

Education: BS in Criminal Justice with minor in Psychology from Marist College. MS in Counseling from Long Island University. Advanced Degree in Mental Health Counseling from Long Island University.

Previous Work Experience: Counselor in Criminal Justice Informed Agency; Counselor with VCS Rockland working with Batterers and Domestic Violence.

Additional Training/Speciality: Cognitive Behavioral Therapy (CBT), Aggression Replacement Treatment, and Motivational Interviewing Skills. Experienced with trauma informed care.