



THE ESSEX CORINTHIAN YACHT CLUB



Annual Labor Day Weekend
Lobster Bake

ENTERTAINMENT & EVENTS:

- **Next PHRF Fun Buoy Race on August 25th!**
- **Sunday, September 1st, Labor Day Weekend Clambake** at the club. Starts at 6 pm. Advance reservations required by August 28th. Sorry, no same day walk-ins. Please sign up in the dining room or contact Entertainment Chair Val Votto. Cost \$49 pp.
- **Inaugural PHRF Cross Sound Challenge on September 21st**

VIEW FROM THE BRIDGE

Fellow Corinthians,

What a month! In fact, it was a historic month for ECYC sailors! Corinthians excelled racing near and far ranging from Ideals right in front of the club to long distance ocean racing from Marblehead to Halifax, to PHRF racing in the Sound. Please see Vice Commodore's Tim Brewer's Off Shore report below.

Not to be outdone, our on shore activities also did their part in "providing an environment for good fellowship", which is what ECYC is all about.

The **July 4th Party and Boat Parade** was the best ever! The good news is we had over 160 guests for the July 4th picnic. The challenge was we only had 90 pre-registrations! Kudos to Entertainment Chair Val Votto and her committee who scrambled to accommodate everyone. Special thanks to Ruth Emblin for a wonderful ECYC decorated cake that added to the occasion.



As we plan the **Labor Day Clambake**, look for new guidance about event registration and reserving tables so we can improve our events going forward. Please refer to the upcoming special E-Blast to see all details or contact Val!



We also want to thank the Essex Fire Department for having the Fire Boat lead the boat parade with their fire hose in operation. We were also pleased to welcome Essex's own tall ship, the Mary E, as a parade participant. Several club members took advantage of the offer to ride on the Mary E during the parade.

Refer to our event calendar on our website at www.essexcyc.org for event details!



Inspirit wins the July Fun Buoy Race

OFF SHORE NEWS & EVENTS:

PHRF Fun Racing with ECYC Update:

With a great start and strong upwind leg, Past Commodore Skip Haskinson INSPIRIT took first place in the ECYC / EYC PHRF Buoy Race. The race was a great illustration that crossing the finish line is as important as crossing the finish line first given the PHRF handicapping system. The fleet of eight boats from both clubs encountered a range of conditions from wind to no wind back to wind, fortunately with a favorable tide to take the fleet toward the finish line. COUNTERPOINT (Dan Watts) took third.

The final race for the 2013 fun series is set for August 25th. Skipper's Meeting 0900, First Warning 1200. Post Race BBQ at ECYC at 1630. Contact Tim Brewer if you plan to race your boat or would like to crew on a boat.

More Regatta News:

Bill St. John (below) with Irish Lady places third in the **Sails Up 4 Cancer** race last week.

Other **July highlights** included the second of three **ECYC- EYC "Fun Buoy Races"**, this time with eight PHRF boats from both clubs. We thank Donna and Eric Altomare for helping as the finish boat.



Always a club favorite was the **3 Mile Harbor Fireworks Cruise**. While we encountered strong winds in the harbor that prevented rafting, we still met on Sammy's Beach for the traditional beach party before the show.

Completing a very active month was the **Essex Rum Challenge**, always a highlight for our regional racing community. Another amazing day for Corinthian boats! I am so proud of our skippers and crews.

Finally, we are very pleased how the window air conditioners are working to remove head and humidity in the dining room. How did we ever go so long without them?

Make it a good month!

Terry Stewart

Commodore
Essex Corinthian Yacht Club



Marblehead to Halifax Race:

Bluebird places 3rd in the Marblehead to Halifax Race!

Congratulations to Harry Bird and the crew of Bluebird (including Past Commodore Jim Francis and Commodore Terry Stewart) for placing 3rd in the cruising class. Over 77 boats in 9 classes departed Marblehead in hot weather on Sunday, July 11th. The wind was abeam and Bluebird rapidly passed boat after boat in earlier classes well into the first night.



