

San Anselmo Optometry

BLEPHARITIS (eyelid/eyelash – infection)

CAUSE

Crustiness on the eyelashes is a common eyelid infection. Bacteria common on the surface of our skin manage to get under the skin inside small oil glands next to each eyelash. They cause dandruff-like scales and particles to form along the lashes and eyelid margins.

Symptoms can be redness, irritation, itching and thickening of the eyelid skin. If left untreated, this condition can not only affect the lashes and lids, but increases the likelihood of eye infections such as styes. Blepharitis also can affect the comfort of contact lenses, causing increased redness or dryness. All these products can be gotten online and most at local retail outlets.

CLEANING AND RINSING TREATMENT – FOR MILD TO MODERATE BLEPHARITIS

Treatment is primarily to clean off the crustiness off your eyelashes - Use one of these products below while taking your regular shower or after washing your face with warm water. Firmly clean your upper and lower eyelashes for about 15 seconds like you were shampooing - only 'lightly' close your eyelids so that the pad can optimally clean your lashes.

THESE 3 PRODUCTS ARE ALL THE SAME FORMULA -



With the Pump and Foaming Bottle you can use your fingers or I suggest getting some inexpensive makeup remover pads at places like grocery stores or retail outlets.

Use them at least once daily for at least 2 weeks. Thereafter, use them whenever you like or once a week to make sure issue doesn't return.

APPLY AND LEAVE ON TREATMENTS – FOR MODERATE TO SEVERE BLEPHARITIS

THESE 2 PRODUCTS ARE THE SAME FORMULA -



30 Individual Pads



Bottle

A NEW FORMULA FOR BLEPHARITIS

This product is relatively new – in the last year or so – yet has had excellent results in many patients. It is just as easy to apply and is left on. Many studies have utilized both the Ocusoft Plus product above and then this product is added on top with the spray and not rinsed off.



It's always best for you to return in 3 to 6 weeks at let me look under the microscope and check your eyelashes again. Email or call me if you have any questions.