

AGENDA
Southeast Washington Regional FYSPRT
1/12/2023 3:30-5:00 p.m.
Location – ZOOM & PHONE-IN ONLY


<p>Purpose designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience.</p>	<p>Mission through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.</p>	<p>Vision To bring all necessary parties together to contribute to continuous improvement to children’s behavioral</p>	<p>Ground Rules All FYSPRT attendees should have a chance to speak, express their own ideas and feelings freely, and pursue and finish out their thoughts Everyone has an equal opportunity to share their voice and view A variety of points of view are to be put forward and discussed during meetings All attendees should work to remain open-minded Stay true to the FYSPRT goals Participants can interpret topics openly and honestly All respectful feedback is welcomed</p>
Agenda Items	Discussion & Notes		
<p>Welcome & Introductions (15 minutes)</p>	<p>Convener Meredith Piehowski, System Tri-Lead Jill Mulhausen On entry to the meeting, please put your name, agency/group affiliation if you have one, and if you are a family, youth or system partner. This will help with attendance gift card stipend for attendance. <i>Alyssa suggested an ice breaker and Meredith led the group in introductions and icebreaker. Jill reviewed the purpose, mission, vision and ground rules of the FYSPRT meeting.</i></p>		
<p>Meeting Minutes (5 minutes)</p>	<p>System Tri-lead Jill Mulhausen Review of meeting minutes from December 8, 2022 Motion made by: <u> Alyssa </u> Seconded by: <u> Kaila </u> Did the vote carry? YES <i>Jill reviewed the meeting minutes from December 2022. Meeting minutes were passed unanimously.</i></p>		
<p>Think About Thinking</p>	<p>LaVerne McGrath – <i>Was not able to attend the meeting today.</i></p>		
<p>WISE data</p>	<p>Meredith – Convener, discussion of data <i>Meredith provided the members with WISE data received from Lutheran Community Services and 3 Rivers Therapy. Kaila Epperly discussed the trends in data that Lutheran is seeing and Cari Whitney from 3 Rivers Therapy discussed data trends that they are seeing at 3 Rivers. WISE providers report a higher acuity of clients, an increase in suicidal ideation. Kaila mentioned that a nurse practitioner has reported an increase in younger children reporting psychosis.</i></p>		
<p>FYSPRT Evaluation Survey</p>	<p>Jill Mulhausen Please fill out during roundtable discussion and note the question regarding meeting preference</p>		

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	<p>The FYSPRT meeting evaluation link is: https://www.surveymonkey.com/r/8NRGJLQ</p>  <p><i>Jill encouraged all members to complete the evaluation survey during the round table discussion.</i></p>
<p>Roundtable Discussion (20 minutes)</p>	<p>All members</p> <p><i>Kaila – SWIFT program continues to grow, Lutheran received a grant for a program for Transition Age Youth for outreach and engagement in services. A certified Peer Counselor will be working to identify youth who are 16-21 who might benefit from services and connect them to resources and treatments. Individuals do not have to have Medicaid or any insurance</i></p> <p><i>Diane – New to FYSPRT, her granddaughter has written a book that is about to be published about anxiety and her experience dealing with anxiety as a young person. Wanted to check the meeting out and granddaughter will hopefully be joining next month to talk more about the book.</i></p> <p><i>Mary – NAMI YAKIMA, back at FYSPRT again, discussed the program Ending the Silence that is designed for youth, school staff, and parents, contact her for more information about that program. Also discussed the Becoming a Trusted Adult training, which is for adults and young adults who want to better support youth, and this training has been expanded to the Yakama Nation as well. Also discussed “Little Monster” book that is designed for kids to better express their emotions.</i></p> <p><i>Cindy – Attending meetings and developing connections with organizations and groups, is attending the upcoming NAMI training and attending the Family Expo on the 20th and 21st.</i></p> <p><i>Tisha – Attending meetings and continues to develop relationships within the community as a Behavioral Health Advocate, starting a community forum for community members to discuss services in the community and how they can be improved.</i></p> <p><i>Jessica – Will send out a flyer for the BFHD Resilience Collaborative, meeting will be January 25th from 3:30-5pm.</i></p> <p><i>Carolyn – SPARK has two upcoming CPC trainings, one in Yakima and one in Spokane. Contact Carolyn for assistance but individuals need to have modules completed, applications submitted and approved through the state. SPARK is also going to be having some extra-curricular classes upcoming, more details to come.</i></p> <p><i>Rocio – The Shine the Light event on human trafficking is coming up, she will send a flyer to be distributed to the group.</i></p> <p><i>Zach – Discussed that YARP is now accepting referrals in Benton and Franklin counties, discussed the process for submitting referrals and provided the website for members to find additional information.</i></p>
<p>Upcoming Event(s) (5 minutes)</p>	<p>Tri-City Family Expo 1/20-1/21 at Hapo Center Pasco</p> <p>March Meeting will be a training by WSCC – see description below</p> <p><u>Filling Your Toolbox – Tools to Support Strong Boundaries, Empowerment, and Families</u></p>

