

# The Bomp

**Count:** 64      **Wall:** 2      **Level:** Improver  
**Choreographer:** Kim Ray (May 2015)  
**Music:** Who Put The Bomp? by The Overtones (Saturday Night At The Movies Album) [89 bpm - 2:36 mins]

**Intro: 8 counts once music kicks in**

**S1: TOE STRUTS, ROCKING CHAIR**

1-2 Step forward on right toe, drop down heel  
3-4 Step forward on left toe, drop down heel  
5-6 Rock forward on right, recover back on left  
7-8 Rock back on right, recover forward on left (12o/c)

**S2: TOE STRUTS, ROCKING CHAIR**

1-2 Step forward on right toe, drop down heel  
3-4 Step forward on left toe, drop down heel  
5-6 Rock forward on right, recover back on left  
7-8 Rock back on right, recover forward on left (12o/c)

**S3: STEP FORWARD, HOLD, ½ PIVOT TURN LEFT, HOLD, ¼ PIVOT CROSS HOLD**

1-2 Step forward on right, hold  
3-4 ½ pivot turn left, hold (6o/c)  
5-6 Step forward on right, ¼ pivot turn left (3o/c)  
7-8 Cross right over left, hold

**S4: STEP BACK LEFT, HOLD, STEP BACK RIGHT, HOLD, LEFT SHUFFLE FORWARD, HOLD**

1-2 Large step back on left pushing bum back, hold  
3-4 Step right next to left, hold  
5-6 Step forward on left, step right next to left  
7-8 Step forward on left, hold (3o/c)

**S5: SIDE STEP RIGHT, HOLD, BACK ROCK/RECOVER, SIDE STEP LEFT, HOLD, BACK ROCK/RECOVER,**

1-2 Large step to right side, hold  
3-4 Rock back on left, recover on right  
5-6 Large step to left side, hold  
7-8 Rock back on right, recover on left (3o/c)

**S6: RUMBA BOX WITH HOLDS**

1-2 Step side right, step left next to right  
3-4 Step forward on right, hold  
5-6 Step side left, step right next to left  
7-8 Step back on left, hold (3o/c)

**S7: RIGHT LOCK STEP BACK, HOLD, COASTER STEP, HOLD**

1-2 Step back on right, cross left over right  
3-4 Step back on right, hold  
5-6 Step back on left, step right next to left  
7-8 Step forward on left, hold (3o/c)

**S8: WALKS FORWARD, HOLD, RUN ¾ TURN LEFT**

1-2 Step forward on right, hold  
3-4 Step forward on left, hold  
5-6 Start to make a ¾ turn left, run round stepping right, left  
7-8 Finish ¾ turn left, running round stepping right, left (6o/c)

**Ending: You will finish dance facing front wall - dance first 16 counts then:-  
Stomp right foot forward and splay arms to sides.**

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