones and bricks was unloaded. A tyre market was set on fire later on Monday, the Press Trust of India said. Several vehicles and a fire truck were torched in Jaffrabad and Maujpur in the northeastern parts of the capital as police fired tear gas to disperse the protesters. Police support for those attacking the protesters has been widely reported as a root cause of the issue including by witnesses from Reuters news agency.

"Delhi and UP police acting as foot soldiers of the RSS is indicative of the extent of Hindutva infiltration in law enforcement, and other institutions of the state," said Mr. Ahsan Khan, President of Indian American Muslim Council.

The fact that Kapil Mishra and other provocateurs continue to roam free shows that the state can no longer be trusted to guard the life and liberty of its citizens. Seven people, including a cop, were killed and nearly 100 were injured in Monday's unprecedented violence.

Genocide Watch, an independent body that is widely considered to have expertise in the prediction of genocide in conflict-ridden areas around the world, has issued two separate genocide alerts for the states of Assam and Kashmir. The government appears determined to replicate the situation all over India.

IAMC has urged the protesters to exercise restraint in the face of these brutal attacks and to intensify its peaceful movement against the administration's repressive policies.



INTERNATIONAL PAGES

Indigo introduces six new direct flights! Check routes and other details

In order to bolster its international connectivity, IndiGo has announced that it will start six new daily direct flights. These new routes will also include a direct flight from Bengaluru to Jeddah, Saudi Arabia from March 29 this year. Not only this, the airline company also plans to start a new route from Mumbai to Kathmandu in Nepal starting June 25. A flight between Chennai and Sri Lanka (Colombo) will also be started with effect from March 1.

According to the company, the new routes will help pilgrims to travel with ease. Jeddah is a hub for commercial activities as well as a gateway for Haj in Saudi Arabia. Kathmandu, on the other hand, has fa-

mous Pashupatinath temple and according to the airlines these routes are expected to increase 'social cohesion'. Nepal, anyways, is a unique opportunity for all flight operators given the increase in tourism it offers due to many Buddhist and Hindu worship places amidst the Himalayan range. This will promote an increase in mobility, said William Boulter, Chief Commercial Officer, IndiGo. He further stressed that increased traffic between India and Nepal will promote economic growth and opportunities for both the counties. Not just IndiGo, but Vistara has also opened its services from Delhi to Kathmandu for better connectivity.

Meanwhile, IndiGo had recently launched 15 new flights with exclusive 4 routes under UDAN scheme. The new routes under the scheme include Aizawl to Agartala and Gorakhpur to Prayagraj and vice-versa. These services are expected to be functional from February 29, 2020. The airlines currently have a fleet of 250 aircraft. It also offers 1,500 flights daily and offers its services across 62 domestic destinations along with 23 international destinations

Financial Express



Pedophile Politicians Were Shielded From Justice by the Establishment, Says British Child-Abuse Inquiry



Pedophile Politicians Were Shielded From Justice by the Establishment, Says British Child-Abuse Inquiry
Nico Hines

The Daily Beast February 25, 2020, 8:11 AM CST

LONDON—Britain's political and legal institutions covered up serious allegations of child sex abuse by turning a blind eye to evidence of pedophile attacks and protecting serial abusers who were part of the political establishment, according to an inquiry report published Tuesday.

Margaret Thatcher promoted a top aide and knighted him despite knowledge within the Conservative party that Sir Peter Morrison was an active and dangerous pedophile. The Liberal and Green parties were also accused of failing to deal with pedophiles in their own ranks.



The report by the Independent Inquiry into Child Sexual Abuse concluded that members of London's political elite valued the maintenance of their reputations more highly than the fate of children who were exposed to serial offenders. They found failings that stretched more than half a century from the 1960s up until 2017.

"It is clear to see that Westminster institutions have repeatedly failed to deal with allegations of child sexual abuse, from turning a blind eye to actively shielding abusers," said the chair of the inquiry, Prof. Alexis Jay. "A consistent pattern emerged of failures to put the welfare of children above political status."

The inquiry, which was established in 2015, found that there was a culture of deference within law-enforcement agencies who were unwilling to challenge senior politicians.

The Conservative lawmaker, Victor Montagu, the 10th Earl of Sandwich, was allowed to escape with a caution when a 10-year-old boy accused him of indecent assault. Montagu's son Robert told the inquiry that he had also been sexually abused by his father and he was appalled by the attitude of the British justice system. Montagu was a member of parliament (MP) until 1962. "[The decision not to prosecute was] entirely wrong and very indicative of the attitude towards people in public positions," he said.

The report found that there was "ample evidence that individual perpetrators of child sexual abuse have been linked to Westminster" but it found there was no evidence to support Scotland Yard claims in 2014 that there was an organized network of abusers who passed victims around between them.

The inquiry found: "Several highly placed people in the 1970s and 1980s, including Sir Peter Morrison MP and Sir Cyril Smith MP, were known or rumoured to be active in their sexual interest in children and were protected from prosecution in a number of ways, including by the police, the Director of Public Prosecutions and political parties. At that time, nobody seemed to care about the fate of the children involved, with status and political concerns overriding all else."

Smith, the Liberal MP for Rochdale from 1972 to 1992, admitted abusing boys at a hostel in the 1960s when he was a local politician but was never prosecuted by the authorities or sanctioned by his party. David Steel, who now sits in the House of Lords, was leader of the Liberals between 1976 and 1988. He told the inquiry that he had found out about the pedophile attacks but saw "no reason, or no locus to go back to something that had happened during his time as councillor."

The report concluded that: "This failure to recognise the risk that Cyril Smith potentially posed to children was an abdication of responsibility by a political leader and an example of a highly placed politician turning a blind eye to something that was potentially troublesome to his party, with no apparent regard for criminal acts which might have occurred or for any victims, past or future."

Hours after the report was published, Steel announced that he would reluctantly stand down from the House of Lords and the Liberal Democrats.

Yahoo News UK

YOUR HOROSCOPE MARCH 2020



March Horoscope 2020

Overview Mercury continues its retrograde motion until March 10th, and can make us quite emotional, in situations that don't call for emotions, it can make us sensitive to other people's words, and it creates frustration, confusion, unjustified fears, and anxiety. Saturn enters Aquarius on March 22nd, after three years in Capricorn. Saturn is here to teach us many things about the effort required for our growth, about the importance of making that effort without waiting for rewards. On March 20th, Sun enters Aries, and the spring equinox starts, which could bring financial surprises. If you feel things get out of your control, you will also have the stability you need. You will find solutions to all the problems concerning you.



ARIES (March 20 - April 19)

Your area of friends is very much on the spotlight this month. Changes of plans made with activities connected with friends could appear from nowhere but if you put your mind into this it will not cause you many troubles and it could rebound for the better. Strong desire to take a far away trip could be felt by you and it could be made a reality if you could balance this with your personal responsibilities. Worries will not take you anywhere this month as you try to juggle yourself between past experiences and what the future is bringing.



TAURUS (April 19 - May 20)

The keynote for you this month is on your area of career, promotion and new direction in life, monetary reward from partnership or inheritance also could be featured. Opportunity to reap from outside sources of income could be featured, but agitation concerning changes in this area could be over inflated. Harmony is present, so look at the situation in an optimistic manner in spite of unclear circumstances that could be puzzling to you. Ask for clarification. A friend or acquaintance could be the bearer of much news that could help you to sort out this confusion.



GEMINI (May 20 - June 21)

Possibility of traveling could come to you from no where that could be connected to circumstances surrounding an older friend; a pleasant situation could be also attached to this. Your generosity could be called for and this possibly could cause you worries as a money matter can be very unclear. Find out everything before you put your hand on your pocket. You have a

lot to learn concerning your shared values and emotions could be in the way; do not rush into anything as your nature could betray you.



CANCER (June 21 - July 22)

You could be giving a lot of thought at very unexpected circumstances surrounding your area of shared income. Slow changes at your work area could be triggering this matter. Your work area seems to be surrounded by very harmonious happenings and your sense of responsibility should be very much on the forefront. Worries concerning opportunities to improve your career status could be bothering you. Challenging circumstances at work will have to be discussed so you could come to a better understanding and compromise. In mid-Summer. Exotic vacations in foreign lands live in your dreams this month. A brief respite or life long goals, investigate what stirs in your soul.



LEO (July 22 - August 22)

The spotlight this month is on your area of marriage and partnerships, surprising developments coming from far away could be happening in this area. Your mind could be going a mile a minute and you could be changing your mind in a matter related to this area of your life. Someone that had been around you in a very quiet way could come forward into your life, this could cause you agitation as lessons and responsibilities are very much in the picture. In the second half of the month, you could be having differences of opinion at your work place that could be resolved in a very amicable way. Your focus this month is on work, relationships and resources shared with others.



VIRGO (August 22 - September 22)

Unexpected developments at work could find you changing your mind very rapidly a few times. Insecurity connected to opportunity of a lucrative enterprise will be calling for negotiations. Harmony should prevail at your home front and the need to be cautious on shared financial matters could be present; this could cause you some preoccupation reflected as a learning experience connected to your sense of responsibility. The 2020 march horoscope predicts that the second half of the month will find you with a lot of activity in your area of investments and speculations. A past opportunity of a partnership could be bouncing back into

your life, this could cause you agitation concerning your career and negotiations in money matters should be discussed. on to their needs.



LIBRA (September 22 - October 23)

Social activities are in the limelight for you this month. A possibility of taking a short trip could be featured. This could come to you in an unexpected manner, responsibility with mate or partner will have to be worked out before you could take this trip; this could come to reality on or after the 15th of this month. Opportunity to mend a situation in a past experience could appear, as lines of communication are open in a very harmonious way. Adjustment should be made. Your work area could also be super busy at this time but this could be arranged so you could take your trip. According to your horoscope, 2020 brings benefit in new contacts and alliances. Your natural social grace is enhanced in work and play.



SCORPIO (October 23 - November 22)

Your home affairs are very much on the spotlight this month, this is very much favorably connected to all the very slow changes that have been occurring in reference to your personal resources. Talk about possible changes of residence could be present. An opportunity at work to increase your income could be coming your way this month. A superior could be looking at you in a very favorable way, but just remember that all these experiences are attached to learning. Though always for the better, this could cause you some worries and concerns but the overall picture looks very favorable. You want to go.



the past that caused you and still is causing lots of agitation. A well learned lesson will come from this. You could also find yourself dreaming about doing some repairs at your home base and cooperation from mate or partner could be found only with shared resources, as work and planning will be done by you alone.



CAPRICORN (December 21 - January 21)

You could find yourself this month of march dealing with expenses concerning you home base and making too fast decisions that you could regret. A slower pace on thinking throughout any situation will be the best course. Everyone deserves a break now and then. The only problem, Capricorn, is you may continue to run the treadmill. The 2020 march horoscope says that your desire to change residence could be present as responsibilities at the home base seem to be easing off. Reconciling past responsibilities with the future with mate or partner could be worked out once you two decide where you both wish to head at in your life. Emotional need to move forward is necessary. responsibility.



AQUARIUS (January 21 - February 18)

This month could bring you a fast pace connected to your friends. You could be meeting new people but beware of some misguided information that could emanate from this. A learning experience could be received by you that could cause you unfounded worries, though love and understanding on your part could mitigate any wrong doing. You could be feeling some how confused about your role in the past and what is expected from you in the present; lots of communication could be very enlightening to you.



PISCES (February 19 - March 20)

You could find yourself this month changing your mind in many circumstances but you probably will be keeping it to yourself. Confusion about past experiences could be reflected in your personal income and values and this will have to be reconciled throughout the help from yours and your partner's shared resources. This could also bring hard lessons for you and some worries in spite of opportunity to improve your money area. Sense of responsibility could be softened up somehow as you could try not to be so hard on yourself. You could be putting some enthusiasm into doing some social and entertainment activity. You could feel very energetic this month and this could make you careless so watch your steps!



MATRIMONY

INTERNATIONAL PAGES

INTERNATIONAL PAGES

Name: MS
 Age: 29
 Gender: Male
 Height: 5' 11"
 Marital status: Never Married
 Residence: USA
 Education: Masters in IT from USA
 Profession: IT Professional
 Legal Status: work permit
 Religious belief: Sunni
 Ethnicity: Indian(Hyd)
 Language: Urdu, English, Hindi

LOOKING FOR: Religious and simple bride.

Age: 20-27
 Height: 5'1 and above
 Marital Status: Never Married
 Education: Hafiza, Alima course, Bachelors, Masters
 Profession: Hafiza, Alima or other
 Religion: Sunni
 Ethnicity:- Indian, Hyderabad
 Status: USA Residence

We have no demands and we prefer simple Nikah, InshaAllah.
 Contact : sister
 What's app only: 613-222-2443

Name: SHAFIUDDIN MOHAMMED
 Age: 27
 Height: 5'9"
 Residence: Chicago, IL
 Education: Master's Degree in Computer Technology
 Profession: Working as a Business Analyst in an IT Company
 Legal status: USA Citizen
 Marital status: Single
 Ethnicity: Hyderabad, India
 Religious Sect: Sunni Muslim
 Family: Both parents, 1 Brother & 1 Sister (married)
 Language: English, Hindi, Urdu
 Hobbies: Traveling, Movies, playing games, shopping.
 Looking for
 Age: 18 to 24
 Height: 5'3" to 5'7"
 Residence: USA, CANADA or UK
 Legal status: any
 Education: Bachelor's Degree
 Profession: Any
 Marital Status: Never Married
 Religious sect: Sunni Muslim
 Built: Slim or Average
 Hijabi: Any
 Ethnicity: Hyderabad, India
 Contact
 Father: Maqdoom Ziauddin
 Mobile no: 8474430408

Male
 Beard: Yes
 Name: AM
 Age: 29
 Height: 5'5
 Education: MDS
 Profession: dentist
 Residence: USA
 Legal Status: US citizen
 Marital status: divorced
 Religious Sect: Sunni
 Language: English
 Ethnicity: Indian
 Family: parents physicians
 Older brother married
 Younger sister medical school 1 st year
 Nisbat E KHaas
 LOOKING FOR: FEMALE
 Hijabi yes
 Age: 23-28
 Height: 5'2-5'4
 Education: masters
 Profession: any
 Residence: USA/ Canada
 Legal Status: Citizen
 Marital Status: any
 Religious Sect: Sunni
 Ethnicity: Indian

WhatsApp # profile n picture if Interested
 289 505 1555

SEEKING RISHTA FOR MY SON (WELL-EDUCATED/ HANDSOME)
 PREFER SOMEONE PRACTICING (HIJABI/NON-HIJABI)
 Status: Single (Never Married)
 Education: Doctorate (Ph.D.)+ Masters
 Job: Government job
 Legal Status: Canadian Citizen (Born and raised in Toronto)
 Age: 33 Handsome
 Height: 5'9 Fit/Athletic
 Ethnicity: Pakistani
 Religious Sect: Sunni
 Family: Well-Settled
 Language: English/Urdu
 Personality: Decent/Respectful and Very Good Balance of Deen/Dunya
 Hobbies: Sports/Travelling/Gym
 OSAP Free
 LOOKING FOR:
 Hijabi or Non-Hijabi
 Age: 21-27
 Height: 5'2-5'7
 Slim/Pretty
 Residence: Canada (or willing to Relocate from US)
 Education: Well-educated
 Marital Status: Never married

Contact: Mother: Please do not call, but private message me her profile on what-sapp at 416-892-7649.

FEMALE
 Hijabi: Yes.

Age: 22

Height: 5'6

Education: Bachelor's of Technology.

Profession: Software Engineer

Residence: India

Legal Status: Indian

Marital status: Never married.
 Religious Sect: Sunni

Language: Urdu, English and Hindi.
 Ethnicity: Indian.
 Family: Mom and Younger sister.

LOOKING FOR: MALE
 Age: 24 to 35
 Height: 5'7 to 6'3.
 Education: Minimum Bachelor's.
 Profession: Any.
 Residence: USA/ CANADA.
 Legal Status: Citizen/ Permanent Resident/ Green Card Holder.
 Marital Status: Never Married.
 Religious Sect: Sunni.
 Ethnicity: Any.
 Contact:
 WhatsApp # 917093316581.

