**CONTACT INFORMATION**

Mailing Address Mobile: 916-606-8748

Fax 916-550-1768

P.O. Box 13485

Sacramento , CA Website: www.sacramentotraumacounselor.com

95813 E-Mail: lbtraumadoc@gmail.com

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**EDUCATION**

**Ph.D. 1979** Counselor Education Southern Illinois University

Carbondale, IL

**M.A. 19**77 Counseling Ball State University

Muncie, IN

**B.S. 1973** Physical Education (major) Huntington College

Psychology (minor) Huntington, IN

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**PROFESSIONAL EXPERIENCE**

**Marriage and Family Therapist (1982 - present) Sacramento, California**

Private practice: conduct individual, relationship, group, and family therapy with adults and children. Leads workshops and teach classes covering a variety of topics (e.g. list).

**California License #MFC18721**

**Expert Witness Testimony (1987 - present) Multiple States**

Expertise: domestic violence (DV), intimate partner battery (IPB), rape trauma, post- traumatic stress disorder (PTSD), sexual harassment, trauma-related issues, as well as high conflict divorce cases.

Types of Cases: witness for the prosecution, plaintiff, or defense in criminal, civil, family, superior, and federal court cases.

History: Provided expert testimony in ~400 court cases. Conducted ~1,300 forensic interviews. Worked on cases in Nevada, Idaho, Colorado, Alaska, Oregon, and 35 counties in California (Alameda, Amador, Butte, Calaveras, Contra Costa, El Dorado, Fresno, Humboldt, Lake, Los Angeles, Madera, Marin, Mendocino, Modoc, Monterey, Napa, Nevada, Orange, Placer, Sacramento, San Diego, San Francisco, San Joaquin, San Luis Obispo, San Mateo, Santa Clara, Santa Barbara, Santa Cruz, Shasta, Sierra, Solano, Sonoma, Stanislaus, Sutter, Tehama, Tuolumme, Yolo).

**PROFESSIONAL EXPERIENCE (continued)**

**Management Consultant (1982 - 2001) Sacramento, California**

Self-employed: worked with public and private businesses and agencies teaching management/supervisor skills, organizations management, time management, goal setting. Also worked with managers to identify systemic problems and provide alternative solutions.

**Assistant Professor (1979 - 1981) Gorham, Maine**

Half-time faculty appointment in the Counselor Education Program at the University of Southern Maine. Responsibilities: taught graduate courses, thesis advisement, departmental committees.

**Reality Therapy Trainer/Consultant (1979 - 1981) South Portland, Maine**

Half-time appointment at the Maine Youth Center, South Portland, Maine. Responsible for training 225 staff, consultation, program development, and implementation of a facility-wide “Reality Therapy Treatment Program” for incarcerated juveniles.

**Supervisor-Leisure Exploration Service (1977 - 1979) Carbondale, Illinois**

Southern Illinois University: administrative supervisor of total service programs, supervision and training of paraprofessional staff, facilitation of Leisure Awareness Workshops, individual leisure counseling, providing consultation to community agencies, designing group workshop formats, and budgeting.

**Graduate Assistant and Practicum Instructor (1978)**  **Carbondale, Illinois**

Southern Illinois University - Department of Guidance and Educational Psychology at. Conducted practicum supervision for Master’s level students using audio and video taping techniques, role-playing, role reversal, and other techniques. Co-authored of a practicum manual for Master’s level students and supervisors.

**United States Army (1974 - 1977) Administrative Duties Worldwide**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**PROFESSIONAL AFFILIATIONS**

**License**

Marriage Family Therapist - California License #MFC1872 (1983-present)

**Certifications**

Board Certified Expert in Traumatic Stress (1995-present)

American Academy of Experts in Traumatic Stress

Board Certified Expert in Domestic Violence (1996-present)

American Academy of Experts in Traumatic Stress

Certified in Reality Therapy - William Glasser Institute (1980)

**PROFESSIONAL AFFILIATIONS (continued)**

Danger Assessment, Certified. April 2015

**Memberships**

California Association of Marriage and Family Therapists (1992-present)