1st Inaugural Cross Sound Challenge PHRF Race

Our new racing event this year is scheduled for Saturday, September 21st. Lew Davidson heading up sponsorship and promotion and the team of Toby Doyle and Chris Morano as overall event coordinators, we are looking forward to a great day of racing. We are working with the Mudheads to provide a PRO and management of the event on race day so that our members can participate in the racing. Post race entertainment will be provided by the band, UHF. Details are coming together, so get your bottomsides cleaned and your crew prepared for a great day of racing to be followed by a fantastic party at ECYC. Our Fleet Captain, David Dorrance, has offered Chelsea Morning for Committee Boat duties. We still need mark boat volunteers and day-of-event volunteers for various race and party tasks. Contact me at tbrewer@tlbarchitecture.com or 860 638 7025 if you'd like to help with this event!

Tim Brewer

Vice Commodore



COMMITTEE UPDATES

House & Grounds Update:

As has been the case since those adolescent years of the true "endless summer", July again appears to be but a 12-day month. Not much activity from



*Jim Francis at the helm on a cold, wet,
foggy watch*

Monday brought fog that would remain in place until we reached the entrance to Halifax. Monday night brought in cold temperatures that made the hot weather of Marblehead not feel so hot. The real challenge began Tuesday when the winds disappeared. We felt we could walk to Halifax faster and all hopes of a two day race quickly faded. We were glad Harry planned for all contingencies including a long race! While Bluebird wallowed in the placid conditions, we were visited multiple times by whales large and small and a few sharks.

By Wednesday night, we slowly rounded Point Sable, the southern tip of Nova Scotia, having successfully kept the flood tide from taking us into the Bay of Fundy.

Thursday morning found us happily surging along at 8 knots on a beam reach heading north along Nova Scotia's east coast (we still couldn't see anything) with all five of Bluebird's sails full. This is the point of sail Bluebird is designed for and one that would take us all the way to the entrance of Halifax. Harry's seamanship would be tested one more time as we approached the final turning mark to Halifax in the fog.

AIS indicated a supertanker was nearing the same mark in bound and three Japanese warships were in the same lane outbound. We would have to gybe doing 8 knots in the fog with these unseen "neighbors" sharing the same area.

Harry was able to reach the supertanker by radio who kindly slowed down for us and we never saw the Japanese warships.

Upon crossing the finish line and docking at the Royal Nova Scotia Yacht Squadron, Harry was informed of a class protest that would result in our taking third in the class, a surprise to us since the race conditions (low wind on the nose) were not suited to Bluebird. It turned out a cruising class boat in front of us had flown a spinnaker and had been caught on camera. Bad for them but great for us.

In sum, an amazing experience with an amazing sailor, Harry Bird. ECYC member George VanDrasek joined us in Halifax to assist Harry in bringing Bluebird back to Essex.



We made it! Bluebird docked at RNSYS

house projects perspective for this past month as I, and all members are really in the mode of enjoying the fruits of earlier efforts during this prime season period for the club.

Current thinking is the projects in focus of the house committee will again be picked up in earnest as summer fades and fall begins. These include power washing, window cleaning, deck lights & fans, front door replacement, deck maintenance. Also there are additions to the club which would offer great benefit. Examples are the front porch Adirondack chairs and "lifeline" type railing, ship's store inventory locking storage cabinet, locking cabinet in the men's head for supplies. Cost for each will need to be weighed against the budget as the major improvements and maintenance items performed in first half of this year has extremely strained the 2013 house budget. These wonderful additions to the club may need to wait their implementation for next, or even future, budget years.

With the budget strains for 2013, I would like to appeal to the membership at large for individuals who may wish to contribute appropriate material or be a financial sponsor for the mentioned improvements and possibly others. Contact me for a wishlist, if you are interested in helping out.

Once again I wish to extend my great appreciation to all the members of the house committee and those members who have volunteered and stepped forward to assist on the many efforts performed in 2013. Enjoy the remainder of the summer of 2013, not so endless anymore.

Chuck Grusse

House Chair

Immediate Wish List:

We are looking for a bookcase to be located in the River Room to house the many books we have stored in the Locker Room. The Ideal book case would be waist high (approx. 3 ft) by 4 to 5 ft long and made of wood.

Galley Update:



Harry Bird receives his trophy

www.facebook.com/EssexCorinthianYachtClub!

For more pictures, please visit the club's Facebook page at

Tartuca Wins the 2013 Essex Rum Challenge!

Tartuca (owned by Ruth and Peter Emblin), an Islander 40, took overall first place honors in this year's Essex Rum Challenge. By winning 1st in Class One of the nonspinnaker divisions, Tartuca also earned the Thomas Lentini Memorial Trophy, now in its second year. Tom Lentini was a beloved and dedicated member of both ECYC and EYC.



