

JANUARY  
2021

# Pickaway Senior Center

*"WE'RE LIVING IT UP"*

## Pickaway Senior Center

2105 Chickasaw Drive

P.O. Box 565

Circleville, OH 43113

740-474-8831

[www.pickawayseniors.org](http://www.pickawayseniors.org)

### IMPORTANT DATES:

**WEDNESDAY, JANUARY 13**  
**BOARD MEETING 10:15 AM**

**THURSDAY, JANUARY 14**  
**PRODUCE TRUCK 8:00 AM**

**TUESDAY, JANUARY 19**  
**COMMODITIES**

**WEDNESDAY, JANUARY 27**  
**DRIVE-THRU LUNCH 10:30 AM**

**THURSDAY, JANUARY 28**  
**PRODUCE TRUCK 8:00 AM**



### From the Desk of the Director

Happy New Year! I hope everyone had a wonderful holiday season. I know things were very different this year but I hope that you all got to enjoy them. We are all very hopeful for a better 2021, where we can feel a little more back to normal.

Right now, it doesn't look like we will be opening for congregate lunches in January. It has been tough to make this decision but with the increase in virus numbers, we feel waiting is the best course of action in order to keep everyone safe. We are hopeful to be able to open our doors again and will keep you posted on that date.

Coming up this month we will be having another grab and go lunch on Wednesday, Jan. 27. On the menu: chicken and noodles, mashed potatoes and a roll. You **MUST** call 740-474-8831 to RSVP a lunch by Thursday, Jan. 21. Suggested donation is \$3. The Produce Truck will be here on Thursday, Jan. 14 and Thursday, Jan. 28 starting at 8 a.m. Produce distribution is on a first come, first serve basis.

The next commodity distribution will be Tuesday, Jan. 19. Staff will be able to assist you from 8:30 a.m. until 1 p.m. If you haven't already returned your new application for 2021 you can do so at that time.

Remember to renew your membership by March so you will continue to receive your newsletter. You can do so by mailing in the payment slip with your information to the center. Dues are \$10 for the year. You can also drop them off at the center drop box located outside the centers front door.

Everyone please stay safe and healthy! Until we can all be together again.

Holly Cottrill, Executive Director



**Pickaway Senior Center  
Board of Directors:**

Brenda Strittmatter      President  
Tonya Thompson      Vice President  
Connie Kelly      Treasurer  
Judy Stewart      Secretary  
Al Canarsky      Membership Pres.  
Holly Cottrill      Executive Director  
Dennis Bothel      Fiscal Officer  
Lisa Robbins · Ed Boyer  
Pat Acord · David Evans  
Sally Galecki · Erika Cowles-West

**Pickaway County  
Commissioners:**

Jay Wippel · Gary Scherer  
Harold Henson

**PICKAWAY SENIOR  
CENTER**

2105 Chickasaw Drive  
P.O. Box 565  
Circleville, OH 43113

[www.pickawayseniors.org](http://www.pickawayseniors.org)

**Office: 740-474-8831**

**Toll Free: 888-397-7246**

**Nutrition: 740-474-8617**

**Fax: 740-477-8114**

**Office Hours:**

**Monday-Friday**

**8am - 4:30 pm**

**\*Due to the COVID-19 some services, business hours and days have changed**

**Our services are provided for seniors ages 60 and over, Monday through Friday.**

**Adult Day Care:**

Provides relief for families caring for a loved one with dementia or Alzheimer's. This service is available Monday through Thursday from 8:30 AM to 1:30 PM. Lunch and transportation are provided.

**Congregate Meals:**

A hot lunch served at the Pickaway Senior Center at 11:30 AM on Monday, and at 12:00 noon Tuesday through Friday.

**Homemakers:**

Assistance with cleaning, laundry and running errands. Clients must meet certain eligibility criteria.

**Meals on Wheels:**

A hot lunch delivered to your home five days a week.

**National Family Caregiver Support Program:**

Respite and personal care, financial help with co-pays and medicine, utility bills, home repair. The care recipient must be over 60 years of age.

**Supportive Services:**

Assistance with Medicare & Medicaid papers, HEAP and Commodities paperwork.

**Transportation:**

Transportation for medical appointments, dialysis, and grocery shopping.