Anxiety Disorders Association of America (1985-present)

International Society for Traumatic Stress Studies

California Partnership to End Domestic Violence

National Coalition to End Domestic Violence

**Other**

Steering Committee, Trainer, Member - Sacramento Crisis Intervention Response Network

Certified Crisis Responder and Trainer - National Organization for Victim Assistance

Board of Directors, Volunteers in Victim Assistance (1999)

Board of Directors, National Family Court Watch (2009-present)

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**RECENT CONTINUING EDUCATION**

**Traumatic Stress**

The Impact of Early Life Trauma

Bessel van der Kolk & Judith Herman

New Developments in the Treatment of PTSD, Complex PTSD & Comorbid Disorders

Donald Michenbaum (5 hours)

Frontiers in the Treatment of Trauma, NICABM (6 hours)

Rethinking Trauma Series, NICABM (5 hours)

Treating Trauma Master Series, NICABM (6 hours

**General**

Next Level Practitioner, National Institute for the Clinical Application of Behavioral

Medicine, continuing program beginning 2016

Natural Ways to Treat Depression, Elisha Goldstein (4 hours)

Revolutionizing Diagnosis & Treatment Using the DSM-5

CMI Institute (5.75 hours)

The Clinician’s Guide to Survival as an Expert Witness: One Unwelcomed Challenge of Working in the Field of Traumatic Stress – ISTSS (1.5 hours)

Behavioral Activation Techniques in Cognitive-Behavioral Therapy-Webinar

Cross Country Education, September 2012 (1 hour)

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**HONORS and AWARDS**

Karen Cooper Lifetime Achievement Award, California Partnership to End Domestic

Violence, September, 2015

Who’s Who in Executives and Professionals (1997-1998)

Sunshine Lady Foundation Freedom Award Recipient (2006)

**PROFESSIONAL PRESENTATIONS**

**Training Other Professionals**

How Trauma Impacts Behavior, California Victim Compensation Board, Sacramento, CA,

November 10, 2016

Providing Expert Testimony About General Dynamics of Battering (webinar). National Clearinghouse for the Defense of Battered Women. June 2015 (with N. Lemon)

Ask the Experts Panel. California District Attorneys Association Training for Victim Advocates, Sacramento, CA. May 2015

Children Impacted by Domestic Violence. A Community for Peace. Citrus Heights, CA. April 2015

Trauma Informed Services. California Victim Compensation Board training. Sacramento, CA. October 2014

Domestic Violence in Custody Evaluations. Sacramento, CA September 2014

Domestic Violence in Custody Evaluations: Keeping Children Safe. 16th International Conference on Violence, Abuse, and Trauma. San Diego, CA. September 2013.

Working with Adult Male Sexual Assault Survivors. 16th International Conference on Violence, Abuse, and Trauma. San Diego, CA. September 2013.

Ask The Experts Panel. California District Attorneys Association Training for Victim Advocates. Sacramento, CA. October 2012.

Domestic Violence in Custody Evaluations: Keeping Children Safe. 15th International Conference on Violence, Abuse, and Trauma. San Diego, CA. September 2012.

Domestic Violence in Custody Evaluations: Keeping Children Safe. 15th International Conference on Violence, Abuse, and Trauma. San Diego, CA. September 2010.

Domestic Violence in Custody Evaluations: Keeping Children Safe. 14th International Conference on violence, Abuse, and Trauma. San Diego, CA. September 2009.

Domestic Violence in Child Custody Evaluations: Keeping Children Safe. 13th International Conference on Violence, Abuse, and Trauma. San Diego, CA. September 2008.

Domestic Violence in Child Custody Evaluations: Keeping Children Safe. 12th International Conference on Violence, Abuse, and Trauma. San Diego, CA. September 2007.

Domestic Violence in Child Custody Evaluations: Keeping Children Safe. 11th International Conference on Violence, Abuse, and Trauma. San Diego, CA. September 2006.

Social and Family Dynamics of Domestic Violence and Techniques for Identifying and Assisting Families Affected by Domestic Violence. Yolo County Domestic Violence Training for Child Custody Evaluators, Davis, CA. June 1998.

