

***Community Resources
Pickett County
Byrdstown Center Head Start
2022-2023***



To locate additional information on Community Resources access:

<https://empoweruppercumberland.org/discoverresources/>.

Or <https://ucassist.org/search/>

Developed and Distributed by L.B.J. & C. Head Start

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Adult Education:

Tennessee Technology Center

740 Airport RD.

Livingston, TN. 38570

(931) 823-5525

(Assists adults to further their education and job skills training)

Volunteer State Community College

113 Windle Community RD.

Livingston, TN 38570

931-8235-7065

(Assists adults with furthering their formal education. Assistance with financial aid & scholarship sign-up is available)

www.UCReconnect.com

931-526-2211

Adult Job Training Services:

Advocacy & Resources Corporation

P.O. Box 3368

Cookeville, TN. 38506

(931) 432-6997

1-800-861-6997

(Assists persons with disabilities to get jobs by providing job coaching / industrial training / school-to-work programs)

Tennessee Technology Center

740 Airport RD.

Livingston, TN. 38570

(931) 823-5525

(Assists adults to further their education and job skills training)

Vocational Rehabilitation

Cookeville, TN. 38501

(931) 526-9783

(Provides assistance with re-education

of disabled individuals and job skills training)

Volunteer State Community College

113 Windle Community RD.

Livingston, TN 38570

931-8235-7065

(Assists adults with furthering their formal education. Assistance with financial aid & scholarship sign-up is available)

Resources for Bereavement:

Heart of the Cumberland

P. O. Box 717,

Cookeville, TN 38503

Phone: 931-525-2600

heartofthecumberland@gmail.com

Specifically for children and teens that are hurting because of losses suffered through death, divorce or family circumstances

Hospice Grief Recovery Group

Sponsored by: Lazarus House Hospice

851 South Willow Ave Ste 102

Cookeville, TN.

931-520-1705

931-528-5133

Childcare:

Byrdstown Head Start

1012 Beason Rd

Byrdstown, TN. 38549

(931) 864-3575

(Provide free comprehensive child development services for children 3-5 years old)

PICKETT CO. PRE-K (-E-)

1016 WOODLAWN DR

BYRDSTOWN, TN 38549

(931) 864-3496

Resources to help in Child Abuse Situations:

Child Abuse Hotline

900 2nd Avenue North
Nashville, TN 37201
877-237-0004

(Hotline Only. Provides a 24-hour line to take reports of abuse and neglect from anyone who knows about a child abuse situation)

Department of Children's Services

8816 Highway 111
Byrdstown, TN. 38549
(931) 864-3153

(Provides assistance concerning child abuse and / or Neglect)

Genesis House

Street location is confidential
Cookeville, TN N / A
(931) 526-4730
Hotline: 800-707-5197

(This shelter offers a 24 hour crisis line (will accept collect calls), emergency shelter for women and children, legal advocacy, children's advocacy, case plans for employment and housing, and supportive transitional housing, and individual counseling for domestic violence issues. They will also provide services in non-crisis situation as well. They offer support groups for victims of domestic violence and rape / sexual assault).

Pickett County Sheriff's Department

Byrdstown, TN.
(931) 864-3210
Emergency = 911

(Provides assistance in all types of emergency situations, such as child abuse / domestic violence, etc.)

The Exchange Club / Stephens Center for the Prevention of Child Abuse

616-B North Church Street
Livingston, TN 38570
Contact: Carolyn Isbell, Executive Director

931-823-6432 & 800-635-5199
(Assist parents with home-building nurturing environments and prevent abuse / neglect through home-visitation programs, parenting classes, & community education programs)

Dental Providers who take TennCare:

Dr. Steven Ellis

215 Oak Street
Livingston, TN 38570
(931) 823-5517
(Provides dental services)

Dr. Parsons Buckie

215 Oak Street
Livingston, TN 38570
(931) 823-5517
(Provides dental services)

Dr. Joe Upton

415 University Street
Livingston, TN 38570
(931) 823-5653
(Provides dental services)

Dr. LG. Puckett

508 North Church Street
Livingston, TN 38570
(931) 823-3754
(Provides dental services)

Dental Providers, who do not take TennCare, but offer services to low-income families:

