



What is the Leadership Program?

You may have noticed students wearing red uniforms; they are a part of MMA's Leadership Program. MMA's Leadership classes include three areas and each area has six different components. During each class, leadership students will train with martial arts weapons, train in different martial arts styles as well as discuss leadership skills. This curriculum is broken up into a six-month rotation as shown below:

	Weapons Training	Martial Arts Training	Leadership Skill
January & July	Padded Sword	What If Self-Defense	Persuasion Skills
February & August	Escrimas	Judo	Qualities of a Leader
March & September	Tonfas	Hapkido	Goal Setting
April & October	Nunchuks	Demo Team	Time Management
May & November	Defense Against Weapons	Ground Survival	Teaching Skills
June & December	Bo Staff	Sparring	Communication

The Leadership classes are held on Mondays and Wednesdays at 6:15 pm and on Tuesdays and Thursdays at 4:45 pm. Students can pick any two classes per week and have the option of attending the Jr. TKD class before or after the Leadership class; the choice is yours.

What are the benefits of the Leadership Program?

The Leadership Program is reserved for those students who have consistently demonstrated Future Black Belt Behavior and a have a great Attitude. The Leadership students love training with the weapons and in additional martial arts; however, the true value of the program is in developing the leadership skills, which they will carry with them wherever they go. The curriculum for the Leadership Skills portion of the class has been adapted from books by Leaders like John C. Maxwell, Brian Tracy and Stephen Covey, which is presented in an easy to understand format. We have taken their information and broken it down into discussions that elementary aged students will understand. Some of the information may go over some of the students' heads, our ultimate goal is to plant the seed for leadership development and eventually it will all click into place. Ultimately, students in the Leadership Program are challenged to grow in ways they never knew they could!

How do I get started in the Leadership Program?

It's easy! Simply come in and speak with Master Wendell or Mr. Larkin. They will go over the program and get you signed up in five minutes! It's that simple!

What's the Cost of the Leadership Program?

The program is a 12-month enrollment. The monthly tuition for the program is your current tuition plus \$50. There is an additional cost for the red uniform; however, you have the option to purchase the weapons or borrow the weapons.