Hijabi / No
 Name: S.K
 Age: 31
 Height: 5' 2"
 Residence : California
 Education: Bachelors in Business & Marketing and PMP certified
 Profession: Project Manager
 Legal Status: U S citizen
 Marital status : Divorced (short marriage).
 Ethnicity: Pakistani
 Religious Sect: Sunni, Hanafi
 Family: Father, Mother, Younger Sister and Brother.
 Language: English, Urdu and Punjabi
 Hobbies: Baking, Cooking, traveling, reading, Movies and spending time with family and friends

LOOKING FOR: Male

Age : 31-37,
 Height: 5'6-5'11,
 Residence: California US,
 Education: Bachelor degree or above,
 Profession: any good profession,
 Legal Status: Citizen, Green card or Permanent Resident,
 Marital Status: Single or Divorced,
 Religious Sect: Sunni Muslim
 Ethnicity: Pakistani

Contact : Mother
 Cell : (925) 587-3131

FEMALE

Hijabi :yes
 Name: NF
 Age: 31
 Height: 5'6
 Residence :Houston,Texas
 Education: Bachelors in Medical Technology
 Profession: -Medical Technologist
 Legal Status: - US Citizen
 Marital status : Single
 Ethnicity: Indian(Hyderabad)
 Religious Sect: Sunni, Muslim
 Family: Two sisters and One brother
 Elder Sister- Pharmacist
 Younger - Medical Technologist
 Language: English,Urdu, Hindi

LOOKING FOR: Male

Age : 31-34
 Height: 5'9 and above
 Residence: Hyderabad willing to Relocate to Houston
 Education: Masters
 Profession: IT,Finance and other.
 Legal Status: Green Card, H1 or Citizen
 Marital Status: Unmarried
 Religious Sect: Sunni
 Ethnicity: Indian

Contact : 7138535567 Whatsapp Only

FEMALE

Name: US
 Age: 25 years
 Gender: Female
 Height: 5'5
 Complexion: Very Fair
 Residence: India, Hyderabad
 Qualification: Medicine (MBBS)
 Legal status: Indian citizen (holds US visit visa)
 Marital status: Single-Never married
 Religious Sect: Sunni
 Family: Father-Businessman. Mother: Homemaker. 3 siblings(2 sisters and 1 brother)
 Married: 1 sister-residing in the USA

Partner Preferences

Age: 28-32 years
 Height: above 5'8
 Education: Preferably Masters
 Religion: Sunni
 Residing: USA/Canada
 Legal status: H1b/ PR/Citizen/Green card holder
 Ethnicity: India (hyderabad)

If you like my daughter's biodata message on
 India- 8106407599

Here is a first look at the Texas High-Speed Train that will connect Houston and Dallas

HOUSTON – The trip between Dallas and Houston is about to get a lot more comfortable, at least according to the developers of the “Texas Bullet Train.”

Texas Central Railway is offering a first look at what the new high-speed train will look like and explained some of its features.

According to the Dallas-based company, unlike airplanes, passengers will no longer have to worry about getting stuck with the middle seat. The train connecting Houston and Dallas will have no middle seat and will provide reclining seats and an extra foot of legroom compared to standard airlines.

There will also be more aisle space, larger

windows and free Wi-Fi. Some of the cars will also have the ability to be configured into “quiet cars” by using lighting and restrictions on phone usage, according to a news release.

Texas Central said the train will also meet or exceed all ADA specifications, making it easier for passengers with disabilities to make the trip between Houston and Dallas.

Developers are waiting on approvals from the federal railroad administration. However, construction on the bullet train is expected to begin in 2020 and will take an estimated five to six years, which means the service could start as early as 2026.

Once complete, passengers could shuttle between Dallas and Houston in just 90 minutes at a cost that reportedly would be less than a plane ticket.

According to the Texas Central, the rail is expected to generate \$36 billion in statewide economic benefits over the next 25 years and will



create 10,000 direct jobs per year during peak construction and 1,500 permanent jobs when fully operational.

India’s richest man believes any Indian can become a Bill Gates or Dhirubhai Ambani

India’s richest man believes if college drop-outs like him and Bill Gates can build out multi-billion-dollar multinationals, so can any average Indian.

“My father founded Reliance with a table, a chair, and Rs1,000 five decades ago. It then became a micro-industry, then it became a small industry, and medium, and today you can consider us large,” Reliance Industries (RIL) chairman Mukesh Ambani said during a fireside chat with Microsoft CEO Satya Nadella today (Feb. 24). “I have been very fortunate in terms of knowing Steve (Ballmer) and Bill (Gates) from my Stanford days... Why I am saying this is fundamentally to just drive the point that every small business and entrepreneur has the potential in India to become a Dhirubhai Ambani or a Bill Gates and this is the power... that is what differentiates India from the rest of the world.”

Four decades ago, in 1980, Ambani was

summoned home from Stanford University—mid-way through his two-year programme—to help his father build RIL. Gates had already begun working on Microsoft by then. Around the same time as the Indian billionaire’s return, Gates convinced Ambani’s classmate, the then 24-year-old Ballmer, to drop out of his MBA course and join his tech startup.

By 2018, RIL was in the coveted \$100-billion club. By 2019, Microsoft was a \$1 trillion company.

“There must have been something in the air that both of you dropped out,” Nadella joked during the fireside chat. One of Silicon Valley’s most-celebrated Indian-American CEOs, Nadella took the reins from Ballmer in 2014, concluding the latter’s 14-year tenure.

Micro, small, and medium enterprises (MSMEs) contribute about 45% of the



manufacturing output of India, over 40% of country’s total exports, and around 8% of its GDP.

“They have done this with zero technical enablement (sic) and adoption,” Ambani stresses. “Our opportunity between Jio and Microsoft is to really give them full ser-

vice. To make sure they’re fully enabled with the toolsets and data sets because the mindset already exists to really propel India forward.”

By Ananya Bhattacharya
Tech reporter

Health Hazards of Winter

As we continue to respond to wintry conditions in west, central and north Texas, let’s take a time out to discuss health hazards associated with winter operations and their symptoms.

Health Hazards of Winter Operations
Winter health hazards include: the effects of wind chill (video), risks of frostbite and hypothermia

Hydrate throughout your shift to maintain focus and prevent dehydration

Layer clothing and stay warm to avoid hypothermia

To avoid drowsy driving, get plenty of sleep and hydrate when off shift

While on shift, take a break and boost en-

ergy with stretch and flex to renew focus and increase blood flow

Work as a team to identify folks who may be suffering from winter health hazards

If you or other workers experience symptoms, take a break to get warm, hydrate, rest, and recover

If symptoms of hypothermia increase, seek medical attention

Safety Reminders:

Buckle Up, every rider and every ride

Turn off cruise control in rain, ice, snow,

sleet, fog or when the pavement is wet

Slow down; speed should be based upon conditions

Drive with Lights On to increase visibility

HYPOTHERMIA- Body temperature drops below 95°F (normal 98.6°F)

EARLY SYMPTOMS

- Uncontrollable shivering*
- Confusion
- Slow/slurred speech
- Exhaustion
- Poor balance, stumbling
- Drowsiness

*Medical emergency if shivering stops when still exposed to the cold

Avoid complacency, as you approach a motor vehicle incident, anticipate that the conditions that caused the incident still exist – slow down and approach with caution

SYMPTOMS OF FROSTBITE

- Loss of feeling
- White, gray, yellow skin
- Firm or waxy skin

COMMONLY AFFECTED AREAS

- Ears
- Nose
- Cheeks
- Chin
- Fingers
- Toes

Indian palaces you can actually stay in

Taj Falaknuma Palace, Hyderabad

Spread over 32 acres, this opulent hotel was built in 1894 and was home to the famous Nizams of Hyderabad. Falaknuma night mean 'mirror of the sky', but the palace was built in the shape of a scorpion, with the wings acting as the scorpion's two stings. The palace's luxurious interiors reflect its decadent past and give guests the opportunity to live like kings and queens if only for a few nights.



Work on the palace started in 1464 and it was abandoned almost 500 years later in 1947. In 1991 it was opened to the public in its current avatar and is now a massive property spread over 14 levels, with stunning views of the surrounding landscape and town down below. The hotel boasts 17 rooms/suites restored to their former glory, plus hanging gardens, an amphitheatre, and a roof-top restaurant where you can immerse yourself in history and step back to medieval times.



Strategically nestled in the countryside of the Aravali range, this palace fortress overlooks one of the three main passes that provide access to the valley. Completed in 1760, the palace was constructed using local marble and features decorations of semi-precious stones in all the suites. The exteriors feature ornate traditional designs that provide an interesting juxtaposition to the modern and minimalist design seen in the interiors. This hotel offers stunning views of the surrounding hills, making it a great option for those looking to live closer to nature, but without sacrificing on modern amenities



Taj Lake Palace, Udaipur

This exquisite white marble palace floats in the middle of Udaipur's Lake Pichola and is a synonym with opulence and exclusivity. Built in the 1700s, the hotel was once the winter palace of the royal Mewar dynasty and became famous around the world when the Bond movie Octopussy was filmed there. With 18 grand suites and 65 lavish rooms, the hotel offers breathtaking views of the surrounding lake and the sparkling city of Udaipur.



Taj Umaid Bhawan Palace, Jodhpur

Perched at the highest point in Jodhpur, this magnificent hotel was once the residence of the royal family of Jodhpur, making it the sixth largest private residence in the world. The palace was completed in 1943, and was constructed using the same beautiful palm court marble that was used in the Taj Mahal. Surrounded by 26 acres of sprawling lush gardens, the hotel, which is only a wing of the palace, has 64 luxury rooms where guests can experience the royal life.



Ananda in the Himalayas, Tehri Garhwal

Perched 3,000 feet up above on a hill, this former-palace-turned-into-luxury-resort is famous for its spectacular views, which include the the River Ganges and the ancient city of Rishikesh. The Viceregal palace was built for the Maharajah of Tehri Garhwal and has been restored to its former majesty, including the maharaja's billiards room, which is home to India's oldest billiards table (over a 100 years old)



Samode Palace, Jaipur

This splendid palace was built in the early 19th century, but it is surrounded by an outer structure, ie a fort, built in the 16th century. Designed in the Indo-Saracenic style, the hotel is known for beautifully melding both Rajput and Mughal design elements. Admire the breathtaking Sheesh Mahal, the mural-lined rooms, hand-painted walls, crystal chandeliers, regal silver armchairs, and then lounge around the rooftop infinity pool to catch a sunset that shows off the Aravalis in all their glory.



Laxmi Niwas Palace, Bikaner

Commissioned in 1904 and built entirely of red sandstone, Laxmi Niwas Palace was the stately residence of Bikaner's maharaja Ganga Singh and has hosted the whose who of royalty and dignitaries, including King George V and Queen Mary. The hotel retains the palace's regal charm and grandeur, with antique artworks, period-style rococo furniture, hand-painted friezes, four-poster brass beds, and ceilings with gold inlaid carvings that make the past come alive.



Taj Rambagh Palace, Jaipur

Another stunning palace in Jaipur, Rambagh Palace was built in 1835 as a hunting lodge and royal residence for the then maharaja of Jaipur. To say this upscale palace hotel that stands on a 47-acre plot is opulent is an understatement. Think spacious rooms with extremely high ceilings, bathrooms full of marble, grand furnishings, antiques and artwork around every corner, majestic gardens where peacocks strut, a croquet lawn, and a restaurant that gives you the feeling you're dining with the queen



Neemrana Fort Palace, Alwar

This exquisite resort, built on the Aravalli hills, is one of the oldest near Jaipur.

RAAS Devigarh, Udaipur

Keepers of CoolYahoo Lifestyle



HEALTH

Use everyday habits to keep your memory in good shape

Your daily habits and lifestyle — what you eat and drink, whether you exercise, how stressed you are, and more — affect your mental health every bit as much as your physical health. A growing body of research indicates that regular exercise and a healthful diet can help protect your memory from aging-related decline.

Exercise

Physical fitness and mental fitness go together. People who exercise regularly tend to stay mentally sharp into their 70s, 80s, and beyond. Although the precise “dose” of exercise isn’t known, research suggests that the exercise should be moderate to vigorous and regular. Examples of moderate exercise include brisk walking, stationary bicycling, water aerobics, and competitive table tennis. Vigorous activities include jogging, high-impact aerobic dancing, square dancing, and tennis. Exercise helps memory in several ways. It reduces the risk of developing several potentially memory-robbing conditions like high blood pressure, diabetes, and stroke. Exercise is good for the lungs, and people who have good lung function send more oxygen to their brains. There is some evidence that exercise helps build new connections between brain cells and improves communication between them. Finally, exercise has been linked to increased production of neurotrophins, substances that nourish brain cells and help protect them against damage from stroke and other injuries.

Here are some ways to build physical

activity into your daily routine:

- Walk instead of driving when possible.
- Set aside time each day for exercise. For extra motivation, ask your spouse or a friend to join you.
- Use the stairs instead of the elevator.
- Plant a garden and tend it.
- Take an exercise class or join a health club.
- Swim regularly, if you have access to a pool or beach.
- Learn a sport that requires modest physical exertion, such as tennis.
- Go Mediterranean

Mediterranean-type diets highlight whole grains, fruits and vegetables, and healthy fats from fish, nuts, and healthy oils. This eating style helps promote heart health and may also lessen the risk of memory and thinking problems later in life. In a study that followed more than 2,000 people over four years, those who most closely followed a Mediterranean-type diet had a lower risk of developing Alzheimer’s disease. A later study suggested that following a Mediterranean-type diet could slow the conversion of mild cognitive impairment into full-blown dementia.

The types of fat that predominate in the diet also seem to affect memory. As part of the national Women’s Health Initiative, 482 women ages 60 and older were observed for three years. They reported on their diets, and researchers tested their memory and thinking skills at the beginning of the study and at the end. Those who ate more unsaturated fat (which is abundant in vegetable oils and fatty fish)

and less saturated fat (from red meat and full-fat dairy foods) had significantly less decline in memory than those who ate relatively little unsaturated fat.

Eating several servings of fruits and vegetables can also protect memory. Foods from plants are chock full of vitamins, minerals, and other nutrients that may protect against age-related deterioration throughout the body.

The effects of marijuana on your memory

As you get older, certain aspects of memory normally decline, but that does not mean you are powerless to protect your brain as you age. In fact, there is a lot you can do. In addition to getting regular exercise and eating a Mediterranean style diet, you can also consider what is known and not known about marijuana.

Cannabis contains varying amounts of the potentially therapeutic compound cannabidiol (CBD), which may help quell anxiety. However, there’s no question that marijuana (the dried flowers and leaves of the cannabis plant) can produce short-term problems with thinking, working memory, executive function, and psychomotor function (physical actions that require conscious thought, such as driving a car or playing a musical instrument). This is because marijuana’s main psychoactive chemical, THC, causes its effect by



attaching to receptors in brain regions that are vital for memory formation, including the hippocampus, amygdala, and cerebral cortex. The extent to which long-term use of marijuana (either for medical or recreational purposes) produces persistent cognitive problems is not known.

The laws regarding marijuana differ from state to state. Some outlaw it altogether, while others allow it for medical purposes—to help relieve pain and nausea, for example. And in a growing number of states, marijuana is legal for recreational use. But it remains illegal at the federal level. For that reason, it has been difficult for researchers in the United States to obtain federal research funding to study marijuana, limiting the amount of high-quality evidence available.

What you can do: If you use marijuana, understand you may have problems with memory and related cognitive functions while under the influence. There also is the possibility of developing cognitive problems with long-term use.

Discover how to keep your brain its healthiest best!

Learn the 6 simple steps that can enhance your mental stamina, boost your memory, and provide added years of robust cognitive fitness.

Cognitive fitness goes far beyond just memory. It embraces thinking, learning, recognition, and sound decision-making. Cognitive fitness is the bedrock of a rewarding and self-sufficient life.

You can be “brain-healthy” for life! This Special Health Report will show you how to sidestep threats to your brain’s wellness. You’ll learn how to build a “cognitive reserve” to address your brain’s changes. And most of all, you’ll gain the tools to shape and secure lasting and fulfilling cognitive vitality.

As never before, you can attain enduring brain health. Doctors at Harvard Medical School have identified six steps, which together can spur and protect cognitive fitness.

This multi-pronged brain fitness program includes and integrates proven approaches like optimal nutrition, exercise, stress

reduction, social interaction, sleep, and stimulating activities.

A program that makes good sense — and designed for your success!

This guide will equip you to give your brain the attention it needs to stay at its best. The program will help you maintain a responsive memory, sustain your learning abilities, and remain confident that your mental skills will continue to serve you well.

This guide shares the wisest choices to defend your brain against the effects of aging. At the heart of the program are modest — but specific — changes in your diet, exercise regimen, and your lifestyle.

You’ll master the strategies that will stimulate your thinking!

You’ll be introduced to easy-to-follow brain-friendly diets. You’ll find five delicious foods linked to better brainpower. And you’ll learn a little-known secret to maximizing exercise’s cognitive benefits. You’ll find tips to ease stress and to get the sleep essential for memory. You’ll learn the keys to a brain-power nap, 10 tested methods to manage stress, and tricks to

beat insomnia naturally.

