

**CURRICULUM VITAE****Erik M. Summerside, Ph.D.**

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**EDUCATION:**

- 2014-2018                   **Ph.D. Integrative Physiology**  
University of Colorado Boulder, Boulder, CO  
Dissertation title: On the interactions of reward, time, and effort in human movement  
Certificate in Cognitive Science  
Certificate in College Teaching (expected Spring 2019)
- 2012-2014                   **M.S. Integrative Physiology**  
University of Colorado Boulder, Boulder, CO  
Topic: Using cumulative prospect theory to measure the subjective valuation of physical effort costs
- 2007-2011                   **B.A. Biology**  
St. Olaf College, Northfield, MN  
Honors research topic: The correlation of heart rate variability and performance in a maximal effort handgrip task  
Certificate in Neuroscience

**PROFESSIONAL EXPERIENCE:**

- 2019                           **Adjunct Faculty- Instructor**  
Integrative Physiology (IPHY) 4540: Biomechanics  
University of Colorado Boulder, Boulder, CO
- 2018                           **Post-Doctoral Research Associate**  
Neuromechanics Laboratory  
University of Colorado Boulder, Boulder, CO  
Director, Alaa Ahmed, PhD
- 2013-2018                   **Graduate Research Assistant**  
Neuromechanics Laboratory  
University of Colorado Boulder, Boulder, CO  
Director, Alaa Ahmed, PhD
- 2012-2016                   **Graduate Teaching Assistant**  
Department of Integrative Physiology  
University of Colorado Boulder, Boulder, CO  
Courses: Human Anatomy, Biomechanics, Exercise Physiology
- 2014-2017                   **Instructor**  
Science Discovery  
University of Colorado, Boulder, CO  
Director, Anjali Maus

- 2011-2012                    **Youth Alpine Ski Coach**  
Steamboat Springs Winter Sports Club  
Steamboat Springs, CO  
Director, Blair Seymour
- 2009-2011                    **Sports Medicine Assistant**  
Aurora Baycare Sports Medicine Center  
Green Bay, WI  
Director, Karen Goebel, DPT
- 2009-2010                    **Emergency Room Technician**  
Aurora Baycare Medical Center  
Green Bay, WI  
Director, Cory Vogel, MD
- 2009-2010                    **Undergraduate Teaching Assistant**  
Department of Biology  
St. Olaf College, Northfield, MN  
Course: Introductory Biology

#### **HONORS AND AWARDS:**

- 2018                    New Investigator Scholarship, Society for the Neural Control of Movement
- 2018                    United Government of Graduate Students Travel Grant, University of Colorado, Boulder, CO
- 2018                    Best Doctoral Podium Presentation Award, American Society for Biomechanics- Rocky Mountain Regional Conference, Estes Park, CO.
- 2016-2017                Elected Student Representative, Institute of Cognitive Neuroscience Executive Committee, University of Colorado, Boulder, CO
- 2016                    Scholarship Recipient, Summer School in Computational Sensory-Motor Neuroscience (CoSMo)
- 2014                    Department of Integrative Physiology Graduate Student Travel Award, University of Colorado, Boulder, CO
- 2011                    NuRhoPsi Undergraduate Neuroscience Honors Society, St. Olaf College, Northfield, MN

#### **PUBLICATIONS:**

1. **Summerside E.M.**, Shadmehr R., Ahmed A.A. (2018) Vigor of reaching movements: reward discounts the cost of effort. *Journal of Neurophysiology*, 119(6), 2347-2357.
2. **Summerside E.M.**, Kram R., Ahmed A.A. (2018) Contributions of metabolic and temporal costs in human gait selection. *Journal of the Royal Society Interface* 15(143), 20180197.
3. Yoon T., Reppert T., **Summerside E.M.**, Ahmed A.A., Shadmehr R. (2019) Movement vigor as a behavioral proxy of subjective economic utility. *Trends in Neurosciences*
4. **Summerside E.M.**, Ahmed A.A. Using metabolic cost to quantify the subjective value of effort and its role in movement decision making. *Plos Biology* (in review)

5. **Summerside E.M.**, Shadmehr R., Ahmed A.A. “Aging reduces sensitivity to reward in a reaching task.” (in preparation)

