



THE ESSEX CORINTHIAN YACHT CLUB

OFF-SHORE

IDEAL 18 FLEET UPDATE



The club's Ideal 18s are now available for any qualified skippers to take out other club members or guests (please familiarize yourself with our Ideal 18 Usage Guidelines). Please sign out the boats and follow the rules posted on the Ideal 18 bulletin board.

- Bring a VHF radio. If you do not have your own, please ask Jean Little or me about using the club's radios. Please ensure you return the radios to their chargers after use.
- Life jackets must be worn at all times. There are a couple of spare life jackets in the lockers next to the side door.
- There are four paddles for the three boats. If the wind and/or current is strong, take two paddles as it can be difficult to clear the outer docks.
- For graduates of Cindy Gibb's racing clinic and any other qualified skippers who feel they are ready to test themselves one of our Frostbite skippers will be happy to crew for you in the Tuesday night EYC races which we are allowed to participate in. The racing is not highly competitive and is a good stepping stone to Frostbiting, the Rum Challenge, and the team race. Contact Tom Atkinson (860-662-4005) or Jon Gibbs (860-391-5700) if you are interested.

Note: All members and guests using the Ideal 18s must

IMPORTANT DATES:

- **June 8th:** Jon Thomas, Jazz Pianist
- **June 11th:** Hamburg Cove Raft-Up
- **June 11th:** "America" Presentation
- **June 12th:** First Round The Buoy Race
- **June 15th:** Corinthian Jazz Band
- **June 18th-19th:** Summer Sailstice
- **June 19th:** Father's Day Brunch
- **June 22nd:** Occasional Jazz Ensemble
- **June 24th:** New Member Reception
- **June 25th:** 12-Meter Challenge
- **June 29th:** Corinthian Jazz Band
- **July 3rd:** Sunday Night Dinners Start
- **July 4th:** Harbor Parade and Cook-Out
- **July 6th:** Russ Becker & John Birt

Refer to our event calendar on our website at www.essexcorinthian.org for event details!



VIEW FROM THE BRIDGE

sign the waiver and contact information forms, and sign out on the bulletin board in the River Room as well!

Tom Atkinson

Fleet Captain

Email: fleetcaptain@essexcorinthian.org

THE 2016 ECYC REGATTA SEASON STARTS THIS WEEKEND!

The first "friendly" Round The Buoy Race in cooperation with EYC will be held on Sunday, June 12th.

For more information on how to sign up and to download the sailing instructions, please go to our webpage at www.essexcorinthian.org/round-the-buoy-regattas.html

The first regatta will be hosted by EYC including the post-race party. Please submit your entry form to EYC.

Tim Brewer

Race Committee Chair

Email: racechair@essexcorinthian.org



ON-SHORE & HOUSE

Boats have made their appearance on the river, and the deck is the perfect place to check out all the action! We have already enjoyed several nice evenings on the deck, and there are many more to come. Thanks to Chuck Grusse and his team the awning is up, and summer at ECYC can begin!

Friday Night Dinners have been popular, especially when the weather is warm enough to enjoy the deck. We have also started **Wednesday Night Music Dinners** (more information below), and **Sunday Night Dinners** are not too far off (starting July 3rd).

Don't forget, we postponed our **Spring Raft-Up in Hamburg Cove to Sunday, June 12th**. We will send out an e-blast with details as we get closer to the weekend. If you want to join, but do not have a boat, please contact Steve Rodstrom, who is spearheading the outing.

Our next big social event is the **Annual 4th of July Harbor Parade and Cook-Out**. Pat Atkinson has graciously volunteered to organize the cook-out, and we will share details soon. The Harbor Parade details will also be posted soon, we hope to entice a few of you boat owners to join us this year!

Please participate in our events and activities, our club and its volunteers put a lot of effort in organizing these events for you, so let's not disappoint them!

As always, you can find more information on our program on our website, www.essexcorinthian.org, click on "Events".

If you have suggestions or comments, please feel free to



Fellow Corinthians!

We have a busy summer planned and it's hard to believe we are working on the 4th of July Boat Parade and Cookout.

