

This is David. He was a shepherd a long time ago.

When he wasn't busy watching his sheep, he made up songs.

Many of his songs are in our Bible.

You can find them by opening your Bible about in the middle.

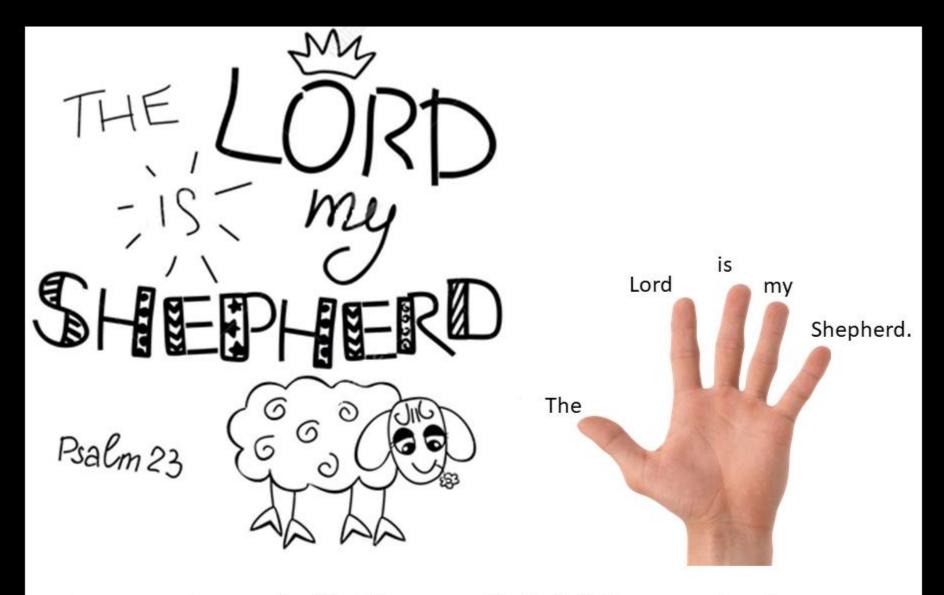
The book of the Bible you'll find there is called Psalms.

David's most famous psalm is often read when people are afraid.

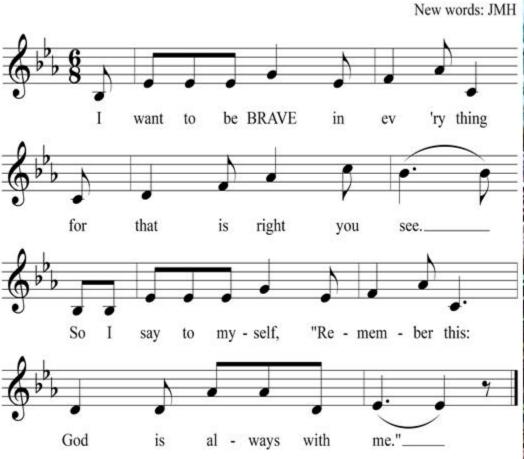
It is called Psalm 23.







An easy way to remember David's song and feel safe is to use your hand! Start with your thumb and touch one finger for each word ending with your pinky. Here's a song we can sing to help us remember the story of David and to be reminded that God is OUR shepherd so we do not need to be afraid.



You can hear the tune to this song with its original words "Kindness Begins with Me" by visiting www.makejoyfulsound.org/pop.html