The Special Health Report will help you strengthen your brain’s agility and nurture the personal interactions that keep your mind engaged. You’ll be briefed on techniques to supercharge your mental workouts, effective ways to foster an invigorating social network, and much more.

Don’t wait. See this empowering report for yourself. After all, there’s nothing better than making up your own mind!

As we grow older, the goal isn’t simply to reach our 80s or 90s, but to remain mentally sharp throughout the process. The good news is you can!

Research is proving there’s a lot you can do to keep your brain healthy, lessen the risk of brain disease, and stay cognitively fit for a lifetime.

Six steps for brain power that goes the distance!

This Special Health Report will introduce you to an empowering six-step program that can make a lasting difference to your future. Taken together, these steps can strengthen your intellectual prowess, invigorate your memory, and protect

the brain-based skills essential for full, rewarding and independent living. You’ll discover how, by integrating simple, specific changes—in diet, exercise, and lifestyle—into your daily routine, you can add years of enduring mental stamina and vitality. The Special Health Report will show you how to...

...“super-max” the benefits of food and exercise. Are there brain foods? There sure are! (The top five are revealed on page 25.) Can exercise give a memory boost? You bet! (Two no-sweat choices on page 33). Is there a diet to cut the risk of Alzheimer’s? Yes—by as much as 50%! (See page 28)

...recapture needed sleep...and release unwanted stress. With age, you may find it harder to get the sleep essential for memory. Chronic stress can have damaging effects on key areas of the brain. This Special Health Report provides explicit, winning strategies to resolve your issues with sleep and stress.

...stay connected...and challenged! Steadysocial contact protects cognitive function as you age. Intellectually challenging activities keep your brain agile.

RECIPES

MONGOLIAN BEEF

INGREDIENTS:

1 beef Top Sirloin Steak, cut 1 inch thick (about 1 pound)
 2 tablespoons minced garlic, divided
 1/4 to 1/2 teaspoons crushed red pepper
 1/2 cup chopped green onions
 1/4 cup oyster sauce
 2 tablespoons sugar
 1 tablespoon chopped fresh ginger
 2 cups bamboo shoots, edamame, baby corn or water chestnuts
 2 cups hot cooked rice

COOKING:

Cut beef Top Sirloin Steak in half length-

wise, then crosswise into 1/8-inch strips. Toss beef with 1 tablespoon garlic and red pepper. Heat non-stick skillet over medium-high heat until hot. Add half of beef; stir-fry 1 to 2 minutes or until outside surface of beef is no longer pink. Remove from skillet. Repeat with remaining beef. Remove from skillet. Add remaining 1 tablespoon garlic, green onions, oyster sauce, sugar and ginger to same skillet; cook for 1 to 2 minutes or until sauce is hot. Return beef to skillet. Add bamboo shoots; cook and stir until bamboo shoots are hot. Serve over rice.

Nutrition information per serving: 343 Calories; 45 Calories from fat; 5g Total Fat (2 g Saturated Fat; 2 g Monounsaturated Fat); 70 mg Cholesterol; 555 mg Sodium; 42 g Total Carbohydrate; 2.6 g Dietary Fiber; 31 g Protein; 3.7 mg Iron; 9.9 mg Niacin; 0.9 mg Vitamin B6; 1.5 mcg Vitamin B12; 6.2 mg Zinc; 39.5 mcg Selenium; 101 mg Choline.

This recipe is an excellent source of Protein, Iron, Niacin, Vitamin B6, Vitamin B12, Zinc, Selenium, and Choline; and a good source of Dietary Fiber.



Shepherd's Pie

What is shepherd's pie?

In England, the birthplace of this hearty dish, shepherd's pie is most often made with a ground-lamb filling. In the States, people use ground beef, which is what we call for here. Our sauce is super simple. We sauté veggies, beef, and thyme, add flour, then simmer the mixture in stock. It tastes amazing, but the best part of the dish is the FLUFFY MASHED POTATO TOPPING.

Do I need to make mashed potatoes?

If you have leftovers, this is the perfect opportunity to repurpose them. If you don't, then yes, you need to make them. But it's insanely easy, and our recipe is BOMB. The secret: milk, sour cream, and melted butter.

Can I make this ahead of time?

Yes! You can make the mashed potatoes as well as the filling ahead of time. But we recommend waiting to assemble and bake until right before you plan on serving it.

How can I make this healthier?

Substitute the mashed-potato topping with mashed cauliflower! Our low-carb Cauliflower Shepherd's Pie is a top-rated fan favorite.

Have you made this recipe?

Rate it below and let us know in the comments what you think.

Need more St. Patrick's Day inspiration? Find dozens of Irish-inspired recipes and get cooking!

INGREDIENTS

FOR POTATOES

1 1/2 lb. potatoes, peeled
 Kosher salt
 4 tbsp. melted butter
 1/4 c. milk

1/4 c. sour cream

Freshly ground black pepper

FOR BEEF MIXTURE

1 tbsp. extra-virgin olive oil
 1 large onion, chopped
 2 carrots, peeled and chopped
 2 cloves garlic, minced
 1 tsp. fresh thyme
 1 1/2 lb. ground beef
 1 c. frozen peas
 1 c. frozen corn
 2 tbsp. all-purpose flour
 2/3 c. low-sodium chicken broth
 1 tbsp. freshly chopped parsley, for garnish

DIRECTIONS

Preheat oven to 400°. Make mashed

potatoes: In a large pot, cover potatoes with water and add a generous pinch of salt. Bring to a boil and cook until totally soft, 16 to 18 minutes. Drain and return to pot.

Use a potato masher to mash potatoes until smooth. Add melted butter, milk, and sour cream. Mash together until fully incorporated, then season with salt and pepper. Set aside.

Make beef mixture: In a large, oven-proof skillet over medium heat, heat oil. Add onion, carrots, garlic, and thyme and cook until fragrant and softened, 5 minutes. Add ground beef and cook until no longer pink, 5 minutes more. Drain fat.

Stir in frozen peas and corn and cook until warmed through, 3 minutes more. Season with salt and pepper. Sprinkle meat with flour and stir to evenly distribute. Cook 1 minute more and add chicken broth. Bring to a simmer and let mixture thicken slightly, 5 minutes. Top beef mixture with an even layer of mashed potatoes and bake until there is very little liquid visible and mashed potatoes are golden, about 20 minutes. Broil if



desired. Garnish with parsley before serving.

by LENA ABRAHAM

Carrot Cake Bread

In the world of quick breads, banana bread and zucchini bread used to be our favorite. But then we met carrot bread. Which on its own, though nice and spiced, could be rather humble. But spread some cream cheese frosting on top and you've got CARROT. CAKE. BREAD. It's not as dramatic as our layered carrot cake, but it's just as good.

If you're looking for a breakfast carrot bread, just skip the frosting. Leave it plain or drizzle it with a simple glaze instead (2 tbsp. softened cream cheese + 1/4 c. powdered sugar + 1 tbsp. whole milk).

Made it? Let us know how it went in the comment section below

INGREDIENTS

FOR THE BREAD

Cooking spray
 1 1/4 c. all-purpose flour
 1 tsp. baking powder
 1 tsp. ground cinnamon
 1/2 tsp. ground ginger

1/4 tsp. ground nutmeg
 1/2 tsp. kosher salt
 3 large eggs
 1 c. granulated sugar
 1 c. vegetable oil
 2 tsp. pure vanilla extract
 2 c. grated carrots (from about 4 medium)
 1/2 c. golden raisins
 1/2 c. toasted chopped pecans

FOR THE FROSTING

4 oz. cream cheese, softened
 2 tbsp. butter, softened
 1 c. powdered sugar, sifted
 1 tsp. pure vanilla extract
 1/4 tsp. kosher salt
 1/4 c. toasted chopped pecans

DIRECTIONS

Preheat oven to 350°. Grease a 9"-x-5" loaf pan with cooking spray and line with parchment paper. In a medium bowl, whisk together flour, baking powder, cinnamon, ginger, nutmeg, and salt. In a large bowl whisk eggs and sugar until light and fluffy. While whisking, slowly



pour in oil until well combined, then add vanilla. Stir dry ingredients into wet until just combined. Fold in carrots, raisins, and 1/2 cup of the pecans.

Pour batter into prepared pan and bake until a toothpick inserted into center comes out clean, about 1 hour 10 minutes. Let cool slightly in pan, then turn out onto a wire rack to cool completely. Meanwhile, make frosting: In a large bowl using a hand mixer, beat cream cheese and

butter until smooth. Add powdered sugar, vanilla, and 1/4 teaspoon salt and beat until smooth. Spread frosting over loaf and sprinkle with chopped pecans.

by LAURA REGE

WORDS SEARCH

F O O T W A S H I N G M E G W N X W P V
 E M F C T J F F O Q N A O C O M S K E Q
 G N T F H V G R I T T O Y I Q V M Z X W
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BAKING
 EASTER MASS
 GOOD FRIDAY
 GREETING CARDS
 FOOT WASHING
 ASH
 PALM LEAVES

DAFFODILS
 EGG HUNT
 CHURCH BELLS
 ASCENSION
 CHICKS
 CHOCOLATE
 EGG DYE

ROAST
 HOLY WEEK
 HYMNS
 FASTING
 PASSOVER
 RESURRECTION

Mukesh Ambani tells Satya Nadella how Jio cut data charges down to Rs 12 from Rs 300 per GB

Highlighting the big change that the introduction of Reliance Jio brought into the Indian telecom sector, RIL Chairman Mukesh Ambani on Monday said that Jio has helped the data charges to reduce substantially. The cost of data has been lowered to Rs 12-14 per GB now from Rs 300-500 per GB in the pre-Jio days, Mukesh Ambani said in a conversation with Microsoft CEO Satya Nadella at Microsoft's Future Decoded CEO Summit in Mumbai. The consumption has gone up and Digital India has become a people's movement now, Mukesh Ambani, also said. Adding, he said that Prime Minister Narendra Modi gave the domestic telecom industry vision on Digital India. Speaking on the occasion, Satya Nadella urged Indian busi-

ness leaders to build technology capabilities that are inclusive in nature. Starting his three-day visit to India, Nadella was addressing Microsoft's Future Decoded CEO Summit in Mumbai. "Indian CEOs need to build own tech capability and ensure that the solutions are inclusive," he said. Satya Nadella stated that 72 per cent of jobs for software engineers in India are outside of the technology industry.

Microsoft CEO Satya Nadella is visiting Mumbai, Bengaluru, and New Delhi during February 24-26. "Microsoft CEO Satya Nadella will share his vision for the future of technology and how Indian organisations can lead in an era of digital transformation," Microsoft website said. On

February 24, Microsoft will be hosting its "Microsoft Future Decoded-CEO Summit" in Mumbai.

The summit will be addressed by industry leaders and Microsoft executives including Satya Nadella, Microsoft CEO and Jean Philippe Courtois, EVP and President, Global Sales, Marketing and Operations. SBI Foundation on Technology for people with disabilities, with Rajnish Kumar, Chairman, State Bank of India and Jean Philippe Courtois, EVP and President, Global Sales - Marketing and Operations, Microsoft will also attend the



sessions. In FY19, Microsoft India posted revenue worth more than \$1 billion.

FE Online
Financial Express

Taj Mahal's tombs cleaned for first time in 300 years for Donald Trump

The president's security team, which visited the Taj Mahal recently, said that Trump will not bow down, even if it is to see a 17th century grave. (File)

After building a wall in Ahmedabad to hide slums, India is undertaking another project before US President Donald Trump's visit: The replicas of two graves inside the Taj Mahal, India's most famous monument, are being given a clay-pack treatment.

This is the first time the replicas of the graves are being cleaned since their installation more than 300 years ago.

The treatment involves the application of a thick layer of clay, followed by a wash with distilled water.

The clay pack is originally inspired from a traditional face pack Indian women apply to appear fairer. The Taj Mahal itself has been cleaned with a clay pack treatment five times, but the replicas of the graves were not cleaned. The real graves of Mughal emperor Shah Jahan and his wife Mumtaz Mahal are in a chamber below the replicas. Trump, who is due visit the Taj Mahal with his wife, daughter, and son-in-law, during his visit to India starting on Monday, may not visit the actual grave because the entrance is just five feet high. The president's security team, which visited the Taj Mahal recently, said that Trump will not bow down, even if it is to see a 17th century grave.

Indian graves

The original Taj Mahal graves are only opened to the public for three days a year, to commemorate the anniversary of the death of Shah Jahan, also known as Urs. Yakub Habeebuddin Tucky, who claims to descend from Bahadur Shah Zafar, the last Mughal emperor, also visits the graves to affirm his lineage to the Mughals.

The chandelier above the graves is also be-

ing cleaned with tamarind water. The Archaeological Survey of India (ASI), which is undertaking this project, is to clean the entire monument to remove dark spots on walls and floors.

Trump's visit to the city of Agra, where the Taj Mahal is located, is a high-security event that has brought a number of preparations with it.

The Yamuna river directly behind the Taj Mahal, which was till recently a parched lake, has received 17 million liters of water. Trump will reportedly be welcomed by dancers at the airport and the Taj Mahal is closed for tourists on the day of Trump's visit. The wall from the airport to the Taj Mahal has been painted with colorful depictions of India's cultural heritage. To protect Trump from monkeys in Agra, five langurs (large monkeys) will reportedly be deployed to scare off small monkeys on the route Trump will take to the Taj Mahal.

Trump is scheduled to visit India from February 24 to 25 to meet with India's Prime Minister Narendra Modi. Trump's first official visit to India comes at a time when both nations share an ever-closer defense partnership, but also have sharp differences over trade and investment barriers.

Agra gets makeover for Donald Trump visit

Trump will arrive in Agra at 4.45 pm on Monday and visit Taj Mahal before leaving for Delhi. He will be welcomed by Uttar Pradesh Chief Minister Yogi Adityanath and Governor Anandiben Patel

Its markets full of hoardings of Prime Minister Narendra Modi, US President Donald Trump and his wife Melania, and its walls painted brown to blend with the red sandstone monuments, Agra is all set to welcome its high-profile guests on Monday.

"We were informed about Trump's visit on February 14. We have reconstructed



footpaths, cleaned sewers, decorated junctions with flowers and installed tricolour LED lights on electric poles," said District Magistrate Prabhu N Singh.

Trump will arrive in Agra at 4.45 pm on Monday and visit Taj Mahal before leaving for Delhi. He will be welcomed by Uttar Pradesh Chief Minister Yogi Adityanath and Governor Anandiben Patel.

An official at Agra Municipal Corporation said, "To make everything look uniform, we decided to paint the walls near the streets brown. Agra is known for red sandstone structures and reddish-brown soil and we want to show this to our guests. The shops have been painted with cream colour and the boards, footpath and walls brown."

Singh said 20 golf cars have been prepared for the transport of Trump's convoy from Oberoi Hotel to Taj Mahal's forecourt.

Over 3,000 artists from different parts of the country will perform for Trump and stages have been set up at 21 points on the route from the airport to the hotel. Most markets will be closed till Monday night. Dinesh (35), who runs a departmental store near the airport, said, "Three days ago, municipality workers came and told us that they will repair the streets and the market. We were happy because we didn't have to pay. They constructed stairs near my shop, painted the walls inside

and gave a new brown board. I don't know who Trump is but I like him because my shop looks new."

The UP police, which is working with US Secret Service on a three-layer security arrangement, has been holding drills for a week. SP City Rohan P Botre said, "Over 3,000 personnel have been deployed on the streets and at Taj Mahal. We have 10 companies of paramilitary forces and a few companies from Delhi." The Indian Express

DM Singh said that besides security arrangements, they have also double-checked medical arrangements. "Trump will be accompanied by a doctor but we have also alerted SN Medical College and Pushpanjali Hospital. Ambulances with life-support system will be ready"

Meanwhile, a few shopowners alleged that their shops were forcibly shut down. Arif Khan, who owned a fruit-juice shop, said, "My shop was in front of the monument. We were told that our shops must be cleared to make a passage for people. But our shops aren't near the road, we tried to reason with them but they told us to remove our things. I set up the shop with my savings in January. I had permission. Now I have lost everything."

Love Aaj Kal movie review: Kartik Aaryan-Sara Ali Khan film is an incoherent mess

Love Aaj Kal movie review: I came away with a feeling of being comprehensively let down: where has the craft gone, and where, indeed, the heart?

Love Aaj Kal movie cast: Kartik Aaryan, Sara Ali Khan, Randeep Hooda, Arushi Sharma

Love Aaj Kal movie director: Imtiaz Ali
Love Aaj Kal movie rating: 1.5 stars

If you had apprehensions about a brand new film being called by an old name, made by the same director, you were right. If you thought that despite this apparent lack of imagination, this 2.0 'Love Aaj Kal' would fly, you were wrong. Imtiaz Ali's latest version of romance in this-day-and-that age, is nothing but an incoherent mess.

