

Conversation Starters for Couples

1. Share some memories of our wedding day. What emotions were you feeling? What part of the ceremony stands out in your mind?
2. Describe your idea of a perfect vacation for the two of us. Where would we go and what would you want to do together?
3. How do you imagine celebrating our 25th wedding anniversary? Our 50th?
4. What are three things that I do that make you feel special and loved?
5. Who was your best friend when you were growing up? What made them so special to you?
6. Do you think we go out on enough dates together? How can we make more time for each other?
7. Describe one of your favorite memories of time we spent together.
8. How do you imagine our life together in 10 years?
9. How would you describe your spiritual life right now?
10. Name three character traits you admire most about me.
11. At what times are you the most attracted to me?
12. What is your greatest source of stress right now? How can I support and encourage you?
13. Describe a special memory of time spent with your mom and dad as child?
14. Whose marriage do you admire? What elements of their relationship would you like to see in ours?
15. If we were going to serve a mission trip, where would you like to go? What type of service appeals to you the most?
16. What was the worst outfit your mother ever made you wear?
17. What is the best movie you have ever seen? The worst? What was the first movie you remember watching as a child?
18. Who is the best boss you ever had? What made them so great to work for?
19. Describe your dream house and where it would be?
20. Outside of your own family, what adult had the most influence in your life as a teenager?
21. If you could spend three days alone at home, unplugged from the phone, tv, and computers, how would you spend your time?
22. What are some ways we could reach out and connect with our neighbors?
23. Do you think our schedules are too busy? In what ways could we simplify and slow down?
24. What first attracted you to me? When did you know I was “the one”?
25. If you could change one thing about yourself, what would it be?
26. Name three things that make a marriage successful. Are those things part of our relationship?
27. What is a new hobby or activity that we could do together? What would it take to get started?
28. How can I support you in your spiritual life? What are ways that we can develop our faith as a couple?

29. If you could only take five things with you to a deserted island, what would they be?
30. If you could open your own restaurant, what would it be like?
31. Name your fears: what you're most afraid to lose, what you're most afraid to do, and where you'd be most afraid to go.
32. What is your idea of a fulfilling love life?
33. Describe a time as a child when you felt special and important.
34. What is the best Holiday or birthday gift you ever received? That you have ever given?
35. If you could meet anyone from history, who would it be and what questions would you ask?
36. In what ways are you closer now than we were as newlyweds?
37. If you could pursue any career in the world, what would be? What would it take to get started?
38. What book or movie describe our life together? What actor or actions or actress would play "you" in a movie about your life?
39. What do you look forward to the most when you imagine our life in 25 years?
40. What is your favorite story or character in the bible? Why?
41. What are your top three hopes and dreams for kids?
42. Is anything taking a higher priority than our relationship right now? What can we do about it?
43. Describe one of your most embarrassing moments form childhood. As an adult?
44. If you could go back and make a certain decision differently, what would it be?
45. Name a time when you've been honest, even though it cost you something. Name a time you were dishonest.
46. What does "trust" mean to you? Which of your friends can you trust the most? Why?
47. In what ways are we alike? How are we different? Do you think that opposites attract?
48. Do you feel most loved by words, my actions, or my gifts to you?
49. When you're feeling stressed what helps you to relax and unwind the most?
50. What do you think are my mom and dad greatest strengths?
51. What household chore do you dislike the most? If we could trade some task with each other, what would they be?
52. What can we do to make the holidays more meaningful this year?
53. If you could take a class on any subject, what would it be? If you could teach a class on any skill or subject, what would it be?
54. When someone hurts you or lets you down, how do you handle it? What do you think forgiveness mean?
55. If we could pick up and move to any location in the world, where would you like to go? What do you like most about where we live now?
56. How do you describe me to other people? What makes you feel proud to be with me?
57. How do you think technology is making our lives easier? How do you think technology affects our family life?

58. Who do we know who's going through a difficult situation right now? How could we offer a helping hand or encouragement to them?
59. How did your family celebrate holidays? What traditions meant the most to you? What traditions would you like to start in our own family?
60. How do you think I handle conflict with other people? What could we do to manage conflict better?
61. Do you think your parents were too lenient or too strict? Which rules were the most difficult for you to submit to?
62. Which is worse, going to the doctor or dentist? Do you think I could do more to take care of health?
63. What is your favorite season? What do you enjoy about it the most?
64. When was the first-time time you earned money as a young person? Who had the most influence in shaping your work ethic?
65. What qualities show a person's maturity? What can we do to develop maturity in our relationship?
66. When you're sick, what are ways you like to be papered and cared for?
67. Do you thrive more on variety and change, or do you prefer stability and routine?
68. What is your ideal way to socialize with friends? How do you feel about entertaining in our home?
69. What is the best pet you have ever had? What kind of animal makes the most ideal pet?
70. Which person in your life brings out the best in you? How can we encourage each other's strengths?
71. What do you remember about your first day of school each year? Did you have a special lunch box or backpack? Who was your favorite teacher?
72. What was a time in your life when you had to be brave? In what ways do you see courage in me?
73. What is your idea of the perfect birthday celebration? What could we do on your next birthday to make you feel special?
74. What are your family's attitudes toward people of other races and cultures? Has that had an impact on you?
75. What would be worse, losing your hearing or your sight? Why?
76. Do you think we care too much about other people's expectations? What decisions have we made to avoid this.
77. What are ways we can protect marriage from adultery? How do we honor our marriage and keep our marriage bed "Pure" ?
78. What are ways that you have grown and changed in the last year? What areas do you see positive changes in me?
79. Do you think we laugh and enjoy life enough together? How can we make more time for fun in our routine?
80. If you could have super powers, what would they be like? Who is your favorite super hero?

81. Name five things you're thankful for today?
82. Would you rather learn something by reading about it or listening to an explanation, or by hands-on practice?
83. Did you ever want to rush away from home when you were young? Why?
84. What makes someone a good listener? Do you feel like I care about what you have to say?
85. What is your favorite song on the road? In what ways does music affect you?
86. Name three words that describes yourself. Name three words that describe me.
87. What motivates you to work hard and be your best? What discourages you and slows you down?
88. Name one thing you like about my appearance, one thing you enjoy in my personality, one talent you admire, and one-character trait you respect.
89. Do you have trouble opening and talking to me about anything?
90. Is our sex life satisfying to you? Why?
91. What is your favorite genre? What is your favorite book?
92. Who was your favorite childhood character and how do you relate to them?
93. Did you ever get in trouble in high school?
94. Set a timer for four minutes and tell your life story. (This one's interesting to see what your spouse considers the most important highlights!)
95. Name two things you want to be remembered for. How can I help you develop those two things?
96. What's your idea of a perfect vacation?
97. The house is on fire, but everyone is safely out, the pets are safely out, and all wallets/cash are saved. If you could make one last dash to get something, what would it be?
98. You have unlimited money and time. Describe to me your ideal "room" in a house where you would feel the most comfortable.
99. What's the farthest you've ever walked? Why did you walk there?
100. What prayer/wish have you been praying/hoping for years—and wonder if it will ever be answered?