

ITINERARY | DAY-BY-DAY



CAREER ENRICHMENT



Obstetrics & Gynecology Program to Delhi. Agra & Jaipur

India

12 days / 9 nights

November 27 – December 8, 2016

\$5,499 (Based on double occupancy)

Enjoy the unique culture and traditions of India while you spend time with the locals. This adventure includes a couple very special village experiences with local families including with those at the Ramgarth Medical Camp!

BOOK NOW 888.747.7501

India Highlights

- ✓ 12 days & 9 nights
- ✓ Cross a visit to the **Taj Mahal** off your bucket list as you step back in time and visit this iconic site
- ✓ Relax throughout your journey with guided yoga sessions (optional).
- ✓ **Accompanying guest program** available on this itinerary

Community Connections

- ✓ Visit with **families in the Ramgarth Medical Camp** and provide much needed medical assistance to the medical camps after a community orientation
- ✓ Spend a day creating new friends as you immerse yourself in village life

Educational Interaction

- ✓ India's healthcare infrastructure, especially as it relates to obstetric and gynecologic care
- ✓ Explore the referral system between primary care provided in villages, health centers, and regional hospital care
- ✓ Leading causes of morbidity and mortality as well as other health outcomes in India
- ✓ Education and role expectations of health care professionals throughout the country
- ✓ Impact of cultural traditions, beliefs, and social issues on healthcare in India
- ✓ During your **village visit** you will have the chance to learn about the health status of children in India, pediatric practices, children's hospitals, causes of morbidity and mortality, and training for pediatricians

What's Included:

- 4 & 5* accommodations
- All transportation and activities outlined in the itinerary
- Group transfers to and from the international airport
- International air to and from Delhi (gateway city set tentatively out of JFK)
- Local English speaking guide
- Meals as mentioned and most tips

Not Included:

- Personal expenses at the hotel
- Meals not specified
- Tips for national guide
- Passport renewal or issuance
- Domestic flight to gateway city
- Departure taxes if applicable
- Cost of your tourist visa



📍 New York, New York

DAY 1

Depart for India today

Depart from New York today and make your way to India. The stunning beauty and friendly people alone are worth a visit!

The bustling metropolis of Delhi has been invaded, destroyed, and rebuilt countless times in its 5,000-year history. Today, it is a sprawling urban center unofficially divided into two parts: Old Delhi—the classic Indian experience of colorful, crowded streets and historical monuments—and New Delhi, India's capital, a city of wide avenues and government buildings that the British began erecting in the early 1900s.

📍 Delhi, India

DAY 2

Arrival in Delhi

Arrive this in Delhi, India this afternoon or evening.

Upon arrival the group will be met and transferred to your local hotel for check in. Relax this evening and settle into your lovely hotel.

Depending on flight arrival time this evening, dinner is on your own tonight (if not provided in flight).

Overnight: The Grand (or similar)

Included meals: N/A



📍 Delhi, India

DAY 3

Professional program in Delhi

Please Note: Breakfast is included daily in your program.

All travelers will gather this morning with your national guide and receive further information on the program and today's activities.

Explore the unique and defining characteristics of **Old Delhi and New Delhi**. Contemplate the impact of Mahatma Gandhi's life at the Raj Ghat, a simple memorial to the legendary icon of non-violent civil disobedience. Hop in a rickshaw for a view of the Red Fort, the imperial residence of India, and the Jama Masjid, the largest mosque in the country.

Discover the **garden tomb of Humayun**, built by the widow of the second Mughal emperor. Continue to the imposing **India Gate**, the **parliament buildings**, and the **Rashtrapati Bhavan**, the residence of the president and largest structure for any chief of state in the world.

This evening, enjoy a welcome dinner with fellow travelers.

Overnight: The Grand (or similar)

Included meals: Breakfast & Dinner



📍 Delhi, India

DAY 4

Professional program in Delhi

Today the professional members of the group will meet with **professional medical counterparts** in Delhi.

This may include meetings with the **Maulana Azad Medical College and associated hospital** complex. The complex consists of four integral units including the Maulana Azad Medical College, Lok Nayak Hospital, Govind Ballabh Pant Hospital and Guru Nanak Eye Center.

After lunch continue on to another meeting with the staff from a hospital such as **Medanta—The Medicity**. Medanta is one of India's largest multi-specialty institutes located in Gurgaon, a bustling town in the National Capital Region. The institution was envisioned with the aim of bringing to India the highest standards of medical care along with clinical research, education and training.

Guest program:

Visit the National Museum, New Delhi, home to more than two million works of art spanning 5,000 years of Indian culture and history, and explore the Crafts Museum, which boasts rare samples of arts and crafts from all over the country—everything from embroidery to wood carvings to papier-mâché to mud huts decorated with delightful folk art. See the tallest stone tower in India, the Qutab Minar, and if time permits, the Lotus Temple.

Dinner is by individual arrangement (own expense) this evening.

Overnight: The Grand (or similar)

Included meals: Breakfast & Lunch

📍 Agra, India

DAY 5

Drive to Agra

Today the group will say farewell to Delhi and drive with your guide to Agra. The drive is about 5 hours (240 kms). Please take note and perhaps bring something to read. Upon arrival the delegation will check in at your hotel.

Later explore Shah Jehan's monument to love - the **Taj Mahal**. A mausoleum built by Shah Jehan for his queen Mumtaz Mahal, the Taj Mahal is said to have taken 22 years and 20,000 craftsmen to construct. Its perfect proportions and minutely detailed marble inlays will astound you. It is renowned for its perfect proportions with rich, exquisite marble inlay with minute details and executed with great skill. It marks the most developed stage of Mughal architecture.