**For information on any of these services, call the Senior Center: 740-474-8831**

**The Pickaway Senior Center is a non-profit organization. We are supported by financial contributions from the following:**

- Title III administered through the Ohio Department of Aging
- Funds from a senior levy passed by Pickaway County voters
- Private donations and fundraisers





**In Memory or Honor of...**

*This Recognition Gift to the Pickaway Senior Center is a very thoughtful gift  
which means others in Pickaway County will be helped.*

Enclosed is my gift of \$ \_\_\_\_\_ In Memory or Honor of \_\_\_\_\_

\_\_\_\_\_

Occasion: ☐ Birthday ☐ Anniversary ☐ Other \_\_\_\_\_

Given by \_\_\_\_\_

\_\_\_\_\_

*Please make checks payable to the Pickaway Senior Center. Mail gift to:*

Pickaway Senior Center  
P.O. Box 565  
Circleville, OH 43113

**REMINDER**

Remember to renew your membership by March so you  
will continue to receive your newsletter. **Dues are \$10.00**  
per year per person. Thank You.

-----  
MEMBERSHIP DUES—PAYMENT SLIP  
DUES ARE \$10 PER PERSON PER YEAR

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Telephone (\_\_\_\_) \_\_\_\_\_

Birth Date \_\_\_\_\_

Amount of Donation to \$10 Fund: \$ \_\_\_\_\_

Make checks payable to: Pickaway Senior Center

Mail to: P.O. Box 565, Circleville, OH 43113





# JANUARY BIRTHDAYS-HAPPY BIRTHDAY!

## JANUARY 1

SANDRA DRESBACH  
MERRY HALL  
NITA HALL  
LARRY JONES  
KIMI MERRILL  
TERRY SCHOOLEY  
AGNES SCHROEDER  
KATHY STEVENS

## JANUARY 2

NANCY HAPPENNY  
REBA LEWIS  
HAZEL WESTBURY

## JANUARY 3

BARBARA BRAY  
CHARLES CAMERON  
BEVERLY CHEGWIDDEN  
DONNA CLARK  
STANLEY GLOYD  
SANDRA HAGEN  
HELEN HARTSUAGH  
BARBARA HARWOOD  
LURHITA STURGILL  
CAROL THOMPSON

## JANUARY 4

DONNA HALL  
HESTER MAXWELL  
SYBIL WRIGHT

## JANUARY 5

BILL ANKROM  
JOANN AZBELL  
NANCY SIDERS  
HELEN SNYDER  
JANET WHITE  
CHARLOTTE ZIMMERMAN

## JANUARY 6

NANCY FEATHERINGHAM  
PAM SYKES  
FORREST TURNER  
CLARABELLE VALENTINE  
VICKI DIEHL

## JANUARY 7

RAYMOND COMER  
THOMAS W CRAWFORD  
MARILYN HAWKES  
WILMA JAMES  
STRAUD KNISLEY  
SUE LUMLEY  
CURTIS MOSS

## JANUARY 8

ROBERT JONES  
JO-AN KRSTOF  
JOY MANBEVERS  
ALMA PETERS  
BELVA PRITCHARD  
AARON SIMPSON

## JANUARY 9

FAYE SMITH  
PATRICIA SWAIM

## JANUARY 10

DEB HANLEY  
LINDA HARDEN  
CATHERINE HARTLEY  
MARIANNE HUNLEY  
GARY MISKO  
LINDA RUSSELL  
RON WUNSCH

## JANUARY 11

SHIRLEY CARIUS  
DEBORAH JENKINS

## JANUARY 12

PAUL AZBELL

## JANUARY 13

PAT PERRY  
MARGARET RICKEY  
MARY SCHRADER  
VERA WOODARD

## JANUARY 14

BYRON CARTER  
CLARA CAVINEE  
BARBARA DAVIS  
DENNIS FLEMING  
FLO KAPTEINA  
PHILLIP PLUTA

## JANUARY 15

ROBERT FETHEROLF  
HAROLD GHEARING

## JANUARY 16

BRUCE CROCKER  
LINDA DELCOSTELLO  
KENNETH HARDESTY  
GWEN MUSSER  
PAM PATRICK  
ALICE SMITHSON  
BERTHA WATSON

## JANUARY 17

ROBERT HARTINGER  
KATHRYN HILL  
GLORIA KNECE  
CONNIE MCCAIN  
PATRICIA SOUTHWARD  
HAZEL WOODWARD  
CYNTHIA WRIGHT

## JANUARY 18

LINDA SEARCH  
MONA TOOLE

## JANUARY 19

CAROL BALTHASER  
BEVERLY CONRAD  
KENNETH DOLLISON  
BEVERLY LAWRENCE  
KATHLEEN LLOYD  
DONNA THOMPSON

## JANUARY 20

MICHAEL BROOKINS  
HOWARD COSSIN  
MOLLY MORRIS  
PAT NEAL  
HARRIET SALYERS  
WENDELL SEE  
CARL SPANGLER  
CONNIE WOOTEN