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	<ul style="list-style-type: none">• This is a customized, interactive training that teaches and/or strengthens concepts to support families wherever they are in their journey. Concepts will include tools for creating boundaries, empowering rather than enabling your loved ones, combating shame and acknowledging pain, making action plans, and more! This engaging training will send you off with some new ways to use tools you may already have and introduce you to some new ones along the way. This training can be designed for sessions from 60 minutes to 2 hours, depending on the level of learning and the number of activities included. (60-minute mini-training or 2-hour full training) <p><i>Jill discussed the upcoming training in March with WSCC and encouraged providers to prompt families and youth to attend the training. More information on the training will be provided.</i></p> <p><i>Meredith updated on the Family Expo that YARP and FYSPRT are participating in.</i></p>
Closing Announcements (5 minutes)	<p>Jill Mulhausen</p> <p>*The YARP (Youth Access and Resource Program) is now taking referrals in Benton and Franklin county. Please go to the website to make a referral, view resources and find other information: https://yarp.kidsmentalhealthwa.org/</p> <p>*Tax season is coming! Families with an income of under 60k can get assistance with filing their taxes through 211. Please refer families to this resource if applicable.</p> <p>*The Grind Recovery Café, a part of 3 Rivers Therapy is now open Monday-Friday from 9am-5pm, they are looking to expand their hours in the future based on need</p> <p><i>Provided closing announcements and encouraged members again to complete the survey.</i></p>
Regional FYSPRT meeting dates	February 9, 2023 March 9, 2023 April 13, 2023 Meeting ID: 376 123 4588 1-253-215-8782 or 3761234588# https://us06web.zoom.us/j/3761234588
State FYSPRT meeting dates	SCHEDULE CHANGE! Upcoming State Meetings Schedule To Be Determined

AGENDA
Southeast Washington Regional FYSPRT
2/9/2023 3:30-5:00 p.m.
Location – ZOOM & PHONE-IN ONLY

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Agenda Items	Discussion & Notes		
<p>Welcome & Introductions (15 minutes)</p>	<p>Youth Tri-lead Baltazar Torres On entry to the meeting, please put your name, agency/group affiliation if you have one, and if you are a family, youth or system partner. This will help with attendance gift card stipend for those who qualify. <i>Baltazar reviewed the purpose, mission, vision and ground rules of the FYSPRT. Baltazar led the group in an ice-breaker, members were asked to put their contact information if the chat if able.</i></p>		
<p>Meeting Minutes (5 minutes)</p>	<p>System Tri-lead Jill Mulhausen Review of meeting minutes from January 12, 2022 Motion made by: <u> Kaila </u> Seconded by: <u> Tisha </u> Did the vote carry? YES <i>Jill reviewed the January 2023 meeting minutes. Meeting minutes passed as written.</i></p>		
<p>New Journey’s Program</p>	<p>Areli Larios and Lena Knight <i>Areli and peer support staff presented on the New Journey’s program out of Pasco by Comprehensive. New Journey’s is a 2- year early intervention program for individuals 15-40 years old who are experiencing psychosis. There is no formal diagnosis required for program referrals, but they must be individuals who are 15-40 years old and meet program criteria. New Journey’s is taking new program participants at the Pasco location and are looking to add the program in the Walla Walla area as well. The program offers family support, medication management, transportation assistance, therapy, case management, family therapy and peer support. Some things the program can assist with are: career development, resource connections, social skills, communication skills, FAFSA applications and school admission steps. Peer supports provide program participants with hope for recovery through their lived experience, assistance with coping skills and development of hobbies, etc. Referrals forms will be distributed to FYSPRT members and can be accessed on the website. New Journey’s accepts Medicaid and has 2 openings for Private insurance.</i></p>		

