

Changing Times for New Hampshire 4-H Members

Alex and Patrick Marcoux are two brothers who are both current members of New Hampshire 4-H. They have each been involved in 4-H for several years in their respective commodities. They have combined experience in raising and exhibiting: poultry, swine, working steers, and a handful of other species.

Patrick Marcoux is currently a senior in 4-H, meaning that this is his final year in the organization. 4-H is open to youths from the ages of eight to eighteen but can begin as young as five with the Cloverbud age group. Patrick has been raising poultry for roughly ten years and swine for seven years. He has also taken on leadership roles, such as serving as the Treasurer for the Rockingham County Youth Leadership Team (2018-2019 program year) and the State Vice President of the State Youth Leadership Team (2019-2020 program year).

Unfortunately, due to COVID-19, all 4-H events in the state have been canceled this year. This is especially disappointing for senior 4-H members as they miss out on their final opportunity to participate in fairs, competitions, and other events. Typically, members spend most of their summer and early fall attending fairs, but this year that will not be the case.

In an interview, Patrick explained what a typical summer in 4-H looks like for himself and his peers. "Typically, I would attend teen conference earlier in the summer and about eight or nine different county fairs here in New Hampshire and some of the surrounding states."



Patrick Marcoux exhibiting swine in 4-H at the Deerfield Fair.

Many 4-H members, including the Marcoux's, are finding quite a bit of free time that they do not know what to do with. They are finding tens to even hundreds of hours of unoccupied time now that COVID-19 has wiped the summer lineup of fairs. Patrick described his current summer as being unusually empty compared to many of his past summers. "It's a lot more empty, I have been doing fairs in some capacity for right around ten years of my life, and every summer I plan for having this weekend booked or I can't schedule anything for this time because I will be up at Belknap. This year it is just all gone, every fair in New Hampshire got canceled, and there is just a lot of empty time in my summer that I wouldn't normally have."

4-H is known for their hardworking youth with a stellar work ethic, so it is understandably difficult for many of them to not be working on their typical projects. The concept of "free time" is not something most members are accustomed to, especially in the summer months! Alex Marcoux echoed his brother's feelings by stating that this summer is feeling "very empty. Most summers from mid-July to Columbus Day weekend, I would have something every weekend, but this year I don't have anything."

For 4-H members, preparation for the summer fair circuit begins many months in advance. Animals are purchased the previous fall or winter. The feed is purchased and fed accordingly, and behavioral training takes months to perfect. This applies to all animal projects but is strongly emphasized in the different market projects where Patrick explains how "4-H'ers have to have purchased their animals back in January and have all of their paperwork done. The auction was canceled in late May, so all of those kids had already invested in feed, the time, the animals, and paperwork, only to find out it was canceled." The market in reference is the New Hampshire 4-H Livestock Auction, which is typically held at the Hopkinton Fair each year.

Also, Patrick stated that "if there is one word to describe my experience with 4-H this summer, it would be disappointing. As a senior 4-H member, I was looking forward to my show year, and understandably it was taken away because of COVID-19." Patrick also expressed that he wished that there were other supplements or replacements in place by 4-H for the typical summer events such as virtual shows and activities.

Unlike his brother, Alex has one more year in 4-H and is looking forward to attending numerous fairs across New England with his working steers. For Alex, his season "begins with Mini Fair, which is just working steers. Then I go to Stratham, Cheshire, Belknap, Cornish, an open show in Maine, Hopkinton or Lancaster, Eastern States, Deerfield, and Sandwich." Although he is disappointed that he will not be attending these events this year, he even more motivated about his project for next year.



Alex Marcoux exhibiting his working steer team.

One of the most passionate portions of the interviews with the Marcoux brothers regarded the social aspect of the summer fairs and 4-H events. The Marcoux's have been competing and working with the same families for most of their childhood. They feel a strong connection to the other members of their organization. Patrick stated, "I feel like one of the least looked at aspects of the fairs for 4-H'ers, and the agricultural community is the ability of farmers and exhibitors to show up to these events to network and form closer connections. Especially in New Hampshire, we

are spread out across the state, so the fairs serve as a way for all the people in the agricultural field to come together and connect, which is an important thing because we can all help each other."

Similarly, Alex explained that one of his favorite parts of 4-H and subsequently what he misses the most this summer is interacting with other 4-H members from across the state that he cannot see now that the pandemic is going on. "I like that the group of kids I am with all share that common agricultural interest, which you don't really have in school. There are only ten or fifteen of us that show working steers, and three-quarters of us compete at every fair."

Alex spoke fondly of his usual summer experiences at the different fairs and described how they have become a family tradition, especially attending the Deerfield Fair. "I have been going to the Deerfield Fair as a 4-H member for about seven years. Otherwise, I have been going every single year since I was probably two or three. My mother was in charge of the FFA Dairy Competition, and so every Thursday night of the Fair, we would always go with my mother to the Fair. While she talked to the different dairy farmers and picked out cattle for the FFA members to show in the competition the next day."

