

Chicago Department of Public Health

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HEALTHY CHICAGO CHICAGO

Chicago Department of Public Health Allison Arwady MD MPH, Commissioner

McCormick Place Alternate Care Facility (MPACF) Accepting Intake Requests for COVID-19 Cases April 14, 2020

Summary and Action Items:

- COVID-19 patients stable for transfer from the hospital meeting the criteria outlined below, who have
 not completed the minimum isolation period and cannot return home due to the risks of that home
 setting (any congregate setting, or immunocompromised/elderly family members from which they
 cannot remain isolated) will be considered for McCormick Place Alternate Care Facility (MPACF)
 transfer by calling 312-791-6620 starting April 14, 2020 at 9:00AM.
- Criteria for isolation facility transfer will change over time and up to date admission/exclusion criteria will be posted at <u>www.chicagohan.org/COVID-19</u>.
- Patients with complex medical/psychiatric/wrap-around support services may qualify for other CDPH isolation facilities and discharge planners may be instructed to complete an online <u>Quarantine/Isolation Facility Intake Form</u> if they do not meet current MPACF criteria.

Background

COVID-19 patients with minimal medical support requirements who still need to be in isolation can be considered for the first phase of placement at the McCormick Place Alternate Care Facility (MPACF). In general, CDPH continues to recommend that COVID-19 patients can be safely discharged to home without precautions if it has been <u>at least 7 days from symptom onset or at least 72 hours after recovery, whichever is longer.</u> Recovery is defined as resolution of fever without the use of fever-reducing medications and improvement in respiratory symptoms (e.g., cough, shortness of breath). Lingering cough (as determined by the treating physician) should not prevent a case from being released from isolation. Please review the below information prior to requesting MPACF transfer.

MPACF Intake Requests

If hospitals are seeking to discharge patients prior to completion of the minimum recommended isolation period, the hospital discharge planning liaison can contact the MPACF Intake Coordinator at MPACF command center by calling 312-791-6620 starting April 14, 2020 at 9:00AM. Intake calls will be taken 24 hours a day and EMS transport arranged by MPACF. Criteria for admission will change over time and up to date admission/exclusion criteria can be found at www.chicagohan.org/COVID-19. The facility reserves the right to return a patient to the discharging facility by EMS transport if their clinical assessment differs from the facility sign-out during the intake process.

Hospital Preparation for Patient Transport

When patients have been approved for transfer to MPACF, hospitals should coordinate with their onsite outpatient pharmacy and the patient's family to obtain any necessary personal items, home medication, and home medical supplies needed to complete the isolation period at MPACF.

MPACF Admission Criteria (4/14/20)

- COVID-19 positive (lab-confirmed)
- Age 18 or older
- All payor status accepted, including uninsured
- Oxygen saturation of 92% or higher on 2 L/min nasal cannula O2 or less
- Patient (or discharge hospital) must be able to provide home medications for at least 10-day supply
- Patient is ambulatory and able to perform activities of daily living (ADLs)
- Upon completion of isolation period, patient will be eligible for discharge to previous place of residence
 - Individuals experiencing housing insecurity will be considered on an individual basis upon review of mental health and substance abuse history to ensure they can be safely housed in the facility. Discharge planners will be referred to <u>www.chicagohan.org/COVID-19</u> for information on how to submit an intake request to other CDPH isolation facilities as MPACF capacity builds.
- Last set of vitals normal and stable for the last 24 hours
- Inflammatory markers stable or downtrending in the last 24 hours, only if available
- Diabetic patients must be able to self-monitor glucose and (and bring glucometer, test strips, lancets)
- Patients must have all home medical supplies or devices (including ostomy, self-catheterization, and ambulatory assistive devices in hand)

MPACF Exclusion Criteria (4/14/20)

- BMI > 40
- Diagnosis of sepsis within the last 24 hours
- Patient requires extensive nursing care (e.g. no assisted catheterization, no significant wound care)
- Patient requires tube feeds or significant feeding assist
- Moderate or severe sleep apnea that requires CPAP or BIPAP use while at the facility
- Patient requires dialysis
- Immunocompromised (as defined by discharge attending of record such that the patient is at high risk of decompensation with COVID-19; including pregnancy, neutropenia, diagnosis of AIDS or HIVinfected persons with severe immunosuppression)
- Patient has acute or uncontrolled mental health or substance abuse/withdrawal needs including moderate or severe risk for alcohol withdrawal
- Patient requires IVF or IV medications
- Registered sex offender
- No concealed carry allowed
- Detainees (from jail or prison)
- On contact precautions for acute diarrheal illness, active XDRO, Candida auris colonization or infection
- Active tuberculosis diagnosis

MPACF Discharge Criteria

- 7 days or more from symptom onset; AND 3 days or more afebrile without antipyretics and improved symptoms, whichever is longer.
- Cleared for discharge by MPACF healthcare provider on site.