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YARP program referrals	Meredith/Zach https://yarp.kidsmentalhealthwa.org/ <i>Meredith and Zach discussed how to refer to the YARP program and reviewed several aspects of the website including crisis information, referrals, and service availability and wait times.</i>
FYSPRT Evaluation Survey	All Members – Please fill out during roundtable discussion and note the question regarding meeting preference The FYSPRT meeting evaluation link is: https://www.surveymonkey.com/r/PCVMDW  <i>Members were encouraged to fill out the evaluation survey during the round table discussion.</i>
Roundtable Discussion (20 minutes)	All members <i>Kaila at Lutheran – Discussed the Transition Aged Youth outreach and engagement program for those 16-21. It is a community building program, the outreach staff is able to work with anyone in that age range even if they are in different programs or at another organization for mental health services. They assist Transition Aged Youth with needs, service access and why they may not be accessing services that are available. Contact the main number at Lutheran for more information and to access this service.</i> <i>Tisha with Behavioral Health Advocates – Discussed monthly forum on services in the region and will provide a flyer for distribution to the FYSPRT. At the last forum wait times and stigma with accessing behavioral health services was discussed. OBHA website is now up and running.</i> <i>Areli with New Journey’s – They are currently hiring and looking to expand to Walla Walla county, she is also able to do presentations regarding the program when needed.</i> <i>Cindy with GCBH-ASO – Discussed meetings and trainings that she has been attending and encouraged members to become involved in reviewing and advocating for mental health legislation. Discussed the possible change to the language of certified peer counselor being changed to certified peer specialist.</i> <i>Salomon with United Family Center – April 28th they are hosting a community resource fair and will be providing agencies and organizations with table and chairs, event will be at UFC and contact Salomon or UFC for more information or to participate.</i> <i>Jill FYSPRT Tri-Lead – Discussed a contest that will be taking place for youth to design 988 stickers to promote awareness and de-stigmatization, showed stickers that Baltazar created as examples. Youth designed stickers will be used during the month of May (and throughout the year) to promote mental health awareness month.</i>
Upcoming Event(s) (5 minutes)	March Meeting will be a training by WSCC – see description below <u>Filling Your Toolbox – Tools to Support Strong Boundaries, Empowerment, and Families</u>

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Closing Announcements (5 minutes)	Jill Mulhausen *The YARP (Youth Access and Resource Program) is now taking referrals in Benton and Franklin county. Please go to the website to make a referral, view resources and find other information: https://yarp.kidsmentalhealthwa.org/ *Tax season is coming! Families with an income of under 60k can get assistance with filing their taxes through 211. Please refer families to this resource if applicable. *The Grind Recovery Café, a part of 3 Rivers Therapy is now open Monday-Friday from 9am-5pm, they are looking to expand their hours in the future based on need
Regional FYSPRT meeting dates	March 9, 2023 April 13, 2023 Meeting ID: 376 123 4588 1-253-215-8782 or 3761234588# https://us06web.zoom.us/j/3761234588
State FYSPRT meeting dates	February 23 rd 3-5pm April 27 th 3-5pm June 22 nd 3-5pm