The Marcoux brothers are just two examples of 4-H members adjusting to a different summer routine due to COVID-19. Both are passionate about the organization that they are a part of. Although one is saying goodbye to his time as a member, the other looks forward to a promising final year in 2021.

New Hampshire: It's Wicked Good

The beginning of August brings about the whisperings of fall and some of the most bountiful times for New Hampshire produce production. One of the most interesting parts of New Hampshire agriculture is its variety throughout the growing and harvesting seasons. For example, this year was a swift season for strawberries, with a lack of significant rain and increased temperatures. Raspberries have also finished for the season but have given way to blackberries, blueberries, and peaches. Soon we can be on the lookout for early varieties of apples.

In the last two weeks or so, local New Hampshire corn has also become available! Many people across the state look forward to this time of year when they can enjoy fresh corn on the cob. For many, it has become a tradition to look forward to each year. Local farmers' markets are now stocking fresh-picked local corn for your enjoyment.

Like most locally grown products, local corn has many different factors in its favor that make it the perfect addition to any meal. Corn that is sourced locally is fresher and better tasting than corn that is found in the store. This is because local corn does not need to be shipped in from other sections of the country. It is picked within the state and typically sent to its destination within the same or following day. This means that it arrives to you at peak freshness when texture and flavor are the best. If you put enough butter and salt on anything, it will undoubtedly taste good, but fresh corn tends to have a flavor that can stand alone.

Early August is the beginning of the corn season. As time continues, different varieties will become available such as Silver Queen, which is typically white corn rather than a bicolored variety. Whether corn on the cob, corn chowder or corn salsa, consider purchasing corn from a local farm stand or farmers market. Not only are you supporting local agricultural businesses, but the taste will be "wicked" good!

Event News

Stratham Fair – July 16 - 19 – CANCELLED

North Haverhill Fair – July 23 - 26 – CANCELLED

Cheshire Fair – July 30th - August 2nd – CANCELLED

Belknap County 4-H Fair – August 1 & 2 – CANCELLED

The Cornish Fair – August 21 - 23 – CANCELLED

Lancaster Fair – September 3 - 7 – CANCELLED

Hopkinton State Fair – September 4 - 7 – CANCELLED

Hillsborough County Agricultural Fair – September 11 - 13 – CANCELLED

Rochester Fair – September TBD

Eastern States Exposition – September 18th - October 4th – CANCELLED

The Deerfield Fair – October 1 - 4 – CANCELLED

The Sandwich Fair – October 10 - 12 – CANCELLED

Local Meat by County

Belknap County

Beans & Greens Farm - Gilford - (603) 293-2853

Andrew Howe

Email: beansandgreensfarm@gmail.com

Website: <u>Beans & Greens Farm</u> Facebook: <u>Beans & Greens Farm</u>

Grass fed beef, GMO free pork, chicken and turkey.

Birch Rise Farm - Sanbornton - (603) 259-6660

Kate Osgood

Email: birchrisefarm@gmail.com Website: <u>Birch Rise Farm</u> Facebook: <u>Birch Rise Farm</u>

Pasture raised Berkshire pork by the cuts, halves, or wholes. Poultry by the cuts or wholes and pasture raised eggs.

Half a Penny Farm - Center Barnstead - (603) 345-5277

Shane & Jenn Forest

Email: halfapennyfarm@gmail.com Website: <u>Half A Penny Farm</u> Facebook: <u>Half-a-Penny Farm</u>

We carry pasture raised Black Angus beef. USDA Certified. Cryovac packaging. Individual assorted cuts of beef. Whole, halves and

quarter shares available.

Hammer Down Farm - Gilmanton - (603) 387-3448

Alicia & Ryan Smith

Email: info@hammerdownfarmnh.com Website: <u>Hammer Down Farm</u> Facebook: <u>Hammer Down Farm</u>

Locally and naturally raised beef by the cuts, halves and wholes. Pork by the cuts, halves and wholes. Raw milk and butter from our

Jerseys.

HT Farm LLC - Belmont - (603) 630-5505

Tim Duval

Email: tcbw275@gmail.com Facebook: <u>HT Farm LLC.</u>

Grass-fed, farm raised, USDA beef, produce and maple syrup.

Mountain View Farm - Gilmanton - (603) 387-8445

Akerstrom Family

Email: mountainviewfarm2003@gmail.com

Facebook: Mountain View Farm

Fresh pork & live pigs.

Shepherd's Hut Market - Gilford - (603) 393-4696

Jeff & Joyce Keyser

Email: jekeyser@metrocast.net Website: <u>Shepherds Hut Market</u> Facebook: <u>Shepherd's Hut Market</u>

Certified USDA freezer lamb. Various cuts fresh, frozen and vacuum sealed.

Sunset Hill Angus - PO Box 187, Belmont - (603) 387-6430

Robert Akerstrom

Email: rakerstrom2014@gmail.com Facebook: Sunset Hill Angus

Grain-fed USDA certified Angus beef.