The 2010 Love Aaj Kal, starring Saif Ali Khan and Deepika Padukone, went back and forth in time, giving us two sets of confused lovers. This one does the same, while making an attempt to connect with contemporary ideas of love-shuv-dating-shating, as it follows the tracks of today's couple Vir (Aaryan) and Zoe (Khan), as well as Raghu (Hooda) and Leena (Sharma), engaged in the same push-pull, in the early 1990s.

It's one thing to train the lens on the confounded confusions two people straining to understand the thing between them. Each love story is the same-same but different, and who doesn't love a lover? But it's quite another to watch a series of awkwardly-constructed confusions unravel on

screen: just what is going on, between Vir and Zoe, as they skim over the in bed-and-out-of-it-bits, slaloming between loudly-and-repeatedly stated 'career' choices and realising the worth of pyaar-vyaar? They are talky, but there is no frisson. Ali's movies have always been heavy on dialogue which feels like it is coming from a space inhabited by the glib poet-philosopher-of-the-filmi-kind, but there has to be a limit on how bumper-sticker you want to go, because on that route there is only banality, no genuine feelings.

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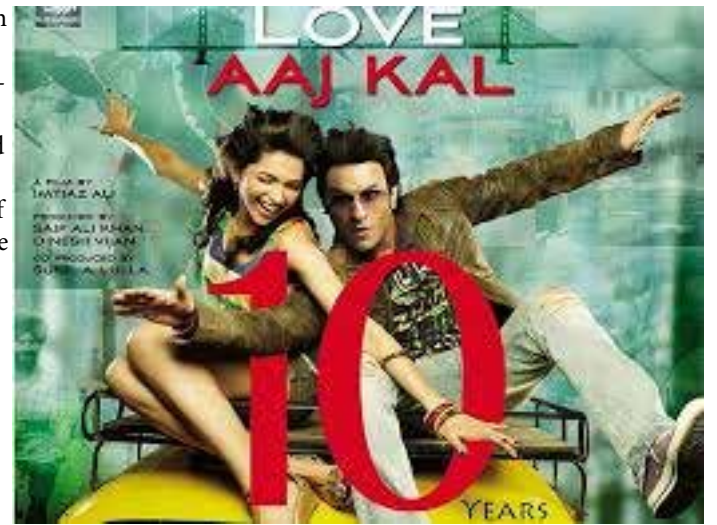
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It's one thing to train the lens on the confounded confusions two people straining to understand the thing between them. Each love story is the same-same but different, and who doesn't love a lover? But it's quite another to watch a series of awkwardly-constructed confusions unravel on screen: just what is going on, between Vir

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The last time I saw the messy feelings of pain-pleasure-exhilaration, feelings that touch you and move you, that radiate from true lovers, was in Ali's most well-realised movie, Jab We Met, and before, in his lovely, underrated Socha Na Tha. He hasn't managed to capture those emotions since, not in Rockstar, nor in Tamasha, and certainly not in the misfire that was Jab Harry Met Sejal.

But at least those movies had sparkly moments. I'm hard put to find any in this one which has characters playing familiar types. Aaryan is desperately trying to act as a lover in back-then-Udaipur-and-right-now-Delhi, but the effort doesn't



translate into anything true. Khan is perky and alive, but a captive of the flat writing that encases the film. First-timer Sharma does shyness-boldness well, and Hooda is the one I kept watching through the film, because he brings the experience of a lived-life in his character of a commitment-phobic serial-bed-warmer: the story of the older Raghu and Leena is the more interesting of the two, and you wish it had been explored better.

The film ends with a song, the usual medley of the cast dancing as the credits roll, and there it is, the film. Such liveliness, and zest: if only the whole film had the same feel. I came away with a feeling of being comprehensively let down: where has the craft gone, and where, indeed, the heart?

Shubhra Gupta
The Indian Express

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MR. SIKANDER ALI Cell:9347814688

From Madhubala To Sridevi : Bollywood Actresses Gone Too Soon

Bollywood has lost some gems quite untimely and that is where it feels that they went away too soon! Well, we miss them dearly till date
Bollywood has seen some very tragic deaths and untimely departures of some really talented and promising people who went away too soon! Surprisingly, there are many names here who were actresses who came, shine and rose to fame but left us just when we wanted the most of them! Here are a few of them...

Madhubala : The killer combination of elegance, grace and poise and the first female superstar who was known even in Hollywood, Madhubala died when she was in her 30's. She got detected with ventricular septal defect (a hole in her heart) in 1954. She was loved by all and was actually the 1st screen goddess Bollywood ever saw. Her untimely death really shook everyone who was close to her and obviously her many fans!



Parveen Babi : The Bollywood diva who ruled millions of hearts had quite a sad and shocking death. Parveen Babi was found dead on 22 January 2005 after her residential society secretary alerted the police that she had not collected milk and newspapers from her doorstep for three days. The police suspected that she may have been dead for up to 72 hours before her body was found. The reason of the death is said to be starvation/

organ failure.



Divya Bharti : Was she drunk or was she pushed from the fifth floor of a building or did she lose her balance and fell? No one knows till now but all said and done, we lost a vivacious and talented actress too soon. Divya Bharti was just 19 years of age when she died. Her death came as an utter shock



Jiah Khan : A beautiful actress, Jiah Khan who rose to fame after her films like Nishabd and Ghajini was found dead in her apartment with less to track down

further on why and how she died? There were accusations on her current beau of that time, Sooraj Pancholi that he had killed her after she told him about her pregnancy and about her will to get married. No one knows the truth till now and we are still waiting! She was just 25



Sridevi : When the news of the

always iconic and the legendary actress Sridevi's death surfaced on the internet during the wee hours of last Sunday, everyone was stunned and shocked. No one could have even imagined or thought that an actress who has been around everywhere and was radiating in beautiful gowns & dresses at events and family functions will leave us so soon. 'Gone too soon' became the signature term used after Sridevi's demise and we totally agree with it. As per the latest medical, autopsy and post-mortem reports, it has been announced that Sridevi died due to accidental drowning and there were blood traces in her blood report as well which combines to something fishy.



Pics: Hrithik Visits Temple With Sussanne, Sons on Maha Shivratri

Hrithik Roshan was spotted offering prayers at a temple in Panvel on the occasion of Maha Shivratri. The actor was accompanied by his sons Hrehaan and Hridhaan, parents Rakesh Roshan and mother Pinkie, sister Sunaina and his former wife Sussanne Khan. Hrithik was last seen opposite Tiger Shroff in Siddharth Anand's War, which earned over Rs 300 crore at the box office. He will reportedly star in Krrish 4, which was put on hold after director Rakesh Roshan was diagnosed with cancer of the throat.



Hrithik was awarded Best Actor for his performance in Super 30 at the Dadasaheb Phalke International Film Festival (DPIFF), held on 20 February. The actor played math whiz Anand Kumar who founded the Super 30 programme to tutor underprivileged students who couldn't afford expensive IIT-JEE coaching classes.

The Quint

Saif Ali Khan: Amrita Singh Was Never Compelled To Convert To Islam [Flashback]

Throwback Thursday is here and we're here with yet another flashback feature that would throw light on an interesting interview of any Bollywood celeb. Today, we have brought you an old interview of Saif Ali Khan, wherein he had talked about his ex-wife Amrita Singh and had made it very clear that he had never forced her to convert to Islam after marriage.

Saif Ali Khan Addresses 'No Concept Of India Before British' Controversy

For the unversed, Saif's mom, Sharmila Tagore had converted herself to Islam after marrying Mansoor Ali Khan Pataudi and since then, she has been strictly following Islamic religion. Saif had said, "We do not believe in idol worship at all, no not even my mom, who has been seriously following only the Islamic religion after being converted to Islam as Ayesha Begum. We may not practice what we preach, but we definitely do respect all the universal religions." Saif On Amrita Singh

While speaking about his ex-wife, Amrita Singh and her religious stand after marriage, Saif had said, "Yes. It's very much true. Dingy (Amrita Singh) was never compelled to either convert herself as a Muslim neither was she ever forced to practice and follow Islamic religion." 'To Each His Own Religion'

even when my kids Sara and Ibrahim were in their growing up stage I strictly followed the same principle."

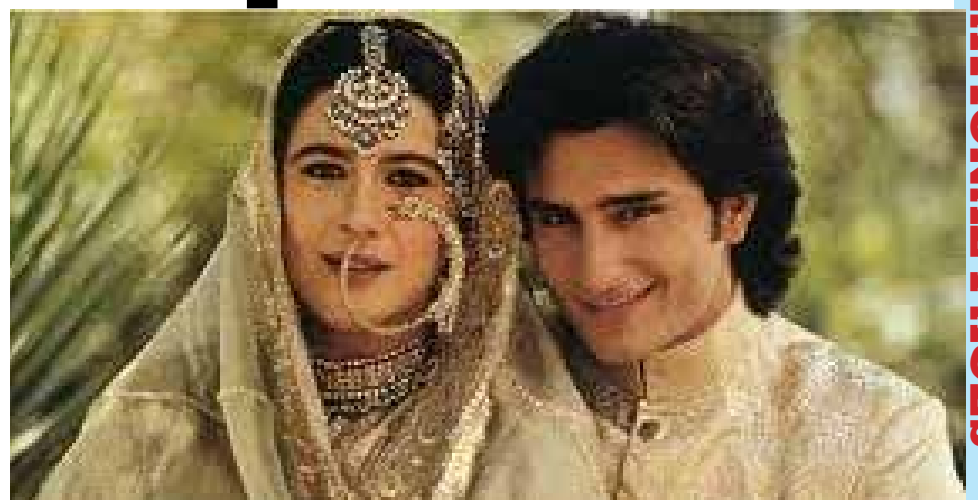
Saif On Babysitting Sara & Ibrahim Saif had also revealed that when Amrita Singh used to go for her regular prayer visits to the Gurudwara, he used to baby sit Sara and Ibrahim.

"But when we separated I was more worried about Sara and Ibrahim who were then in Dingy's custody but of course I had trusted her enough and was very sure Dingy will never try to influence them in any which way and certainly not as far as our religion is concerned," had said Saif. Saif On Marrying Kareena In the same interview, Saif was also asked about marrying Kareena (who was a Hindu Punjabi girl) and he had said, "It never made any difference then and it's not at all going to make any difference now as far as my firm religious beliefs are concerned. Period!"

Cut to present - Saif and Kareena are happy together and the duo has a cute son, Taimur Ali Khan.

Amrita, on the other side, preferred to stay single after divorcing Saif and is happy with her two kids - Sara Ali Khan and Ibrahim Ali Khan.

Lekhaka Filmibeat



HINDI MOVIE RELEASE DATES

Opening	Title	Director	Cast	Genre
6	<i>Baaghi 3</i>	Ahmed Khan	Tiger Shroff · Riteish Deshmukh · Shraddha Kapoor	Action
	<i>Kaamyaab</i>	Hardik Mehta	Sanjay Mishra · Deepak Dobriyal	Drama
13	<i>Angrezi Medium</i>	Homi Adajania	Irrfan Khan · Kareena Kapoor · Radhika Madan · Deepak Dobriyal · Pankaj Tripathi	Comedy drama
24	<i>Sooryavanshi</i>	Rohit Shetty	Akshay Kumar · Katrina Kaif	Action

Angrezi Medium review

Angrezi Medium (transl. English Medium) is an upcoming Indian Hindi film directed by Homi Adajania and produced under the production banner Maddock Films. The film is the spin-off to the 2017 comedy Hindi Medium and stars Irrfan Khan, Kareena Kapoor Khan, Deepak Dobriyal, and Radhika Madan.

Filming began in Udaipur on 5 April 2019 and was completed by July in

London. It will be released on 13 March 2020.

Champak (Irrfan Khan), a middle-class man whose daughter Tarika (Radhika Madan) wants to study in London, does not have enough money and also, there are seats only for British Citizens. To get it, he tries to impress a British Citizen, Naina (Kareena Kapoor Khan). Will he ever fulfill Tarika's dream?



KAAMYAAB: FILM REVIEW - AN ODE TO THE 'ALOOS' OF INDIAN CINEMA

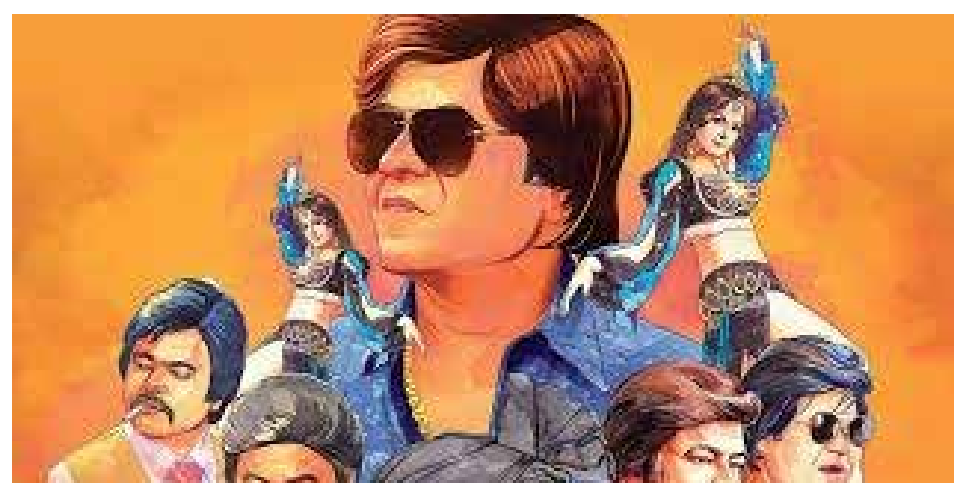
Kaamyaab is the story of Sudheer, a character actor and his journey from being an 'Extra' actor in the typical Hindi films of the 80s and 90s to finding something 'Extraordinary' that's hidden within him. Har Kisse Ke Hisse: Kaamyaab is an upcoming Hindi movie scheduled to be released on 6 Mar, 2020. The movie is directed by Hardik Mehta and will feature Deepak Dobriyal, Sanjay Mishra, Isha Talwar and Avtar Gill as lead characters. Other popular actors who were roped in for Har Kisse Ke Hisse: Kaamyaab are Anil Nagrath, Sarika Singh and Birbal.

Verdict: Hardik Mehta's Kaamyaab shines a torch on the brilliance of Sanjay Mishra. Aloos are versatile. Add them to a sabzi, curry, meat, or have them plain, they're the perfect meal. Naturally, aloos are the perfect metaphors for the careers of supporting actors in the Indian film industry. They have been cast in stereotypical roles, only to complement the 'heroes' of the film. But these supporting actors have delivered performances worth remembering. Be it Paresh Rawal, Anupam Kher, Lilliput, Manmauji, Birbal, or the late Viju Khote, their performances in various films have stayed with us to date. Hardik Mehta's comedy-drama Kaamyaab is an ode to these artists and their contribution to Indian cinema through the lens of Sudheer, one such character actor who decides to make a comeback to the big screen. What's Kaamyaab About:

Sudheer (Sanjay Mishra) is a retired actor who was famous for his versatility in Indian cinema. After a string of performances as a supporting character, he decides to give up the silver screen for good. But now in his later years, he realizes that his filmography consists of 499 films. To make it a round figure, he decides to give one final performance. So he pulls out his wig, puts on his starry avatar, and reaches out to his old friend and casting agent Gulati (Deepak Dobriyal) for a role. But the industry has changed quite a lot since Sudheer last worked. He must now give auditions, deal with the tantrums of famous stars and star kids, and grovel for roles in ad films. He is finally cast in a big-budget movie made by a popular filmmaker but things do not go quite as planned, as life tends to be.

What Works:

Kaamyaab gives Sanjay Mishra a platform to shine as the sole lead actor and so he does. Mishra Sahab's career in Bollywood spans three decades in which he has been a part of more than 150 films, mostly in small roles or as the supporting character. So the actor was playing a part that perfectly resonates with his real life. He has also been given the opportunity to exercise the dearth of his acting skills, which the actor manipulates to his fullest extent. The emotions and comedy he brings out with his character feel realistic and draw you deeper into the film. You want to know where his journey lands him and the



ride-along provides plenty of fun. Overall, Kaamyaab is a mixed bag of emotions and entertainment. It's what you want to watch when you crave both good content and a good time. Apart from the lead actor himself, you get to see many other stalwarts of the industry, some being cast as themselves. Avtar Gill's parts are exceptionally brilliant and his scenes with Sudheer leave you in splits. Isha Talwar as Sudheer's neighbor also has some special moments in the film while Sarika Singh as his worried daughter is the perfect contrast to her carefree father. Deepak Dobriyal's witty quips entertain for most of the first half. A scene that brings together Viju Khote, Lilliput, Manmauji and others is one to remember. Another positive aspect of this film is the dialogues penned by Radhika Anand. The raw and bold one-liners from

Kaamyaab are bound to stay with you for a long time.

