

# Mammography Exam Preps/Instructions

## **Mammography** *Screening and Diagnostic*

Abstain from caffeine 5 days prior to exam  
No deoderant or talcum powder day of exam

## **Stereotactic biopsy**

Off blood thinners 5 days prior to exam  
Off asprin 2 days prior to exam  
No deoderant or talcum powder day of exam

## **Needle localization**

NPO after midnight  
No deoderant or talcum powder day of exam