This coming Saturday, June 11th, beginning at noon, boaters will get together at the Hamburg Cove Raft-Up. And, on Saturday evening we welcome Special Guest Speaker Troy Sears, the owner of the Yacht America, discussing the Past & Future of the America's Cup. This event is partnered with Essex Yacht Club, starts at 5:30 pm, and is held at ECYC. It should turn out to be a very interesting event.

On Sunday, June 12th we launch our first Round the Buoys Regatta, one of three that are always a lot of fun.

With all these event going on please remember they are run by volunteers and without them we could not accomplish all of this. Over the past few years fewer folks have been helping out and we need to change that. Please think about saying YES to an event which is also a great way to meet other fellow Corinthians. You definitely get out of it what you put into it!

On the membership front we are at about 10 members away from being where we were last year. Please keep up the good work of finding new members that will stay long term with us. It is important to encourage those that will enjoy and use our club.

I do want to take a moment to talk about our Galley. On any given Friday night as the weather gets nicer our club and our deck will fill up early. Please understand that when we get 70 to 80 people all arriving around the same time things will get backed up. We need to remember that our club affords us a very special place to relax, so sit back and enjoy the camaraderie with your fellow members. If you keep the focus on the social angle of our dining privileges, you will enjoy the evening more. Remember to order as soon as you can after you arrive, and please give the galley staff a break when things get a little more hectic. We are also encouraging everyone to email the galley ahead of time to advise them whether you are coming on a Friday night. While it is not a reservation, it will help them greatly to plan ahead and avoid bottlenecks.

Hope you have a great month!

Steve Rodstrom

Commodore



WEDNESDAY NIGHT MUSIC HAS STARTED!



Please join us for Music on Wednesday Nights at the Corinthian Cafe!

We have compiled a program with local musical talents who will play for your enjoyment during your dinner.

Jon Thomas



contact me or any of our board members to share. ECYC lives and breathes with the help of our membership.

Wishing you all a Happy Summer!

Ruth Emblin

Vice Commodore

Email: vicecommodore@essexcorinthian.org



House Committee Update:

Unfortunately my norm continues, as I am way behind in my self-imposed mental schedule of major project detail definitions. It's freakin' June already! What happened to May, did it get dropped from the calendar this year? Expectations always seem to exceed capability, it's a character flaw of mine. By this time I had hoped to have the entire program of renovations ready for prime time review and implementation planning, NOT! Thank goodness for Terry Stewart, as we all learned during his tenure as commodore, here's a guy who gets things done. He was able to wrap up his subproject evaluation for the alarm and entrance replacement system - thanks so very much Terry, are there any more at home like you?

Regardless of the less than impressive progress, we will plod forward and strive to get the others done: 1) front of building renovation; 2) rear deck renovation; 3) river room entrance; 4) windows sealing. We'll get it done - that's that eternal optimism of mine, a positive character trait of mine.



The most immediate task is my continued hope to get the existing main deck sanded and resurfaced. Method there will be rent of floor sander, get off existing paint, slap down a stain. This action should improve the appearance as well as life for maybe a couple more years. Will be reaching out to committee members to get this started this month.

Chuck Grusse

House Chair

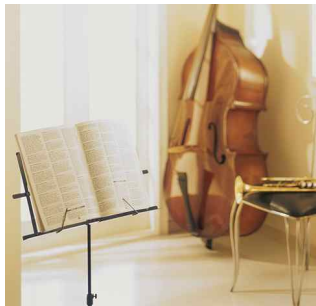
Email: house@essexcorinthian.org

Entertainment Committee Update:



Time flies, when you're having fun.... it is June already, and time is not standing still. Our events are coming up one after the other!

As mentioned earlier, we will have the **Hamburg Cove Raft-Up on Saturday, June 11th**, followed by the first **Round The**



is a young jazz pianist who started playing piano at age 5! He began studying jazz piano at the Community Music School at age 13. He was honored as the CMEA Eastern Region Jazz Pianist 2012, and currently studies music at Western Connecticut State University. We will enjoy a special performance by this very talented young pianist on June 8th, 2016!



The Occasional Jazz Ensemble:

Our own Scott Konrad heads up this group of musicians. They will perform tunes from the Great American Songbook. On June 22nd he will be joined by Jim Goodwin (double bassist), and on July 20th, Trevor Davis (drums) and a yet to be announced reed player will join him.



