



Spirit of North Dakota State

Volume 12 Issue 3 - - - Fall Edition 2024



State Regent - Mary Baer



School bells are ringing, a few leaves are starting to change colors, and new CDA terms are beginning. There is so much to look forward to. There is so much I want to say and so much going on in CDA. All the CDA events hold a special place in my heart, and I would like to touch on a few of them.

Welcome to the new and returning officers. Thanks again for saying yes to the leadership role you accepted. Remember that your court members and the State Board are here to help you whenever you need it; we are all in this together. The more we can do together as a group the more rewarding it can be. There is a request from National and that is for everyone to try and bring in at least one new member this year. Just think what this could do for your Court’s membership, our State’s membership, and our National membership if everyone did this.

The State Board and six other members from the State of North Dakota recently attended the National CDA Convention in New Orleans. It was an eventful, exciting, and learning experience with workshops, business meetings, and etc. It was rewarding to be able to spend that time together as ND Catholic Daughters with all the other Catholic Daughters from around the country. While at the National Convention the State Board did take some time to meet and plan the upcoming Day of Sisterhood which leads to the next item I would like to discuss.

I would love to see as many of you as possible in Wilton on Saturday, September 28th for our annual Day of Sisterhood. We have an eventful day planned for you and a guest (if you bring one). Bringing a guest could be a great start to getting your new member for the year. If you have never attended a Day of Sisterhood before, seriously think about it. I think one of the biggest blessings of being a Catholic Daughter is our sisterhood at all levels. It is very rewarding to spend the day with Our Sisters in Christ whether it be at the Local, State, or National level when given the opportunity. Take and make this time for YOU!! Wishing all of you a wonderful year in CDA! Your State Regent, Mary

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CDA Motto

Unity and Charity



CDA Mission Statement

Catholic Daughters of the Americas strives to embrace the principle of faith working through love in the promotion of justice, equality and the advancement of human rights and human dignity for all.



Eucharistic REVIVAL



Dear Catholic Daughters,

As you know we are currently in the Eucharistic Revival, a national movement aimed at renewing our belief in the Real Presence of Jesus Christ in the Eucharist. This Revival is a call to deepen our faith, grow in our understanding, and renew our devotion to the Blessed Sacrament.

What We Can Do:

- Eucharistic Adoration: Spend time in prayer before the Blessed Sacrament. Regular Adoration hours are available, offering a quiet space to encounter Christ.
- Educational Opportunities: Attend workshops, talks, and study sessions that explore the rich theology of the Eucharist. These events are designed to deepen our appreciation and understanding of this central aspect of our faith.
- Prayer Initiatives: Participate in prayer campaigns, including Rosaries and Novenas, specifically dedicated to the success of the Eucharistic Revival. These prayers unite our community in a shared commitment to the Eucharist.
- Eucharistic Processions: Join in public processions as we bring the Eucharist into the streets, witnessing our faith and devotion to the broader community.

The Eucharistic Revival is an invitation to renew our relationship with Jesus in the Eucharist and to strengthen the foundation of our faith. We encourage everyone to get involved and make this Revival a transformative experience.

God bless,
Fr. Campbell



National Office Directory & Duties

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Catholic Daughters of the Americas®

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WHAT AN AMAZING TWO YEARS!

It doesn't seem possible that it has been two years since I started on this adventure as the National Director for the State of North Dakota. I was excited to find out that I was going to be able to work with and represent members with the same Midwestern values that I grew up with. You have a very loving and hard-working board. I have grown very close to your state officers Mary, Deb, Sue, Elizabeth, Angela, and of course Father Shane. They are a great team and do a fantastic job working together for the good of the order and especially for you, the members of North Dakota.

I enjoyed writing articles for your state newsletter. I always tried to make each article a little personal. I was able to participate in your 2022 Day of Sisterhood and your 2023 State Convention. It was my great pleasure to meet so many of you at these two events. By attending your state's board meetings, whether in person or via zoom, I could appreciate how hard your state board works for you.

I have been a CDA member for 47 years—a testament to my love for this organization and all the beautiful ladies I've met along the way. I was a Nebraska State Officer for 12 years and am currently the State Regent for the State of Colorado. I have been a National Director for four years and have recently "termed out". My reason for saying this is not to brag or bring attention to myself, but to point out to all of you that you too can become a state officer and move up to being a National Director. Don't be afraid to step forward and run for a local office, state office and eventually national position. All it takes is love for the Catholic Daughters—everything else will fall into place.