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Agenda Items	Discussion & Notes		
<p>Welcome & Introductions (5 minutes)</p>	<p>All Members <i>All members were asked to put their name, organization (if any) and if they identified as a youth, family or system partner in the chat. No formal introductions were given as we wanted to make sure there was enough time for the training.</i></p>		
<p>Meeting Minutes</p>	<p><i>Minutes not reviewed at this meeting due to training.</i></p>		
<p>Filling Your Toolbox</p>	<p><i>March Meeting training was facilitated by Karen Kelly with WSCC. Karen completed the “Filling your Toolbox” training for the FYSPRT group (description below).</i> <u>Filling Your Toolbox – Tools to Support Strong Boundaries, Empowerment, and Families</u></p> <ul style="list-style-type: none"> • This is a customized, interactive training that teaches and/or strengthens concepts to support families wherever they are in their journey. Concepts will include tools for creating boundaries, empowering rather than enabling your loved ones, combating shame and acknowledging pain, making action plans, and more! This engaging training will send you off with some new ways to use tools you may already have and introduce you to some new ones along the way. This training can be designed for sessions from 60 minutes to 2 hours, depending on the level of learning and the number of activities included. (60-minute mini-training or 2-hour full training) 		
<p>FYSPRT Evaluation Survey</p>	<p><i>Due to lack of time, an email was sent to FYSPRT members encouraging them to take the evaluation survey after the meeting.</i> The FYSPRT meeting evaluation link is: https://www.surveymonkey.com/r/LJD7DD3</p>		

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Southeast Washington Regional FYSPRT

3/9/2023 3:30-5:00 p.m.

Location – ZOOM & PHONE-IN ONLY

	
Roundtable Discussion (20 minutes)	<i>Deferred due to training.</i>
Closing Announcements (5 minutes)	<i>Deferred due to training, an agenda with these announcements were sent out to the group prior to the meeting this month.</i> *The YARP (Youth Access and Resource Program) is now taking referrals in Benton and Franklin county. Please go to the website to make a referral, view resources and find other information: https://yarp.kidsmentalhealthwa.org/ *Tax season is coming! Families with an income of under 60k can get assistance with filing their taxes through 211. Please refer families to this resource if applicable. *The Grind Recovery Café, a part of 3 Rivers Therapy is now open Monday-Friday from 9am-5pm, they are looking to expand their hours in the future based on need
Regional FYSPRT meeting dates	April 13, 2023 May 11, 2023 Meeting ID: 376 123 4588 1-253-215-8782 or 3761234588# https://us06web.zoom.us/j/3761234588
State FYSPRT meeting dates	April 27, 2023 via ZOOM from 3-5pm

AGENDA
Southeast Washington Regional FYSPRT
4/13/2023 3:30-5:00 p.m.
Location – ZOOM & PHONE-IN ONLY


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Agenda Items	Discussion & Notes		
<p>Welcome & Introductions (5 minutes)</p>	<p>Convener - Meredith Review purpose mission and vision of FYSPRT Brief introductions Please put name, organization (if any) and if you identify as a youth, family or system partner in the chat. Message me directly with your name and email so I can send you the form to receive the \$15 Amazon gift card stipend for youth and family. <i>Reviewed mission and vision of FYSPRT as well as ground rules. Members introduced themselves and family and youth partners were reminded they would need provide an email to receive a form to return to convener for the \$15 Amazon gift card for attendance.</i></p>		
	<p>Convener - Meredith Review of meeting minutes from February 2023 and March 2023 Motion made by: _Cindy_____ Seconded by: __Tisha _____ Did the vote carry? YES <i>Meeting minutes from February 2023 and March 2023 were reviewed. Meeting minutes for both February and March approved as written.</i></p>		
<p>Think about Thinking</p>	<ul style="list-style-type: none"> • LaVerne McGrath <p><i>LaVerne presented on the Think about Thinking program. Reviewed several vignettes and practiced several techniques with the group. Discussed the importance of having coping skills “in your toolbox” to use when needed. Answered questions and</i></p>		
<p>FYSPRT Evaluation Survey</p>	<p>All Members – Please fill out during roundtable discussion and note the question regarding meeting preference The FYSPRT meeting evaluation link is: https://www.surveymonkey.com/r/MC8P5CR <i>Asked members to complete the survey while roundtable discussion was occurring and link was provided in the chat.</i></p>		

AGENDA

Southeast Washington Regional FYSPRT

4/13/2023 3:30-5:00 p.m.