Wooded Valley Acres - Gilmanton - (603) 393-1083

Elizabeth and Cory Bower

Email: woodedvalleyacres@gmail.com Website: Wooded Valley Acres Facebook: Wooded Valley Acres

Pasture raised pork, free range chicken and duck eggs, free range turkeys, free range rabbits.

Carroll County

Mountain Laurel Farm – Sanbornville – (603) 986 - 8480

Robert Bevard

Email: rbbevard@yahoo.com

USDA labeled, homegrown, pasture raised pork, lamb, and chevon.

Remick Country Doctor Museum & Farm – Tamworth – (603) 323-7591

Sheena Harte

Email: sharte@remickmuseum.org

Website: Remick Country Doctor Museum & Farm
Facebook: Remick Country Doctor Museum and Farm

Farm-raised ground beef, breakfast and sweet Italian sausage, pork and lamb.

Run Away Farm - Ossipee - (603) 539-4928

Dave Babson

Email: davbab@worldpath.net

Naturally raised beef. Fed grain, hay and grass only.

Top of the Hill Farm – Wolfeboro – (603) 569-3137

Alan Fredrickson

Email: topofthehillfarm@metrocast.net

Facebook: Top of the Hill Farm

Beef – pasture exposed and all natural by the piece, 1/4, 1/2 or whole. Also offering lamb, pork and chicken.

Wotton Farm - Ossipee - (603) 539-8134

Email: wottonfarm@gmail.com

Website: Wotton Farm Facebook: Wotton Farm

Chicken – whole, wings, thighs, drumsticks, specialty cuts and more. Chickens are raised outside in movable

coops that allow for foraging and fresh air while also protecting them from predators.

Cheshire County

Archway Farm - Keene - (603) 352-3198

Mark Florenz

Email: mark.florenz@gmail.com

Website: <u>Archway Farm</u> Facebook: <u>Archway Farm</u>

Pasture raised heritage pork; whole, half, or individual cuts. See our website for details.

Earth Haven Farm – Marlborough – (603) 876-4036

Mary & George Iselin

Email: admin@maryiselinfineart.com

Website: <u>Earth Haven Farm</u> Facebook: <u>Earth Haven Farm</u>

Grass-fed low-fat Beefalo. USDA labeled hamburgers, roasts and steaks at our farm store. Also offering 1/4,

1/2, or whole cuts done to customer specifications.

East Hill Farm - Troy - (603) 242-6495

Dave Adams

Email: info@east-hill-farm.com Website: <u>The Inn at East Hill Farm</u>

Facebook: East Hill Farm

Whole, half, or individual cuts available of pork, beef, lamb and goat.

Hubner Farm LLC - Chesterfield - (603) 363-4670

Email: hubnerfarmllc@gmail.com Facebook: <u>Hubner Farm LLC</u>

Pasture-raised Black Angus beef, farm-raised pork, and roasting chickens. Availability varies based on current

stock.

JHF Stable & Livestock – Alstead – (603) 835-6509

John & Hazell Fuller

Email: jhfstable@comcast.net

Website: <u>JHK Stable</u> Facebook: <u>JHF Stable</u>

USDA vacuumed packed Beefalo and grass-fed on the farm in Alstead.

Mad Brook Farm LLC. – Alstead – (603) 835-6526

Tom Hancock

Email: madbrookfarmllc@gmail.com Website: Mad Brook Farm LLC. Facebook: Mad Brook Farm LLC.

Meat rabbits and breeding stock. Cross between NZ (New Zealand), Satin, Creme d'Argent, Calif, Flemish and

Silver Fox.

Manning Hill Farm – Winchester – (603) 239-4397

Sarah Costa

Email: info@manninghillfarm.com Website: Manning Hill Farm Facebook: Manning Hill Farm

Grass-fed heritage beef, pasture raised heritage pork, by the individual cut or in bulk-half and whole sides.

Pasture raised whole roasting chickens. For more information please visit our website.

Coos County

CJEJ Farm: The Meat House - Columbia - (603) 922-3305

Chris and Joyce Brady Email: cjejfarm@gmail.com

Website: CJEJ Farm - The Meat House

Facebook: CJEJ Farm

Cuts of beef, pork, chicken and turkeys.

French Hill Farm, LLC - Milan - (603) 326-9778

Jason Huter

Email: jasonhuter@gmail.com Facebook: French Hill Farm, LLC

Whole frozen chicken, duck, and rabbit. Beef and pork on the hoof (live).

Northwinds Farm – N. Stratford – (603) 922-8377

Scott and Heidi Mason

Email: northwindsfarm1@yahoo.com

USDA inspected, vacuum packed beef, lamb and veal. Sold by the side or cut. Also available through the Barn

Store of New England in Salisbury, NH.

Grafton County

Bonnie Brae Farms – Plymouth – (603) 536-3880

Henry Ahern

Email: admin@bonniebraefarms.com

Website: Bonnie Brae Farms
Facebook: Bonnie Brae Farms

Farm-raised Red Deer venison, velvet antler, hard antler and hides. Also breeding stock. The deer are primarily grass and hay fed. USDA inspected. Visit our website for details.