Please work with and help your state board to become stronger and more viable. We can use a lot more CDA members, and that can only happen because of you and your efforts to make this organization even better. Everyone needs to bring in one new member every year. For every deletion that occurs in your court, be sure to replace that deletion with two or more additions of new members. I will think of you always and the State of North Dakota Catholic Daughter sisters will always have a special place in my heart. God Bless each and every one of you always!

Love and Prayers,
Barb Ward, National Director



State / National Legislation Update

Urge Congress to oppose HR 8137, federal funding for assisted suicide. A bill recently has been introduced in Congress to allow federal funding for "Medical Aid In Dying" or called (MAID). In some cases people have reported their insurance denied treatment but will offer to pay for assisted suicide! ACTION REQUESTED: Call or email your house member, Kelly Armstrong @ 354-6700 or [armstrong.house.gov](mailto:kelly.armstrong.house.gov)

CDA does not endorse any candidates. Vote your Catholic values.

- >Protect human life from conception to natural death
- >Defend those at end of life.
- >Defund Planned Parenthood
- >Defend our children
- >Defend marriage
- >Promote justice and peace

Thank you, Virginia Dolajak - CDA State Legislation Chair

Written by Margaret Sitte, National Legislation Chair; Approved by Emily Guilherme, National Regent.





Dear Sisters in Christ,

Welcome back for another year of Catholic Daughters! I am still trying to figure out where the summer went, hope yours was spent with family and friends. The ND board and 6 members attended the National Convention in New Orleans, Louisiana. The opening Mass brought me to tears. Having 1600 women and families praying together showing their love of God is always moving it's my favorite part of State or National Conventions. I hope everyone has a chance to experience this in their lifetime. Celebrating with the Archbishop Aymond, Bishop Provost, National Clergy and Deacons attending the conference reaffirms what a difference they make in our prayer life and meetings. The homilies they share are always inspiring. One of the main components of all conventions are the decisions we make for the good of all Catholic Daughters. These are the Bylaws of our organization, which change in little or big ways by a vote of the delegates present at the convention. The biggest change was the vote on the robes which Sue will cover.

Bylaws Passed:

- 1) Life members, 50+ years of membership, can transfer to another Court with the Local Court paying State and National Dues on the member
- 2) Eligibility for National Office: member must al-

ready be a National Director/Officer or a State Regent who has completed at least one full term in office.

- 3) Even if a member has dual membership, not more than 2 members shall be from the same State (1 as National Officer, 1 as National Director)
- 4) Local and Campus Court Delegates: they may elect up to 2 times the number of alternates as their designated number of delegates
- 5) National Convention Quorum: that not less than 100 members or 10% of potential delegates, whichever is less, is present.
- 6) National Nominating Committee: Can meet via telephone or video conference call
- 7) National Nominating Committee: Report must be read at the convention by Chairman or committee member and their term ends with the reading of the slate at Convention.

These are just a few of the changes, some were referred to committee for the next convention to be reworded some failed and some we ran out of time so will be on next convention review. This part of the convention can be very heated as there is a lot of discussion. Mostly they are trying to keep local, State and National protocols the same. All the Local Courts will again receive 2 new Bylaws books from the state court as these are the current laws of our organization.

Hope you have a great CDA year!

In Unity and Charity,
Deb Johnson
1st State Vice Regent



Where will all the CDA robes go?

Our current ND State Board donning robes for one of the last times. At our next Biennial ND State Convention in May 2025, robes will be but a *"fond"* memory.

Pictured left to right: State Chaplain Fr. Shane Campbell, State Secretary Elizabeth Plemel-Scott, 1st Vice State Regent Deb Johnson, State Regent Mary Baer, 2nd Vice State Regent Sue Judd-Dyrness, and State Treasurer Angela Scheett.



Greetings My Dear Sisters in Christ,

My husband, Ralph, and I drove to New Orleans for the National Catholic Daughter Convention. We had a wonderful trip and enjoyed being at the convention. You always learn a lot by going to State and National conventions.

During the Business Meeting on Thursday, the Robe committee shared with us the survey results that we were asked to fill out over the past couple of years. Out of 1044 courts, 926 responded to the survey, which was 89%. That was a very good percentage. We have a membership of 53,470 and 8,625 members responded, that was 16% of the membership and according to surveys, that was a good percentage also. On the survey, the first question was to continue with robes or not? At the National level: 46% said Yes and 54% said No; at the State Level: 36% said Yes and 64% said No; and at the Local Level: 22% said Yes and 78% said No.

