

# FAIRFAX ICE ARENA'S COACHING STAFF

★ **Paulette Bleam** ★



Started Skating: Age 7  
Trained: Colorado Springs, Colorado

- ★ USPS Double Gold Medalist
- ★ Junior Olympic Competitor
- ★ Midwestern Sectional Competitor & Alternate to U.S. Nationals
- ★ Sun Valley Ice Show Cast-member

Available to teach all levels of Freestyle

★ **Lynette Carroll** ★



Started Skating: Age 6  
Trained: Fairfax Ice Arena  
Fairfax, Virginia

- ★ USFA Double Gold Medalist
- ★ Professional Skating Association Member
- ★ 8 Years of Coaching Experience

Available to teach all levels of Freestyle and Field Moves

★ **Irina Chilova** ★



Started Skating: Age 4  
Trained: Central School of Olympic Prospects, St. Petersburg, Russia

- ★ Single Junior Champion in Pre-Bronze
- ★ Senior Champion in Ice Dancing
- ★ Principal Skater in Ill. Potomac Ballet on Ice for 11 Years
- ★ Received B.S. in Figure Skating Coaching, Ill. Potomac, Russia
- ★ 20 Years of Coaching Experience

Available to teach all recreation skating levels

★ **Dana Chinn** ★



Started Skating: Age 5  
Trained: Fairfax Ice Arena  
Fairfax, Virginia

- ★ Gold Medalist in Freestyle
- ★ 1990 Junior National Games Champion
- ★ Regional & Sectional Coach
- ★ 2-Time South Atlantic Medalist
- ★ 25+ Years of Coaching Experience

Available to teach all levels of Freestyle

★ **Brenda Denny** ★



Started Skating: Age 5  
Trained: Fairfax Ice Arena  
Fairfax, Virginia

- ★ USPS Double Gold Medalist
- ★ 2004 Virginia State Games Champion
- ★ Principal Skater at Wild Adventures Theme Park
- ★ 15 Years of Coaching Experience

Available to teach all levels of Freestyle and Field Moves

★ **Deann Fuhrman** ★



Started Skating: Age 8  
Trained: Los Angeles, California & Broadmoor World Arena, Colorado

- ★ USPS Gold Medalist
- ★ U.S. National Competitor
- ★ Pacific Coast Sectional Champion
- ★ Southwest Regional Champion
- ★ 25 Years of Coaching Experience

Available to teach all levels of Freestyle and Field Moves

★ **Jack Gleisberg** ★



Started Skating: Age 6  
Trained: Skulptur Studio, Naples, Tidewater, Virginia

- ★ 2-Time U.S. National Competitor
- ★ South Atlantic Medalist
- ★ USPS Gold Medalist - Moves in the Field
- ★ 5 Years of Coaching Experience

Available to teach all levels of Freestyle

★ **Joe Griffin** ★



Strength Trainer

- ★ Bachelor of Science in Kinesiology from University of Maryland
- ★ Was 2015 Strength Coach of the Year (MLB Los Angeles Angels)
- ★ Certified Strength and Conditioning Specialist

★ **Jonathon Hodgkinson** ★



Started Skating: Age 6  
Trained: National Ice Center  
Nottingham, UK

- ★ British National Champion Ice Dance
- ★ National & International Competitor (Great Britain)
- ★ Ice Dance Coach (National Ice Center, Nottingham, UK)
- ★ Performed with Disney On Ice

Available to teach all levels of Freestyle and Field Moves

★ **Nadia Hodgkinson** ★



Started Skating: Age 5  
Trained: Santa, Russia

- ★ Single Junior Regional Champion
- ★ Russian National Championship Competitor
- ★ Ladies Regional Champion
- ★ Principal Skater with Disney On Ice
- ★ Received Masters Degree in Physical Education and Sports

Available to teach all levels of Freestyle and Field Moves

★ **Sabina Miller** ★



Started Skating: Age 6  
Trained: Ames ISU Ice Arena  
Ames, IA

- ★ Midwest Regional Champion
- ★ Intermediate Freestyle, Pre-Gold Dance, and Junior Moves in the Field
- ★ M.S. Degree in Exercise Science
- ★ 8 Years Coaching Experience

Available to teach all recreation skating levels

★ **Julianna Nicolaus** ★




Started Skating: Age 6  
Trained: Mt. Lebanon Skating Center  
Pittsburgh, Pennsylvania

- ★ USPS Double Gold Medalist
- ★ South Atlantic Regional Competitor
- ★ Professional Skaters Association Member
- ★ 5 Years of Coaching Experience

Available to teach all recreation skating levels

★ **Ann Marie Novock** ★



Started Skating: 5  
Trained: Adley Ice Arena  
Dearborn, Michigan

- ★ Coached at Mount Pleasant Figure Skating Club in Michigan
- ★ Specializes in Recreational Skating for 75+, Children and Adults
- ★ Bachelor's degree in Communications from Central Michigan University
- ★ 18 Years of Coaching Experience