## JANUARY 21

JAMES OLIVE  
JEAN STRICKLER  
VIRGINIA SWOYER  
GARY THOMAS  
KEN TRIVETTE

## JANUARY 22

JOHN ADAMS  
LINDA COCHENOUR  
SHIRLEY DAUBENMIRE  
BARBARA GERHARDT  
KENT MORRIS  
BRIAN PORTER  
DIANA SKAGGS  
SHIRLEY WALTERS

## JANUARY 23

SHARON MCCARTY

## JANUARY 24

HELEN BETHEL  
PAMELA HARRIS  
CHARLES LUTZ  
FRED MAVIS  
DICK MCCLISH  
MARY NELSON  
PAUL REED  
SARAH VANHOOSE  
DAVID WHITE  
DANIEL SMITH

## JANUARY 25

RONALD ACKLEY  
JUDITH BURNHEIMER  
JAMES CALLIHAN  
KATHLEEN HOFFMAN  
JOHN OWENS  
BARBARA VINKOVICH

## JANUARY 26

BETTY DRAKE  
DEBBIE HART  
JEAN HOFFNER  
PHYLLIS HULSE  
MARY STEELE

## JANUARY 27

JUDY BEARD  
JIM RHONE  
LINDA STEWART  
BOB SCHUMM

## JANUARY 28

MARILYN HATFIELD  
MARY HOUSH  
SHIRLEY LAKE  
MARGARET QUINCEL  
BONNIE TRUE  
MARY WILLIAMS

## JANUARY 29

JEAN BARBER  
JAMES BEATHARD  
SHERAN CHERRINGTON  
BOB CROSBY  
BARBARA KUHNER  
ANNE LAUX  
PATRICK SMITH

## JANUARY 30

MARGARET PALMER  
LORNA PITT  
DOLORES RULAPAUGH

## JANUARY 31

BETTY MCCOY  
GERALDINE REED  
ELVA RUSSELL  
SUSAN STEVENSON  
LINDA TRIMMER



## SPECIAL THANKS TO THE FOLLOWING PEOPLE...

### \$10 Fund Donations

Linda Harden

Jeane Crider

James & Naomi  
Adkins



~~~~~  

### New Members

Ben Hall



~~~~~  

### Memorial/Honor of Donations

In Memory of

My Husband, Larry Lemley  
and Friends  
Bob & Faith  
Fraser

Given By,

Judy Lemley

### Memorial/Honor of Donations

In Memory of

Norval Shepard

Given By,

Linda Adams

~~~~~  
In Memory of

Ona Jean (Lozier) Estep

Given By,

Diane & Steve  
Herman & Family



### Estate Planning

It is often difficult during one's lifetime to give, yet many would like to make a significant contribution. You might want to consider a bequest to the Pickaway Senior Center.













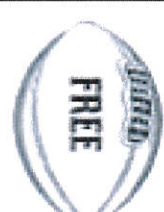






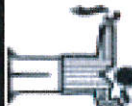





We have established a Pickaway Senior Center Fund within the Pickaway County Community Foundation to help ensure we are able to continue meeting the needs of the seniors of Pickaway County well into the future.

**Pickaway County  
Community Foundation:**

**Pickaway Senior Center Fund  
770 N. Court St.  
Circleville, OH 43113**



# BIG GAME BINGO

|                                                                                                                        |                                                                                                                  |                                                                                                                      |                                                                                                                         |                                                                                                                           |
|------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|
| <br>Pepsi Commercial                | <br>First Down                | <br>Offside Penalty              | <br>Play Reviewed                  | <br>Running Back<br>Scores Touchdown |
| <br>Defensive Timeout                | <br>Defense Scores<br>Touchdown | <br>Coca-Cola<br>Commercial        | <br>Intentional<br>Grounding        | <br>Kia Commercial                    |
| <br>Ineligible Receiver<br>Down Field | <br>Offensive Timeout           | <br>FREE                           | <br>Quarterback Sack                 | <br>35+ Yard<br>Kickoff Return         |
| <br>Missed Field Goal                 | <br>Doritos Commercial          | <br>Coin Toss Tails                | <br>Special Teams Score<br>Touchdown | <br>Block in the Back                  |
| <br>Delay of Game                     | <br>25+ Yard Rush               | <br>Quarterback Scores<br>Touchdown | <br>Ford Commercial                  | <br>Punt                               |

