

10 Essential Health Benefits

- 1. Outpatient Care** – care you receive without being admitted to a hospital
- 2. Emergency Room** – trips to the emergency room
- 3. Inpatient Care** – treatment in the hospital
- 4. Maternity and Newborn Care** – treatment before & after your baby is born
- 5. Mental Health & Substance Use Disorder Services** – this includes behavioral health treatment, counseling, and psychotherapy
- 6. Prescription** – Drug coverage
- 7. Rehabilitative & Habilitative** – services & devices to help you recover if you are injured, or have a disability or chronic condition. Includes physical & occupational therapy, speech-language pathology, psychiatric rehabilitation & more
- 8. Laboratory Services** – lab tests
- 9. Preventive & Wellness Services** – including counseling, screenings & vaccines to keep you healthy & to manage a chronic illness
- 10. Pediatric Services** – including dental & vision care for children