Available to teach all recreation skating levels

★ **Mikael Olofsson** ★



Started Skating: Age 5  
Trained: Gothenburg Ice Rink  
Sweden

- ★ Swedish National Medalist from 1994-2002
- ★ 4-time Nordic Championships Medalist
- ★ Technical Specialist and Competition Administrator for the Swedish Figure Skating Association
- ★ Head Coach of Figure Skating Clubs in Sweden and Denmark
- ★ Previously Coached Swedish and Danish National Competitors

Available to teach all levels of Freestyle and Field Moves

★ **Lauren Page** ★



Started Skating: Age 8  
Trained: Richmond Ice Zone  
Richmond, Virginia

- ★ U.S. Figure Skating, CBR Category A
- ★ Professional Skating Association B.A. Exam
- ★ B.A. Political Science and Masters of Public Administration
- ★ 9 Years of Coaching Experience

Available to teach all levels of Freestyle

★ **Nick Perna** ★



Started Skating: Age 9  
Trained: Wilmington, Delaware

- ★ Senior Pairs Champion
- ★ National Coach
- ★ USPS Gold Medalist
- ★ Professional Skating Association Master Rating
- ★ 25+ Years of Coaching Experience

Available to teach all levels specializes in pairs & stroking techniques

★ **Robin Schell** ★



Started Skating: Age 4  
Trained: Fairfax Ice Arena  
Fairfax, Virginia

- ★ USPS Medalist
- ★ South Atlantic Regional Competitor
- ★ M.A. in Interdisciplinary Studies
- ★ 10 Years of Coaching Experience

Available to teach all recreation skating levels

★ **Kim Sherrock** ★



Started Skating: Age 5  
Trained: Ice Time  
Long Island, New York

- ★ Former Ice Capades Show Skater
- ★ Master of Arts in Early Childhood/Elementary Education
- ★ 25 Years of Coaching Experience

Available to teach all recreation skating levels

★ **Jill Smith** ★



Started Skating: Age 5  
Trained: Fairfax Ice Arena  
Fairfax, Virginia

- ★ USPS Double Gold Medalist
- ★ Senior South Atlantic Competitor
- ★ B.S. Degree in Athletic Training
- ★ Professional Skating Association Master Rated in Moves in the Field
- ★ Professional Skating Association Certified in Freestyle

Available to teach all levels of Freestyle and Field Moves

★ **Sandi Smith** ★



Started Skating: Age 35  
Trained: Fairfax Ice Arena  
Fairfax, Virginia

- ★ Specializes in Special Needs Skaters
- ★ 20 Years Coaching Experience

Available to teach all recreation skating levels

★ **Sandra Sparger** ★



Started Skating: Age 6  
Trained: Fairfax Ice Arena  
Fairfax, Virginia

- ★ USPS Triple Gold Medalist
- ★ Senior Ladies South Atlantic Medalist
- ★ Professional Skating Association Member
- ★ Trained under Jean Orlino
- ★ 25+ Years of Coaching Experience

Available to teach all levels of Freestyles and Field Moves

★ **Kalle Strid** ★



Started Skating: Age 4  
Trained: Gothenburg, Sweden

- ★ World Coach and Choreographer
- ★ Swedish National Team Member
- ★ 4-Time World Coach
- ★ Head Coach of Denmark's Largest Skating Club of Copenhagen
- ★ Choreographer for Danish and Swedish National Team

Available to teach all levels and choreography

★ **Katie Townsend** ★



Started Skating: Age 6  
Trained: Fairfax Ice Arena  
Fairfax, Virginia

- ★ USPS Double Gold Medalist
- ★ Senior Ladies South Atlantic Competitor
- ★ Professional Skating Association Member
- ★ 10 Years of Coaching Experience

Available to teach all levels of Freestyle and Field Moves

★ **Audrey Weisiger** ★



Started Skating: Age 8  
Trained: Broadmoor World Arena  
Colorado

- ★ USPS Double Gold Medalist
- ★ U.S. National Medalist
- ★ 1999 Coach of the Year, World & Olympic Coach
- ★ Professional Skating Association Master Rating

Specializes in competitive skating/choreography

★ **Caitlin Wong** ★



Started Skating: Age 6  
Trained: Westmont  
Lakewood, Ohio

- ★ Completed Senior Moves and Novice Freestyle
- ★ Bachelor's and Master's Degrees in Nutrition
- ★ 5 Years Coaching Experience

Available to teach all recreation skating levels

For Private Lessons  
contact the Skating Director  
E-mail:  
[lessons@fairfaxicearena.com](mailto:lessons@fairfaxicearena.com)  
or call 703-323-0674 x24