Location – ZOOM & PHONE-IN ONLY

	
State FYSPRT meeting update	Convener <i>Deferred until next month.</i>
Roundtable Discussion (20 minutes)	All Members – please provide updates, events, etc <i>Dianne/Mackenzie – Book written by youth regarding her journey with anxiety and depression, book is titled “When it Rains” and is available on Amazon and Barnes and Noble</i> <i>Carolyn – SPARK will be doing some trainings with the Yakama Nation youth and matching the curriculum to meet their needs, they are also going to be working on a project with the Pasco School District. They are participating in the Youth Leadership Summit. CPC trainings are on hold at this time by the HCA. There is one upcoming that they will complete and then they will have to wait until they get further instruction from the HCA. They also have a new intern, Stephanie who recently joined the group.</i> <i>Tisha – Behavioral Health Advocates continue to have their monthly forum to address behavioral health issues and concerns in this region. Tisha will send out the flyer with additional information.</i> <i>Zia – During introductions Zia mentioned that she provides community education regarding trauma and other behavioral health needs through her role at Coordinated Care</i> <i>Ruvine – Looking for advocates to work with her regarding legislation against using seclusion and restraint in schools. Ruvine will send additional information to Convener to share with the group.</i> <i>Linda – Reports that seclusion and restraint disproportionately affects youth diagnosed with IDD and Autism spectrum disorders.</i> <i>Meredith – Lots of events upcoming for mental health awareness month, discussed the Live at 5 event as well as other events in the region, will send out more detailed information to the group as it is available</i>
Closing Announcements (5 minutes)	Meredith *Looking for Youth, Family and System Partner Tri-Leads – see website www.southeastfysprt.org *Tax season is coming! Families with an income of under 60k can get assistance with filing their taxes through 211. Please refer families to this resource if applicable. *The Grind Recovery Café, a part of 3 Rivers Therapy is now open Monday-Friday from 9am-5pm, they are looking to expand their hours in the future based on need *May is Mental Health Awareness month! <i>Next meeting is May 11th, looking for all Tri-Lead positions at this time.</i>
Regional FYSPRT meeting dates	May 11, 2023 June 8, 2023 Meeting ID: 376 123 4588

AGENDA

Southeast Washington Regional FYSPRT

4/13/2023 3:30-5:00 p.m.

Location - ZOOM & PHONE-IN ONLY

	1-253-215-8782 or 3761234588# https://us06web.zoom.us/j/3761234588
State FYSPRT meeting dates	April 27, 2023 via ZOOM from 3-5pm

AGENDA
Southeast Washington Regional FYSPRT
5/11/2023 3:30-4:30 p.m.
Location – ZOOM & PHONE-IN ONLY

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Agenda Items	Discussion & Notes
<p>Welcome & Introductions (5 minutes)</p>	<p>Convener Review purpose, mission and vision of FYSPRT Brief introductions Please put name, organization (if any) and if you identify as a youth, family or system partner in the chat. Remember, youth and family partners please email meredithp@gcbh.org to get your \$15 Amazon gift card for attendance <i>Provided a brief overview of the purpose mission and vision of FYSPRT. Reviewed ground rules. Encouraged participants who qualify for the \$15 Amazon gift card to contact Convener via email so they can complete the form. Completed brief introductions.</i></p>
<p>Meeting Minutes (5 minutes)</p>	<p>Review of meeting minutes from April 2023 Motion made by: Cindy A. Seconded by: Zach R. Did the vote carry? YES <i>Meeting minutes were reviewed and approved as written. Minutes were approved unanimously.</i></p>
<p>Tri-Lead Application</p>	<p>Convener/Alyssa Cruz <i>Convener discussed Alyssa’s tri-lead application. There were no questions and no oppositions, Alyssa’s application was approved by the FYSPRT.</i></p>
<p>My Friends Place (20 minutes)</p>	<ul style="list-style-type: none"> • Heather S <p><i>Heather discussed the expansion and services that are provided at My Friends Place. At this time, they can also have youth 16-20 stay overnight, however, younger students can be there throughout the day until 7pm. There is a new center being built for youth 13-15 years old, called HOPE beds. These individuals will have a 90-day stay limit, with the ability to stay longer if needed and is appropriate. The youth in the shelter are provided with everything they need,</i></p>