Bread of Life Homeless Shelter and Clinic

281 4th Street
Crossville, TN 38555
931-707-0569

(Primary care medical clinic for uninsured non-income and low-income persons. Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)

Cookeville Rescue Mission

1331 S Jefferson Ave
Cookeville, TN 38506
931-528-5819

Resources for Persons with Disabilities:

Advocacy & Resources Corporation

P.O. Box 3368
Cookeville, TN. 38506
(931) 432-6997
1-800-861-6997

(Assists persons with disabilities to get jobs by providing job coaching / industrial training / school-to-work programs)

Children's Special Services

Pickett County Health Department
931-864-3178

(Assists with the medical needs of children and young adults from birth to age 21 with chronic health issues. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation,

and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)

Project affirm

Dale Hollow Mental Health Center

501 Spruce Street
Livingston, TN 38570
931-432-5590

Hotline: 931-823-5678

(Provides support services for families with children ages 2-17 diagnosed with serious emotional disturbance or dual diagnosis of developmental and behavioral disorder. They also provide respite alternatives ranging from indirect to direct care services. Services are not provided to children who are in the custody of the Department of Children's Services)

Pickett County School System

141 Skyline Drive
Byrdstown, TN. 38549
(931) 864-3123

(Provides assistance with speech / language services & education)

Vocational Rehabilitation

Cookeville, TN. 38501
(931) 526-9783

(Provides assistance with re-education of disabled individuals and job skills training)

Resources to help in Domestic Violence Situations:

Genesis House

Street location is confidential
Cookeville, TN N / A
(931) 526-4730

Hotline: 800-707-5197

(This shelter offers a 24 hour crisis line

(collect calls will accept), emergency shelter for women and children, legal advocacy, children's advocacy, case plans for employment and housing, and supportive transitional housing, and individual counseling for domestic violence issues. They will also provide services in non-crisis situation as well. They offer support groups for victims of domestic violence and rape / sexual assault).

Pickett County Sheriff's Department
Byrdstown, TN.
(931) 864-3210
Emergency = 911
(Provides assistance in all types of emergency situations, such as child abuse / domestic violence, etc.)

Resources available to help fight the Alcohol and Drug Abuse (Including METH) Problems in your area:

All Churches in Local Area (See listed under Pre-Marriage Counselors)

Alcoholics Anonymous (AA)
Sponsored by: Smyrna Church
Byrdstown, TN 38549
931-864-3997

Bradford Health Center @ Livingston Regional Office
550 N. Church St, Ste 10
Livingston, TN 38570
931-403-4673

Child Abuse Hotline
Nashville, TN 37201
877-237-0004

Pickett County Anti-Drug Coalition
City Hall

Byrdstown, TN.
4th Thursday each month 6:00 p.m.

Cumberland Plateau Recovery
550 North Church Street
Livingston, TN. 38570
(931) 403-3577
(931) 265-5382

Dale Hollow Mental Health Center
501 Spruce Street
Livingston, TN. 38570
(931) 823-5678

Department of Children's Services
8816 Highway 111
Byrdstown, TN. 38549
(931) 864-3153

Pickett County Fire Department
Byrdstown, TN.
(931) 864-3210
Emergency = 911
(Assist with emergency needs and offer CPR & First Aid Classes)

Pickett County Sheriff's Department
Byrdstown, TN.
(931) 864-3210
Emergency = 911
(Provides assistance in all types of emergency situations, such as child abuse / domestic violence, etc.)

Life Recovery
Community Center
Byrdstown, TN 38549
(931)650-1077
(Meets every Monday Night at 6pm)

