



Lenten Faith Groups

Holy week of Lenten Faith Groups: April 14-20

Welcome & Prayer (5 mins)

Prayer

O God, who on this day, through your Only Begotten Son, have conquered death and unlocked for us the path to eternity, grant, we pray, that we who keep the solemnity of the Lord's Resurrection may, through the renewal brought by your Spirit, rise up in the light of life. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, forever and ever.

Open the eyes of our mind that we may understand the teachings of Your Gospel.

Our Father

Icebreaker (10 mins)

Open ended Question

Go around the circle everyone answering questions

What have you gained the most this Lent?

Check In

How did we do on last week's commitment? Did we accomplish it?

The Stillness of Holy Saturday (Reflection & Added Bonus for this week)

Holy Thursday brings us the Last Supper. On Good Friday, we exalt the cross and commemorate the death of Jesus. On Easter Sunday, we celebrate! But what about the day in between? Between death and life, the time holds its breath. For the first disciples, Holy Saturday was a day of silence, sorrow, and waiting. But redemption is already beginning! Jesus descends to the dead and frees righteous souls awaiting eternal life. On our own Holy Saturdays, we too wait in silence. But it is not the silence of disappointment and confusion. It is the silence of anticipation. Soon and very soon, dawn will alight on the horizon, and the stone will be rolled back. Until then, we wait in stillness.

Proclaim Gospel: Jn 20:1-9(10 mins)

Mass of Easter Day

On the first day of the week, Mary of Magdala came to the tomb early in the morning, while it was still dark, and saw the stone removed from the tomb. So she ran and went to Simon Peter and to the other disciple whom Jesus loved, and told them, "They have taken the Lord from the tomb, and we don't know where they put him." So Peter and the other disciple went out and came to the tomb. They both ran, but the other disciple ran faster than Peter and arrived at the tomb first; he bent down and saw the burial cloths there, but did not go in. When Simon Peter arrived after him, he went into the tomb and saw the burial cloths there, and the cloth that had covered his head, not with the burial cloths but rolled up in a separate place. Then the other disciple also went in, the one who had arrived at the tomb first, and he saw and believed. For they did not yet understand the Scripture that he had to rise from the dead.



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Silence

Proclaim Gospel again & followed by silence

Questions (20-25 mins)

1. What struck you most in the passage? What did you notice that you hadn't noticed before?
2. What does this passage inspire/motivate you to do?
3. How would you react if you saw the stone had been removed?
4. What if Holy Week never happened, then what?
5. What does Easter mean to you?

Commitment (5-10 mins)

Make a commitment that the group will do this week or individually.

Closing Prayer

Almighty and Everlasting God, You have given the human race Jesus Christ our Savior as a model of humility. He fulfilled Your Will by becoming Man. And giving His life on the Cross. Help us to bear witness to You By following His example of suffering. And make us worthy to share in His Resurrection.

MARY, Mother of Jesus, you were Jesus' gift for us from the Cross. He gave you to us as our mother. Intercede for all our needs.

Intercessions

Hail Mary...

Glory Be...

Announcements/See you next week!

We encourage you to attend Holy Week Services! Full participate in the triduum.

Wed, May 8– we will come together as small groups and a community, 5:30pm HFR

Summer Groups