Next was What to Wear: there were 33 pages of different suggestions. Less than 1% said CDA shirts, less than 1% said all black, 3% said white top, white bottom, 9% said white dress, and 87% said white top and black bottom.

Next was Shoes: 1% said tan, 3% said white, 4% said any color, and 92% said black shoes.

Last was options: 30% voted for sash, 60% voted for medallion, and 10% voted for other. They showed us many different options for others like blazers, cords, capes, collars, hoods, and vests. There was a motion to accept the report, and the motion was adopted.

After much discussion, a motion was made to wear **white tops, black bottoms, black shoes and the medallion** as our replacement for robes beginning January 1st, 2025, and the motion was adopted. The medallions will have different colored ribbons according to the office it is representing. The National Office will need to get the medallions and once they have them, then we can order them from there. Also please do not dispose of the robes until we hear what the proper protocol for that will be.

Sue Judd-Dyrness
Your CDA 2nd Vice State Regent

In Loving Memory



Ct. St. Elizabeth #170

- † Julie Gayzur
- † Patricia Nylander

Ct. St. Ann #261

- † Mary Mann
- † Janet Hammer

Ct. Immaculate Conception #322

- † Evelyn Hanson
- † Alice Seifert

Ct. St. Catherine #323

- † Lorraine Kappel
- † Eleanor Fitterer

Ct. St. Therese #958

- † Ellamae Pasternack

Ct. Little Flower #1193

- † Alma Bicker

Ct. St. Claire #1846

- † Delores Nagel

Ct. Cardinal Muench #1852

- † Helen Beyer
- † Connie E. Nenning

Ct. Elizabeth Ann Seton #2122

- † Agnes Jennings

Ct. Our Mother of Perpetual Help #2148

- † Tillie Kuntz

Ct. St. Gerard #2518

- † Dorothy Janisch
- † Jeanie Hoss

*“Eternal Rest Grant
Unto Them O’ Lord!”*



Hello CDA Sisters,

I hope this finds you enjoying the warm days and cooler evenings of September weather. It's been a beautiful summer and now that school has started I am back on a set routine for each day. I was blessed to travel to the recent National Convention in New Orleans. I participated in workshops, the daily business of CDA, and many fellowship and spiritual opportunities. Mass with over 1500 Catholic Daughters, Priests, Deacons, and family members was truly a glorious celebration.

The spiritual enhancement workshop was presented by Brenda West, one of our National Directors. She reminded us that the Holy Spirit wants to move in the daily life of you and me. Her theme was "Open the Window and let the Blessings in." I plan to share more on this during our Day of Sisterhood in September. I hope you and your CDA sisters will join us for a wonderful day!

One of the greatest blessings of my involvement with CDA is the many opportunities we have to bring us closer to our Lord and fellow sisters in spirit and love. We do this through improving our own personal sanctification, our service to one another and our faith communities, our service to our broader community, and our spiritual activities we do with our courts and our CDA sisters in ND and our nation.

Our new National Regent, Susan Moné, has announced the theme for her term. "Be a Beacon of Hope, A Light in the Darkness." Start planning now because the 2026 National Convention will be in Iowa. Thank you to those who joined us in New Orleans for this year's convention. It would be exciting to bring a busload, or many carloads of beautiful women from ND, to the 2026 Convention!

I look forward to visiting many Courts this year, seeing you at the Day of Sisterhood, and spending a weekend together at our 2025 State Convention in Williston!

Have a blessed new CDA year as you bring the attitude of Christ to your Court, your Parish, your Community, and your Family. Philippians 1:6 "And I am sure that He who began a good work in you will bring it to completion at the day of Jesus Christ."

Love, Elizabeth, State Secretary
Elizabethndcda@gmail.com

I was fortunate to attend the National CDA Convention in New Orleans a few weeks ago. It was my first time in New Orleans and my first time at a National CDA Convention. I have to say that it was quite an experience. I am very glad that I had the opportunity to participate as a delegate. I learned a lot about CDA.

The workshops held the Tuesday before the convention began were very good. We had time to attend two different workshops. They included all areas of the Circle of Love, as well as one for first timers. We as a State Board tried to attend different workshops so we could bring back as much information as possible to share with you. Of course, I attended the workshop for first timers. It was nice to get some tips about what to expect.

