



Video Lesson 7- Attitude 5: Don't take things personally (5:19)

DISCUSSION ACTIVITY

This video talk ,in particular, may need to be watched more than once in order for the pupils to fully digest all the points before discussion.

REFLECTION ACTIVITY

Ask the pupils to reflect on the last time they took something personally. Ask them to consider who the interaction was with and if they can think of other possible things that may have been going on for that other person.

NOTES ACTIVITY

Re-watch the video lesson and pause the video to jot down the quotes & important points.

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