Teen & Adult Challenge
200 Freedom Ln
Livingston, TN 38570
1-888-688-0470

**Assistance in the event of an
Emergency Situation:**

Air Evac Life Team

106 Emergency Services Dive
Albany, KY 42602
(606) 387-9099
Emergency = 911

First Choice Family Care

601 W. Main St.
Byrdstown, TN 38549
931-864-3232

Byrdstown Medical Center

8401 Highway 111
Byrdstown, TN. 38549
(931) 864-3187

Disaster Assistance

DisasterAssistance.gov

Livingston Regional Hospital

315 Oak Street
Livingston, TN.
931-823-5611

Pickett County Ambulance Service

Byrdstown, TN.
(931) 864-3181
Emergency = 911

Pickett County Fire Department

Byrdstown, TN.
(931) 864-3210
Emergency = 911

Pickett County Sheriff's Department

Byrdstown, TN.
(931) 864-3210 Emergency = 911

Poison Control / National

1-800-222-1222

Shriners of Tennessee

1354 Brick Church Pike
Nashville, TN. 37207

(615) 226-7676

*(Helping Children with Orthopedic and
burn conditions at no cost to the families
or outside agencies)*

TEMA

www.tn.gov/tema

Thirteenth Judicial Task Force

Cookeville, TN. 38501
(931) 528-5400
(Drug Task Force)

**Assistance with Food / Clothing /
Utilities Needs:**

Bloomington Christian Church

(931) 864-3209
Byrdstown, TN 38549

Byrdstown Christian Church

(931) 864-3557
Byrdstown, TN 38549

Calvary Bible Church

(931) 864-3369
Byrdstown, TN 38549

Chanute Community Church

(606) 387-6982

**Community Education Office for the
Food Stamp Program**

*Legal Aid Society of Middle Tennessee
and the Cumberlands*

9 South Jefferson Avenue
Cookeville, Tennessee 38501
Phone: 931.528.7436 Toll Free:
800.262.6817

**Emmanuel Catholic Church of
Albany**

Albany, KY

Etter Baptist Church

(931) 864-6455

Byrdstown, TN 38549

Fairview Baptist Church
Byrdstown, TN 38549

First Baptist Church
(931) 864-3499
Byrdstown, TN 38549

First United Methodist Church
(931) 864-7372
Byrdstown, TN 38549

Grace Chapel
Byrdstown, TN 38549

Grace Fellowship Church of Albany
Albany, KY

Locust Grove United Baptist Church
Byrdstown, TN 38549

Love & Grace Full Gospel Church
Byrdstown, TN 38549

Lovelady Christian Church
Byrdstown, TN 38549

Maupin United Methodist Church
(606) 348-0777

Moodyville Union Baptist Church
Byrdstown, TN 38549

Oak Grove Baptist Church
(931) 864-8171
Byrdstown, TN 38549

Pleasant View United Baptist Church
Byrdstown, TN 38549

Red Hill Church of Christ
(931) 864-7481
Byrdstown, TN 38549

Red Hill First Bible Baptist Church
Byrdstown, TN 38549

Smyrna Church
(931) 864-3997
Byrdstown, TN 38549

Star Point Church of Christ
Byrdstown, TN 38549

Travisville United Methodist Church
(931) 879-6215
Jamestown, TN 38556

Williams Chapel Church
Byrdstown, TN 38549

Wolf River Baptist Church
(931) 864-3487
Byrdstown, TN 38549

York Chapel
(931) 879-5797
Jamestown, TN 38556

Department of Human Services
P.O. Box 400
8816 Highway 111
Byrdstown, TN 38549
931-864-3153

Family Resource Center
Byrdstown, TN. 38549
(931) 864-7123

Pickett County Health Dept
Byrdstown, TN.
(931) 864-3178
*Provide medical services for children
under 5 WIC Medical Services*

U.C.H.R.A.
Byrdstown, TN. 38549
Contact: Jamie Edwards
(931) 864-6540
*(Provide assistance with Food / Utilities
/ Transportation / job training)*

Upper Cumberland Development District

1225 South Willow Avenue
Cookeville, TN 38501
(931) 432-4111
(Provide assistance with Disability Services, Housing, Legal / Governmental Assistance, Money / Employment Assistance, Parenting and Marriage Issues, Transportation / Utilities)

Resources to assist with Housing / Homeless Needs:

Bread of Life Homeless Shelter and Clinic

281 4th Street
Crossville, TN 38555
931-707-0569

Cookeville Rescue Mission

1331 S Jefferson Ave
Cookeville, TN 38506
931-528-5819

HART

Homeless Advocacy for Rural Tennessee
Grant based program, which allocates homeless assistance
P.O. Box 3311
Crossville, TN 38557
931-484-3207