Also visit **Agra Fort** - the seat and the stronghold of the Mughal Empire under successive generations. This was the seat of Mughal rule and administration and the present structure owes its origins to Akbar who erected the walls and gates and the first buildings on the eastern banks of the Yamuna River.

In the evening enjoy the grand live performance "**Mohabbat-e-Taj**", based on the love story of Taj Mahal.

Overnight: Radisson (or similar)

Included meals: Breakfast & Lunch





📍 Agra, India

DAY 6

Day trip to the Bharatpur Village

After breakfast, head to the Bharatpur Village today via bus to **visit the community and local school**. Lunch and dinner will be provided today.

Spend the day volunteering in the **village's rural health center** as well as local school. Meet and interact with the locals and visit with the community children. Their local clinic provides basic services.

Overnight: Radisson (or similar)

Included meals: Breakfast, Lunch & Dinner

📍 Jaipur, India

DAY 7

Depart for Jaipur

This morning depart via bus to the Pink City of Jaipur, known for the terracotta plaster that coats buildings in the old part of the city.

Lunch will be provided this afternoon prior to your afternoon tour at a local heritage site. Stop to visit **Fatehpur Sikri**, a spacious red sandstone city built in the 16th century by the Mughal Emperor Akbar. The architecture combines Hindu and Moghul styles, expressing Akbar's vision of synthesizing the cultures. The onetime capital was deserted after only 12 years, but the audience halls, palaces and mosques are still perfectly preserved.

Upon arrival in Jaipur check in at your local hotel and have dinner on your own.

Overnight: Lebua Lodge by Amer (or similar)

Included meals: Breakfast & Lunch



📍 Jaipur, India

DAY 8

History of Jaipur

This morning, participate in a yoga and meditation session (optional) at your hotel.

Later embark on an extensive exploration of the monuments of Jaipur's golden age. First travel as the Maharajah's did by elephant to the **Amber Fort**, a beautiful complex of palaces, halls, pavilions, gardens and temples. Once inside the citadel, stroll through the sprawling palace and courtyards to admire the grand architecture and delicate carvings. En route, visit the **Palace of Winds**, also known as **Hawa Mahal**. Its elaborate façade with more than 900 windows once served as an observation point for the ladies of the court.

Continue on to the **City Palace**—composed of a vast mosaic of exquisite palaces, gardens, and courtyards—and the **Jantar Mantar astronomical observatory**. This stone observatory (the largest in the world) is one of five built by Jaipur's founder, Maharaja Sawai Jai Singh II. Experience some of the traditional arts of Rajasthan as you watch craftsmen create block prints and jewelry.

This evening enjoy a traditional Kalbelia dance performance poolside at the hotel.

Overnight: Lebua Lodge by Amer (or similar)

Included meals: Breakfast & Lunch



📍 Jaipur, India

DAY 9

Professional exchange

This morning continue your professional exchange with local healthcare professionals in Jaipur. Visits may include **Fortis Healthcare Ltd.** and **SMS Hospital** (a government hospital and medical college).

Visits will focus on:

- Organization and financing of the Indian health care system
- Overview of the health status of children
- Pediatric practice in India, including primary care, specialty care and hospital based care
- Children's hospitals and children's care in hospitals
- Education systems for children in India
- Education and training of pediatricians, including continuing education
- Causes of morbidity and mortality of children

Guest Program

Guests will enjoy a visit to Sanganer that takes them through two tripolias, or triple gateways, to explore palace ruins and the city's exquisitely carved Jain temples. They will learn about Rajasthani art from local masters in this important center for art and textiles. They will also stop at the Lakshmi Narayan temple, situated below Moti Dungri (the Hill of Pearls). This modern temple built of white marble creates a stunning accent on the city's skyline.

Gain authentic cultural insight during an evening spent **enjoying a home-cooked meal with a local family**.

Overnight: Lebua Lodge by Amer (or similar)

Included meals: Breakfast, Lunch & Dinner



📍 Jaipur, India

DAY 10

Community engagement

This morning, participate in a yoga and meditation session (optional) at your hotel, followed by breakfast.

Later drive to **Ramgarh Village** near Jaipur. Spend the day working at **medical camps** after a community orientation program.

Lunch and dinner will be provided today.

Overnight: Lebua Lodge by Amer (or similar)

Included meals: Breakfast & Lunch

📍 Delhi, India

DAY 11

Depart

Say farewell to Jaipur and drive back to Delhi today. Lunch is by individual arrangement this afternoon.

Day use rooms are reserved at an airport hotel for the comfort of travelers as they depart India this evening. Dinner is by individual arrangement (meal service usually provided in flight).

Arrival will be the following morning back in New York.



Delhi, India

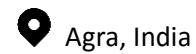
The Grand Hotel, New Delhi

Nelson Mandela Road

New Delhi, India

Telephone: +91-11-4766-1234

<http://www.thegrandnewdelhi.com/>



Agra, India

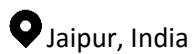
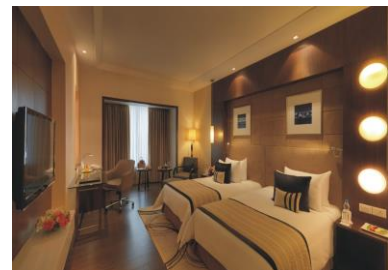
The Radisson Blu Hotel

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<https://www.radissonblu.com/en/hotel-agra>



Jaipur, India

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