

Empact Ministries  
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[www.empactministries.org](http://www.empactministries.org)

### **Suggested Items for Personal Hygiene Kits**

<b>Women's Personal Hygiene Items</b>	<b>Men's Personal Hygiene Items</b>
Toothbrush	Toothbrush
Tooth Paste	Tooth Paste
Mouth Wash	Mouth Wash
Deodorant	Deodorant
Body Wash	Soap/Body Wash
Body Lotion	Lotion
Shampoo	Shaver
Conditioner	Shaving Cream
Shaver	Deodorant
Shaving Cream	Individual Detergent/Fabric Softener
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**If you choose to donate, please contact us at 301-266-6171, or 240-441-5985 to schedule a drop off date and time.**

**Thank You**