Field Acres Farm - Canaan - (603) 523-4943

Tim and Lynn Braley

Email: fieldacresfarm@earthlink.net

Farm raised beef by the individual cut and pasture raised heritage pork by the individual cut or by the 1/2 or whole pig. All individual cuts of beef and pork are USDA processed and fresh frozen with vacuum seal. We also sell free range chicken eggs.

Independence Acres, LLC - Canaan - (603) 523-7971

Maranda Strandell

Email: independenceacresllc@gmail.com

Facebook: Independent Acres LLC

Beef & pork - Online Orders.

Rocky Road Tunis Farm – Bath – (603) 747-3869

Deb Robie

Email: wehunt4@myfairpoint.net

Local Lamb.

Slow Grown Farm – Plymouth – (603) 412-2133

Jean Poulin

Email: j57.poulin@gmail.com Facebook: Slow Grown Farm

We have various cuts of Scottish Highland beef. USDA cut, shrink wrapped, and frozen. Fresh eggs are avail-

able daily, as is our goats milk soap.

StoneFen Farm, LLC - Haverhill - (603) 481-0017

Lora Goss

Email: info@stonefen.com Facebook: StoneFen

Our Herefords and Red Devons were carefully selected for the efficient conversion of natural grasses and legumes into a better beef. Our beef is 100% grass-fed & finished yielding a nutrient dense meat that is both tender and delicious. Please call for more info or for a visit!

Hillsborough County

Barrett Hill Farm - Mason - (603) 878-4022

The LeClairs

Email: barretthill@myfairpoint.net

Website: <u>Barrett Hill Farm</u> Facebook: <u>Barrett Hill Farm</u>

Beef, pork and lamb. Visit our website for details.

Butternut Farm/Milford Goat Dairy – Milford – (603) 732-2654

Noreen O'Connell

Email: noreenoc@comcast.net

Website: **Butternut Farm**

Facebook: Butternut Farm Milford

Milford Goat Dairy

USDA processed goat. Various cuts and sausages. Flash frozen and vacuum sealed. Raw goats milk and

cheeses.

Kinney's Farm - Brookline - (603) 673-5956

Travis & Marcalyn Kinney

Email: kinneysfarm@yahoo.com

Facebook: Kinney's Farm

Selling our own naturally raised grass-fed beef, pork, poultry and fresh eggs at our farm stand. Check us out on our Facebook page, Kinney's Farm for all our products and hours of operation. We are open year-round.

Leel Farm – New Ipswich – (603) 562-0860

Butch Leel

Email: bleel@comcast.net

Pasture raised beef.

Mt. Dearborn Farm – Weare – (603) 529-7702

Shelly Morley

Email: shelley@mtdearborn.com Facebook: Mt. Dearborn Farm

We are a small family farm raising goats, Katahdin sheep, chickens, turkeys, pigs, llamas and alpacas. We sell

pasture raised pork, lamb, chicken, eggs and Thanksgiving turkeys.

Paradise Farm – Lyndeborough – (603) 345-0860

Wayne and Adrienne Colsia

Email: wayne@paradisefarmnh.com

Website: Paradise Farm
Facebook: Paradise Farm

100% grass-fed beef, grass-fed lamb, pasture raised pork, free-range eggs and all-natural goats milk. Visit our

website for more details.

Temple Mountain Beef - Temple - (603) 878-4290

Mark Salisbury

Facebook: Temple Mountain Beef

Beef by the side – cut and packaged to order.

Trombly Gardens – Milford – (603) 673-4725

Beef, pork, lamb and chicken

Merrimack County

Bokaja – Webster – (603) 648-2520 or (603) 470-6276

Local turkeys – various sizes.

Elior Acres, LLC - Bradford - (603) 938-2771

Denis Renk

Email: info@elioracres.com Website: Elior Acres, LLC Facebook: Elior Acres, LLC

USDA certified heritage pork and goat meat. Heritage Chocolate Turkey, Rouen Duck and Buckeye Chicken.

Visit our website for details.

Miles Smith Farm - Loudon - (603) 783-5159

Bruce Dawson or Carole Soule Email: beef@milessmithfarm.com

Website: Miles Smith Farm
Facebook: Miles Smith Farm

Locally raised beef in retail packages with USDA labels.

Morrill Farm Dairy - Penacook- (603) 753-4849

Email: morrillfarm@yahoo.com Facebook: Morrill Farm Dairy

Morrill Farm Dairy is a family farm located in Penacook, NH. Today the third and fourth generation operate the farm, and the fifth-generation supervises! Local beef available at the farm, check our Facebook page for avail-

ability.

Off A Bit Farm LLC - Danbury - (603) 530-2496

Laura Kilkenny

Email: offabitfarm@yahoo.com Website: Off A Bit Farm LLC. Facebook: OFF A BIT Farm IIc

We are a small family farm offering naturally raised, USDA processed and packaged goat meat. We also sell

rabbit meat, eggs, raw goats milk and raw goats milk yogurt. See our website for all our offerings!