Hillcrest Apartments

100 Pickett Square
Byrdstown, TN. 38549
931-864-6218
(Rent based on income with utility allowance)

Rhyan Ridge Apartments

100 Pickett Square
Byrdstown, TN. 38549
931-864-6218
(Rent based on income with utility

allowance)

Pickett County Homeless

141 Skyline Drive
Byrdstown, TN. 38549
(931) 864-3123
(Assist homeless individuals and families)

Upper Cumberland Development District

1225 South Willow Avenue
Cookeville, TN 38501
(931) 432-4111
(Provide assistance with Disability Services, Housing, Legal / Governmental Assistance, Money / Employment Assistance, Parenting and Marriage Issues, Transportation / Utilities)

United States Department of Agriculture

Rural Development
390 South Lowe Avenue Suite K
Cookeville, TN 38501
(931) 528-6539

Assistance with Insurance Needs:

Department of Human Services / CoverKids

P.O. Box 400
8816 Highway 111
Byrdstown, TN 38549
931-864-3153
(Provide assistance for a variety of functions including, but not limited to Administering the Families First and Food Stamp programs, TennCare & processing applications)

Keisling Insurance Agency

8500 Hwy 111 Suite 150
Byrdstown, TN 38549-2422
931-864-3116

(Provide assistance in obtaining affordable Health Insurance)

Pickett County Farm Bureau

1115 Olympus Drive
Byrdstown, TN 38549-2422
Contact: Kim Garrett
931-864-3755

(Provide assistance in obtaining affordable Health Insurance)

Legal / Governmental Assistance:

Child Support Services of Tennessee - Cookeville

1525 East Spring Street
Suite G
Cookeville, TN 38506
931-528-8598

(Helps locate parents who are not paying child support. They will provide legal representation in child support hearings. They also provide paternity testing)

Legal Aid Society of Middle Tennessee and the Cumberland

9 South Jefferson Avenue
Cookeville, Tennessee 38501
Phone: 931.528.7436
Toll Free: 800.262.6817

(Serves all counties in the LBJ & C Head Start service area. Provides free legal assistance to low-income persons on issues such as TennCare, Medicare, Domestic Violence, Housing Problems, Special Education Issues, and Consumer Issues.)

Rape and Sexual Assault Response Center

1519 East Spring, Suite F
Cookeville, TN 38506
Hours of operation = 24 hrs / day, 7 days a week

Phone: = 931-526-5197

Hotline: 800-707-5197

Translation services offered: Yes
(Serves eight counties in all LBJ & C Head Start service area. Provides free legal & governmental assistance, Rape and sexual assault forensic exams, legal advocacy, and court advocacy, counseling (individual and group support). Also Qualifies for all Genesis House service).

Tennessee 211

1-800-318-9335

(Helps direct non-profit agencies within each local service area of the state. Services are networked to find suicide prevention hotlines, help caring for an elderly relative, help learning to read, to help with emergency utility bill, support groups, & transportation, etc.)

Resources to Strengthen Marriage:

Assessment / Counseling / Training Services (ACTS)