What Could've Been Better:

You can try but it's hard to find fault in this well-intended and exceptionally made film. Maybe a little more screen time with Deepak Dobriyal would've been ideal but it's no reason to skip Kaamyaab at all.

Why You Should Watch:

Kaamyaab is a bittersweet journey of an actor who has both made it but still struggles to be noticed. Fans of Bollywood cinema, especially those who love movies from the '80s and '90s, must not miss this one. It shows us how the film industry has evolved through the years while paying homage to the unsung heroes who made it what it is.

HYDERABAD PEOPLES CHOICE AWARDS 2020



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Amjed Ullah Khan Spokesman MBT during his visit to Nellore in Andhra Pradesh to attend anti #CAA_NRC_NPR protest meeting.

Hyderabad: A couple from Hyderabad were killed in a car crash in Dallas, US. The couple, Divya Avula and her husband Raja Gavini, are from Musheerabad in Hyderabad. They are survived by their six-year-old daughter.



According to local media, three people were killed and another injured in the crash at Frisco in Dallas, Texas. Divya (34), who was driving the car, her husband Raja (41), and Premnath Ramamatham (42) all were pronounced dead at the scene.

The police said a pickup truck hit their car when the car was taking a U-turn on Del Webb boulevard. The pickup truck's driver, suspected to be a minor, also sustained injuries in the crash. He was taken to the nearby hospital with multiple injuries but is said to be out of danger.

"They were dropping her daughter to the music class and were coming back when a heavy truck hit their car. we got to know about this next morning. My son-in-law has been working at Wells Fargo since the past three years, while my daughter has been working in a national insurance company since the oast 6-7 years. She was an ex-Wells Fargo employee. My son-in-law has been staying in the US since the past fifteen years.



Hyderabad university penalises 3 students for 'Shaheen Bagh Night' on campus

The University of Hyderabad (UoH) Tuesday penalised three students for organising a "Shaheen Bagh Night" on campus on January 31, in support of a women-led protest against the Citizenship Amendment Act (CAA) underway in Delhi. The locality spearheading the protest in the national capital is called Shaheen Bagh.

The varsity has imposed a fine of Rs 5,000 each on Faseeh Ahmed E.K, Sahana Pradeep, and A.S Adish organising the protest from 9 pm on January 31 to 2.30 am on February 1. Before this, the registrar's order dated February 18 warned the

students "to be cautious and focus on their studies in future."

The action comes after an incident report was filed by the Security Officer. "The (three) students were involved in organising the 'Shaheenbagh Night Event' on January 31 from 2100hrs to 0230hrs on February 1 and also involved in painting graffiti and defacing the walls at the North Shopping Complex, in spite of instructions from the Security Personnel not to conduct the events as there was no permission to organise events after 2100hrs," the order said. There is reportedly no permission to conduct any event after 9 pm on the cam-

pus, according to university rules. The order further said the penalty so charged to be remitted to the Gurubaksh Singh Students Assistance Fund(GBSSAF) in Finance and Accounts within 10 days of serving the notice. "Recurrence of such incidents or indulge in any acts of indiscipline would have serious repercussions on their academic career with strong disciplinary action," it added. Speaking to indianexpress.com, Gopi Swami, general secretary of UOH Students' Union, said the union would strongly take up the matter and register a protest. "It is a

kind of selective witch-hunting the voices of dissent who are working on the ground. I spoke to the chief security officer and he says these students are spoiling university walls. If walls in university cannot be used for expressing our views, what is it meant for? This is not a prison," he said. Women in Delhi have been spearheading a protest at Shaheen Bagh since December 15 against the citizenship law. The protest has inspired a similar demonstration at various places across the country including Lucknow, Chennai

The Indian Express

'Aadhaar Has Nothing To Do With Citizenship' Claims UIDAI After Notices To 127 In Hyderabad Asking For Citizenship Documents

At least 127 residents of Hyderabad have been served notices by the Unique Identification Authority of India (UIDAI), asking them to prove their citizenship. At least three of them are Muslim.

In a press statement released on Twitter on Tuesday, the UIDAI said that these notices were sent out after their regional office in Hyderabad received reports that these 127 people had obtained Aadhaar under "false pretences."

"It may be noted that the RO Hyderabad received reports from the state police that 127 people have obtained Aadhaar on false pretences as in their preliminary enquiry

they were found illegal immigrants who were not qualified to obtain an Aadhaar number," the UIDAI said.

Those who have been served notices have been asked to appear before the UIDAI deputy director in Hyderabad for a personal hearing on February 20.

This comes even as protest continue across the country against the discriminatory Citizenship Amendment Act that offers citizenship to Hindu, Sikh, Buddhist, Jain, Parsi, and Christian minorities from Pakistan, Bangladesh and Afghanistan who have sought refuge in India. The contentious law conspicuously leaves out Muslims.

Scroll.in accessed a notice sent to Talab Katta resident Mohd Sattar Khan that clearly states that he needs to prove his citizenship and he needs to bring documents to support it. The notice has been signed by UIDAI deputy director Amita Bindroo.

Scariest Notice to residents of #Hyderabad "You are not an Indian national" attend before enquiry officer with all the necessary documents to prove #Citizenship is it indirect #N



Rohini Chatterji
HuffPost India

Telangana CM inaugurates 11-km stretch of Hyderabad Metro Rail

(EDS: Adding political parties' reaction) Hyderabad, Feb 7 (PTI): Telangana Chief Minister K Chandrasekhara Reddy on Friday inaugurated a 11-km stretch of the Hyderabad Metro Rail project between Jubilee Bus Station (JBS) and the Mahatma Gandhi Bus Station (MGBS). With this inaugural, the Hyderabad Metro Rail becomes the second largest operational Metro network in the country.

After the launch, Rao, accompanied by his Cabinet colleagues and other dignitaries, took the first ride from JBS Parade Ground station to MGBS.

The 11-km 'Corridor II Green Line,' featuring nine stations, connects the twin cities of Secunderabad with Hyderabad at the MGBS on the Musi river.

It is expected to reduce travel time to just 16 minutes from one end to the other, as against 45 minutes by road, according to an L&T press release.

The world's largest public-private partnership, the Hyderabad Metro Rail is now the second largest operational metro network in the country covering 69.2 kms, the release said.

The JBS Parade Ground metro station is one of the tallest in the project with five levels, it said.

Spread over three lakh square feet, the MGBS Interchange Metro station is one of the largest in the country with several special features, the release said.

Uniquely built, the station houses the interchange between Corridors I and II with three levels with each, again split into

two, as one corridor passes over the other, it said.

As builders of nations, we are proud to be doing the projects that make India proud and the iconic Hyderabad Metro Rail project ranks among one of most prestigious projects that we have executed, the release quoted S N Subrahmanyam, CEO and managing director of Larsen & Toubro, as saying.

In November 2017, Prime Minister Narendra Modi had inaugurated the Miyapur and Nagole stretch of the rail project.

In September 2018, another stretch between Ameerpet to L B Nagar was commissioned.

In March 2019, the stretch between Ameerpet and Hi- Tec City was inaugurated.

In November 2019, another stretch between Hitec City station and Raidurg was opened. The launch of Metro rail services between JBS and MGBS had its share of reactions from political leaders of different parties since the last two days.

Amazing that you have funds for JBS & MGBS, when will @hmrgov start and complete MGBS to FALAKNUMA?, tweeted Asaduddin Owaisi, president of AIMIM which is a friendly party of the ruling TRS.

Falaknuma is located in the old city of Hyderabad.

Former state Congress president and ex-minister Ponnala Lakshmaiah said on Friday that the Hyderabad Metro Rail became a reality because of the farsightedness of the previous Congress regime.

Saying that Chief Minister Rao had earlier opposed Metro rail, on the ground that it would hurt livelihood of thousands of



people dependent on traditional shopping centres at Sultan Bazar in the city, Lakshmaiah alleged that the project got delayed because of Rao.

BJP MLC and the party's Hyderabad unit president N Ramachander Rao claimed in a statement that he was not invited to the launch event on Friday and that it was a 'breach of protocol.' PTI SJR NVG NVG

سدا بہار، سبق آموز مذہبی سماجی و اخلاقی بنیادوں کا انمول و نادر خزانہ

گل بوکی حکایت

ڈاکٹر توفیق انصاری احمد
شکاگو، امریکہ



ڈاکٹر توفیق انصاری احمد



حضرت شیخ سعدی شیرازی رحمۃ اللہ علیہ

3 صالح بزرگ اور ظالم بادشاہ

اردو حکایت: ایک عجیب بادشاہ بڑا ظالم تھا۔ رعیت پر سختیاں کرتا اور بے گناہوں کو قید میں ڈال رکھتا تھا۔

ایک دفعہ اس کے بدن پر ایک موذی پھوڑا نکل آیا جو کسی طرح ٹھیک ہونے کا نام ہی نہ لیتا تھا۔ اس تکلیف سے بادشاہ بے چین و بیقرار ہو گیا۔ اس کے ایک درباری نے بتایا کہ شہر میں ایک خدا رسیدہ بزرگ ہیں جن کی دُعا سے بگڑے کام بن جاتے ہیں۔ اگر ان سے دُعا کرائیں تو اُمید ہے کہ اللہ تعالیٰ شفا دیدے۔

بادشاہ نے بزرگ سے دُعا کی درخواست کی جس پر بزرگ نے غصہ سے کہا۔ ”اے بادشاہ! میری دُعا تیرے لئے کب مفید ہوگی جب کہ بے گناہ لوگ تیرے ہاتھوں قید و بند کی سختیاں جھیل رہے ہیں اور ان کی بددعا میں تیرا پیچھا کر رہی ہیں۔ جب تک تو مظلوموں پر رحم نہیں کرے گا خدا تجھ پر رحم نہیں کرے گا۔“

بادشاہ پر ان باتوں کا بڑا اثر ہوا اور اس نے حکم دیا کہ سب قیدیوں کو رہا کر دیا جائے۔ جب سب رہا ہو گئے تو اللہ کے نیک بندے نے بارگاہ الہی میں بڑی عاجزی سے دُعا کی کہ ”یا الہی تو نے اس کو نافرمانی میں پکڑا اب اس نے اطاعت اختیار کی ہے تو بھی اس پر رحم فرما۔“

اللہ تعالیٰ نے بزرگ کی دُعا کے طفیل بادشاہ کو شفا دیدی۔ بادشاہ نے خوش ہو کر حکم دیا کہ بزرگ کے سر پر زرد جواہر نثار کئے جائیں۔

صالح بزرگ نے زرد جواہر پر ٹھوکر مار کر کہا کہ اے بادشاہ مجھے ان کی حاجت نہیں۔ ہاں تو پھر ایسے کام نہ کریں بیماری عود کر آئے۔ جب تو ایک بار گرا ہے تو اب قدم جما کر رکھ کہ دوبارہ نہ پھسلے۔

فارسی شعر:

ز سعدی شنوکیں سخن راستست

نہ بر بارے افتادہ برخواستست

حاصل کلام:

سعدی سے سُن لے، یہ سچی بات ہے کہ کوئی گر کر مرتبہ نہیں اٹھتا ہے۔

منظوم ترجمہ:

سعدی سے سُن لے، یہ سچی بات ہے

ہر دفعہ، گر کر، کوئی اٹھتا نہیں



دائے مشرق، بلبل شیراز، حضرت شیخ سعدی شیرازی رحمۃ اللہ علیہ فارسی زبان کے عالمی شہرت یافتہ ادیب، شاعر، سیاح و دانشور گزرے ہیں۔ آپ کی پیدائش تقریباً آٹھ سو سال قبل سادات کے اک معزز گھرانے میں ہوئی جو برسوں پہلے مکہ سے ہجرت کر کے شیراز میں آسا تھا۔ خاندان میں دینداری کا بول بالا تھا اس لئے ابتدائی تعلیم گھر پر ہوئی اور چھوٹی سی عمر میں تمام ضروری دینی مسائل یاد ہو گئے جس کے ساتھ عبادت، شب بیداری اور تلاوت کلام پاک کا شوق پیدا ہو گیا۔ گیارہ سال کی عمر میں کلام مجید حفظ کر لیا۔ تفسیر، فقہ، حدیث اور صرف و نحو کی ابتدائی کتابیں پڑھیں اور سن بلوغ کو پہنچنے سے پہلے ہی نہایت اعلیٰ و ارفع اخلاق و کردار کے مالک بن گئے۔ ان کی سلیقہ مندی، زہد و تقویٰ، ذہانت و دانشمندی کا ہر طرف چرچا ہو جائے گا۔ نوعمری میں والدین کے ساتھ پہلا حج کیا اور اپنی زندگی میں چودہ حج پایادہ کئے۔ بغداد کے مدرسہ نظامیہ میں تقریباً تیس سال تک مشہور زمانہ علمائے کرام سے تحصیل علم و فیض صحت حاصل کر کے قرآن، حدیث، تفسیر، منطق، فلسفہ، ریاضی اور دیگر علوم پر عبور حاصل کیا۔ ساتھ ہی کئی اجنبی زبانوں میں بھی مہارت حاصل کر لی۔ تحصیل علم سے فارغ ہو کر حضرت سعدی شیرازی نے سیاحت پر کمر باندھ لی اور عمر کا بیشتر حصہ ایشیا، آفریقہ اور دُنیا کے دیگر ممالک کی سیرو سیاحت میں بسر کیا۔ کہا جاتا ہے کہ مشرقی سیاحوں میں ابن بطوطہ کے سوا شیخ سعدی سے بڑھ کر کوئی اور سیاح نہیں۔ انہوں نے سیاحت کے دوران بڑی صعوبتیں اٹھائیں اور بڑے تجربے حاصل کئے۔ ایک اندازے کے مطابق شیخ سعدی کی تصانیف تیس سے متجاوز اور ایک سے بڑھ کر ایک ہیں لیکن ان کی دو

کتابوں گلستاں اور بوستاں نے لازوال عالمی شہرت حاصل کی اور حضرت سعدی کے مقام کو بلند و بالا کر کے اورج کمال پر پہنچا دیا۔ گلستاں اور بوستاں کی بنیاد قرآن، حدیث، تربیت، اخلاقیات، تجربات، دور رس اور دانشوری پر رکھی ہوئی ہے۔ ان دو کتابوں کی حکایات میں کچھ ایسا سبق پوشیدہ ہے کہ جس کو پڑھنے کے بعد آدمی اپنے علم و عمل سے انسانیت کے اعلیٰ مقام پر پہنچ سکتا ہے اس لئے ان کا مطالعہ بنی نوع انسان کے لئے نہایت فائدہ مند ہے۔

اردو ادب کے ممتاز ادیب و شاعر ڈاکٹر توفیق انصاری احمد نے حضرت شیخ سعدی شیرازی کی سدا بہار فارسی تصانیف گلستاں و بوستاں کی افادیت کو پیش نظر رکھتے ہوئے ان دونوں کتابوں کی منتخب حکایات کے نثری و منظوم ترجمہ کا کام کئی برس پہلے شروع کیا تھا جس کی اشاعت و رسم اجرائی کا اہتمام زیر ترتیب ہے۔ ویسے تو گلستاں و بوستاں کے تراجم دُنیا کی تقریباً تمام بڑی زبانوں میں ہو چکے ہیں لیکن صرف انگریزی و عربی میں نثر کا ترجمہ نثر اور نظم کا ترجمہ نظم میں کیا گیا ہے۔ اردو زبان میں موثر اور مفید ترجمہ کی ایسی کوئی مثال نہیں ملتی۔ ”گل بو“ (گلستاں سے گل اور بوستاں سے بو) گلستاں اور بوستاں کی منتخب مثالی حکایتوں کا اور ڈاکٹر توفیق انصاری احمد کا زیر ترتیب اردو زبان کا وہ سب سے پہلا شاہکار مشترکہ و منفرد گلدستہ ہے جس میں فارسی نثر کا ترجمہ اردو نثر میں اور فارسی نظم کا ترجمہ اردو نظم میں کیا گیا ہے۔ ”گل بو کی حکایت“ کے عنوان سے ہم گلستاں و بوستاں کی حکایات کو عوامی استفادہ کی خاطر ”ایشیا نامہ کی الیکٹرانک اشاعتوں میں ثواب جاریہ کی نیت سے سلسلہ وار شائع کر رہے ہیں۔ (ادارہ)

کشمیر کے نام پر دے

راؤ کا مرن علی



بڑا سا چہرہ، بھاری بدن، بڑی موٹھیں اور پیٹ پر جھولتی داڑھی والے شخص کی سرخی مائل آنکھیں مجھ پر مرکوز تھیں!