Russ Becker & John Birt:



Russ Becker - Flute, Clarinet, Jazz Improvisation - has been an active musician on the Connecticut music scene for many years. He has been a member of the Stamford Symphony, the Hartford Civic Orchestra, Radio Piece 3 (progressive jazz/rock), Collectively Speaking (jazz), The Bob Hughes Big Band, and The Art Cellar Sax Quartet, as well as countless other ensembles covering a broad spectrum of musical genres. He currently performs regularly with the Russ Becker Quartet. Russ considers teaching his most important and rewarding musical endeavor, and loves working with students of all ages and skill levels.



John Birt - Guitar, Mandolin, Electric Bass, Banjo - completed his Master's degree at The Hartt School of Music where he studied with internationally recognized pedagogue and performer, Richard Provost. He has participated in several master classes presented by Oscar Ghiglia, Andrew York, Odair Assad of the Assad Duo, and Scott Tennant of the Los Angeles Guitar Quartet. He has proven his versatility on many stages throughout the world. John's performances have included solo and chamber repertoire that extends from the Renaissance to the present, including several premieres by American composers. A native of Rhode Island, John was a self-taught musician before entering Rhode Island College in the fall of 2007. Outside of school, John founded a seven-piece Irish group that recorded two full-length albums and continues to perform throughout New England. Russ and John will entertain you on July 6th!



The Corinthian Jazz Band certainly doesn't need an introduction - its musicians have entertained us for years! We are looking forward to performances every other week. Please check our event calendar for details!

Wednesday dinner menus will be included in your weekly menu e-blast!

GALLEY NEWS

Our **Friday night dinners** have become very popular, and we are happy to see so many of you enjoying dinner at the Corinthian Cafe!

It can be hard to predict how many diners to expect on a particular Friday night. Therefore we are working on an option for members to let the galley know ahead of time whether they will be dining at the club on a Friday night. This will not be a reservation option, we will continue to keep our open seating policy, but a means to make meal planning easier for the galley.

Until we find the best option, **could you please consider sending a quick email to Monique, just to let her know that you are planning on dining at ECYC on a Friday night, complete with the number of your party?**

A short email to monique@coastalcookingcompany.com is all it takes...

Remember, if everyone on your table wants to eat at the same time, please turn your orders in together. Please allow for extra time if someone in your party submits their order after you and requests to be served at the same time.

Buoy Race (hosted by EYC) on Sunday, June 12th. And the **4th of July** is right around the corner, with the traditional **Harbor Parade and Cook-Out at ECYC.**

While the Round The Buoy Races are the "department" of the Race Committee, they will **need help with the post-race parties on July 10th and August 21st.** Please consider volunteering as "on-shore assistant" to help with the set-up for these parties!

There are a lot of upcoming events on our event calendar, and we hope that you will enjoy them. We ask you to consider volunteering for one of them. As we are a membership-driven organization the philosophy is "**all hands on deck**" to make the 32nd year of our club successful and enjoyable for all! Check out the online calendar and select a club event you would like to become involved in!

Remember, our events are listed online at our website, just go to www.essexcorinthian.org ... and click on "Events"!

Ruth Emblin

Vice Commodore & 2016 On-Shore Events
Email: vicecommodore@essexcorinthian.org
or events@essexcorinthian.org

Membership Update:

May was an especially busy month in the Membership department, as your Board of Governors welcomed six new member households and reinstated a returning one at its regular monthly meeting:

- **Pete Ducharme and Tina Lyons**, of Madison -- experienced power cruisers proposed by Steve Rodstrom. Owners of Just My Luck, a 32' Bayliner, Pete and Tina are both employed in the creative trades and look forward to socializing with their friends and to contributing their talents to the Decorating, Entertainment, and House Committees.
- **Steve and Kyle Hinding**, of Essex -- recently relocated from Upstate New York and proposed by the Sandra and Dean Eubanks. Steve owns Hinding Tennis, an award-winning specialty contractor that builds and maintains all-weather tennis courts. They're scouting for a larger boat than the one they previously owned in Upstate New York; enjoy tennis, golf and travel; and were attracted to ECYC because they'd heard "...from many friends that The Corinthian is the place to meet new people."
- **Bill Pease and Loretta Berry**, of Essex -- who own Encore, a 1952 Lyman Islander, and are experienced boaters eager to meet others to share leisure time on the water. Retired from corporate finance and specialty advertising businesses, Bill and Loretta have sailed the North Atlantic, Caribbean, and Gulf of Mexico and have been members of the Block Island Yacht Club, where Bill was most recently Fleet Captain.
- **Hilary Loftus**, of Boynton Beach, FL (formerly of Essex) - proposed by Cindy and Jonathan Gibbs as an avid racer, cruiser, and day-sailer who developed her love of sailing beginning at age nine in a Blue Jay. A US Sailing-certified instructor, Hilary previously managed the Pilot's

Note: Orders by groups larger than six may need to be slightly staggered to allow the kitchen to coordinate serving.



On **Sunday, June 19th**, the galley will serve a special **Father's Day Brunch**. Why not treat Dad to brunch at ECYC?

Reservations are strongly encouraged to ensure you get your preferred time! Please reserve your table by emailing Monique with the number in your party and preferred time at monique@coastalcookingcompany.com

For details and reservations, please go to www.essexcorinthian.org/more-events-at-ecyc.html or download the brunch menu by clicking on the button below:



Looking forward to seeing you at the club,

Catherine Gazikas

Galley Liaison

Did You Know?

The Galley serves a great lunch with soups, salads and all kinds of comfort food to be enjoyed while the roaring fireplace takes the chill out of rainy April weather or enjoy the spring views across the Connecticut River! Why not come and give it a try? Daily Wednesdays through Saturdays, and brunch on Sundays. And Sunday night dinners will start on June 3rd!



We want to know what you think about our galley!

Menus are available at www.essexcorinthian.org/dining.html

We want your feedback about our galley activities.
Please let us know what you think!
Email galleyliaison@essexcorinthian.org



NEW: ECYC Dinghy Dock Rentals

ECYC is now renting out **dinghy dock spaces** right outside our clubhouse. Space is first-come, first-serve, so call Club Manager Jean Little now to secure your spot!
Dock will accommodate **vessels no longer than 9 feet.**

Cost **\$310 plus tax** for the 2016 season.

Dinghy & Kayak Rack:

If you would like to store your dinghy or kayak on the ECYC rack, you must register with the Club Manager and get a sticker. Unregistered vessels may be removed. Please also note that kayaks should only be stored on the TOP rack, to allow dinghy owners access to their boats without getting "speared". Thank you!

For more information please contact our Club Manager, Jean Little at ecyc@essexcorinthian.org

EVENTS OF INTEREST AT ECYC AND ELSEWHERE:

Point Marina sailing school and developed its competitive racing program over most of the last decade. Now a healthcare marketing executive, she plans to join the Catamaran Association of Biscayne Bay and is scoping out sailing opportunities in Southeast Florida.

- **Karen and Ron Senn**, of Essex - both area natives who've been active in such community organizations as the Hot Steamed Jazz Festival, Essex Board of Trade, and the Essex Volunteer Fire Department (for which Ron jokes that he made innumerable visits to ECYC before our alarm system was upgraded!). Proposed by Scott and Candace Konrad, the Senns are proud parents of Jason (13) and Whitney (15) and previously owned a 28' Wellcraft. Karen is an employee benefits consultant, while Ron works at the Millstone Power Station. They look forward to enjoying ECYC social events and Karen envisions occasionally using the clubhouse/deck as a quiet midweek sanctuary to read and work remotely.
- **Sarah Waterhouse and Todd Shasha**, of Ivoryton - who were attracted to ECYC and its congenial membership at Caribbean Night 2016. Proposed by Scott and Candace Konrad, Sarah and Todd have been boat owners for the past decade and enjoy their two 17' power boats for simple recreational use in the waters of the River and Sound. Parents of Lydia (12) and Ryan (14), Sarah and Todd have been active in school and recreational organizations including the Essex Elementary School PTO, John Winthrop Middle School Parent Council, and Essex Little League. Both work for the Travelers Insurance Companies - Todd as head of the insurer's Boat & Yacht Division, and Sarah in project management associated with corporate training initiatives. Sarah is especially looking forward to participating in Cindy Gibbs' women's sailing group.
- **Minot ("Minty") and Burgess Dole**, of Essex - who rejoined as members after a long hiatus away. Minty originally joined ECYC in 1985, when Jeff Going was commodore. They're delighted to be back in the area and look forward to reconnecting with old friends.
- In last month's newsletter, I neglected to include **Glenn and Melissa Jacobsen**, of Essex, among the new members welcomed in April - my apologies! Proposed by Mary Boone and Tom Pinkowish, Glenn and Melissa enjoy outdoor activities including hiking, biking, travel - and, of course, sailing. A landscape architect by profession, Glenn has been a boater and sailor since his teenage years and is experienced as a bareboat sailor throughout the waters of New England, Florida, and the Virgin Islands, among other locales. Although Glenn spends the work week in New Jersey, where he has operated his own landscaping design/build company for 38 years, Melissa is now in Essex full-time. Attracted to ECYC because of its reputation as a "welcoming group," the couple looks forward to "meeting new people in the boating community" - and Melissa hopes the Galley will give her a break from cooking!