Warner Public Market – 19 East Main Street, Warner – (603) 456-2602

Email: info@warnerpublicmarket.com

Website: Warner Public Market
Facebook: Warner Public Market
Beef, Pork, Chicken, Buffalo & Lamb.

Yankee Farmers' Market – Warner – (603) 456-2833

Brian & Keira Farmer

Email: yankeefarmersmarket@gmail.com

Website: <u>Yankee Farmers' Market</u> Facebook: <u>Yankee Farmers' Market</u>

Offering farm raised, all-natural certified USDA buffalo, venison, elk, grass-fed beef, lamb, chicken, turkey and pork. Our farm has an on-farm store open year round, distributes to retail and wholesale accounts, offering a wide variety of individual cuts – steaks, roasts, burgers, sausages, jerkys. 1/2's & 1/4's hides, skulls, breeding stock, farm tours also available. Visit our website for details.

Rockingham County

Blue Cord Farm - Deerfield

John Leslie

Email: bluecordfarm@gmail.com

Facebook: Blue Cord Farm

Chickens – July/August & Pigs – July

Brookvale Pines Farm – Fremont – (603) 679-2415

Email: mercantile@brookvalepinesfarm.com

Website: <u>Brookvale Pines Farm</u> Facebook: <u>Brookvale Pines Farm</u>

Pasture-raised beef, pork, and poultry. Weekly specials and full product list available on the website.

Great Bay Farm – Greenland – (603) 969-9948

Allen Smith

Email: greatbayfarm@gmail.com Facebook: Great Bay Farm

Beef and pork as whole, halves or individual cuts. Whole chicken and eggs.

J&F Farms Inc. – Derry – (603) 437-0535

Melissa Dolloff

Email: jandffarms@gmail.com Facebook: <u>J & F Farm Inc</u> All cuts of frozen beef.

Mandico Farm Cattle Company – Nottingham – (603) 770-1948

Conrad & Kathy Mandsager Email: mandicocc@gmail.com

Website: Mandico Farm Cattle Company
Facebook: Mandico Farm Cattle Company

Farm-raised, grass-fed Highland natural beef. Piglets and pork for sale.

Willowdale Farm – 135 Middle Road, Deerfield – (603) 491-2721

Heather Overton & Gary Sanborn Email: willowdalefarmnh@gmail.com

Facebook: Willowdale Farm

Beef & pork.

Vernon Family Farms – 301 Piscassic Road, Newfields – (603) 340-4321

Email: info@vermonfamilyfarm.com Facebook: <u>Vernon Family Farm</u> Website: <u>Vernon Family Farm</u> Chicken, beef and pork.

Strafford County

Brasen Hill Farm - Barrington - (603) 868-2001

Email: farmers@brasenhillfarm.com

Website: <u>Brasen Hill Farm</u> Facebook: <u>Brasen Hill Farm</u>

We also offer pasture-raised pork, chicken, duck, turkey, and rabbit, as well as grass-fed lamb, goat, and beef,

and pasture-raised eggs. All of these are available at our farm stand and through our CSA.

Coppal House Farm – Lee – (603) 659-3572

John & Carol Hutton

Email: coppalhouse@comcast.net
Website: Coppal House Farm
Facebook: Coppal House Farm

USDA certified, pasture raised lamb and pork products. All cuts are flash frozen and vacuum sealed. Various

cuts available at the farm stand, but special requests are filled when available.

Diamond B Farm – New Durham – (603) 762-0190

Meghan Bickford

Email: diamondbfarm14@gmail.com

Website: <u>Diamond B Farm</u>
Facebook: <u>Diamond B Farm</u>

All natural, pasture raised beef, pork, chicken, turkey and eggs. Visit our website for more information.

His Harvest Farm – Madbury – (603) 834-5012

Bruce Smith

Email: farmer.hisharvestfarm@gmail.com

Website: His Harvest Farm

Pasture raised chickens and eggs.

Pinewoods Yankee Farm – Lee – (603) 659-8106

Tina Fottler & Erick Sawtelle Email: esawtelles@aol.com

Website: LocalHarvest: Pinewoods Yankee Farm

Facebook: Pinewoods Yankee Farm

Grass-fed beef. Belted Galloway and Angus crosses. Individual retail cuts and custom cut sides. Find us on

Local Harvest and Facebook.

Sullivan County

Beaver Pond Farm - Newport - (603) 543-1107

Bennie Nelson

Email: beaverpondfarm1780@gmail.com

Website: <u>Beaver Pond Farm</u> Facebook: <u>Beaver Pond Farm</u>

Raising beef and lamb. For sale at our retail store on the John Stark Highway between Newport & Claremont.

Open year-round.

Eccardt Farm Inc. – Washington – (603) 495-3830

George, Sandy & Ryan Eccardt Email: eccardtfarm@gsinet.net Website: Eccardt Farm & Store Facebook: Eccardt Farm Inc.

Our home-grown grass fed, USDA certified beef. We have an array of steak cuts and roasts all vacuum packed

for longer freshness. Lamb & pork when available.