Diagnosis and Treatment of Battered Woman Syndrome. Charter Hospital Grand Rounds, Roseville, CA. June 1993.

Domestic Violence: Myths and Realities. Charter Hospital Community Forum, Roseville, CA. February 1993.

Trauma Survivors Series: Treating Battered Women. One-day workshop. Sacramento, CA. October 1991.

Trauma Survivors Series: Treating Trauma Survivors and Posttraumatic Stress Disorder. One-day workshop, Sacramento, CA. September 1991.

Basic Treatment Approaches for Dealing with PTSD Flashbacks. WEAVE In-Service Training, Sacramento, CA. Fall 1989.

Reality Therapy Basic Intensive Week. Workshop presented at Sacramento, CA. April 19-23, 1989.

**Invited Presentations**

Coercive Control: A Cultural Perspective. Santa Clara County 24th Annual Domestic Violence Conference: The Spectrum of Coercive Control. October 2017

Understanding Coercive Control Through a Cultural Competency Lens: A Case Study. Santa Clara County 24th Annual Domestic Violence Conference: The Spectrum of Coercive Control. October 2017

Impact of Domestic Violence on Children. DVPC Conference on Children Exposed to Domestic Violence. Sacramento, CA. October 2013.

Crisis in the Family Courts: Giving Custody to Pedophiles. Northern CA Annual Child Sex Abuse Conference. Davis, CA. April 2013.

Rape Trauma Syndrome. California District Attorneys Association. March 2011.

Domestic Partner Battering and Its Effects from an Expert’s Point of View. California Public Defenders Association. Berkeley, CA. July 2008.

Working with Domestic Violence Experts in Homicide Cases. California Defense Investigators Conference. Ventura, CA. May 2008.

Presenting a Battered-Woman Syndrome Defense (with Matt Braner). 22nd Annual Homicide Defense Seminar, California Public Defenders Association, Rohnert Park, CA, August 2004.

Use of Multidisciplinary Teams to Fight Child Custody Injustices (with K. Ross Scott). CSUS Family Resiliency in California 2nd Annual Conference, Sacramento, CA. April 2001.

Conducting Ethical Child Custody Evaluations in High Conflict Cases. California Protective Parents Association Annual Conference, Davis, CA. March 2000.

Domestic Violence Panel. McGeorge School of Law Women’s Caucus, Sacramento, CA. October 1997.

Psychological Dynamics of Family Violence. Towards a Peaceful Future: Yolo County Conference of Family Violence, Woodland, CA. October 199

Domestic Violence: A Tangled Web. Keynote Speaker and Panel Moderator for Salinas Adult Education, Salinas, CA. May 1996.

Battered Woman Syndrome/Counseling for Battered Women. California District Attorneys Association Conference, Sacramento, CA. September 1995.

Responding to Domestic Violence: Who Are Mandated Reporters and What They Need to Know. Mission College, Santa Clara, CA. May 1995.

A Basic Understanding of Domestic Violence. Yolo County Summit on Domestic Violence, Woodland, CA. January 1995.

Domestic Violence: What Mandated Reporters Need to Know. Salinas Adult Education Program, Salinas, CA. November 1994.

From Hateful Words to Homicide: Why Intimate Relationships Turn Violent. University of California-Davis, Davis, CA. October 1994.

Assessment of Spousal Abuse. California Department of Social Services, Legal Division, Sacramento, CA. May 1993.Stress Management. California District Attorney’s Association, San Francisco, CA. March 1993.

Stress Management for Domestic Violence Treatment Providers. California Office of Criminal Justice Planning Regional Conference, Sacramento, CA. March 1993.

Stress Management Overview. Sacramento County District Attorney’s Office, Sacramento, CA. April 1992.

The Effects on Self-Esteem for Victims of Sexual Harassment and Domestic Violence. Sutter Women’s Health, Sacramento, CA. 1992.

Personal Stress Management in the Workplace. California Association of Medical Assistants, Sacramento, CA. November 1990.