Please keep an eye out for all of these new folks and show them the ropes - and keep those applications coming!



French on the Upper Deck at ECYC

"French on the Upper Deck" is a weekly french conversation group. Interested members get together every Wednesday morning at 11:00 on the porch, weather permitting. Any club members are invited to come on a regular or not so regular basis - and you are also welcome bring a friend who might enjoy practicing French conversation. There is homework each week, but no one keeps track or cares if you don't get around to it.

Get your name on the French on the Upper Deck email list by contacting Robbi Storms or Jennifer Grant or by emailing to frenchconversation@essexcorinthian.org.

Or just come and check it out! À bientôt!

* * * *

"America" - The History & Future of the America's Cup Saturday, June 11th at 5.30 pm

Presentation at ECYC by the owner of the replica of the yacht "America", Troy Sears.

Lecture starts at 5.30pm, followed by dinner service.

Troy will discuss items such as:

- When will monohulls return to the Cup?
- What does the future hold?
- Why is the defense being held in Bermuda?

The lecture is free; there will be a pub-style dinner menu available for purchase. BYOB.

* * * *

Visit of the Replica Yacht America to Mystic Seaport



The modern replica of the yacht **America** is in the midst of an epic voyage to raise awareness of the America's Cup. The vessel is scheduled to make more than 100 stops along the East and Gulf coasts and then head to the Caribbean and finally Bermuda for the sporting competition next summer.

America will visit Mystic Seaport June 11-15, 2016 and be berthed next to the Charles W. Morgan. The public is invited to tour the vessel the first half of each day, Sunday through Wednesday, June 12, 13, 14, and 15. Museum admission is required.

Sail Aboard America

Two-and-a-half hour sails aboard America will also be available June 11, 12, 13, and 14, departing at 1 p.m. Join the America crew for a sail down the Mystic River and into Fishers Island Sound. Tickets are \$85 for adults and \$45 for children under the age of 12. Please call 860.572.5339 for reservations.

[More information available HERE.](#)

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Kayaking with the Essex Land Trust



The first local kayak outing will be held on Sunday, June 12th. Join the **Essex Land Trust** for an afternoon of activities at Essex's Main Street Park. A kayak/canoe trip into peaceful Essex coves will be led by naturalists, among them Phil Miller. Boating participants

See you on the water!

Scott Konrad

Membership Chair

Email: membership@essexcorinthian.org

Strategy Planning Committee Update



During the last few strategy sessions we have been able to identify the strengths and weaknesses we are facing as a membership organization. We are now at the point where we need to formulate valid strategies. As indicated by the nature of

this process Richard Pierce took a leading position in our prior discussions. The sessions that will still be required, will be more of a collaborative process. Any member who is interested in delving deeper into this process please come forward to be included in the strategy committee. If you have had deeper insight into the club's organization or feel you have new input you wish to share, please contact Richard at strategy@essexcorinthian.org.

Richard Pierce, Jr.

Strategy Committee Chair

Email: strategy@essexcorinthian.org

Did You Know?