Left: Crew of Tartuca receiving 1st place from Frank Flores, EYC Commodore
Right: Peter Emblin accepts the Thomas Lentini Memorial Trophy from Frank Flores for being the top non spinnaker boat in the Rum Challenge.

The weather conditions were typical for the Rum Challenge, reinforcing why the word "challenge" is part of the event title. After a strong start off Fenwick to the windward mark, the wind died and the fleet turned into an opposing tide, testing skippers for their interpretation of the currents and where & when the wind would eventually fill in. As helmsman, Jon Gibbs masterfully guided Tartuca into the lead of some 33 competing boats.

Also representing ECYC was Celebration (Ed Birch and Jeff Going), a perennial contender, taking second in Class 3 and Blue Jacket (Bill Robinson) taking third in Class 2. A truly great day for ECYC sailors!

Ed and Monique are back after a well-deserved vacation. Thanks go out to their great fill-in crew - but we are glad to welcome our intrepid "galley team" back to the Corinthian Cafe!

If you would like to keep track of your galley orders or in case you have follow-up questions, please retain the third part of the order ticket. The two top parts need to be handed to the kitchen staff with your order.

Please also remember to put in your food orders as soon as possible after you arrive at the club to avoid service bottlenecks!

ECYC recycles... please put your trash and recyclable in the appropriate bins when leaving the club! Thank you!

Membership Update:

WELCOME!

We are pleased to announce that **Clive & Herschel Connor, Julia & Jim Lloyd, Suzette & Mark Bavalack** and **Pam & Richard Wass** have become the newest members of ECYC.

Clive and Herschel live in East Hampton and have over 40 years of boating experience. They enjoy cruising in their sailboat, Sitara, and are members of the Seven Seas Cruising Association. The Herschels are sponsored by George Van Drasek and are looking forward to being with fellow sailors at ECYC and our "comfortable atmosphere".

Julia Henderson-Lloyd and Jim Lloyd reside in Centerbrook and were married at ECYC just a month ago! Jim has had several boats, most recently a 22' Pursuit Tiara which gave him years of pleasure fishing on the Long Island Sound. Julia is a native of Madison and the owner of Peonies in Centerbrook. Sponsored by Diane and Daniel Naimey, Jim and Julia anticipate being very involved with ECYC and making new friends.

Suzette and Mark Bavalack reside in Ivoryton with their 15-year-old son, Noah, who is a junior sailor at Pettipaug. They enjoy cruising and fishing on their 19' Eastern, "Bye Bye". The Bavalacks, sponsored by Jean and Tim Brewer, look forward to socializing with fellow boaters and have offered to help ECYC "wherever help is needed".

Corinthians also take first and second in the Ideal 18 Rum Challenge!

Held the Saturday before the off shore Rum Challenge, the Ideal 18 Rum Challenge was held in near perfect conditions with 10 races held throughout the day.

Taking first place was the crew of Jon Gibbs and Peter Emblin. Ed Birch and Ian Douglas took second. A salute to these crews and skippers for not only their accomplishment in the Ideal 18 Rum Challenge but then to come back to be "in the money" in the PHRF Rum Challenge as well. Jon's and Peter's winning both events will be an accomplishment long remembered and hard to duplicate.



Left: Bill Robinson (Blue Jacket) takes 3rd in Class 2.

Center: Jeff Going (Celebration) taking second in Class 3. Ed Birch was already off to another party!

Right: Jon Gibbs and Peter Emblin Accept 1st Place for the Ideal 18 Rum Challenge from Frank Flores.

Burgee of the Month:

Our newest burgee is from the Royal Nova Scotia Yacht Squadron in Halifax. RNSYC was our welcoming home upon completing a very long race from Marblehead. The Yacht Squadron has a beautiful club house and grounds and serves as the primary recreational boating marina in the Halifax area.



Women's Sailing:

Ladies enjoyed an introductory racing course taught by Cindy Gibbs during the month of July. Another course is forming now for the month of August, so please contact Cindy if you are interested.

Richard and Pam Wass are residents of Stuart, FL in the winter and enjoy their 58' trawler, Papa Whiskey for boating and fishing fun. They are members of the Smith Cove Yacht Club in Niantic and the Stuart Corinthian Yacht Club in Stuart, FL. Sponsored by Frank Strafacci, they are looking forward to boating and socializing with other ECYC members and have already signed up the Entertainment and Race committees!