Far View Farm - Langdon - (603) 313-7115

Marilyn Stuller

Email: info@farviewfarmnh.com

Website: Far View Farm
Facebook: Far View Farm NH

Lamb – Naturally raised on pasture, hormone and antibiotic free. Icelandic lamb is naturally lean with a mild

flavor.

Stone Farm – Cornish – (603) 469-3559

Charlie Stone

Email: 5cstone@comcast.net

USDA inspected. Vacuum wrapped. Seasonal turkeys. Fresh eggs. Saturday farm stand is open May-October

9-Noon.

Local Fruit & Vegetable by County

Belknap County

Moulton Farm - Meredith - (603) 279-3915

Email: moultonfarm@metrocast.net

Website: Moulton Farm Facebook: Moulton Farm

We are currently open 7 days a week from 8am to 6pm. Our farm market, kitchen, and bakery have everything you need for great tasting meals. Now offering a wide variety of fresh vegetables.

Still Seeking Farm, LLC - Gilmanton - (603) 267-5326

Email: stillseekingfarm@gmail.com Website: <u>Still Seeking Farm, LLC</u> Facebook: <u>Still Seeking Farm, LLC</u>

Nutrient dense vegetables, blueberries and much more!

Stop by the Laconia Farmers' Market on Saturdays, or at our Farm Stand.

Green Acres Blueberry Farm – New Hampton – (203) 533-9090

Email: greenacresberries@gmail.com

Website: Green Acres Berries

Facebook: Green Acres Blueberry Farm

Green Acres is a family-owned no spray You-Pick Blueberry Farm in New Hampton, NH. Open every day from

9 am to 5 pm July-August.

Smith Orchard – Belmont - (603) 524-9000

Email: info@smithorchard.com

Website: Smith Orchard
Facebook: Smith Orchard

Smith Orchard is a pick your own Apple Orchard, in Belmont, New Hampshire. Charlie Smith planted 800 trees in 1929 while he was a student at UNH, studying agriculture. Rob and Wende bought the Orchard in 1986.

Carroll County

Bly Farm - Wolfeboro - (603) 569-1411

Email: blyfarm@comcast.net

Website: <u>Bly Farm</u> Facebook: <u>Bly Farm</u>

Stop by the farm stand for fresh tomatoes, cucumbers, beans, zucchinis, summer squashes, lettuce, beets, peppers, carrots, eggplants, swiss chard, onions, winter squashes, pumpkins, potatoes, strawberries, and

blueberries

Spider Web Gardens – Tuftonboro – (603) 569-5056

Email: spiderwebgardens@ne.twcbc.com

Website: Spider Webs Gardens
Facebook: Spider Web Gardens

Wide variety of vegetables, berries and apples. Visit the farm stand!

Lovell Lake Orchards – Sanbornville – (603) 473-7050

Facebook: Lovell Lake Orchards

Family owned and operated pick-your-own blueberry farm.

Town Farm Country Market – Wakefield - (603) 986-5548

elizabethkasprzyk@gmail.com

Facebook: Town Farm Country Store

Town Farm Country Market, family-owned farmstand and apple orchard.

Cheshire County

Partners' Gardens LLC – Nelson Email: partersgardensnh@gmail.com Facebook: Partners' Gardens LLC

We are a small-scale farm providing fresh, organically grown produce and cut flowers in our southwestern New

Hampshire community. Check Facebook for farm stand hours and a list of available vegetables.

Whittaker's Homestead and Greenhouses - Alstead - (603) 835-8179

Email: whittakershomestead@gmail.com

Website: Whittaker's Homestead and Greenhouses
Facebook: Whittaker's Homestead and Greenhouses

Produce can be purchased at the farm stand during our normal season April-Oct, as well as, at our booth at the

Keene Farmers Market.

Monadnock Berries – Troy – (603) 242-6417

Email: monadnockberries@gmail.com

Website: Monadnock Berries
Facebook: Monadnock Berries

We are growers of flowers, fruits, berries, and veggies, and we love what we do.

We are picking blueberries, red currants, gooseberries, and raspberries, rain or shine!

Bring your smile and bring your mask, we have the berries.

Green Wagon Farm – Keene

Website: <u>Green Wagon Farm</u> Facebook: <u>Green Wagon Farm</u>

Green Wagon Farm is a small scale, produce and cut flower farm located on Court Street in Keene, NH. Estab-

lished in 1994. Open seasonally, June through October.

Coos County

Ledge Top Farm – Lyndeborough – (603) 620-7302

Email: tommitchell@tds.net Website: <u>Ledge Top Farm</u> Facebook: <u>Ledge Top Farm</u>

Organic vegetables and berries. Certified naturally grown farm-fresh food.

Grafton County

Longview Farm, LLC – Plymouth – (603) 726-1057

Email: info@longviewfarmstand.com

Website: Longview Farm, LLC Facebook: Longview Farm, LLC

Growing quality, fresh-picked produce for the Baker River Valley & beyond. Fifty acres of diverse vegetables

including strawberries and sweet corn.