SUMMER CLUB HOURS IN EFFECT, MEMORIAL DAY TO LABOR DAY:

Tuesday, Wednesday and Thursday:	9 am to 9 pm
Friday:	9 am to 10 pm
Saturday and Sunday:	11 am to 9 pm

Note: Private meetings may be scheduled after-hours, except on Mondays. Please contact Jean Little for details.

NO SMOKING AT ECYC:



The clubhouse, the decks and the surrounding dock areas are non-smoking areas. Please remind your guests of this restriction, it is part of a facility-wide prohibition of open flames.

WEBSITE:

All of our events and announcements, as well as archive copies of the Bell 8 Newsletter are available online at our website, www.essexcorinthian.org/

IMPORTANT REMINDERS:

- Any **liquor locker** that remainder unclaimed has now been opened and its contents disposed of. If you wish to rent a liquor locker, please contact Club Manager Jean Little. The rental fee is \$25 per year. Please remember to **always lock up** to keep the contents secure.
- If you registered for **paperless statement**



should register and launch their crafts prior to the 3:30 pm departure time (note: high tide is 6:22 pm). A safety boat will accompany. All others are invited to join following the boating at the

Main Street Park at 5:30 pm for a BYO Picnic and concert by the **Corinthian Jazz Band**.

Parking is available on Main St. and behind the Essex Post Office. Bad weather cancels.

For more information on how to register please contact

info@essexlandtrust.org

Green Tip of the Month:



KEEPING YOUR BOAT FRESH AND CLEAN THE NATURAL WAY

Essential oils can do a great job to rejuvenate, refresh, clean and maintain your boat. And they are natural substances, lessening the load of chemicals on our environment. Essential oils are aromatics extracted from certain species of flowers, grasses, fruits, leaves, roots and trees. Their properties are not only valuable for cleaning, but also have a positive effect on our wellbeing. Thanks to their natural components they are safe and environmentally friendly. Keep reading if you want to know more!

Essential oils can keep your boat clean and fresh-smelling as well as safe from pests, mildew, and mold. Most health food stores carry what you need: inexpensive, pure essential oils; unscented, natural, liquid soap (good for floors or dishes); unscented liquid oil for wood; glass atomizers; and cotton cloths.

A boat's **galley** can take on some unwanted odors after a while, from cooking, frying, left-overs and more. Essential oils like

eucalyptus, lavender, lemon, lime and rosemary are actually capable to "wrap" themselves around fatty odor molecules and thus eliminate most galley odors. Clean off the worst of the grease from kitchen surfaces and then use a damp cloth with a few drops of these oils to deodorize.

You can also fill a spray bottle with a pint of water and add eight drops of essential oil. **Citrus fruit essential oil** works best for cleaning the fridge, freezer, ice box or oven. Just add a drop to the rinse water to freshen or deodorize.

Add a few drops of **cypress, lemongrass, pine or thyme** to liquid soap and water to effectively clean kitchen surfaces and floors. Even dishwashing can become more pleasant by adding a few drops of essential oil to the dishwasher.

If you want **instant gratification**, keep a small bottle of the following blend of essential oils in the galley. Add a squirt of the blend to a damp cloth or use as a spray: 8 drops of **lemon oil**, 6 drops of **lavender oil** and 3 drops of **eucalyptus oil**.

Get rid of lingering seafood odors by heating a cup of water and vinegar which will absorb the smell; then, using the essential oil of your choice, mix with water, shake, spray and wipe.

The **head** is another place where odors tend to linger and those odors can be strong enough to take over the entire boat. This is where you want to kill germs and deodorize and freshen.

Cinnamon, clove, eucalyptus, grapefruit, lavender, lemon, lime, pine and thyme essential oils are inexpensive, yet powerful **antiseptics and bacteria-busters, some also have anti-fungal and anti-viral capabilities**.

First wash the surfaces with plain soap and water, then wipe them down with one of these essential oils or a blend of oils. Let them soak into the surfaces before wiping again to remove any residue. Not only will this inhibit bacterial growth, it will also make the head smell more pleasantly! No place for a sachet or toilet deodorizer? Simply add a few drops of oil on the tube inside the toilet paper roll!

Wood surfaces can be cleaned with natural liquid soap and water, but don't forget to focus any areas where sweat and dirt from hands may have accumulated. You can use a bit of furniture oil and a couple of drops of your preferred essential oil to wipe down wood surfaces and leave a fresh scent.