AND.....we are so pleased to announce that **Linnea and Ray Morettini** have rejoined the ranks of the Essex Corinthian Yacht Club. Many of you will remember Ray from his tenure as Commodore when many wonderful improvements happened to our club during Ray's leadership. To quote Ray, "We are looking forward to being back with the Club, it is in our blood." WELCOME BACK!!!

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Please make returning and new members feel welcome and introduce them to your fellow Corinthians!

Sharon Craig
Membership Chair

ART on the River:

Have you viewed all of the artwork on display throughout the club yet? The exhibit is part of our new collaboration with the **Essex**

Art Association (EAA).



Paintings will be for sale and can be purchased through the ECYC Ship's Store.

Green Tip of The Month:

As the weather gets hotter and more humid, boaters have to deal with similar issues as home owners: annoying pests. Since most of our boats have close living quarters, and it is rather not recommended to use toxic and smelly chemicals, here are a

Email: cindysgibbs@gmail.com

Racing Workshops for Women



New courses are offered periodically. Course fee varies, and will be charged to your club account.

Contact Cindy Gibbs for more information!

Ideal 18s:

Please know the Ideals are available for all ECYC qualified sailors to sail. See the sign out sheet by the River Room door. Late afternoon/early evening sails after work are especially nice!

Reminder to all current and future Ideal 18 sailors:

Any club member wishing to sail an Ideal 18 **MUST FIRST** be qualified to do so and you **MUST** sign a release form. Learn-to-Sail programs are offered in the Spring. If you are already an experienced sailor, you may be qualified by one of the Club's Instructors by arranging for a check-out sail at any time during the year and signing the release form.

Please see Elaine for the form. Any questions, please see or talk with Ed Birch.

A note from David Dorrance:

"It looks like the Ideal 18 Sailing Program is off to a great start for the 2013 season under the capable instructorship of Ed Birch and Cindy Gibbs!

Just a couple of reminders to all Ideal 18 sailors: Please let David Dorrance (203-722-5334 or dwdorrance@gmail.com) know right away if anything needs repair or replacement on Nautilus or Dragonfly. We want the boats in proper working order at all times for everyone's enjoyment. A minor thing, but please loosen the outhaul on the main sail when putting the boat to bed. No need to stress out the sail when not in use. Thank you all for taking care of ECYC's Ideal Fleet as if they were your own!"

A Note from Ed Birch:

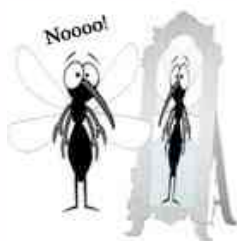
"We have many good sailors in our club who have qualified to sail our Ideal 18's. The Ideal 18 sign out board is located just past Elaine's office and contains the list of approved sailors and any special notices about the boats. Please be sure you have signed out a boat before you go sailing. Only approved sailors may take out a boat. If you are not on the approved list and would like to become qualified, call one of the instructors listed on the board.

The Ideals are reserved for racing on Tuesday

few tips on how to get rid of these pests using eco-friendly methods (of course, they also work at home):

Mosquitoes

I was surprised to find out that mosquitoes, apparently, can't stand the sight of themselves. By creating reflective surfaces, such as filling a zip-lock bag with water and hanging it e.g. on the boom or in a well-lit spot on an interior handrail while moored or docked, you can discourage these annoying biting bugs from taking up residence near you. It actually works...!



Earwigs

Earwigs just loooooove dark humid spots and are always looking for a place to hide. Lay sheets or rolls of newspaper overnight in an out-of-the-way spot or on deck near the companion way. They will crawl into this perfect hideaway, and you can simply gather up and toss the whole thing the next morning. Just make sure you weight the papers down to avoid littering if gusty conditions are expected...

Mice

Mice are masters at detecting edibles, and in some areas docked boats are just as susceptible to infestation as your home is. They have a very keen sense of smell, which you can use against them. If you see evidence of mice, fill the area with a scent they simply hate: peppermint. Soak some cotton balls in peppermint oil and leave them wherever you find evidence, as well as near your companionway. Not only will you keep Mickey and family from moving in, your boat will be smelling fresh to boot!

