

# Important COVID-19 (Coronavirus) Update

Mental Health Resource Center is closely monitoring developments relating to the spread of COVID-19, including official guidance published by the Centers for Disease Control and Prevention (CDC), the Florida Department of Health and other government agencies. We are committed to ensuring the health and well-being of our employees and the individuals we serve.

According to the CDC, COVID-19 vaccines are safe and highly effective at keeping you from getting COVID-19 and also reduce the risk of people spreading the virus that causes COVID-19. Getting a COVID-19 vaccine can also help keep you from getting seriously ill even if you do get COVID-19. Everyone 5 years of age and older is now eligible to get a COVID-19 vaccination. Many local providers are offering vaccines including Publix, Wal-Mart, Walgreens and CVS. Regardless of insurance status, the vaccine is offered at no cost.

Although the COVID virus is still circulating, the number of serious illnesses and hospitalizations has declined, and many people have been vaccinated. Therefore, Mental Health Resource Center is no longer requiring its employees, patients and visitors to wear masks. However, MHRC will continue to provide masks to individuals who choose to wear them.