It really depends on you what kind of oil you prefer, but here are some recommendations:

Fresh scents include lavender, rosemary, bergamot, pine, basil or any fruit oil. They are great for high-odor areas like the galley and head. **Floral scents** are best used for common areas, such as geranium, rose, Moroccan rose, or petit grain. The so-called **romantic oils** can be quite strong and should be used sparingly, such as in a cabin, they include Palma Rosa, ylang-ylang, clary-sage, nutmeg, lime.

Essential oils are used effectively on a boat for more than just cleaning. They **repel bugs and rodents, sweeten your laundry, protect your clothing, make windows and mirrors sparkle, and get rid of nasty odors**.

If you end up with **uninvited visitors** hitching a ride in your grocery bags, cardboard boxes, fly in

delivery, please check your email for the latest account statement from ECYC. If not, why not consider going paperless? One less piece of paper to worry about! Please email Club Manager Jean Little to let her know your preferences.

HAVE YOU PICKED UP YOUR ROSTER YET?

Membership rosters for 2016 are now available at the club office. Come and get yours!



2016 Membership and Fleet Roster

or skitter down the gangway, you can create inexpensive repellants using essential oils (note: always mix as indicated and test a small area before applying essential oils). Flies and moths don't like **lavender or lemongrass oils**; 10 drops of lavender or lemongrass oil added to 2 oz of water, sprayed onto hatches, ports and doorways (then wipe), will keep them at bay. Ants, mosquitoes and mice detest **peppermint** so drop peppermint or a blend of 10 drops of **citronella** and three drops of **peppermint oil** on cotton balls and store in nooks and crannies; or, add water to the blend and spray around the room and on windows (and wipe); or, drop either a peppermint or some of the blend near doors and ports or in smaller spaces (again, be careful around wood surfaces and be sure to wipe dry after a few minutes). Blending any of the following oils together or using them individually will effectively repel or deter dust mites, fleas, lice, spiders and even ticks: **lavender, lemon, peppermint, lemongrass.**

If you store clothes on board blend three drops of **lavender** and two drops of lemongrass together, drop on cotton balls, then insert into small squares of cloth (easily sewn from fabric remnants). Put the scented squares inside your drawers, cabinets and lockers. This method will keep your clothes smelling fresh (even your foulies....) and keep moths away. After washing and hanging clothes to air dry, lightly mist clothing with the above blend and water to scent and protect the clothing before putting them away.

Lockers can become nasty, smelly places. A **half vinegar, half soapy water solution** will do miracles for the walls and floors. After everything is dry, wipe the area with straight vinegar to **inhibit the growth of mold and mildew**. Use any of the essential oils with antiseptic and anti-fungal properties (**eucalyptus lemon, juniper, lavender, lemon, patchouli, sage, sandalwood or thyme**) to both reduce the scent of the vinegar and inhibit further growth of mold and mildew.

Note: To avoid staining wood always mix properly as indicated and test a small area before applying as essential oils should never be applied 'neat' to wood surfaces.

Put together a "boat kit" of essential oils while you are at home so you have them at the ready when you are out cruising. You'll find that "going green" in the pursuit of keeping your boat clean and fresh has definite benefits not just in terms of having a **clean boat** but also in terms of creating a **pleasant atmosphere!**

Thank you for being an environmentally aware ECYC member!

Ruth Emblin

ECYC Fleet Communicator

The Essex Corinthian Yacht Club's Bell 8 Newsletter is a monthly publication issued by the Essex Corinthian Yacht Club of Essex, CT.

For general questions on ECYC please refer to our website at www.essexcorinthian.org, email us at ecyc@essexcorinthian.org, or snail-mail to

**Essex Corinthian Yacht Club
PO Box 759 - Essex, CT 06426
Telephone: (860) 767-3239**

Contact Information for individual BoG Members is posted at www.essexcorinthian.org/club-officers.html

Find us on Facebook at: www.facebook.com/EssexCorinthianYachtClub

Please note that schedules may change at any time without prior notice. ECYC and the editor are not responsible for any errors or inaccuracies derived from information provided by third parties.