### SELECTION OF PUBLISHED CONFERENCE ABSTRACTS

1. **Summerside E.M.**, Shadmehr, R., Ahmed A.A. “Effort cost of reaching increases with age” (Podium) Motor Learning and Motor Control Annual Conference 2018
2. **Summerside E.M.**, Shadmehr, R., Ahmed A.A. “Aging reduces sensitivity to reward in a reaching task” (Podium) Society for the Neural Control of Movement 2018
3. **Summerside E.M.**, Shadmehr, R., Ahmed A.A. “Vigor of reaching movements: reward discounts effort” (Poster) American Society of Biomechanics 2017
4. **Summerside E.M.**, Kram, R., Ahmed A.A. “To walk or to run: metabolic cost is not the answer” (Podium) Rocky Mountain American Society of Biomechanics Regional Conference 2017
5. **Summerside E.M.**, Ahmed A.A. “The Subjective Value of Effort Explains Preferred Movement Speed” (Podium) Neural Control of Movement 2016
6. **Summerside E.M.**, Ahmed A.A. “Preferred Movement Speed Tracks the Subjective Value of Effort” (Podium) Rocky Mountain American Society of Biomechanics Regional Conference 2015
7. **Summerside E.M.**, O’Brien M.K., Ahmed A.A. “Using Cumulative Prospect Theory to Quantify the Subjective Value of Effort.” (Podium) Society for Neuroscience 2014
8. **Summerside E.M.**, Ahmed A.A. “Quantifying the Subjective Value of Metabolic Effort Cost.” (Poster) Society for Neuroeconomics 2014
9. **Summerside E.M.**, Ahmed A.A. “Quantifying the subjective value of effort in movement decision making” (Podium) Dynamic Walking 2014
10. **Summerside E.M.**, Ahmed A.A. “The Price of Effort: A Neuroeconomic Study of Metabolic Cost in Movement Decision Making.” (Poster) Society for Neuroscience 2013

### GRADUATE TEACHING EXPERIENCE:

2013-2016	IPHY: 4540: Biomechanics Lecture/Laboratory Lead TA Lectured/Organized lab activities Undergraduate students
2014	IPHY: 4650: Exercise Physiology Laboratory Organized lab activities Undergraduate students
2012	IPHY 3515: Human Anatomy Laboratory Lectured/Organized lab activities Undergraduate students

### UNDERGRADUATE TEACHING EXPERIENCE:

2010	Biology 106: Evolutionary Biology Undergraduate Teaching Assistant
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### PROFESSIONAL AFFILIATIONS & MEMBERSHIPS:

2017- Present Society for the Neural Control of Movement  
 2014- Present American Society of Biomechanics  
 2014- Present Society for Neuroeconomics  
 2013- Present Society for Neuroscience

**RESEARCH SKILLS:**

- Design experimental protocols according to Institutional Review Board standards for human testing
- Subject recruitment, scheduling, and advertising
- Perform and analyze indirect calorimetry data via metabolic cart
- Informed consent briefings
- Supervise and train undergraduate research assistants
- Scientific literature review and preparation of scientific manuscripts
- Subject documentation and record keeping procedures
- MATLAB, R Studio, Adobe Illustrator
- Collect and analyze EMG/accelerometer data using Delsys hardware and software
- Statistical analysis
- Organizing scientific and social programs for academic conferences
- Head public lab visits for K-12 students as well as general public

**EXPERIENCE IN CURRICULUM DEVELOPMENT:**

- 2016-2017     *Biomedical Experience-* Vocational development course aimed at teaching informational interview skills to high-school students through interactions with community members across a range of careers in health sciences.
- 2014            *Field Day Phiz-* Introduces elementary school students to the scientific method using topics in human biomechanics and physiology framed through common playground activities.

**REFERENCES:**

Alaa A. Ahmed, Ph.D.  
Associate Professor  
Dept. of Integrative Physiology  
University of Colorado  
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Boulder, Colorado 80309  
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Rodger Kram, Ph.D.  
Associate Professor *Emeritus*  
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Roger Enoka, Ph.D.  
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