یہ 1994 کی بات ہے، ایف ایس سی سے فراغت کا زمانہ تھا۔ امتحانوں اور میڈیکل کالج کے درمیان لگ بھگ دس مہینے کا وقفہ تھا۔ ہوش سنبھالنے کے بعد یہ پہلا عرصہ تھا جس میں ہر الٹا سیدھا کام کرنے کی آزادی تھی کیونکہ پڑھائی تھی نہیں۔ کشمیر کے جہاد کا ”دھندہ“ زوروں پر چل رہا تھا۔ دوستوں کا خیال تھا کشمیر میں جہاد کے ٹریننگ کیمپ میں لوگ دھڑا دھڑا کمانڈو ٹریننگ حاصل کر رہے ہیں تو اس بارے میں پتا کیا جائے اور اس سلسلے میں، میں کالعدم جہادی تنظیم کے لوکل چیف کے سامنے بیٹھا تھا۔ چیف نے بھری ہوئی آواز میں کشمیر کے جہاد کے فضائل گوانے شروع کئے۔ چیف کے پاس کشمیر کے نام پر بیچنے کے لئے تین آنٹم تھے

۱- کشمیر میں ریپ ہوئی عورتوں اور کسٹمز لڑکیوں کی لاشوں کی تصاویر جو کہ بے حد دردناک تھیں اور بچوں اور بوڑھوں پر رونگٹے کھڑے کر دینے والے مظالم کا پمفلٹ

۲- قرآنی آیات کا مجموعہ جس میں مسلمانوں کے اوپر ہوتے مظالم کو دیکھ کر چپ چاپ رہنے والے مسلمانوں سے سخت حساب، عذاب اور سزاؤں کا ذکر تھا۔

۳- کمانڈو ٹریننگ؛ جسے کرنے کے بعد ایک عام نوجوان بھی ٹائیگر شروف کی طرح ہوا میں قلابازیاں کھاتا ہوا دشمن پر فائر کھولے گا اور اسکے پاؤں زمین پر لگنے تک پندرہ بیس لاشیں پھڑک رہی ہوں گی۔

سدا کا جذباتی اور گرم مزاج راقم ان دنوں

پانچ وقت کا نمازی اور (کبھی کبھی) تہجد گزار بھی تھا اور کمانڈو بننے کا بھی شوقین تھا تو چیف صاحب اپنے تینوں کے تینوں آنٹم مجھے بیچنے میں کامیاب ہو گئے۔ وہ تو شکر ہے میرے مضبوط والد صاحب کا جنہوں نے ناصر نے میرے دماغ کے کیڑے نکال دیئے بلکہ چیف صاحب تک بھی سخت پیغام پہنچ گیا کہ آئندہ مجھ سے نال ملا جائے ورنہ انکا ”دھندہ“ چوہٹ ہو جائے گا۔ اس وقت میرے علم میں آیا کہ چیف صاحب کو ایک ”ریکروٹ ٹریننگ کیمپ“ میں بھیجنے کا پانچ لاکھ روپیہ ملتا تھا (1994 میں اتنے کا ڈیفنس میں پلاٹ آتا تھا) جبکہ ہائی کمان کو اس سے بھی کہیں زیادہ۔ بہت سے لوگ مجھ جیسے خوش نصیب نہیں تھے اور اس ٹریننگ میں آگئے جن میں سے دوست بل ذکر ہیں؛ ایک میرا کلاس فیلو ثناء اللہ عرف ثانی جو کہ کشمیر میں شہید ہو گیا اور دوسرا مجھ سے دو سال

جو نیر عمران! عمران کمانڈو ٹریننگ لیکروا پلس

آ گیا اور go+enter to learn forth to serve کے مصداق، واپس آ کر جائیدادوں قبضے کرنے اور بینک لوٹنے شروع کر دیئے۔ غلہ منڈی میں ایک زری بینک لوٹنے کے دوران ایک گاڑی کو قتل کر دیا اور اٹھارہ سالہ ”کمانڈو“ سب کے سامنے اپنی ہنڈا 125 پر فرار ہو گیا۔ ظاہر ہے ایسے ایکشن محض فلموں میں چلتے ہیں۔ فوراً پکڑا گیا اور سزائے موت ہوئی۔ آخری اطلاعات تک اسکی فیملی سزا کو عمر قید میں تبدیل کرنے کی کوشش کر رہی تھی۔ معلوم نہیں زندہ ہے یا جھول گیا!

یہ ہے کشمیر کی منڈی کے نام پر دھندہ اور دھندہ کرنے والے؛ ”دشمن کے بچوں کو پڑھانے“ والوں کو نظر نہ آیا کہ اپنے بچوں کو کیا پڑھایا جا رہا ہے یا پھر پانچ لاکھ سے اوپر شیر بورویوں میں بھر کر کہیں اور جا رہا تھا۔

لیکن کیا یہ سودا ختم ہو گیا ہے یا ابھی تک چل رہا ہے؟ اسکے دوکاندار اور فائدہ اٹھانے والے (beneficiary) کون کون ہیں؟

کیا وجہ ہے کہ جلے جلوس نکالنے اور چندہ اکٹھا کرنے وہ لوگ آگے آجاتے ہیں جنہوں نے کبھی کشمیر دیکھا تک نہیں اور محض انکے دادا پر دادا کشمیر سے تھے؟ کیا وجہ ہے کہ پورا سال وہ نظر نہیں آتے اور جب پانچ اگست جیسے واقعات ہوتے ہیں تو انکی سرخ آنکھیں اور زندگی آواز سننے کو ملتی ہے؟

کم از کم امریکہ کی حد تک آج تک کشمیری کمیونٹی کتنی لا بنگ کر چکی ہے؟ کوئی قابل ذکر قرارداد تو ام متحدہ یا امریکی کانگریس میں پیش کی گئی؟ میری رائے میں کشمیر کے نام پر چندہ دینا بند کر دیں۔ کوئی احتجاج یا مارچ ہو تو دس روپے کے پوسٹر پر مار کر سے لکھ کر احتجاج میں شامل ہوں۔ امریکہ جیسے ملک میں کوئی چندہ مانگے تو اس لیڈر سے کہیں کہ کسی کانگریس

میں یا سینیٹر کو لا بنگ کے لئے بلائے اور چیک اس کانگریس میں یا سینیٹر کے نام پر کانٹیں! کشمیر کو مخلص کارکنان کی ضرورت ہے۔ امریکی کانگریس کی رکن پریلا جیپال نے HR 745 کے نام سے کانگریس میں بل جمع کروا رکھا ہے؛ کمیونٹی اور پاک پیک کی کوششوں سے 58 مزید کانگریس مین اس بل کی حمایت کر رہے ہیں۔ مزید تعلقات بنانے کی ضرورت ہے۔ بات سڑکوں سے اٹھ کر کانگریس تک آگئی ہے، حوصلہ ٹوٹنا نہیں چاہیے۔ مزید برآں کشمیر ڈے پریچسٹی کی بجائے اس دن کام کی تنخواہ یا منافع کشمیر فنڈ میں ڈالا جائے جس کے پیٹرن اچھی شہرت رکھنے والے پاکستانی ہوں تاکہ گھپلا نہ ہو سکے۔ کشمیر ڈے اور کشمیر کے نام پر دے؛ دونوں میں فرق ہونا چاہئے اور قوم کو یہ فرق جاننا چاہیے!

❖❖❖❖❖❖❖❖❖❖❖❖❖❖❖❖



ولی الدین

جھوٹے وعدے

کیا وہ توڑ کر لائیں گے آسمان سے تارے جو اسٹور سے جا کر گردسری لا نہیں سکتے سخت گرمی میں اتر گیا میک اپ ان کا رُخ پہ ہے پردہ منہ دکھا نہیں سکتے

اشتہارات

اس سے ہوتے حسین چمکیے لے بال اسی لئے تو پسند کیا ہے دوست و احباب نے ہمیں فخر ہے اس تیل کو بنایا ہے خود اپنے ہاتھوں سے گنجانے حکیم صاحب نے

کورونا وائرس: چین سے پھیلنے والے نئے وائرس کے بارے میں ہم کیا جانتے ہیں اور اس سے بچاؤ کے طریقے کیا ہیں؟

رہی ہے۔ اسی طرح کے اقدامات امریکہ نے بھی جمعے کو اپنے تین بڑے ہوائی اڈوں پر شروع کیے ہیں جن میں سان فرانسسکو، لاس اینجلس اور نیو یارک کے ایئرپورٹ شامل ہیں۔ ہانگ کانگ کی یونیورسٹی میں شعبہ پبلک ہیلتھ کے صدر گبریل لیونگ نے ایک پریس بریفنگ کے دوران اس وائرس سے بچنے کی احتیاطی تدابیر بتائی ہیں۔ اپنے ہاتھ بار بار دھوئیں اور اپنے ناک یا چہرے کو مت رگڑیں۔ احتیاط کریں اور باہر جاتے ہوئے ماسک پہن کر رکھیں۔ پرہجوم جگہوں پر جانے سے اجتناب کریں۔ اگر آپ نے چین کے شہر وہان کا سفر کیا ہے تو اپنا طبی معائنہ ضرور کرائیں۔ اپنے ڈاکٹر سے ہرگز یہ بات مت چھپائیں کہ آپ

شہر وہان آنے کے شہر وہان پر پابندی ہے۔ میں فروری میں چین جا رہا ہوں؟ مجھے کیا احتیاط کرنی چاہیے؟ چینی حکام اور عالمی ادارہ صحت کی جانب اس وقت سے صرف چین کے شہر وہان آنے پر پابندی ہے۔ تاحال چین کے کسی اور شہر کے بارے میں کوئی ایسی وارننگ جاری نہیں کی گئی۔ تاہم آپ کو سفر کرنے سے پہلے متعلقہ ملک کے سفارت خانے کی طرف سے جاری کی جانے والی تازہ ترین ٹریول ایڈوائزی ضرور دیکھ لیجیے گا۔ جن لوگوں نے گذشتہ سال کے اواخر میں چین کا سفر کیا ہو، کیا انہیں کوئی خطرہ ہے؟ انسانوں میں اس وائرس کے پہلے کیسز چین کے شہر وہان میں دسمبر کے مہینے میں سامنے آئے اور خیال کیا جا رہا ہے کہ اس سے قبل اس وائرس کی انسانوں میں موجودگی



وائرس کی بہت سی اقسام ہیں لیکن ان میں سے چھ اور اس حالیہ وائرس کو ملا کر سات ایسی قسمیں ہیں جو انسانوں کو متاثر کرتی ہیں۔ ان کی وجہ سے بخار ہوتا ہے، سانس کی نالی میں شدید مسئلہ ہوتا ہے۔ اس نئے وائرس کے جنیاتی کوڈ سے یہ معلوم ہوا ہے کہ یہ رسپائرٹری سنڈروم

چین میں حکام نے اپنے شہریوں کو اس شہر آنے جانے سے منع کر دیا ہے جہاں سے آنے والے ایک مہلک نئے وائرس سے اب تک نو افراد ہلاک ہو چکے ہیں۔ ایک کروڑ دس لاکھ آبادی والے شہر وہان کے رہائشیوں کو بھی متنبہ کیا گیا ہے کہ وہ غیر ضروری طور پر گھر سے نکلنے اور عوامی مقامات پر اکٹھا ہونے سے گریز کریں۔ دنیا میں تاحال اس وائرس کے 440 کے قریب کیس سامنے آئے ہیں اور خدشہ ہے کہ یہ وائرس یہاں سے دیگر چین اور آگے امریکہ، جاپان، تھائی لینڈ اور جنوبی کوریا تک بھی پھیل چکا ہے اور پاکستان میں بھی حکام نے کورونا وائرس کے حوالے سے تنبیہ جاری کی ہے۔ اس وائرس کے بارے میں ہم کیا جانتے ہیں، کیا یہ کوئی نئی بیماری ہے اور اس سے بچاؤ کے لیے کیا احتیاطی تدابیر اختیار کرنی چاہئیں؟ ہم نے ماہرین سے ان ہی سوالوں کے جواب لیے ہیں۔ چین میں سانس کی بیماری کا باعث بننے والا نیا وائرس۔ اس وائرس کے بارے میں ہم کیا جانتے ہیں؟ عالمی ادارہ صحت کے حکام اس نتیجے پر پہنچے ہیں کہ یہ کورونا وائرس ہے۔ سنہ 2002 میں چین میں کورونا وائرس کی وجہ سے 774 افراد ہلاک ہوئے اور مجموعی طور پر اس سے 8098 افراد متاثر ہوئے تھے۔ کورونا



نے وہان کا سفر کیا ہے۔ کیا اس بیماری کے لیے کوئی ویکسین موجود ہے؟ چونکہ یہ اس وائرس کی ایک ایسی نئی قسم ہے جو انسانوں میں پہلے کبھی نہیں پائی گئی، اس لیے اب تک کوئی ایسی ویکسین سامنے نہیں آئی جو اس وائرس کے خلاف کارآمد ثابت ہو۔ تاہم محققین ویکسین تشکیل دینے کے لیے دن رات ایک کر رہے ہیں۔ عالمی ادارہ صحت کی جانب اس وقت چین

(سارس) سے ملتا جلتا ہے۔ اس سے متاثر ہونے والے افراد میں وہان سے تعلق رکھنے والے میں کم از کم 15 طبی کارکن بھی شامل ہیں جن میں سے ایک کی حالت تشویشناک ہے۔ جنوبی کوریا نے بھی پیر کے روز اپنے پہلے کیس کی تصدیق کی ہے جبکہ تھائی لینڈ میں دو اور جاپان میں بھی ایک کیس سامنے آیا

ہے۔ متاثرہ افراد حال ہی میں وہان سے واپس آئے تھے۔ اگر آپ نے اس ماہ میں چین کا سفر کیا ہے تو ماہرین کا کہنا ہے کہ آپ کو اپنے ڈاکٹر سے ہرگز یہ بات نہیں چھپانی چاہیے۔ احتیاطی تدابیر:

سنگاپور اور ہانگ کانگ سے سفر کرنے والوں کی دنیا بھر کے ہوائی اڈوں پر سکریننگ کی جا

خربوڑہ کے حیران کن فوائد



جیسی نعمت ہمارے لئے کیسے اور کس حد تک مفید ہوتی ہے۔ سن سٹروک سے بچاؤ: خربوڑہ وہ پھل ہے جو گرمیوں کے موسم میں سن سٹروک سے جیسی نعمت ہمارے لئے کیسے اور کس حد تک مفید ہوتی ہے۔ سن سٹروک سے بچاؤ: خربوڑہ وہ پھل ہے جو گرمیوں کے موسم میں سن سٹروک سے

یہ چیز بعد ازاں ہارٹ اٹیک کے امکانات بڑھا دیتی ہے۔ خربوڑہ جسم میں خون کی گردش کو معمول پر رکھتا ہے، جس سے ہارٹ اٹیک کے امکانات بہت کم ہو جاتے ہیں۔

گر دے کے امراض میں مفید: خربوڑہ کا استعمال گردوں کو صاف اور ان میں جمی ہوئی کثافتوں کو بھی دور کر دیتا ہے۔ طبی لحاظ سے اس میں پیشاب زیادہ لانے کی صلاحیت ہوتی ہے، اس لیے گردوں کے مریضوں کے لیے بہت مفید ثابت ہوتا ہے۔

یورک ایسڈ سے بچاؤ: اگر خربوڑہ کو لیموں کے ساتھ ملا کر استعمال کیا جائے تو یہ یورک ایسڈ جیسی تکلیف میں بھی آرام پہنچاتا ہے۔

جسم میں ویکٹیس کے لئے: کمزوری میں خربوڑہ کھانے سے وزن بڑھتا ہے اور آپ خود کو تازہ دم بھی محسوس کرتے ہیں۔ اس میں موجود وٹامن ڈی صحت کے لیے مفید ہے۔ جسم کے پٹھوں اور رگوں کو توانائی دیتا ہے۔ گرمی کی شدت سے بچاتا ہے۔ اس کے کھانے سے دل کو فرحت ہوتی ہے۔