**-SUPER-BOWL-PARTY-**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Deadline January 31



## Quick & Easy Winter Soup

## Tortellini Soup Recipe

January is National Soup Month, and if you happen to live where winter is frosty, it's the perfect time to prepare a bowl of hearty soup. Soup is more than just a warming winter supper. The concoction of tasty broth, crunchy veggies and tender meat is known to fill you up quicker and keep you satisfied longer than many other items you'll find in your pantry. Broth-based soups are great options for healthy meal starters, too, as most people will eat a significantly smaller portion of food when dinner is paired with soup! Looking for a quick and nourishing dinner no matter the weather? Try these comforting recipes!

### Tortellini Soup in 30 minutes or Less:

1 extra-large can (about 49 oz) of low-sodium chicken broth\*

1 9oz package refrigerated cheese (or your favorite filling) tortellini

1-4 Tbsp. tomato paste. Salt/pepper

Bring the broth to a boil in a large saucepan. Add the tortellini and cook according to package directions. Add tomato paste and salt and pepper to taste. Pair with a loaf of French bread and a green salad.

If you have a bit more time, try this variation: In the sauce pan, add to the broth a carrot peeled and cut in half, a stalk of celery cut in 3 inch chunks, an onion cut in quarters, two or three garlic cloves, peeled, and a sprig each of thyme, rosemary, and basil, tied with cotton string. Bring to a simmer and cook for 10-15 minutes to meld flavors. Discard solids, bring the broth back to a boil and add the tomato paste and tortellini cooked according to the package directions. Serves 4. \*If you're watching your sodium, use half no sodium or salt free broth and half low sodium.  
(recipe from LPI)



**Luebbe**  
Hearing Services  
www.HearOhio.com

Call Today for a **FREE**  
Hearing Appointment  
**740.571.4842**



Dr. Mary Lou Luebbe-Geathart, Au.D., Certified Audiologist & Dedicated Staff  
1420 Circleville Plaza, Circleville, OH 43113

AMITY HOME HEALTH IS NOW... **740.477.6842**



**Honor**  
Home Health  
Your Care. Our Honor.  
NEW NAME - SAME GREAT CARE

**In Home -Private Duty - Skilled Care**  
skilled nursing • health aides • physical, occupational and speech therapies

Wherever our patients call home,  
we provide hospice care.

**740.420.0605**  
heartlandhospice.com/Circleville

**Heartland**   
Hospice Care



**#1 Medicare**  
**Advantage plan**  
**provider in America**

**1-855-844-2078, TTY 711**  
**ExploreUHCMedicare.com**

**United**  
**Healthcare**

Y0066\_200813\_013109\_M SPRJ58101



## Drive-Thru Lunch

Wednesday, January 27th  
10:30 am-Noon

**Chicken & Noodles  
Mashed Potatoes & Roll**

**Suggested donation of \$3**

If you are interested in stopping by and picking up a lunch please call the Center at 740-474-8831 to RSVP by January 21.



For your chance to be entered into a gift card drawing please complete the **Big Game Bingo Card** on **page 6** and send us your card. Deadline for is

**January 31.** Gift Card drawing will be held the first week of February. You can submit Bingo Sheet by mail to the Center at P.O. Box 565, Circleville, OH. Be sure to include your name, address and phone number. Winner will be contacted first week of February. Thank you.

Even if you didn't complete a full Bingo once you return your sheet we will enter you into the drawing.



## Don't yell at your Computer, let us fix it!

We will fix it or  
it's free.

**49.00 fixed rate for all seniors, computer tune ups,  
repairs, training, Virus removal, new setups,  
software installs and upgrades, at your senior center.  
Call (614) 398-1098 for an appointment.**

### PICKAWAY HOUSING AUTHORITY

Pickaway Terrace, Eden Place & Louise Terrace