Rape Trauma Syndrome: Its Impact on Parolees and Their Families. California Parole Agents Conference, Sacramento, CA. Fall 1990.

Effective Communication Skills. Campbell’s Soup Company, Sacramento, CA. November 1988.

An Empowerment Treatment Model for Domestic Violence Victims. Governor’s Conference on Crime Victims and Safety, Sacramento, CA. October 1985.

Domestic Violence Cycle. Kaiser Permanente Trauma Symposium. Domestic Violence Cycle. March 30 2013

**Conference Presentations**

The Real Cost of Appointees in Family Court (with Renee Beeker and Nancy Erickson). 15th International Conference on Violence, Abuse, and Trauma. San Diego, CA. September 2010.

The Real Cost of Appointees in Family Court (with Renee Beeker and Nancy Erickson). 14th International Conference on Violence, Abuse, and Trauma. San Diego, CA. September 2009.

Expert Witnesses in Family Violence and Family Law Cases (with Alan Rosenfeld and Richard Ducote). 13th International Conference on Violence, Abuse and Trauma. San Diego, CA. September 2008.

Habeas Project (CA) for Battered Women in Prison: the role of the domestic Violence Expert. 10th International Conference on Family Violence, San Diego, CA. September 2005.

Family Code 3044 (CA): Two Years Later and Where Are We. 7th International Conference on Family Violence, San Diego, CA. September 2002.

A Multidisciplinary Team Approach to Fight Child Custody Injustices (with K. Ross Scott and V. Roberts). 6th International Conference on Family Violence, San Diego, CA. September 2001.

Domestic Violence Experts as Consultants to Child Custody Mediation: A Model Program. 5th International Conference on Family Violence, San Diego, CA. September 2000.

Reality Therapy in a Juvenile Corrections Facility (with R. Drummond and I. Mehnert). American Personnel and Guidance Association National Convention, St. Louis, MO. April 1981.

The Use of Reality Therapy in Schools. Maine Elementary School Counselor’s Association Winter Conference, Brunswick, ME. February 1981.

Leisure Counseling: A Holistic Approach to Wellness (with L. Valentine). New England Personnel and Guidance Conference, Portland, ME. October 1980.

Reality Therapy in Action at the Maine Youth Center (with G. DeGrandpre). New England Personnel and Guidance Conference, Portland, ME. October 1980.

A Reality Therapy Training Model. Paper presented at the Teacher Corps Youth Advocacy Loop Conference, Williamsburg, VA. June 1980.

The Leisure Exploration Service at Southern Illinois University. National Association of Student Personnel Administrators National Convention, Washington, D.C. April 1979.

Leisure Counseling: The Role of Professionals and Paraprofessionals. American Personnel and Guidance Association National Convention, Las Vegas, NV. April 1979.

A Look at Senior Citizen Programs in the United States (with B. Hughes). American Personnel and Guidance Association National Convention, Washington, D.C. March 1978.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**PUBLICATIONS**

Adult male survivors of sexual assault. In R Gartner (Ed.). Healing sexually betrayed men and boys: Treatment for sexual abuse, assault, and trauma. New York: Routledge. (2017)

Presenting Adult Victims of Sexual Assault: Males & LGBTQ. (2013). Prosecutors Brief, 35(4).

Response to Alexis Grae Article on “Female Domestic Violence Offenders”. Family Law News. March 2006.

Response to Bowker’s “The Dimensions of Battering: New Understandings.” Domestic Violence Report, 2004, 9(5), 65-66; 80.

A Reality Therapy Staff Development Model. Journal of Reality Therapy, 2(1), Fall 1982.

Reality Therapy as a Staff Development Program (with I. Mehnert). Walker’s Sampler, Teacher Corps Youth Advocacy Loop Publication, 1980.

Manual for Practicum in Counseling and Counseling Supervision (with M. Altekruse & B. Hughes). Department of Guidance and Educational Psychology, Southern Illinois University, 1979.

Leisure Counseling: An Integrated Model (with E. Leoni). Illinois Guidance and Personnel Association Quarterly, 69, Summer 1978.

Updated May 2018