Flies

Other than carrying and testing your accuracy with a fly swatter, there is another way to get rid of annoying flies whose buzzing may keep you from a sound sleep at night. Believe it or not, flies aren't great fans of basil. Most of us are... so this works out great. Keep a small basil plant in your boat, and you can a) keep the flies away, and b) enjoy a fresh scent in your galley, and c) have fresh basil at hand whenever you need it for a particularly tasty food creation to



questions please call me at 860-767-7757."

ECYC SAILING LESSONS:

Each year the club provides sailing lessons for our members. We now have a separate Ideal 18 bulletin board where you can find information about sailing lessons and also sign out to use an Ideal 18 provided that you have been qualified by one of our instructors. There is also a list of those members who have been qualified and perhaps would be willing to take you for a sail.

If you have missed the spring sailing instruction or you are an experienced sailor who would like to sail one of our Ideal 18s, check the bulletin board for information, or contact Ed Birch.

Corinthian Kayakers

(aka The Mini Fleet)

On Sunday, July 14th, a small band of intrepid kayakers put in at Smith's Neck for a paddle and excursion to Griswold Point. After a good work out they beached their kayaks for a leisurely picnic and walkabout. It was a warm day landside, but the water, sun, sand and food made it a perfect day.

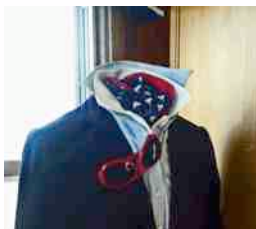


We are working on another paddle possibly along the Salmon River, Fall River or Selden's Creek once we can decide on a date and level of interest.

Don Shannehan

donshannehan@sbcglobal.net

Promote ECYC!



The perfect way to promote ECYC and show your club spirit throughout the season on and off shore is by flying or wearing the club burgee! Fly it right! Consult Eldridge or Chapman for guidelines.

The Ship's Store not only sells burgees, there are

and Friday evenings. Racing with the Essex Yacht Club starts at 1700. Regular Day Sailing is between the hours of 1000 and 1700. There is no day sailing after 1700. If you find something broken or missing please report it to Elaine. If you have any

reward your crew.

Ants

Yet another pest we may find are ants. Most ant species are put off by the scents of cinnamon and cayenne pepper. Fill a teabag with these spices and place it near the areas where you've notice infestation. Ants will avoid the 'scented' areas and move on.

And as a general purpose pest deterrent simply mix two tablespoons of eucalyptus oil with a quart of clean water and shake thoroughly in a spray bottle. Spritz around companionways, vents, ports and anywhere else you've seen pests enter. Though it is recommended to test the mixture in an inconspicuous area to avoid any damage to sensitive surfaces.

Pests be gone - there is no room for you on our boats!

Ruth Emblin

Fleet Communicator



vests, scarves, ties, polos, tees, sweatshirts, windvests, etc., etc., etc., all waiting for you to show your Corinthian Spirit!

And if you want to add some Corinthian Spirit to your evenings at the club, check out the etched wine and drinks glasses. Toast your friends in style!

See Jean Brewer at the Ship's Store for all the new items she has added to the store's selection!

Discount on Wine and Liquor Purchases!

Don't forget: ECYC members are reminded we have a dollar per wine bottle discount at That's the Spirit Wine Shoppe in Essex. Show your club card (if you need one, please contact Elaine at the office).



The Essex Corinthian Yacht Club's Bell 8 Newsletter is a monthly publication issued by the Essex Corinthian Yacht Club of Essex, CT.

For general questions on ECYC please refer to our website at www.essexcyc.org, email us at ecyc@essexcyc.org, or snail-mail to Essex Corinthian Yacht Club
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Find us on Facebook at: www.facebook.com/EssexCorinthianYachtClub

Please note that schedules may change at any time without prior notice. ECYC and the editor are not responsible for any errors or inaccuracies derived from information provided by third parties.



SAVE!

SHOP THE SHIP'S STORE AND SHOW YOUR CORINTHIAN SPIRIT!

Stop by and see what's new!

SAVE! ***SPECIAL: ECYC windvests are \$10 off through the end of August!***

SAVE! ***Show your ECYC spirit on Friday nights and win a pair wine glasses. Inquire at the Ship's Store!***

Offer expires on August 31st, 2013.

[Forward this email](#)

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