



2023 Wellness Policy Report

Destiny School



Our Wellness Goals



We met these goals:



Health Education, including nutrition education, is taught by elementary teachers (K-8)

Elementary students are provided with 60 minutes per week of physical education through out the entire year.

Middle School students are provided with 90 minutes per week for entire school year.

We are still working on these:



Cafeteria is used as a "learning laboratory"

Provide and promote nutrition education to families and the broader community in cooperation with such agencies as WIC, Community Health Clinics, Adult education and other community organizations.

Promoting healthy treat ideas to parents

District Wellness Committee

Actively recruiting!

- ✓ Meets Triannually about school health & safety
- ✓ Led by [Cindy Cothrun]
- ✓ Designates a [Cafeteria Manager!] official to ensure that schools use the wellness policy

Current members include: [parents, students, teachers, administrators, food services representatives, other school staff, school board members, community partners, the general public, other]



Our District Wellness Policies

Planning, Tracking, & Sharing

- ☞ [Destiny School met school policies for meal standards, competitive foods & drinks, celebrations, rewards, fundraisers, and marketing]

- ☞ Destiny School activities include implementing the school wellness policy, triennial progress assessments and public notifications on the school website www.mydestinyschool.org