Piermont Plant Pantry - Piermont - (603) 272-4372

Email: plants_7@yahoo.com
Website: Piermont Plant Pantry
Facebook: Piermont Plant Pantry

The Piermont Plant Pantry is committed to providing a diverse selection of plants, disease and pest free, for

reasonable prices.

Hillsborough County

Brookdale Fruit Farm Inc. - Hollis - (603) 465-2240

Email: brookdalefruitfarm@yahoo.com

Website: Brookdale Fruit Farm

Facebook: Brookdale Fruit Farm - Hollis, NH

We sell strawberries, cherries, blueberries, raspberries, peaches, nectarines, plums, apples, peas, cucumbers, pickles, green beans, wax beans, shell beans, summer squashes, zucchinis, sweet corns, peppers, tomatoes, heirloom tomatoes, pumpkins, sugar pumpkins, various winter squashes, apple cider, and other specialty vegetables. Produce can be purchased at our farm stand and various Hannafords and Shaws Supermarkets throughout the state, and other farm stands within the state.

Butternut Farm-Milford - Milford - (603) 673-2963

Email: noreenoc@comcast.net

Website: **Butternut Farm**

Facebook: Butternut Farm - Milford

For a fresh variety of produce and flowers visit us at the farm stand or at the Bedford, Milford and Nashua

Farmers' Markets.

Currier Orchards – Merrimack – (603) 881-8864

Email: currierorchards@yahoo.com Facebook: <u>Currier Orchards</u>, <u>LLC</u>

U-pick apples and pumpkins. Plus apple cider, jams, jellies, vegetables, pickles, apple pies, pumpkin breads

and peaches. Visit our farm stand.

McLeod Orchards - Milford - (603) 673-3544

Email: mcleodorchards@gmail.com

Website: McLeod Orchards
Facebook: McLeod Orchards

A large variety of spring and summer vegetables, apples, pumpkins, squashes and fall ornaments are avail-

able. Visit our farm stand from September 1 to late October or at the Bedford Farmers' Market.

Oasis Springs Farm - Nashua - (603) 930-1294

Email: info@oasisspringsfarm.com Website: <u>Oasis Springs Farm</u> Facebook: <u>Oasis Springs Farm</u>

Year-round hydroponic grown lettuces, kales, chards, herbs and microgreens. CSA pick-ups in Southern, NH.

Durocher Blueberry Farm – Litchfield – (603) 494-8364

Email: pickyourownberries@gmail.com

Website: **Durocher Farm**

Facebook: Durocher Blueberry Farm

Welcome to Durocher Blueberry Farm Located in Litchfield, NH. Open thru August for PYO.

McQuesten Farm – Litchfield – (603) 424-9268

Facebook: McQuesten Farm Website: McQuesten Farm

Open daily from 9am to 6pm, Monday through Saturday and 9am to 5pm on

Sundays. Please call for more information.

Merrimack County

Autumnview Farm - Pittsfield - (603) 435-5503

Email: autumnviewfarm97@outlook.com

Facebook: Autumnview Farm

An assortment of vegetables, such as corns, green beans, zucchinis, many squash varieties, peppers, tomatoes, eggplants and much more! Fruit includes, strawberries, peaches, rhubarb and cantaloupes. Autumnview Farm Items are also available at Hannafords and Shaws.

LaValley Farms – Hooksett – (603) 485-3541

Email: info@lavalleyfarms.com Website: <u>LeValley Farms</u> Facebook: <u>LeValley Farms</u>

We grow and sell sweet corns, tomatoes, cucumbers, squashes, lettuce, beans, greens, pumpkins, bedding plants, and

more! Open from April to December.

Lewis Farm – Concord – (603) 228-6230 Email: lewisfarmconcord@gmail.com

Website: Lewis Farm

Facebook: Lewis Farm & Greenhouses

We are a sustainable family-owned farm with a CSA & Farm Stand committed to serving Concord, NH, and the surround-

ing areas with fantastic produce and compost. Check the website for full product list.

Spring Ledge Farm – New London – (603) 526-6253

Email: info@springledgefarm.com Website: Spring Ledge Farm Facebook: Spring Ledge Farm

Our own fresh fruits & vegetables in season; quality annuals & perennials grown in our greenhouses. Pick your own

strawberries & cut flowers. Locally produced meats, dairy, baked goods, honey, maple and more.

Two Sisters' Garlic of Clough Tayern Farm - Canterbury - (603) 783-4287 / 731-5574

Email: twosistersgarlic@yahoo.com Facebook: Two Sister's Garlic

GARLIC - scapes, garlic scape pesto, bulbs green and cured, garlic jellies

Find our products at the farm stand, Golden Harvest in Hooksett

Concord Farmers' Market (Wed & Sat) also at the Canterbury Country Store and Harmens in Sugar Hill.