I was amazed by the number of attendees at the convention. There were over 1200 delegates. With alternates and guests, I believe there were about 1500 people registered for the convention. The hotel met our space needs well, though there was the occasional "traffic jam" when many of us tried to use the same set of elevators to get back to our rooms.

I was also impressed with how well the elections went. For the number of delegates voting, it didn't take very long to distribute the ballots, cast our votes, and collect the ballots. ND State Regent Mary Baer was on the Elections Committee, and she said they were efficient when tallying the results, as well.

The newly elected National Officers are Regent Susan Moné (AZ), Regent-Elect Essie Walker (NC), First Vice National Regent Connie Dronette (LA), Second Vice National Regent Nancy Bambenek (MN), and National Secretary/Treasurer Brenda Anderson (SD). The newly elected National Directors are Rita Carlson (IA), Martha Dudash (OK), Yvette Griego (NM), Mary Ann Kaiser (AR), Susan Killian (CA), Rosie Stockwell (TX), and Brenda West (VA). There are nine positions for National Director and only seven were elected. The two vacant positions were appointed by Regent Susan Moné after the National Convention. They are Peggy Guckin (PA) and Barb Wiechmann (SD). The new National Chaplain is Rev. Erick Villa (CA). Congratulations to the new National Board!

Angela Scheett
State Treasurer



Important Dates / Deadlines:

- * **Wednesday, September 18 - deadline to RSVP to State Regent Mary Baer intent to attend a Fall Day of Sisterhood**
- * September 25 - Court Saint Claire #1846, Linton — 64th Anniversary
- * **Saturday, September 28 Fall Day of Sisterhood – Wilton**
- * October 2 - Court Marquette #677, Grand Forks — 103rd Anniversary
- * October 28 - Court Elizabeth Ann Seton #2122, Wilton — 49th Anniversary
- * **Sunday, October 20 - CDA Sunday**
- * October 25-November 1 - White Ribbons Against Pornography (WRAP) Week
- * October 30 - Court Queen of the Prairies #1965, Langdon — 58th Anniversary
- * **Monday, November 11 - State Newsletter deadline - email information to Laurel Ann Dukart dukartcda@outlook.com or Mary Baer MaryBaerNDCDA@gmail.com**
- * November 17 - Court Sacred Heart #1908, Harvey — 61st Anniversary
- * November 24 - Court Saint Veronica #1421, Mott — 78th Anniversary
- * **May 2-4, 2025 - 54th Biennial North Dakota State CDA Convention – Williston, ND**



Ct. St. Ann #261

Mary Sattler

Ct. St. Veronica #1421

Norma Heidt

Ct. St. Gerard #2518

Rose Wright

Ct. Holy Cross #2718

Mary Bjerke

DeVonna Flath

Dori Krosse

**Welcome
to the
Sisterhood!**

60th Biennial National Convention New Orleans, LA

By Mary Baer

The 60th Biennial National Convention in New Orleans was attended by the five North Dakota State Officers and six other members from the State of North Dakota: Ct. Immaculate Conception #322- Virginia Dolajak and Marella Krein, Ct. St. Catherine #323 - Marie Fichter and Renae Sticka, and Ct. Bishop Wehrle #1919 - Lisa Fandrich and Jessi Olson.



Standing: Elizabeth Plemel-Scott and Angela Scheett.
Seated (left to right): Deb Johnson, Mary Baer and Sue Judd-Dyrness.



Around the table: Marella Krein, Virginia Dolajak, Marie Fichter, Angela Scheett, Elizabeth Plemel-Scott, Sue Judd-Dyrness, Ralph Dyrness, Bruce Baer, Mary Baer, Deb Johnson, and Renae Sticka



**Catholic Daughters
of the Americas®**



#2121 Court Father Tracy Bowman

By Terry Walter

Agnes Kitzan of Court Father Tracy, # 2121 , Bowman ND, celebrated her 90th birthday at St. Charles Church, Bowman, ND, on June 15th, surrounded by her large immediate family and a great crowd.

The Bowman CDA members served a luncheon and cake to all who attended.



The Catholic Daughters serving (above left): Carol Foss, Louise Hilton, Jane Nelson, Terry Walter, Susan Hinek, Betty Pearson, Lenore Burke - Agnes (up front and above right.)



ND CDA Members - Do you love being a Catholic Daughter?



When was the last time you asked a friend/family member to join? Invite someone to your next meeting or event - they'll be glad you thought of them!



