

TRAVELERS REST AND COVID-19

The goal of the TR Board for this '20-'21 winter season is for all of us to remain safe and healthy. To that end, we have worked diligently to plan activities/entertainment and implement protocols that will reduce the potential of transmitting COVID-19 to any resident.* However, it will require the cooperation of each one of us to be successful. If COVID-19 infections emerge in the community, it will cause the TR Board to review and potentially cancel all activities and entertainment.

When you arrive at TR:

- 1- Phone the office to check in rather than going in person
- 2- Answer the **Health Assessment and COVID-19 Exposure Questions** attached to this flyer. Return the sheet to the Post Office in the Local Mail slot. Depending on your answers, you may be asked to avoid gathering and socializing, or participating in activities and entertainment for a period of 14 days.
- 3- Follow the General Safety Recommendations and TR Safety Protocols listed below

If you have guests, remember that they may bring a COVID-19 infection to TR even if they are feeling fine and have no symptoms:

- 1- Phone the office to notify them that you have guests. Complete the **Health Assessment and COVID-19 Exposure Questions** for each guest
- 2- Depending on the answers to the questions, you may need to limit your visitors to your residence area while in the resort.
- 3- Guests are expected to observe the General Safety Recommendations and TR Safety Protocols while at the resort.

General Safety Recommendations:

- If you are feeling ill or have a fever greater than 100.4 degrees, please stay home. Symptoms of COVID-19 may include fever, cough, difficulty breathing, body aches, new loss of taste or smell, vomiting or diarrhea, sore throat, runny nose or congestion that is new and not related to allergies
- Maintain 6 feet of (social) distance from others; avoid hugs, handshakes, and close quarters
- Wear a facemask in public areas when inside, and when outside if you cannot maintain a 6' distance
- Wash your hands with soap and water, or use alcohol hand sanitizer frequently; avoid touching your eyes, nose, and mouth

TR Safety Protocols:

- Face masks and social distancing are required in all buildings at TR, including the business office, the post office, and the post office lobby.
- Face masks and social distancing between household groups are required for large group gatherings outside, such as Sunday entertainment or church services. While you are seated, you may remove your mask if you choose to do so.
- Face masks and social distancing are required when shopping at any vendors (such as the vegetable stand) who set up for business on TR.
- Alcohol based hand sanitizer has been placed in every building for use by residents.
- Spray bottles of sanitizing solution are in all buildings. Use them to disinfect high touch surfaces, let the area dry for one minute and wipe off. Activity chairpersons will be responsible for sanitizing after each activity.
- Specific restrictions apply at the pool and golf course; check there for the latest details.
- Avoid confrontation and remove yourself from any situation where you do not feel safe.

*This guidance has been developed in coordination with TR Management, as well as infection control input from TR Fire/Rescue. It is also subject to modification as COVID conditions change in this area.