قارئین یہ تو تھے خربوڑے کے کچھ فوائد۔ مگر اس کو کھانے میں احتیاط بہت ضروری ہے۔

مطلب خربوڑہ کھانے کے بعد کبھی بھی پانی نہ پیئیں۔ کیونکہ خربوڑہ کھانے کے بعد پانی پینے سے ہیضہ ہونے کا خطرہ بڑھ جاتا ہے۔ خربوڑہ ہمیشہ دوپہر کے وقت کھانے کو ترجیح دیں۔ کبھی بھی خربوڑہ رات کو مت کھائیں اور اس صورت میں تو کبھی بھی نہ کھائیں جب آپ نے رات کا کھانا کھایا ہو۔

جلد کی صحت کو برقرار رکھنے اور اس میں بہتری کے لیے خربوڑہ نہایت عمدہ غذا ہے۔ خربوڑہ میں شامل پروٹینز جلد کو نہ صرف خوبصورت و ملائم بناتے ہیں بلکہ جلدی بیماریوں سے حفاظت بھی کرتے ہیں۔ خربوڑے میں موجود پانی کی وجہ سے جلد میں قدرتی چمک بھی پیدا ہوتی ہے۔

جلد کے لئے مفید: جلد کی صحت کو برقرار رکھنے اور اس میں بہتری کے لیے خربوڑہ نہایت عمدہ غذا ہے۔ خربوڑہ میں شامل پروٹینز جلد کو نہ صرف خوبصورت و ملائم بناتے ہیں بلکہ جلدی بیماریوں سے حفاظت بھی کرتے ہیں۔ خربوڑے میں موجود پانی کی وجہ سے جلد میں قدرتی چمک بھی پیدا ہوتی ہے۔

تیزابیت کا خاتمہ: خربوڑہ میں پانی کی مقدار بہت زیادہ ہوتی ہے، جو نظام انہضام کے لیے نہایت نفع بخش ہے۔ اس میں شامل منرلز معدے کی تیزابیت کے خاتمہ میں معاون ثابت ہوتے ہیں۔

امراض قلب سے بچاؤ: خربوڑہ میں شامل ایک خاص جزو اوڈینوسائٹ خون کے خلیوں کو جسے نہیں دیتا اور اگر ایسا نہ ہوتا

آپ کی حفاظت کرتا ہے۔ گرمی کی شدت کے باعث سن سٹروک ہونے کا خدشہ بہت زیادہ ہوتا ہے جس سے بچاؤ کے لئے خربوڑہ بہت

خوبصورتی کو لبھا لیتی ہے۔ موسم گرما کی آمد کے ساتھ ہی خربوڑے کی فصل بھی تیار ہو جاتی ہے اور جیسے ہی گرمی کی شدت میں اضافہ ہوتا ہے ویسے ہی اس کی مٹھاس میں مزید اضافہ ہو جاتا ہے۔ خربوڑہ وہ پھل ہے جو جسم میں پانی کی کمی کو پورا کرتا ہے۔ لو اور گرمی کی شدت سے بچاتا ہے۔ موسم گرما کا لذیذ اور فرحت بخش پھل خربوڑہ۔ یہ نہ صرف انسانی جسم کی نشوونما کے لیے ضروری ہے بلکہ یہ مختلف بیماریوں سے حفاظت میں بھی اہم کردار ادا کرتا ہے۔ یہ پھل 95 فیصد تک مختلف وٹامنز اور منرلز کا مجموعہ ہے۔ خربوڑے میں قدرتی طور پر وٹامن اے، بی، سی کے علاوہ فاسفورس اور کیلشیم جیسے پروٹین بھی شامل ہوتے ہیں۔ خربوڑے میں کافی غذائی اجزاء پائے جاتے ہیں۔ گرمی میں خربوڑہ ضرور کھائیں تاکہ جسم کو بھرپور توانائی حاصل ہو سکے۔ خربوڑے کے چھلکے بھی حد درجہ مفید ہیں۔ اس کے بیج بھی بے حد مفید ہیں۔ طاقت کے لئے چاروں مغز میں خربوڑے کے بیج بھی شامل کئے جاتے ہیں۔ تو آئیے ہم آپ کو خربوڑے کے چند ایسے اہم فوائد کے بارے میں بتاتے ہیں جن کا شائد بہت سے لوگوں کو اندازہ بھی نہیں ہوگا۔ خربوڑہ ہمیشہ دوپہر میں کھائیں ایسا کرنے سے اس کی افادیت اور بھی بڑھ جاتی ہے۔ آئیں یہاں دیکھتے ہیں خربوڑہ

اہم کردار ادا کرتا ہے۔ سینے کی جلن اور معدے کے السر میں مفید: 90 فیصد پانی پر مشتمل یہ پھل سینے کی جلن میں بھی اسی کی حیثیت رکھتا ہے۔ معدے کے السر والے لوگ خاص طور پر گرمیوں میں اس پھل کا استعمال کریں۔ اس سے ان کے معدے کے زخم کو ٹھنڈک پہنچے گی۔

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سلمان خان کی دہنگ

سلمان خان اپنی دہنگ 3 ریلیز کے بعد اب اپنے آئندہ فلم رادھے کی شوٹنگ میں مصروف ہو



فین ان کے آگے چلتے ہوئے ان کے ساتھ سیلفی لینے کی کوشش کرتا ہوا نظر آیا۔ لیکن لگتا ہے کہ اس فین نے نہ تو بھائی جان سے اجازت لی اور نہ ہی انہیں بتایا۔ سلمان خان کے ٹھیک آگے چلتے ہوئے اس فین کی حرکت سے وہ اتنا چڑھ گئے کہ انہوں نے غصے میں ادس کا فون ہی چھین لیا۔ واضح رہے کہ فلم رادھے کا اگلا شیڈول گوا میں شوٹ ہونے جا رہا ہے۔ اس فلم میں سلمان خان ایک مرتبہ پھر اپنی سپر ہیٹ فلم ونڈیڈ والے اوتار میں نظر آئیں گے۔ اس فلم کی ہدایتکاری بھی پر بھو دیوا کرنے جا رہے ہیں۔ گوا میں سلمان خان اور فلم ولن کی رندیپ ہڈا کے درمیان چیز سیکوینس فلما یا جانا ہے۔ یہ سیکوینس فلم میں کافی اہم ہونے والے ہیں۔

23 سال کی عمر میں پورن اسٹار بنی، بتایا کیسا تھا ماں باپ کا رد عمل

بتایا جا رہا ہے کہ مکلیا کو اسٹیون اسپیلبرگ اور ان کی اہلیہ اور اداکارہ کیٹ کپشانی نے گود لیا ہے۔

تھے۔ مکلیا نے جب پورن فلم انڈسٹری میں جانے کی بات اپنے ماں باپ



مکلیا امریکہ میں ٹینیسی کے نیشول میں رہتی ہیں۔ بات جب پورن انڈسٹری کی آتی ہے تو یہ اندازہ لگانا مشکل نہیں ہے کہ اس سے وابستہ لوگوں کی زندگی کس قدر مشکل ہوتی ہے، کئی مرتبہ تو خود پورن اسٹار سامنے آ کر اپنی زندگی سے وابستہ کئی دردناک انکشاف کر چکے ہیں۔ ایسے میں ہالی ووڈ فلم انڈسٹری کے مشہور فلم میکراسٹیون اسپیلبرگ کی 23 سال کی بیٹی مکلیا نے حال ہی میں اپنے ایک بڑے فیصلے سے سبھی کو چونکا دیا ہے۔ ان کی بیٹی پورن فلم انڈسٹری میں قدم رکھ چکی ہے۔ یعنی مکلیا پورن اسٹار بن چکی ہیں۔ مکلیا نے بتایا کہ اس فیصلے کے بارے میں سن کر

سے شیکری تو انہوں نے اس فیصلے کی حمایت کی۔ علاوہ ازیں انہوں نے سوشل میڈیا اکاؤنٹ کے ذریعہ اپنے فالوورس کو بھی اپنے اس فیصلے کے بارے میں بتایا تھا۔ ان کا کہنا تھا کہ وہ اقتصادی طور پر آزاد ہونے کیلئے کیریئر پر توجہ دینا چاہتی ہیں۔ سوشل میڈیا اکاؤنٹ کے ذریعہ اپنے فالوورس کو بھی اپنے اس فیصلے کے بارے میں بتایا تھا۔ سوشل میڈیا اکاؤنٹ کے ذریعہ اپنے فالوورس کو بھی اپنے اس فیصلے کے بارے میں بتایا تھا۔

عدنان سامی کو پدم شری ملنے پر بھڑک گئیں سورا بھاسکر، کہا۔ ہم پر لاٹھی چلاؤ، چیل مارو اور...

پڑھتی تھیں، اس سے زیادہ تو یہ حکومت پاکستان کا نام چبیتی رہتی ہے۔ عدنان سامی کو اس سال پدم شری اعزاز دینے کا اعلان کیا گیا ہے۔ عدنان سامی کو اس سال پدم شری اعزاز دینے کا اعلان کیا گیا ہے۔ ہالی ووڈ اداکارہ نے راشنریہ سیوم سیوک سنگھ (آر ایس ایس) کا نام لئے بغیر کہا، ناگپور میں بیٹھ کر یہ لوگ نفرت کا نشہ، نفرت کی سیاست اور نفرت کی تجارت کر رہے ہیں۔ سورا بھاسکر نے کہا، 1947 میں ملک کی تقسیم کے بعد پاکستان نے ایک مذہبی ملک بنایا تھا، لیکن ہم اس بات پر قائم رہے کہ ہندوستان ایک جمہوری ملک بنے گا اور ہمارے ملک میں شہریت اور مذہب کا کوئی لینا دینا نہیں ہوگا۔ انہوں نے کہا، پاکستان کے بانی محمد علی جناح کو گزرے کو عرصہ ہو گیا، لیکن کون ہیں یہ جناح کے عاشق، جو ملک کو مذہب کے نام پر دوبارہ تقسیم کرنا چاہتے ہیں؟

یہ بات کہی جا رہی ہے کہ ملک میں درانداز گھس گئے ہیں، لیکن یہ درانداز ہمیں نظر کیوں نہیں آ رہے ہیں۔ سورا بھاسکر نے کہا، پریشانی یہ ہے



کہ درانداز حکومت کے دماغ میں گھس گئے ہیں، کیونکہ حکومت کو پاکستان سے یکطرفہ پیار ہو گیا ہے۔ انہیں ہر جگہ پاکستانی دکھائی پڑ رہے ہیں۔ میری نانی جتنی بار ہنومان چالیسا نہیں

ہمیں ٹکڑے ٹکڑے گروہ کارکن اور اینٹی نیشنل اور پتہ نہیں کیا کیا بتاتے رہتے ہیں۔ ہالی ووڈ اداکارہ سورا بھاسکر نے سی اے اے کی مخالفت



میں ہزاروں لوگوں کی موجودگی میں الزام لگایا کہ یہ قانون بنا کر آئین کے ساتھ بڑی غداری کی گئی ہے۔ انہوں نے کہا، سی اے اے اور قومی شہری رجسٹر (این آر سی) کے بارے میں

پاکستانی نژاد کے ہندوستانی گلوکار عدنان سامی کو پدم شری اعزاز دینے جانے کے اعلان کو لے کر ہالی ووڈ اداکارہ سورا بھاسکر نے اتوار کو نشانہ سادھا۔ سورا بھاسکر نے شہریت ترمیمی قانون کی مخالفت میں اندور میں منعقدہ ایک ریلی میں شرکت کی۔ یہاں انہوں نے کہا، اس ملک میں پناہ گزینوں کو شہریت دینے اور دراندازوں کو پکڑنے کا قانونی عمل پہلے سے وجود میں ہے۔ آپ نے (حکومت) اسی عمل کے تحت عدنان سامی کو ہندوستانی شہریت دے دی اور اب انہیں پدم شری کے لئے بھی منتخب کیا۔ سورا بھاسکر نے شہر کی ایک سماجی تنظیم کی طرف سے منعقدہ آئین بچاؤ، ملک بچاؤ، ریلی میں کہا، آپ ہمیں (سی اے اے) مخالف احتجاج کرنے والا) گالیاں دو، ہم پر لاٹھیاں چلاؤ، ہمیں چیل مارو، ہم پر آنسو گیس کے گولے چھوڑو اور ایک پاکستان کو پدم شری دے دو۔ یہ لوگ

آہ۔ محمد حبیب الدین مرحوم خدا بخشے بہت سی خوبیاں تھیں مرنے والے میں واجد ندیم

بیچ وقت نمازوں کے اوقات معلوم کرنے اور سہولت کی خاطر نظام الاوقات نماز ہر جگہ شائع ہوتے ہیں کیونکہ موسم کے ساتھ ساتھ اوقات نماز میں بھی تبدیلی آجاتی ہے یہاں شکاگو اور امریکہ کے دوسرے شہروں میں بھی یہ تقسیم کئے جاتے ہیں جس میں جماعت کی نماز کا وقت بتایا جاتا ہے مصلیوں کے لئے یہ جاننا ضروری ہوتا ہے ورنہ جماعت کی نماز سے محرومی کا اندیشہ رہتا ہے۔ یہ نظام الاوقات انگریزی زبان میں شائع کئی جاتے۔ اس میں یہ بھی دکھایا جاتا ہے کہ کون سی نماز کا وقت کب شروع ہو رہا ہے اور کب ختم ہوتا ہے۔ اس بات کے پیش نظر کہ کچھ ایسے بھی لوگ ہیں جو انگریزی نہیں پڑھ سکتے ان کے لئے اردو میں نظام الاوقات شائع کرنے کا خیال محمد حبیب الدین مرحوم کے ذہن میں آیا اور انہوں نے اس کا سلسلہ شروع کیا اور یہ گذشتہ کئی سالوں سے کرتے آرہے تھے۔ حبیب الدین اس کی کاپیاں مساجد اور سنٹرس کے علاوہ دکانوں پر بھی رکھتے تھے۔ ان کا معمول تھا کہ جمعہ کی نماز جامعہ مسجد دیوان پر ادا کرتے اور نظام الاوقات کی کاپیاں خود تقسیم کرتے۔ اس کے علاوہ بذریعہ پوسٹ مختلف لوگوں کو شکاگو کے علاوہ امریکہ کے دوسرے شہروں اور بیرون ملک ہندوستان، پاکستان اور کینیڈا بھی بھیجا کرتے تھے اور یہ ساری تقسیم مفت ہوتی تھی۔ یہاں یہ بات ذرا عجیب لگتی ہے شکاگو کے علاوہ امریکہ کے دوسرے شہروں اور بیرون ملک یہ نظام الاوقات کسی کام کا نہیں ہوتا ایسا کرنے کی وجہ یہ ہے نظام الاوقات کے حاشیہ میں ان کے نگارشات ہوا کرتے تھے جسے عام طور پر لوگ پسند کرتے اور ہر ماہ اس کے انتظار میں رہتے تھے۔ لیکن حبیب الدین صاحب کے انتقال کی وجہ سے اس کا سلسلہ رک گیا اور جن کو ان کے انتقال کی اطلاع نہیں ملی وہ لوگ ان کے گھرفون کر کے نظام الاوقات کی عدم دستیابی کی اطلاع دے رہے ہیں۔ حبیب الدین مرحوم ایک ہرلعزیز شخصیت کے مالک تھے ان کے جاننے والے بے شمار ہیں وہ بہت ہی ملنسار و مودت انگیز انسان اور ایک بہترین نثر نگار تھے۔ ان کے اصلاحی مضامین قوم اور ملت کے لئے بہترین تحریریں ہوا کرتی تھیں اور ان کا کمال دریا کو کوزے میں بند کرنے کے مترادف تھا۔ کیونکہ یہ تحریریں بہت ہی مختصر اور مفید ہوا کرتی تھیں۔ ان کے مضامین کا اندام دینی مذہبی اور ادبی رنگ لئے ہوئے بہت ہی منفرد اور چھوٹا ہوا کرتا تھا جو بہت کم دیکھنے میں آتا ہے۔ یہ مضامین حبیب الدین اصلاح معاشرہ کے لئے لکھتے تھے اور وہ بہت ہی با مقصد ہوا کرتے تھے۔ عام طور سے چاہے وہ مشرقی ممالک ہوں یا مغربی ممالک عوام میں عموماً اور نوجوانوں میں خصوصاً دین سے بیزاری کا جذبہ دیکھنے میں آتا ہے جس پر ایک عام آدمی کی نظر نہیں جاتی وہیں حبیب صاحب کی گہری نظر ہوا کرتی تھی۔ ان کے مضامین پڑھیں تو پتہ چلتا ہے کہ انہوں نے کس طرح دکھتی رگوں پر ہاتھ رکھا ہے اور پھر اس کمزوری کو دور کرنے کا صحیح نسخہ تجویز کیا ہے۔ جس طرح مضامین مختصر ہوتے اسی طرح ان کے عنوانات بھی مختصر یعنی یک لفظی، دو لفظی ہوتے۔ جیسے ”ذراتو، عزت، بعض مرتبہ نادان کون کے باوجود۔ وغیرہ وغیرہ۔ زبان نہایت سادہ و سلیس، لہجہ سبک و شیریں اور طرز نگارش یا اسلوب جامعیت ندرت اور انفرادیت کا حامل۔ مثال کے طور پر ایک مضمون ”بعض مرتبہ“ ہے جس کے تحت انہوں نے ۳ مرتبہ وہ بات کہی ہے کہ ”بعض مرتبہ“ کیا کیا ہوتا اور کیا کیا نہیں ہوتا جو عصر حاضر کی تلخ و شریں باتوں پر مشتمل ہے۔ ان کا مطالعہ نہایت وسیع تھا۔ قرآن اور احادیث سے بھی بھرپور استفادہ کیا ہے جس سے یہ بات ثابت