Windswept Maples - Loudon - (603) 267-8492

Email: info@windsweptmaples.com

Website: Windswept Maples

Facebook: Windswept Maples Farm

Year-round maple syrup & maple products. Sweet corns, tomatoes, squashes, pumpkins, green beans, potatoes and cucumbers available when in season. Ornamentals such as corn stocks, hay bales and mini pumpkins available during the

harvest season.

Visit the farm stand from late June to Labor Day. Weekdays - 1 pm to 5 pm

Weekends - 9 am to 6 pm. The farm stand is open year-round on Saturdays - 10 am to 2 pm

Rossview Farm - Concord - (603) 228-4872

Email: rossviewfarm@hotmail.com

Website: Rossview Farm Facebook: Rossview Farm

Open daily at 7:30 am, weather permitting. Call ahead to ensure open hours! Blueberry season has begun!

Apple Hill Farm - Concord - (603) 224-8862

Email: info@applehillfarmnh.com

Website: Apple Hill Farm Facebook: Apple Hill Farm

Sweet corn is in! Tomatoes, peppers, onions, zucchini, and cucumbers, and that is just the shortlist. Peaches (and that means peach pie), cut flowers, the farm stand is full and open 8:30 to 5:30 Monday thru Saturday. PYO blueberries, raspberries, and black currants, Monday thru Saturday mornings 8 to Noon.

Rockingham County

Barker's Farm - Stratham - (603) 778-1039

Email: barkersfarm@myfairpoint.net

Website: <u>Barker's Farm</u> Facebook: <u>Barker's Farm LLC</u>

A family farm is bringing you local and farm-fresh produce. Check the website for current availability at the

online store.

Heron Pond Farm – South Hampton – (603) 394-0129

Email: kelsey@heronpondfarm.com

Website: <u>Heron Pond Farm</u> Facebook: <u>Heron Pond Farm</u>

Heron Pond is a four-season farm that grows over 250 varieties of vegetables, fruits, herbs and flowers. Farming year-round has allowed us to grow and maintain an incredibly skilled and experienced staff whose passion

brings higher yields, quality and flavor to our food all year long.

J&F Farms Inc. – Derry – (603) 437-0535

Melissa Dolloff

Email: jandffarms@gmail.com Facebook: J & F Farm Inc

Visit our farm stand for a wide variety of fruits and veggies!

Oliver Merrill & Sons – Londonderry – (603) 622-6636

569 Mammoth Road

Email: Merrillfarmsnh@gmail.com Facebook: Oliver Merrill & Sons

Visit us at our farm stand and find our eggs, apples, peaches, pears and vegetables. You can also find us at

various grocery stores in Manchester, Derry and Londonderry.

Saltbox Farm – Stratham – (603) 436-7978 Email: saltboxfarmblueberries@gmail.com Website: Seacoast Harvest: Saltbox Farm

Facebook: Saltbox Farm

Blueberries, raspberries, and flowers.

Scamman Farm - Stratham - (603) 686-1258

Email: scamman farm@comcast.net

Website: <u>Scamman Farm</u> Facebook: <u>Scamman Farm</u>

Farm stand open September and October for pumpkins and a corn maze. We are also at Stratham Farmers

market on Saturdays.

Sunnycrest Farms – Londonderry – (603) 432-9652

Email: sunnycrestfarm@myfairpoint.net

Website: <u>Sunnycrest Farm Inc.</u> Facebook: <u>Sunnycrest Farm</u>

Family owned and operated apple farm with pick-your-own apples, strawberries, blueberries and cherries, as well as a market with fresh local vegetables & fruits and NH honey, syrup and milk. We also have a bakery that offers apple donuts and home-made breads.

Strafford County

Butternut Farm – Farmington – (603) 335-4705

Email: info@butternutfarm.net

Website: <u>Butternut Farm</u> Facebook: <u>Butternut Farm</u>

A family run, family-oriented pick your own fruit farm.

Sullivan County

Beaver Pond Farm – Newport – (603) 543-1107

Bennie Nelson

Email: beaverpondfarm1780@gmail.com

Website: <u>Beaver Pond Farm</u> Facebook: <u>Beaver Pond Farm</u>

Beaver Pond Farm retail store, located on the John Stark Highway between Newport & Claremont. Open year-round. Our own beef, lamb, vegetables, berries, apples, cider, Christmas trees, pumpkins and handmade wreaths. THE BEST homemade pies and jams, along with maple syrup and PYO raspberries at the farm in July. Locally-made and produced products as well. We also wholesale to Shaws and Grazi's in Newport and Jiffy Mart in Claremont.

Cutting Farm – Springfield – (603) 763-3239

Website: Cutting Farm

A wide variety of fruits & veggies and much more!

Bascom Road Blueberry Farm – Newport – (603) 359-7703

Email: kristy@bascomroadblueberryfarm.com

Website: <u>Bascom Road Blueberry Farm</u>
Facebook: <u>Bascom Road Blueberry Farm</u>

We are a family-oriented Pick-Your-Own Blueberry Farm in Newport, NH. Our farm store has prepicked blueberries, freshly harvested produce from our farm and other local goods. Shop online on our website.