



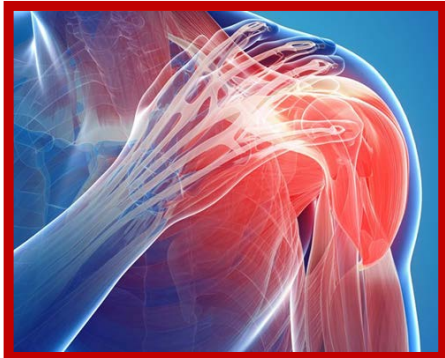
GOING BEYOND Trigger Points

Myofascial Pain Seminars with Cathy Cohen

BeyondTriggerPoints.com

BALANCING THE ROTATOR CUFF 1-Day 6 CEU Live Interactive Webinar Treating Stubborn Shoulder Pain

Sat. June 12, 2021 10 am to 4:30 pm CDT



Discover new techniques to confidently treat myofascial pain in the shoulder

Gain practical understanding of how to apply Travell & Simons' proven Trigger Point Therapy techniques to relieve myofascial pain

- Discover easier ways to relieve neck/shoulder pain with trigger point release, myofascial manipulation & perpetuating factor corrections
- Connect-the-Dots between the top behavioral & postural factors that perpetuate shoulder pain, forward head posture & rounded shoulders
- Identify the biomechanical factors contributing to rotator cuff tears

\$129 6 CEUs

Discount Available:

Sign up with another therapist to save \$20 -- only \$109 each



Upgrade your therapist toolkit with proven Trigger Point therapy protocols

- Practice 3 methods for identifying key trigger points
- Identify the major muscle groups harboring trigger points in the shoulder
- Develop your Pain Detective skills to relate specific injuries to predictable shoulder pain patterns

SCHEDULE

- Saturday June 12, 10 am to 4:30 pm CDT
6-hour live interactive webinar on Saturday with 1/2 hour lunch break
- Hands-On Interactive Learning
You'll need an internet-connected computer or smartphone, massage table and a practice partner or a warm body to practice hands-on protocols
- No therapist partner? No problem!
Invite a "safe" client or family member to be your warm body
- 4 weeks free multi-media follow-up enrichment includes videos of protocols