#322 Court Immaculate Conception Bismarck



Installation of 2024-2026 Local Officers

Left to right: Fr. John Paul Gardner, Financial Secretary Barb Thorson, Vice Regent Dorleen Wolbaum, Regent Karen Selensky, Recording Secretary Diane Kropinsky, Treasurer Mary Ann Morford, and Second Vice State Regent Sue Judd-Dyrness



THE NORTH DAKOTA STATE CDA BOARD
INVITES YOU AND A FRIEND TO



A CDA DAY OF SISTERHOOD

“LET YOUR LIGHT SHINE”

SATURDAY, SEPTEMBER 28, 2024

BEGINNING WITH 9:00 AM MASS

SACRED HEART CATHOLIC CHURCH

413 BISMARCK AVE

WILTON, NORTH DAKOTA

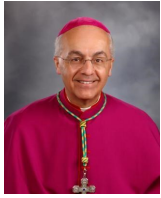
PLEASE RSVP BY WEDNESDAY, SEPTEMBER 18
TO STATE REGENT MARY BAER

EMAIL: marybaerndcda@gmail.com

PHONE: 701-260-3122



Thank You!



Dear Catholic Daughters

On behalf of the Catholic Foundation of Western North Dakota, I write to thank you for your generous donation as a Benefactor Level Sponsor for our 10th Annual Seminarian Golf Tournament.

Your generosity to our yearly fundraising event for our seminarians is greatly appreciated by me and all our seminarians who will benefit from the proceeds of this tournament.

Your support is a sign of your faith and may God richly reward you for your generosity. Promising to remember you in my prayers, I remain

Sincerely yours in Christ,
Most Reverend David D. Kagan
Bishop of Bismarck



Dear Catholic Daughters of the great state of North Dakota,



We Franciscan Sisters of Hankinson are so grateful for your recent gift of \$100 from the state court. We appreciate all you do for the church and the support you give us. May God be praised!

Gratefully,
Sr. Jean Louise & all

Dear Catholic Daughter Members,

May you know God's great blessings in Life! Your generosity generates in us gratitude, thankfulness and thanksgiving. Our words are feeble expressions of what we feel, but our prayers for you fill up what we cannot say adequately. We are grateful for your gift. We hold you in prayer.



That in all things God may be glorified!
Sister Renee Branigan, OSB
Sacred Heart Monastery



Catholic Daughters,

Many thanks for your support for the Fargo Seminarians! May God bless your holy work!

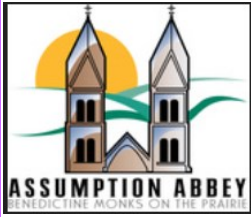
In Christ,
Fr Metzger, Vocation Director



Thank You!



To all the North Dakota Catholic Daughters:



Thank you!! ever so much for your gift to Assumption Abby this Spring. We are very grateful for your generosity and support. We also want to thank you for all of the good work that you accomplish across the whole state.

May our Lord keep you and bless you,
Br. Michael, OSB



Dear Catholic Daughters



Thank you for your continual support. The St. Mary Sisters are growing and you are an asset to that growth. Please keep up the prayers for more vocations.

Many thanks,
Mother Mary Joseph

Dear ND State CDA Court,



Thank you for remembering us and for the generous gift. We continue to service and offer our lives as a sign of consecration and building the Kingdom of God. Blessings in your ministry as CDA North Dakota State Catholic Daughters.

Sister Suzanne Stahl,
Superior for Sisters of Mary of the Presentation



Catholic Daughters,

Thank you for your generous donation to the seminarians of the Diocese of Bismarck. Please know of our prayers. God Bless!

Peace,
Fr. Jordan Dosch

Dear generous friends, the Catholic Daughters of the Americas



Many thanks for your generous gift which we so deeply appreciate and which is a welcome help toward our many needs. Our gratitude rises up to the very throne of God to beg His abundant blessings for you.

Your ever grateful
Mother Madonna, O.Carm



Spirit of North Dakota

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Deadline for next newsletter:

November 11, 2024



**Catholic Daughters
of the Americas®**

60th Biennial National Convention New Orleans, LA

North Dakota Delegates

Back row (left to right): Jessi Olson,
Marie Fichter, Renae Sticka,
Marella Krein, Virginia Dolajak, Lisa
Fandrich

Front row (left to right) ND State
Officers: Elizabeth Plemel-Scott,
Deb Johnson, Mary Baer, Sue Judd-
Dyrness, Angela Scheett

