



Hamilton Madison House 麥迪臣社區中心

City Hall Older Adult Center 耆英會

100 Gold Street. New York, NY 10038 || Tel: (212)-788-5580

Operation Hours 營業時間 Monday to Friday 周一至周五 8:30AM - 4:30PM

Breakfast 早餐服務 Monday to Friday 周一至周五 9:00AM - 10:00AM

Lunch 午餐服務 Monday to Friday 周一至周五 11:30AM - 12:30PM

Social Assistance Services 社工服務 Monday to Friday 周一至周五 9:00AM-11:30AM

Member Registration 會員入會 Monday to Friday 周一至周五 9:30AM-11:30AM



2024 九月份的中心活動日曆 Calendar September 2024 In person, Hybrid & Virtual

WHOLE DAY 全天活动

- + Computer Lab 电脑室/ Library 图书室 (newspaper& books 当日报纸, 图书)
- + Ping Pong 乒乓球 9am-3pm
- + Chinese Chess, Mahjong 象棋, 麻将 / Multimedia: TV show/ movie day 电影 / 电视



Please scan the WeChat QR code on the right corner and subscribe to the official WeChat account platform for the recent updates.

Or visit: <http://www.hamiltonmadisonhouse.org/city-hall-older-adults-center.html>

欢迎参加耆英会多种精彩活动。请扫描右上角的二维码关注微信公众号, 获取最新消息。或请访问官方网站: <http://www.hamiltonmadisonhouse.org/city-hall-older-adults-center.html>

Monday 星期一	Tuesday 星期二	Wednesday 星期三	Thursday 星期四	Friday 星期五
10am-11:15am Tai Chi 太极	9:30am-10:30am Chinese Painting 中国画	9:30am-11am Square Dance 民族广场舞	9:30am-10:30am Zumba 森巴舞	10am-11:15am Tai Chi 太极 10:30-11:30am Blood pressure 量血壓
9:30am-11:00am Piano Class Advanced 中级钢琴课	10:30am-11:30am Calligraphy 書法班 9/10 10:00 am-11:00am Nutrition Workshop 营养健康讲座	English Conversation Class 英语会话课 9:30-10:30am (Beginning) 初级课 10:30-11:30am (Advanced) 进阶课	9:30am-11:30am Paper Folding 折纸艺	9/13 10-10:45am Ribbon Dance Workshop 红绸舞工作坊 9/13 11am Birthday Party 生日会
10:30am-11:30am Blood pressure 量血壓	9:30am-11:00am 手機平板電腦應用課 (Hybrid) Smart phone and Tablet class 9 月 3 日手机平板电脑课取消一次。No class on 9/3	9/11 10:00am-11:00am 香草盆栽养护烹饪讲座 (线上/国语) Container Gardening Herbal Plants Care and Cooking Workshop(Zoom/Mandarin)	10:30am-11:30pm Music Group 音乐组 9/26 10:30 am-11:30am Nutrition Workshop 营养健康讲座	9:30am-11:30am ESL@ Zoom 线上英文课 (上课请咨询办公室)Please consult CHOAC office for access
1:00pm-3:00pm Piano Class Beginning 初級钢琴课	1:00pm-3:00pm Computer Zoom Class 线上電腦課(上课请咨询办公室) Please consult CHOAC office for access	1:00pm -3:30pm Chinese Opera 京剧 1:15pm-3:15pm Karaoke 卡拉 OK	1:00pm - 3:00pm Social Dance Exercise Club 交谊舞	1:00pm-3:00pm Chorus 合唱團 耆英合唱团 9 月 7 日星期六在中华公所举行专场音乐会, 免票入场。CHOAC Chorus concert will be held at CCBA on September 7th(Saturday), free admission.
1:00pm-2:00pm Ballroom Dance Exercise 社交舞蹈课	1:15pm-3: 15pm Karaoke 卡拉 OK	1:00pm-3:00pm Computer Zoom Class 线上電腦課(上课请咨询办公室) Please consult CHOAC office for access	1:00pm - 3:00pm Line Dance Class 民族舞蹈课 1:15pm-3:15pm Karaoke 卡拉 OK	
9 月 2 日(周一)劳动节, 中心放假休息一天。 9/2 Center will be close for celebrating Labor day.		1:00pm-2:00pm Ballroom Dance Exercise 社交舞蹈课 1:00pm-2:30pm (9/11, 9/18, 9/25) Drawing Class 素描绘画课 (9/11 起恢复)	2:30pm-4:30pm Citizenship Zoom Class 线上公民入籍班 (上课请咨询办公室)Please consult CHOAC office for access	

本月亮点 Program Highlights:

- + 才艺比赛曼哈顿区回合在 9 月 10 日林肯中心举行, 啦啦队报名将在 9 月 3 日前截止。The Manhattan round of the Talent is Timeless Competition is at Lincoln Center on September 10. Register by September 3 to join the cheer squad.
- + 新苗文艺中心的红绸丝带舞工作坊在 9 月 13 日早 10 点, 请报名参加体验红绸丝带舞。Join the Red Ribbon Dance Workshop by NYCCC on September 13 at 10 a.m.
- + 耆英会为出生在 8 月至 10 月的耆英举行生日会, 9 月 13 日上午 11 点开始, 欢迎报名参加。CHOAC birthday party for those born from August to October will be on September 13 at 11 a.m.
- + 9 月 10 日营养健康讲座上午 10 至 11 点, 9 月 26 日营养健康讲座 10 点半至 11 点半。Nutrition workshops are on September 10 (10-11 a.m.) and September 26 (10:30-11:30 a.m.).
- + 祝大家西班牙裔传统月, 以及中秋节快乐! Happy Hispanic Heritage Month and Mid-Autumn Festival!

The City Hall Older Adult Center is funded by the New York City Department for the Aging 耆英會長者中心由紐約市老人局資助

