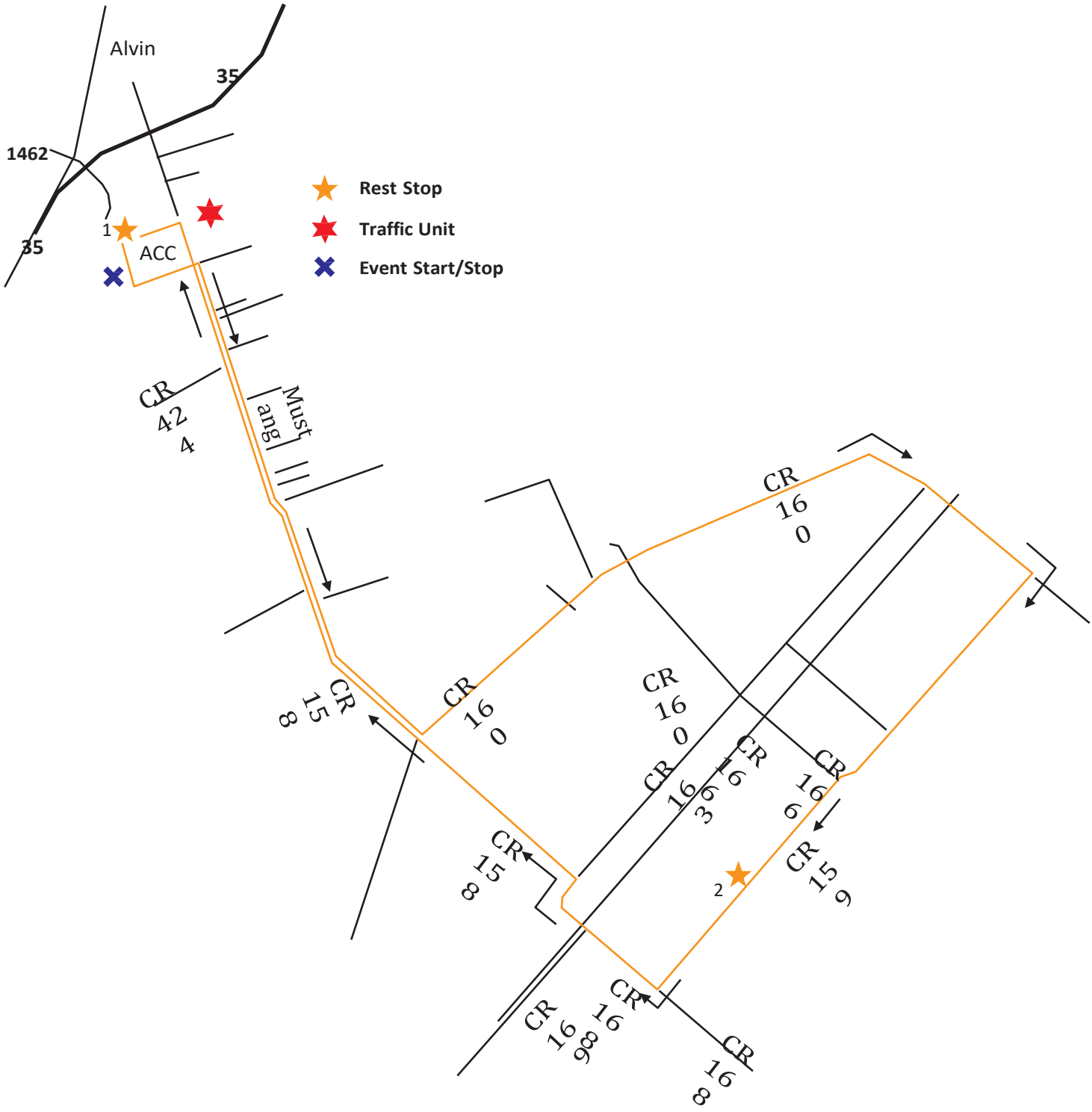Tour de Braz 10 Mile Route follow Orange Trail