



Del Norte Senior Center
1765 Northcrest Drive
Crescent City, CA 95531
707-464-3069
Hours 9:00am to 4:00pm

COME JOIN US!!!
Lunch Served
Monday Thru Friday
11:00am TO 12:30Pm



August 2025

| SUN | MON | TUE | WED | THU | FRI | SAT |
|---|--|---|--|--|---|--|
| Gift shop open Daily | If you enjoy participating in our activities & exercise classes become a member of the Del Norte Senior Center. Single is 12:00 Family is 18:00 per year |  | | | 1 Chair Yoga 9:00-9:45 Mat Yoga 9:45-10:30 Cards/Board Games 12:30 | 2 |
| 3  | 4 Chair Yoga 9:00-9:45 Mat Yoga 9:45-10:30 Cards/Board Games 12:30 | 5 Crochet Friendship Group 12:30 Bingo-Cize 2:00-3:00 | 6 Chair Yoga 9:00-9:45 Mat Yoga 9:45-10:30 Cards/Board Games 12:30 | 7 Craft and Coloring 12:30 Card/Board Games 12:30 Bingo Cize - 2:00-3:00 | 8 Chair Yoga 9:00-9:45 Mat Yoga 9:45-10:30 Cards/Board Games 12:30 | 9 |
| 10 Gift shop open Daily. | 11 Chair Yoga 9:00-9:45 Mat Yoga 9:45-10:30 Cards/Board Games 12:30 | 12 Crochet Friendship Group 12:30 Bingo-Cize 2:00-3:00 | 13 Chair Yoga 9:00-9:45 Mat Yoga 9:45-10:30 Cards/Board Games 12:30 | 14 Craft and Coloring 12:30 Foster Grandparents 12:00 Card/Board Games 12:30 Bingo Cize - 2:00-3:00 | 15 Chair Yoga 9:00-9:45 Mat Yoga 9:45-10:30 US Cellular Class 1:00-2:00 in the Board Room | 16 |
| 17 | 18 Chair Yoga 9:00-9:45 Mat Yoga 9:45-10:30 Cards/Board Games 12:30 | 19 Crochet Friendship Group 12:30 Bingo-Cize 2:00-3:00 | 20 Chair Yoga 9:00-9:45 Mat Yoga 9:45-10:30 Cards/Board Games 12:30 Bingo 12:30 | 21 Craft and Coloring 12:30 Card/Board Games Bingo Cize - 2:00-3:00 2:30 | 22 Chair Yoga 9:00-9:45 Mat Yoga 9:45-10:30 Office of Emergency Service 11:00-1:00 | 23 |
| 24 | 25 Chair Yoga 9:00-9:45 Mat Yoga 9:45-10:30 Cards/Board Games 12:30 | 26 Crochet Friendship Group 12:30 Grief Counseling 3:00-4:00 | 27 Chair Yoga 9:00-9:45 Mat Yoga 9:45-10:30 Cards/Board Games 12:30 | 28 Craft and Coloring 12:30 Cards/Board Games 12:30 | 29 Hawaiian Luau Birthday Luncheon Chair Yoga 9:00-9:45 Mat Yoga 9:45-10:30 Cards/Board Games 12:30 | 31 Senior Legal Service 464-3069 1-800-972-0002 X304 1-707-445-0866 X304 |