


February

2021

Jeremiah Program

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Monday	Tuesday	Wednesday	Thursday
1 Beef Shepherd's Pie DF (Mashed Potatoes GF DF V Peas & Carrots GF DF V) Fruit GF DF V	2 Turkey soft tacos Spanish Rice GF DF V Black Beans GF DF V Fruit GF DF V	3 Teriyaki Chicken DF Egg Roll DF V Rice GF DF V Fruit GF DF V	4 Grilled Cheese V Tomato Soup GF DF V Green Beans GF DF V Fruit GF DF V
8 King Ranch Chicken Casserole GF 3 Beans salad GF DF V Fruit GF DF V	9 Beef Tacos GF DF Rice GF DF V Pinto Beans GF DF V Fruit GF DF V	10 Swedish Meatballs Buttered Noodles V Zucchini & Squash GF DF V Fruit GF DF V	11 Fish Sticks DF Mac & Cheese V Broccoli GF DF V Pineapple GF DF V
15 President's Day!!! 	16 Cheese Quesadilla V Corn GF DF V Spanish Rice GF DF V Fruit GF DF V	18 Spaghetti & Meatballs DF Garlic Bread V Green Beans GF DF V Fruit GF DF V	19 Chicken Noodle Soup DF WW Roll V DF Celery & Carrots GF DF V Fruit GF DF V
22 Turkey Tetrazzini Peas GF DF V Fruit GF DF V	23 Soft Chicken Tacos DF Rice GF DF V Refried Beans GF DF V Fruit GF DF V	24 Lentil Soup GF DF V Ham & Cheese Sandwich Cucumber wheels GF DF V Fruit GF DF V	25 Teriyaki Meatballs DF Sesame Noodles DF V Edamame GF DF V Fruit GF DF V