Cookeville, TN 38501
(931) 528-9399

Barnes Church of Christ

Byrdstown, TN 38549

Bloomington Christian Church

(931) 864-3209
Byrdstown, TN 38549

Byrdstown Christian Church

(931) 864-3557
Byrdstown, TN 38549

Calvary Bible Church

(931) 864-3369
Byrdstown, TN 38549

Chanut Community Church

(606) 387-6982

Emmanuel Catholic Church of Albany
Albany, KY

Etter Baptist Church
(931) 864-6455
Byrdstown, TN 38549

Fairview Baptist Church
Byrdstown, TN 38549

First Baptist Church
(931) 864-3499
Byrdstown, TN 38549

First United Methodist Church
(931) 864-7372
Byrdstown, TN 38549

Grace Chapel
Byrdstown, TN 38549

Grace Fellowship Church of Albany
Albany, KY

Locust Grove United Baptist Church
Byrdstown, TN 38549

Love & Grace Full Gospel Church
Byrdstown, TN 38549

Lovelady Christian Church
Byrdstown, TN 38549

Maupin United Methodist Church
(606) 348-0777

Moodyville Missionary Church
Byrdstown, TN 38549

Moodyville Union Baptist Church
Byrdstown, TN 38549

Oak Grove Baptist Church
(931) 864-8171
Byrdstown, TN 38549

Pleasant View United Baptist Church
Byrdstown, TN 38549

Red Hill Church of Christ
(931) 864-7481
Byrdstown, TN 38549

Red Hill First Bible Baptist Church
Byrdstown, TN 38549

Smyrna Church
(931) 864-3997
Byrdstown, TN 38549

Star Point Church of Christ
Byrdstown, TN 38549

Travisville United Methodist Church
(931) 879-6215
Jamestown, TN 38556

Williams Chapel Church
Byrdstown, TN 38549

Wolf River Baptist Church
(931) 864-3487
Byrdstown, TN 38549

York Chapel
(931) 879-5797
Jamestown, TN 38556

Pre-Marriage Counselors:

Barnes Church of Christ
Byrdstown, TN 38549

Bloomington Christian Church
(931) 864-3209
Byrdstown, TN 38549

Byrdstown Christian Church

(931) 864-3557

Byrdstown, TN 38549

Calvary Bible Church

(931) 864-3369

Byrdstown, TN 38549

Chanut Community Church

(606) 387-6982

Emmanuel Catholic Church of

Albany

Albany, KY

Etter Baptist Church

(931) 864-6455

Byrdstown, TN 38549

Fairview Baptist Church

Byrdstown, TN 38549

First Baptist Church

(931) 864-3499

Byrdstown, TN 38549

First United Methodist Church

(931) 864-7372

Byrdstown, TN 38549

Grace Chapel

Byrdstown, TN 38549

Grace Fellowship Church of Albany

Albany, KY

Locust Grove United Baptist Church

Byrdstown, TN 38549

Love & Grace Full Gospel Church

Byrdstown, TN 38549

Lovelady Christian Church

Byrdstown, TN 38549

Maupin United Methodist Church

(606) 348-0777

Moodyville Missionary Church

Byrdstown, TN 38549

Moodyville Union Baptist Church

Byrdstown, TN 38549

Oak Grove Baptist Church

(931) 864-8171

Byrdstown, TN 38549

Pleasant View United Baptist Church

Byrdstown, TN 38549

Red Hill Church of Christ

(931) 864-7481

Byrdstown, TN 38549

Red Hill First Bible Baptist Church

Byrdstown, TN 38549

Smyrna Church

(931) 864-3997

Byrdstown, TN 38549

Star Point Church of Christ

Byrdstown, TN 38549

Travisville United Methodist Church

(931) 879-6215

Jamestown, TN 38556

Williams Chapel Church

Byrdstown, TN 38549

Wolf River Baptist Church

(931) 864-3487

Byrdstown, TN 38549

York Chapel

(931) 879-5797

Jamestown, TN 38556

**Medical Providers who take
TennCare:**

Associates In Eye Care

Medical Arts Building

Albany, KY 42602 (1st & 3rd Fri /

Byrdstown Medical Center)

1-800-451-5546 (*Provide Vision Care*)

TennCare and all is accepted)

Children's Special Services
Pickett County Health Department
931-864-3178

Dr. Mark Clapp
101 Duncan Street Jamestown, TN
38556
(931) 879-4645 (*Provide medical services*)

Dr. Michael Cummings
Twin Lakes Medical Center
Albany, KY 42602
(606) 387-6627 (*Provide medical services*)

Dr W. Andrew Todd
8401 Highway 111 Byrdstown, TN
38549
(931) 864-3187 (*Provide medical services*)

Dr. Clough & Colburn
521 Medical Drive Livingston, TN
38570
(931) 823-5603 (*Provide medical services*)

Dr. Jori Shaffer
601 W. Main St. Byrdstown, TN 38549
(931) 864-3232 (*Provide medical services*)

Dr. Matthew King
8401 Highway 111 Byrdstown, TN
38549
(931) 864-3187 (*Provide medical services*)