ہوتی ہے کہ انہیں دینی علوم پر بھی دسترس حاصل تھی جس سے ان کی دینی اور مذہبی رجحان کا بھی پتہ چلتا ہے اور یہ زائد خشک بھی نہیں تھے کیونکہ اپنے مضامین میں جگہ جگہ موزوں اور چندانہ اور بر محل اشعار شامل کئے ہیں جس سے ان کے ادبی ذوق کا پتہ چلتا ہے۔ موصوف کا حافہ بھی غضب کا تھا جہاں قرآن اور حدیث کے حوالے ازبر تھے وہیں ہزاروں اشعار ان کی نوک زبان پر تھے۔ طبیعت میں شوخی اور اپنی گفتگو سے سامعین کا دل موہ لینے کے فن سے بھی واقف تھے۔ چیدہ چیدہ اشعار کے ساتھ نعتیں بھی زبانی یاد تھیں اور اللہ تعالیٰ نے عمدہ آوام اور خوش الحانی سے نعتیں پڑھنے کا ملکہ بھی عطا فرمایا تھا۔ چنانچہ شکاگو میں ہونے والی اکثر مجالس اور محافل میں اپنی سریلی آواز میں نعتیں سنانے کی سعادت بھی انہیں ملی۔ طبیعت میں سادگی، غرور و تکبر سے پاک، لوگوں سے خندہ پیشانی سے ملنا ان کا وطیرہ رہا۔ بقول کسی شاعر کے:

جھک کے ملنا بڑی کرامت ہے
اس سے دنیا مرید ہوتی ہے
حبیب الدین مرحوم عثمانیہ یونیورسٹی حیدرآباد کے ایک ہونہار طالب علم تھے یہاں سے انہوں نے ایم۔ اے کی سند حاصل کی ان کا گھرانہ علمی اور ادبی تھا۔ موصوف کی بڑی بہن ڈاکٹر قمر النساء بیگم عربی کی پروفیسر اور صدر شعبہ عربی عثمانیہ یونیورسٹی رہ چکی ہیں اور ایک بہن مدرسہ منہاج اللہ کی پرنسپل رہ چکی ہیں۔ ان کے علاوہ دو بہنیں اور ہیں۔ ماشاء اللہ وہ بھی زیور تعلیم سے آراستہ ہیں۔ ان کے تین بھائی ہیں جن میں سے ایک محمد رفیع الدین اللہ کو پیارے ہو گئے۔ دوسرے دو محمد سعید الدین کمپیوٹر پروگرام اور انجینئر دوسرے محمد حمید الدین کمپیوٹر انجینئر ہیں۔ ان کی زوجہ محترمہ رحمت النساء بیگم نے عثمانیہ یونیورسٹی سے عربی میں ایم۔ اے کیا ہے اور آج کل یہاں سٹی آف شکاگو کے لئے کام کرتی ہیں۔ ان

کے تین لڑکے اور دو لڑکیاں ہیں اور ہر ایک فنی تعلیم سے بہرہ ور ہے۔

محمد حبیب الدین 1982 میں شکاگو آئے اور مختلف محکموں میں کار گزار رہے اور آخر میں میونسپل سٹی انوسٹی گیٹر کی حیثیت سے وظیفہ پر علیحدہ ہوئے اور پڑھنے پڑھانے اور اپنے ادبی ذوق کی تکمیل کے لئے نماز کے نظام الاوقات کی اشاعت (جس میں ان کی تحریریں ہوتیں) میں اپنا وقت صرف کیا کرتے تھے۔ دوست احباب کے اصرار پر اپنی تحریروں کو کتابی شکل میں شائع کیا۔ چنانچہ گوہر آبدار کے نام سے آٹھ مجموعے شائع کیا جنہیں لوگوں نے بڑے ذوق و شوق سے پڑھا، سراہا اور ہاتھوں ہاتھ لیا ان کے آخری دو تین مجموعوں میں ان کی بہن کا مضمون اور مشہور و معروف طنز و مزاح نگار جناب مجتبیٰ حسین حافظ محمد عبدالرزاق صدیقی، مشہور و معروف مزاحیہ شاعر جناب خوشخواہ اور واجد ندیم کے مضامین شامل ہیں۔ اس کے علاوہ حبیب الدین صاحب کا ایک اور کارنامہ قصیدہ بردہ شریف کی مجالس کا انعقاد ہے۔ یہ بھی ان کے آقائے نام دار محمد مصطفیٰ صلی اللہ علیہ وسلم سے محبت و عقیدت کی دلیل ہے۔ یہ قصیدہ حبیب صاحب خود اپنی مترنم آوام میں اور ایک مخصوص لحن میں پڑھتے تھے۔ لوگ ان مجالس میں بڑی ہی عقیدت سے شرکت کرتے، حبیب صاحب نے ان محفلوں اور مجالس کے داغ نیل ڈالی۔ آج وہ ہم میں ہیں ہیں لیکن کئی جگہ ان مجالس کا انعقاد ہوتا ہے اور اس کا ثواب اب ان کی اعمال نامہ میں انشاء اللہ درج ہوگا۔ آمین

حبیب الدین صاحب کی شخصیت بڑی ہی انوکھی اور یکتا تھی ان کو اللہ تعالیٰ کی مشیت اور مرضی پر ایسا بھروسہ اور یقین کامل تھا جو بہت ہی کم لوگوں میں دیکھنے میں آیا ہے۔

♦♦♦♦

♦♦♦♦♦♦♦♦♦♦



محمد اسلم
غزل

باتوں باتوں میں یہ لذت کبھی ایسی تو نہ تھی
تم کو پانے کی یہ چاہت کبھی ایسی تو نہ تھی
جب بھی آتے ہو قریں جان پہ بن جاتی ہے
آج جو ہے میری حالت کبھی ایسی تو نہ تھی
کیسے جادو یہ چلا یاد نہیں ہے مجھ کو
اتنی دکھ تیری الفت کبھی ایسی تو نہ تھی
وہ بلا تے ہیں ہمیں اپنی سجا کے محفل
مجھ پہ یہ چشم عنایت کبھی ایسی تو نہ تھی
کشتی کشتی نہ رہی اور نہ وہ پتوار رہا
مجھ کو تنکے کی ضرورت کبھی ایسی تو نہ تھی
لوٹنا آپ کا شیوہ تو نہیں تھا اب تک
پڑ گئی کیسے یہ عادت کبھی ایسی تو نہ تھی
آئینہ دیکھ کے ہے آپ کو بے حد حیران
شوخی زلفوں کی شرارت کبھی ایسی تو نہ تھی
گر نہ جاؤ کہیں خود کو سنبھالو اسلم
چال اُن کی ہے قیامت کبھی ایسی تو نہ تھی



Ghazals Compiled by Janab HASAN CHISHTI Sb Chicago



صادق نقوی
غزل

میرے اطراف ہیں بکھرے ہوئے پتھر چہرے
کتنے معصوم سے لگتے ہیں سنگر چہرے
مفلسی تیرا کرم ہے کہ مری بستی میں
خشک پتوں کی طرح بکھرے ہیں درد چہرے
ڈھونڈتے ہو انہیں مٹی کے مکانوں میں کہاں
کانچ کے محلوں میں رہتے ہیں تو نگر چہرے
ایسے طوفان نہ اٹھاؤ کہ مری بستی میں
خشک جھیلوں میں بدل جائیں سمندر چہرے
شدت تشنہ دہانی میں تر و تازہ تھے
ایسے تاریخ میں ہیں صرف بہتر چہرے
ہم نے صادق کو یہی کہتے سنا ہے اکثر
اس کے اشعار کا مرکز ہیں سخور چہرے



خمار بارہ بکھوی
غزل

ایسا نہیں کہ ان سے محبت نہیں رہی
جذبات میں وہ پہلی سی شدت نہیں رہی
کمزوری نگاہ نے سنجیدہ کر دیا
جلووں سے چھیڑ چھاڑ کی عادت نہیں رہی
ہاتھوں سے انتقام لیا ارتعاش نے
دامان یار سے کوئی نسبت نہیں رہی
پیہم طواف کوچہ جانان کے دن گئے
بیروں میں چلنے پھرنے کی طاقت نہیں رہی
چہرے کو جھریوں نے بھیانک بنا دیا
آئینہ دیکھنے کی بھی ہمت نہیں رہی
اللہ جانے موت کہاں مر گئی خمار
اب مجھ کو زندگی کی ضرورت نہیں رہی



حمایت علی شاعر
غزل

سورج نے جاتے جاتے بڑی تمکنت کے ساتھ
ظلمت میں ڈوبتی ہوئی دنیا پہ کی نظر
کہنے لگا کہ کون ہے اب اس کا پاسباں
میرے سوا ہے کون زمانے کا راہبر
میں تھا تو اپنی راہ پہ تھی گامزن حیات
اب میں نہیں رہوں گا تو یہ ساری کائنات
ظلمات میں بھٹکتی پھرے گی تمام رات
سورج یہ کہہ کے جا ہی رہا تھا کہ اک دیا
چپکے سے جل اٹھا اور اسے دیکھنے لگا



نوشیہ سلطانیہ
تہائیاں

بھیڑ کی بھیڑ ہے بشر تنہا
زندگی کا ہے یہ سفر تنہا
داستاں ہے کہ حیاتِ غم
راکھ کا ڈھیر ہے نگر تنہا
روح ایماں صداقت یزداں
نور حق کی ہے اک نظر تنہا
ہے نگہتِ غم میں سلگتی اک شام
ہوری ہے ایک بسر تنہا
اب بدل دو روش گلستاں کی
رو کے کہتی رہی سحر تنہا
ہر طرف ہیں فضا میں آلودہ
فرد پیتا رہا زہر تنہا
بارشیں ٹوٹ کے برستی رہیں
دل کی بستی رہی مگر تنہا
پھول زخموں کے ہیں مہکتے ہوئے
دُرِ نایاب میں اک گہر تنہا



صوفیا انجم تانج
غزل

اب تو ہم ہو گئے ہیں سخت پریشاں جاناں
آ کہ ہم ساتھ ہی جھلیں غم جاناں جاناں
تم ذرا سا کہیں جاؤ ہو تو یہ لگتا ہے
اپنی ہی آنکھوں سے ہم ہو گئے پنہاں جاناں
غم تبسم سے دبانے کی بھی حد ہوتی ہے
اب تو چمکیں گے ستارے سرمزگاں جاناں
تم نہ ہو سارا جہاں ہے مرے غم سے واقف
ہم جہاں رہتے ہیں رہتے ہیں نمایاں جاناں
دل سے باتیں مری خلوت میں ہوا کرتی ہیں
مجھ کو مرغوب نہیں مجمع یاراں جاناں
خوش مزاجی سے میری لوگ ہوئے ہیں نزدیک
دور ہو جائیں اگر دیکھیں پریشاں جاناں
کبھی انجم سے سنو کشمکش درد کا حال
یہ محبت ہے محبت نہیں آساں جاناں



سوہن رائی
غزل

اے خدا! اب شہر کی کن بستیاں سے جاؤں میں
اتنے ہیں ظلم و ستم کیا کیا نظر میں لاؤں میں
میں بھٹک جاتا ہوں لحوں کی حسین تحریر سے
تو بتا اب تیرے در پر کس طرح سے آؤں میں
کتنے خوابوں کی وراثت میں ہوں الجھایا گیا
کس طرح سے ایک سچے خواب کو اب پاؤں میں
ایسا باندھا ہے تمہاری سوچ کی زنجیر نے
کھٹکھٹا ہٹ سے ہی جس کی گیت چنتا جاؤں میں
کیسے کردوں نفی میں ترے ہر اک احساس کی
اپنی سانسوں کے درپچوں میں تجھے ہی پاؤں میں
اپنی یادوں کی صلیبوں سے مری آواز سن
اور کب تک اپنے جسم و جان کو تڑپاؤں میں
میری تہذیب سخن روشن ہے اُس کے نور سے
ہر جگہ رائی وہ ہی تو جس ڈگر بھی جاؤں میں



مقبول حسن رضوی
غزل

مخلوں میں تھا کوئی، تو کوئی جھونپڑی میں تھا
مصروفِ امتحان، ہر اک زندگی میں تھا
جس نے طویل بات کی، اس کا بھرم گیا
اک تمکنت، وقار تھا، جو خامشی میں تھا
ہر ہر قدم پہ شادی و غم، ساتھ ساتھ تھے
پہلو بھی اک ملال کا شامل حوشی میں تھا
غارت گری تھی، ظلم و ستم تھا، ڈگر ڈگر
تاریکیوں کا دور، نئی روشنی میں تھا
اچھی گزر رہی تھی، کسی دوست کے بغیر
اک مگر تھا، فریب تھا، جو دوستی میں تھا
گدڑی میں مست رہتے تھے، تیرے فقیر تھے
تھا ذائقہ ہی اور، جو فاقہ کشی میں تھا
اُن کا خیال رکھتا تھا، رضوی کو مضطرب
کس درجہ اطمینان تھا، جو بے کلی میں تھا



On the lighter side....



On a recent flight to Chicago it seemed that all the departure times were coming and going.

I inquired to the ticket agent, "What good are the departure times?"

"Well," began the genial agent, "if it weren't for those posted departure times we'd have no way of finding out how late we depart."

Two old guys, Fred and Sam went to the movies. A few minutes after it started, Fred heard Sam rustling around and he seemed to be searching on the floor under his seat.

"What are you doing?" asked Fred.

Sam, a little grumpy by this time, replied "I had a caramel in my mouth and it dropped out. I can't find it."

Fred told him to forget it because it would be too dirty by now. "But I've got to," said Sam, "my teeth are in it!"

Just found out on my tax return that there's a limit on dependents...

I thought 45 was reasonable, but I was wrong.

The psychology instructor had just finished a lecture on mental health and was giving an oral test.

Speaking specifically about manic depression, she asked, "How would you diagnose a patient who walks back and forth screaming at the top of his lungs one minute, then sits in a chair weeping uncontrollably the next?"

A young man in the rear raised his hand and answered, "A basketball coach?"

Farmer: "I've arranged my garden so as not to be caught

by droughts this summering."

Neighbor: "What did you do?"

Farmer: "I planted my potatoes and onions in alternate rows. The onions will make the potatoes eyes water and reduce the need for water."

Milkman (to new hand): "Did you put water in the milk this morning?"

New hand: "Yes sir."

Milkman: "Don't you know this is wicked?"

"But you told me to mix water with the milk?"

"Yes, but I told you to put the water in first and then pour the milk into it. Then, you see, we can tell the people we never put water in our milk."

The clergyman of a large church, having just arrived in Fort Smith, was being shaved by a local barber that was addicted to occasional drinking sprees. There was an unmistakable odor of whisky around the barber's face and the razor suddenly nicked the man's face.

"You see, that comes from taking too much drink," said

the clergyman.

"You're right," said the barber. "Drinking does make the skin tender, that's a fact."

Why is Cinderella bad at soccer?

Because she's always running away from the ball.

Two old settlers out in the FAR WEST, confirmed bachelors, got to talking about cooking.

"I got one of them cookery books once, but I could do nothing with it."

"Too much fancy work in it, eh?"

"You said it! Every one o'them recipes began the same way... 'Take out a clean dish...' that settled me."

In the days before calculators, accountants were frequently unable to get their debits to balance with their credits. So, in order to overcome the discrepancy, they often created a bogus account titled "Taste" to store the unbalanced amount and allow the books to balance.

Unfortunately, the government soon heard of this practice and declared a new law... there would, from this point on, be no accounting for Taste.

Seeing her friend Marcia wearing a new locket, Ashley asks if there is a memento of some sort inside.

"Yes," says Marcia, "a lock of my husband's hair."

"But Larry's still alive?"

"I know, but his hair is gone."



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