

(Food for thought - Gospel: Luke 1: 39-45)

“Being Bearers of the Christ”



Advent and Christmas invite us to dwell on the Infant in the Crib, but the adult Jesus, baptized by John, anointed by the Spirit, living in a world of turmoil and then identifying Himself fully with humanity's sinful, guilt-ridden condition. He stands with all human beings who yearn for a radical change of heart and life, who crave liberation from the power of evil, who seek release from all forms of oppression - religious, political, social and economic. He stands as the only One who can take away our fear and make clear our vision.

The spirit of Advent and Christmas is a mirror in which we see reflected the very

best that life can become. Through our faith and courage, we can help each other to put away our fears, to move from darkness to light, to begin to hear again the words of life. We can reach out to support - by the strength of our love and concern - those whose hands are feeble, whose knees are weak. Through our witness to God's love, so many who are crippled by doubt and despair might be able to walk again with courage and energy and new life.

Let us continue this mission each day of our lives; let us be God's holy people, and faithful disciples of Jesus; let us be light in darkness, peacemakers and life-givers, in every aspect of our lives. Only then can the words of Elizabeth echo through our voices: "*Blessed are you who believed that what was spoken to you by the Lord would be fulfilled.*"



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