Pickett County Health Dept
Byrdstown, TN 38549
(931) 864-3178 (*Provide medical, dental & nutritional services*)

Livingston Regional Hospital
315 Oak Street Livingston, TN.
931-823-5611 (*Assist with emergency medical needs*)

Dr. James Tompkins
601 W. Main St. Byrdstown, TN 38549
931-864-3232

Medical Providers, who do not take TennCare, but offer services to low-income families:

Bread of Life Homeless Shelter and Clinic
281 4th Street
Crossville, TN 38555
931-707-0569
(*Primary care medical clinic for uninsured non-income and low-income persons. Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available*)

Partnership for Prescription Assistance
Phone: 1-888-477-2669
www.pparx.org
(*If you do not have prescription coverage and / or can not afford your medicines, this is available*)

Mental Health Providers who take TennCare:

Cumberland Plateau Recovery
550 North Church Street
Livingston, TN. 38570
(931) 403-3577
(931) 265-5382
(*Assists those recovering from substance abuse with counseling and support*)

services)

Dale Hollow Mental Health Center

501 Spruce Street
Livingston, TN. 38570
(931) 823-5678

(Assist with family or individual counseling for drugs / alcohol / etc.)

Personal Growth and Learning Center

509 North Cedar Avenue
Cookeville, TN 38501
931-520-8435

Rape and Sexual Assault Response Center

1519 East Spring, Suite F
Cookeville, TN 38506
Hours of operation = 24 hrs / day, 7 days a week

Phone: = 931-526-5197

Hotline: 800-707-5197

(Serves eight counties in all LBJ & C Head Start service area. Provides free legal & governmental assistance, Rape and sexual assault forensic exams, legal advocacy, and court advocacy, counseling (individual and group support). Also Qualifies for all Genesis House service).

Team Evaluation Center

600 North Holtzclaw Avenue
Chattanooga, TN 37404-1220
(423) -622-0500

(Team Evaluation Center provides diagnoses for social, emotional, educational, or physical problems. After a diagnosis is made, then Team will help develop an intervention plan that includes referrals for treatment. Provides services to pre-school children)

Volunteer Behavioral Health Care System - Plateau Mental Health

Center

1200 South Willow
PO Box 3165
Cookeville, TN 38502
931-432-4123 Hotline: 1-800-281-4943

Mental Health Providers, who do not take TennCare, but offer services to low-income families:

Assessment / Counseling / Training Services (ACTS)

Cookeville, TN. 38501
(931) 528-9399

(Provide Assistance with Marriage Counseling & Mental Health)

Crossroads Counseling

87 Creek Lane Daddy
Crossville, TN 38555
931-707-8921

Contact: Tom Netherton, LPC, LPE
(Child Abuse, Domestic Violence, Drug / Alcohol Abuse, Mental Health and Counseling, Rape & Sexual Abuse Provides individual counseling, sex offender counseling, anger management counseling, A & D / chemical dependency counseling, parenting counseling, psychological assessments, psychosexual, and psychosocial / or psychological evaluations.)

LifeCare Family Services

Cookeville, TN. 38501
(931) 528-0051
1-800 - 881-0359
(615) 781-0688

(A faith-based community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; Child & adolescent counseling: intensive and therapeutic case management: and

family preservation.)

Plateau Mental Health Center

1200 South Willow Avenue
Cookeville TN 38502
Phone: (931) 432-4123 Hotline: (877)
567-6051

*(Assist persons with disabilities and
mental illness in various ways)*

**Resources to assist with
Transportation Needs:**

U.C.H.R.A.

Byrdstown, TN. 38549
Contact: Jamie Edwards
(931) 864-6540
*(Provide assistance with
Food/Utilities/Transportation/ job
training)*

**Upper Cumberland Development
District**

1225 South Willow Avenue
Cookeville, TN 38501
(931) 432-4111
*(Provide assistance with Disability
Services, Housing , Legal/Governmental
Assistance , Money/Employment
Assistance , Parenting and Marriage
Issues , Transportation/Utilities)*

**Resources to assist persons
raising children possibly other
than their own:**

**Agricultural Extension Service -
Pickett County**
P.O. Box 99
Byrdstown, TN 38549
931-864-3310

Help Us Grow Up Successful (HUGS)

