

Cultural, Healthcare & Nursing Journey

OPTIONAL POST JOURNEY PATAGONIA EXTENSION

5 days | El Glaciares National Park, Patagonia, Argentina

Finish your exciting journey in Argentina with a visit to Patagonia. A visit to the southernmost regions of the continent will give you the opportunity to explore the majestic glaciers and their magical, blue ice.

DAY-BY-DAY ITINERARY

DAY 1: DECEMBER 3, 2017

Overnight in Buenos Aires

📍 Argentina

Return to the group hotel after your final program day with the group. Dinner is by individual arrangement this evening.

Included meals: None



DAY 2: DECEMBER 4, 2017

Fly to El Calafate

📍 Patagonia

Transfer to the airport this morning for your flight to **El Calafate** Airport in southern Argentina (Patagonia). You will be met on arrival and transferred to your local hotel late this afternoon. This home base will be the perfect spot to explore Los Glaciares National Park. Dinner will be provided this evening at the group hotel with lunch on your own arrangement.

Included meals: Breakfast & Dinner

DAY 3: DECEMBER 5, 2017

Perito Moreno Glacier and Safari Nauticoe Excursions

📍 Patagonia

After breakfast, head out to explore the **Perito Moreno Glacier**, one of the world's few remaining advancing glaciers.

It is currently grinding its way down the Cordillera directly into an arm of the enormous Lake Argentino. Upon arrival, stand at the promenade deck right across from Perito Moreno Glacier. Along the walkways there are seven "balconies" located at different heights and distances from the glacier. These are connected by trails that allow for hikes of different length and degree of difficulty. From the highest balcony, you will see a large section of the glacier—northern and southern facing. As you go down, you will find the second balcony, closer to the ice. This is the place where, on occasion, the ice dam is formed. The lower balcony, 700 meters above the parking lot, is the closest you will get to the glacier.



Later, enjoy the **Safari Nautico**, an excursion that takes you on a cruise across **Lake Rico**, passing beside icebergs that have calved off the front of the Perito Moreno glacier. Reaching the Icebergs Channel, the boat will stop at a safe distance from the glacier, continuing to sail down its front, allowing a spectacular view of the high wall of ice. The excursion lasts approximately one hour and provides a totally different perspective of the Perito Moreno glacier, with almost constant falling walls of ice from its front. This is truly a unique opportunity for photographers and nature lovers alike.

Lunch will be provided today with dinner on your own.

Included meals: Breakfast & Lunch

DAY 4: DECEMBER 6, 2017

Estancia Cristina Discovery

📍 Patagonia

This morning you will be transferred to the small pier of Puerto Bandera, where you will board a modern and comfortable ship to navigate for about two hours along **Lake Argentino**. Sail among icebergs, watching the breath-taking views of the occidental front of the Upsala Glacier before arriving at the port of Estancia Cristina. A boxed lunch will be provided this afternoon.



The **Upsala Glacier** is one of the largest in Los Glaciares National Park. To sail through the Argentino Lake among icebergs and mountains and then visit Estancia Cristina is an interesting combination of nature, adventure, history, and pleasure. This full day program allows you to get in touch with a natural, unique, remote environment, with the culture and lifestyle of the pioneers and the interesting relationships with famous explorers of past centuries.

Estancia Cristina was founded in 1914 by Joseph Percival Masters, an Englishman who came with his wife in 1900, after hearing marvels about the Patagonian lands of Southern Argentina and being in search of a promising future. After saving some money working in Rio Gallegos, they started their journey towards the west and with a small boat transported all their belongings, including cattle, toward a sheltered place in the southern bank of the North Channel Square Bay. At first they lived in tents set near the lake with their few belongings but then the Estancia grew and had up to 22,000 hectares of land surrounded by glaciers, snow peaks and lakes of great natural beauty. Nowadays the staff of the Estancia keep alive the history of this family who, with the effort and endurance common to every old pioneer, left an everlasting mark in this unique region.

Later today enjoy a guided visit to the **Costumbrista Museum**, the old shearing shed, and ascend in all-terrain vehicles traveling 9.5 km through mountainous roads. Upon arrival at the continental ice shelter, there will be a 30-minute walk to visit the oriental front of Upsala Glacier, view Lake Guillermo, Southern Patagonian ice and Andes range. Return to the boat at 5.30 pm and arrive at Punta Bandera around 7:00 pm. Dinner is on your own tonight.

Included meals: Breakfast & Lunch

DAY 5: DECEMBER 7, 2017

Fly to Buenos Aires

📍 Buenos Aires

Return to the local airport for your flight to Buenos Aires domestic airport. You will be met upon arrival and transferred to the international airport where you will say goodbye and return to Miami. ****Arrive back in Miami on December 8.****

PROGRAM INFO

Date & Length: 5 days December 3–7, 2017 (arrival back in Miami on December 8)

Extension cost: \$2,899 per person (includes all gratuities)

Single supplement: \$699

Inclusions: Flights to/from El Calafate/Buenos Aires; baggage handling, all tips; transfers to and from the hotel; tours as mentioned; meals as mentioned; and accommodations based on double occupancy.

Not Included: Hotel incidentals, spa services, and meals not mentioned.

Luggage: limit of 44 pounds (1 piece of luggage) per person for domestic flight segment on your return to Buenos Aires.

To participate in the optional extension, complete and return the extension registration form. Return no later than 90 days prior to departure or within five days of receiving the information.



HOTEL INFORMATION

Posada Los Alamos Hotel

www.posadalosalamos.com

This lovely 4 star hotel is ideally located in the heart of El Calafate, close to many restaurants and other local businesses. The hotel has an indoor pool, gym, spa and services of any first-class hotel. They offer free wi-fi throughout the property and offers many dining options. An extensive breakfast buffet offers a choice of American, Argentinean or Patagonian foods. The La Posta Restaurant serves an a la carte menu of international and regional specialties, including Patagonian lamb. The hotel also features two bars.