



How to Be a Woman

by Caitlin Moran



Moran's book is hilarious, and I enjoyed it. Much of the book are things that most of us have thought about, but she articulates it in a way not many could.

This is not an academic book; nonetheless, it is witty and demonstrates the cleverness of this writer, who has written for The New York Times since she was 17. She makes the point that sexism is repressive and restrictive, and boring.

~ **Dr. Michele Winchester-Vega**



The 113th Congress will have 20 female senators, the most ever in U.S. history. Women's issues, even though not as much as they should be, have increasingly "come to light" in our society.

This book mentions so many issues in ways that we can all relate to and/or understand. It's simple and funny. At the same time, it gets you thinking. Before having a child, I always complained of not having enough time ... well, was I so ungrateful and lucky then.

My baby girl is my life and No. 1 priority. Some days I find myself struggling with the decision of shaving my legs or washing my hair. Simply because now I really don't have enough time for it all. Thank you, Caitlin Moran, for making me feel normal. ~ **Nancy Arocho-Mercado**



Help! Get me out of this memoir. Even though Moran is known in some circles as the United Kingdom's Tina Fey — being radically provocative, intelligent and personally satirical, I found most of her banter overkill. Not in my taste.

I found it to be disjointed and needed to do my own Google searches to understand the U.K. meanings. Moran writes about Brazilian bikini waxings as a fashion statement. I come from an era when women burned their bras to make a social and political statement.

Her manifesto, as it is called, addresses growing up fat as a kid, various body parts, self-image, marriage, childbearing and abortion. She uses an unconventional irreverent humor to write about many other topics, including a wardrobe crisis in planning a night out with her friends to a strip club. This book is a trip if you care to take the ride. ~ **Diane Light-Spiro**