Upper Cumberland
Regional Office

200 West 10th Street
Cookeville, TN 38501
931-528-7531

Pickett County Health Dept

Byrdstown, TN.
(931) 864-3178

LifeCare Family Services

Cookeville, TN. 38501
(931) 528-0051
1-800- 881-0359
(615) 781-0688

Relatives as Caregivers

1225 South Willow Ave.
Cookeville, TN. 38501
Meets 3rd Thursday of each month
12:30 – 1:30 p.m.
At the Byrdstown Head Start Center
(931) 432-4111

**The Exchange Club/Stephens Center
for the Prevention of Child Abuse**

Livingston, TN 38570
Contact: Carolyn Isbell, Executive
Director
931-823-6432 & 800-635-5199

Youth Villages

1420 Neal Street
Cookeville, TN. 38501
(931) 525-6905

Promoting Youth Involvement:

Agriculture Extension Services //4-H

105 South Main Street
Byrdstown, TN 38549
(931) 864-3310
*(provide opportunities for youth to
become involved in community and learn
about nutritional information)*

**Upper Cumberland-Community
Services Agency**

417 East Broad Street
Suite A.200
Cookeville, TN 38501
931-520-0200
(Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)

WCTE American Graduate& Ready To Learn
IWray@wcte.org
CPutnam@wcte.org
931-528-2222

Quit Tobacco Resources

Tennessee Tobacco Quitline:
1-800-784-8669

Cumberland County Health Department
Smoking Cessation
Ruth Lucas
131 South Webb
Crossville, TN 931-484-6196

White County Hospital
Quit 4 Life Smoking Cessation
Greg Williams
931-738-9211

Cookeville Regional Medical Center- Algood Room
Quit 4 Life Smoking Cessation
Tandy Todd
142 W. 5th St.
Cookeville, TN 38501
931-528-5176

Tennessee Department of Health, WIC Program
S.M.A.R.T. – Smart Mothers are Resisting Tobacco
1-800-342-5942

Nicotine Anonymous
800-642-0666

American Lung Association
Freedom From Smoking
800-586-4872
info@lung.org

American Lung Association of Tennessee
212 S. Peters Rd. Suite 106
Knoxville, TN 37923
1-865-691-7228
www.lungusa.org

Former Smokers
The No Smoke Café
<http://clever.net/chrisco/nosmoke/stop.html>

Language Assistance **(All Counties)**

County Health Depts. - Primary Health Care Services
County operated outpatient health care facilities that provide a broad range of diagnostic and treatment services including primary adult and pediatric care, prenatal care, dental care and specialty medicine as well as laboratory and radiological services and allied support services like nutrition and health education. Some public clinics may also offer public health services such as immunizations and communicable disease screening and treatment. Services are available on an ability-to-

*pay basis and target low-income and indigent residents of the community.
(Spanish Language Services)*

Department of Human Services, Counties

A state government agency that provides the following financial assistance and health insurance programs to those who qualify: Families First - temporary cash assistance program; Food Stamp Program/Electronic Benefit Transfer (EBT) - nutritional assistance program, EBT Helpline (1-888-997-9444); Medicaid/TennCare - processes applications for health insurance coverage; Child Care Resource & Referral; & Adult Protective Services - investigates reports of abuse, neglect, or financial exploitation of adults (1-888-277-8366). Interpreter Services available upon request

Hispanic Family Resource Center

(615) 227-7500
(800) 280-8682

Hispanic Association

732 Lafayette Rd Red Boiling Spgs, TN
37150
(615) 699-6279

Hispanic Service Ebenezer

PO Box 712
Mc Minnville, TN 37111
Phone: 9314741551

LifeCare Family Services - Cookeville - Counseling and Therapeutic Services

665 South Jefferson Avenue
Cookeville, TN 38501
(931) 528-0051

Provides a variety of counseling services such as academic and behavioral school issues, juvenile delinquency, marriage and family, separation and divorce,

*depression, alcohol and drug dependency & twelve step recovery, grief and loss, job and life transitions, parenting, and conflict resolution/communication training.
(Spanish Language Services)*