150918 Friday "SAMSONIZED"

Pro 28:10

Whoever causes the upright to go astray in an evil way, He will fall into his own pit; But the blameless will inherit good.

Follow hard after the Word of YHVH <mark>a</mark>nd your thoughts will be established. Read the Word; it always works

FOR TIME

"SHUFFLE THE DECK"

SHUFFLE A DECK OF CARDS

ACES 11

FACE CARDS 10

JOKERS 1 MILE RUN

HEARTS PUSH UPS

SPADES PULL UPS

CLUBS SIT UPS

DIAMONDS 4 COUNT

MOUNTAIN CLIMBERS

NUMBERS REP COUNT

Train hard with purpose:

"And whatsoever ye do in word or deed, do all in the name of the Lord Jesus, giving thanks to God and the Father by Him."