• Providing affordable housing for  
elderly/62 years or older and/or disabled

176 Rustic Drive • Circleville, Ohio 43113

740-477-2514 • Fax: 740-477-7456

email: pmha@pickawaymha.com

TTY/TDD Customers:

Contact Ohio Relay Services at 711 or 1-800-750-0750

This institution is an equal opportunity provider and employer



### CONSTANCE CARE HOME HEALTHCARE

- |                           |                              |                     |
|---------------------------|------------------------------|---------------------|
| • Free Nursing Evaluation | • 24Hrs / 7 Days a Week      | • RNs and LPNs      |
| • Therapy (PT, OT, ST)    | • Lifeline Monitoring System | • Home Health Aides |

From our house... to yours

Quality Service In...

Pickaway, Fairfield, Fayette,  
Ross and Hocking Counties.

All employees bonded!

**740-477-8689**

744 North Court St.,

Circleville, OH

EOE/Provider/Medicare Certified Agency



➤ Reach the Senior Market  
**ADVERTISE HERE**

CONTACT

Jayne Pandy to place an ad today!

JPandy@lpiseniors.com

or (800) 477-4574 x6401



## Heading out of town for the Winter?

Please let the Center know of your change of address during this time and we'll send the Newsletters to you. If we have this winter address, it will save us from having to pay to get back the Newsletters from the Post Office because they could not deliver. Thank you.



Out of  
Town

## REMINDER

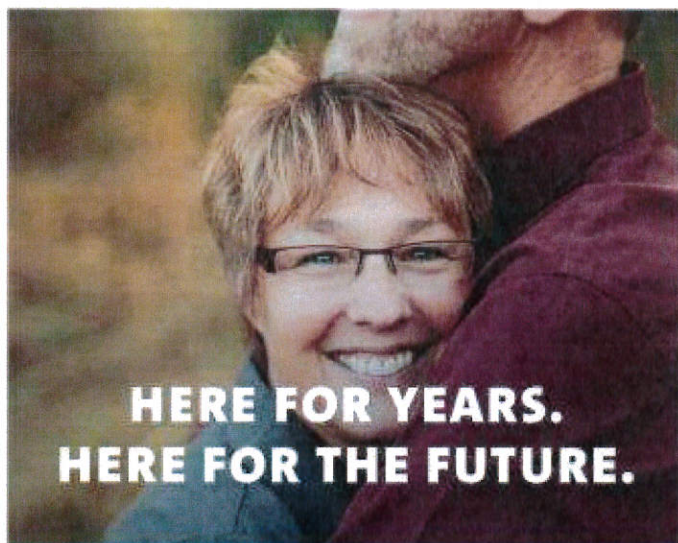
If you need to drop something off to the Center such as applications, donations, dues etc. we ask that you please use drop off box at front entrance or continue to mail them to:

Pickaway Senior Center, P.O. Box 565  
Circleville, OH 43113

## HEAP Winter Crisis Program Applications Available

The Home Energy Assistance Winter Crisis Program (HEAP) helps income eligible Ohioans that are threatened with disconnection, have been disconnected or have less than a 25% supply of bulk fuel in their tank.

The program runs from Nov. 1, 2020 until May 1, 2021. A household applying for HEAP must report total gross household income from the past 30 days (12 month preferred) for all members, except wage or salary income earned by dependent minors under 18-years-old. Both homeowners and renters are eligible. To apply online, visit [energyhelp.ohio.gov](http://energyhelp.ohio.gov). Applications are available at the Pickaway Senior Center. For more information call the Center at 740-474-8831.



Now OhioHealth  
Berger Hospital.



To learn more about OhioHealth Berger Hospital and what the future holds for your community, visit [OhioHealth.com/Berger](http://OhioHealth.com/Berger).

© OhioHealth Inc. 2019. All rights reserved. PY19 392186 10/19

**Miller Commons** In Northern Pickaway Co.  
  
Luxury Senior Flats—ages 55+ **NOW LEASING**  
740-983-2222 2 BR, Carport, Pets Welcome

**"Discover where to Recover"**

**Pickaway Manor**  
Rehabilitation Center,  
Skilled Nursing & Assisted Living  
A MacIntosh Community  
PT, OT and Speech Therapy  
Services Available  
391 Clark Drive | (740) 474-6036  
[www.macintoshcompany.com/Pickawaymanor](http://www.macintoshcompany.com/Pickawaymanor)

**DON'T SHOP. AD PT.**





**Pickaway Senior Center**  
2105 Chickasaw Dr.  
P.O. Box 565  
Circleville, OH 43113

Non-Profit Org.  
U.S. Postage  
PAID  
Permit #200  
Circleville, OH 43113

*RETURN SERVICE REQUESTED*

Current Resident



In an effort to keep our clients and employees safe we have a policy for service cancellation due to weather related circumstances.

**If the Pickaway Senior Center must close due to weather conditions it will be announced on both WBNS Channel 10 TV and WKKJ 94.3 FM Chillicothe**



**Don't miss our upcoming events and activities at the Center!**

Birthdays.....Pg 4  
Gift Card Raffle.....Pg 8  
Menu.....Pg 10  
Activities Calendar.....Pg 11