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5/11/2023 3:30-4:30 p.m.
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	<i>including food, toiletries, case management, assistance with work or school, referrals, etc. Any questions about who can stay there and how My Friend's Place can help, contact Heather and she will assist you the best she can.</i>
State FYSPRT Update (5 minutes)	Convener <i>Convener provided an update on the most recent FYSPRT State meeting. There was some discussion and update regarding the Youth and Youth Adult Continuum of care meetings and activities. Discussed the youth-only space that Spark will be facilitating. Reviewed WISe data reports as well as the WISe guidelines and discussed new and better ways of engagement in the FYSPRT.</i>
FYSPRT Evaluation Survey	All Members – Please fill out during roundtable discussion and note the question regarding meeting preference The FYSPRT meeting evaluation link is: https://www.surveymonkey.com/r/PLQGQ9J
Roundtable Discussion (20 minutes)	<i>Mackenzie – Discussed book that she published about her mental health journey that is available on Amazon Zach – Discussed upcoming events YARP is participating in, including the dodgeball tournament and community resource fair, the Live at 5 Event as well as the Ride to Remember event Peer Pathways – Hosting a Behavioral Health Conference in Kennewick mid-June Carolyn – Discussed HB5555, SPARK will be completing an RFP to complete more Peer Counselor trainings, will also be looking at doing some train the trainers and a youth listening session Chapi (Sharon) – Provided a link online to queer-friendly and queer events in the area for both youth and adults Shane with Crisis – Discussed upcoming dodgeball event that Crisis will be participating in, proceeds go to Youth Suicide Prevention Coalition to fund the annual Take Strides event in September Jay (Lutheran) – Discussed plans for Lutheran to keep youth engaged in the summer, will be having events and activities for youth Salomon with UFC – Also will be participating in the dodgeball event and will have a table at the Pasco Resource fair as well Tisha (OBHA) – Participating in multiple events coming up including the Pasco Resource fair and the Live at 5 event, next OBHA forum is the 4th Monday of the month and they are hoping for increased participation in the forum</i>
Closing Announcements (5 minutes)	Meeting time change 3:30-4:30 May 20th, Resource Fair and Dodgeball game Pasco City Hall 10-1 May 25th, Live at 5 in Richland, Mental Health Awareness, Promotion and Resource Fair June 3rd, Ride To Remember Event
Regional FYSPRT meeting dates	June 8, 2023 July 13, 2023 August 10, 2023

AGENDA

Southeast Washington Regional FYSPRT

5/11/2023 3:30-4:30 p.m.

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	Meeting ID: 376 123 4588 1-253-215-8782 or 3761234588# https://us06web.zoom.us/j/3761234588
State FYSPRT meeting dates	June 22 nd 3-5pm

Southeast Washington Regional FYSPRT AGENDA

6/8/2023 3:30-4:30 p.m.

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Agenda Items	Discussion & Notes		
<p>Welcome & Introductions (5 minutes)</p>	<p><i>June meeting was cancelled to allow for members to participate in the At-Risk Youth Stakeholder meeting to discuss legislative changes and community concerns.</i></p>		
	<p>Convener - Meredith Review of meeting minutes from May 2023 Motion made by: _____ Seconded by: _____ Did the vote carry? YES NO</p>		
<p>WISe data review</p>	<p><i>Will update in August</i></p>		
<p>Work Plan - Lock Box update</p>	<p><i>Update moved to next agenda.</i> <u>2022</u> Medication lock bags: 140 Ammo/Med boxes with locks: 113 Gun Safe: 70 Goal 1: Have adequate representation of youth and family partners on the Regional FYSPRT. Goal 2: Decrease stigma surrounding behavioral health and obtaining behavioral health care in our Region Goal 3: Do at least 1 community project annually that will address the stigma surrounding behavioral health and behavioral health access and treatment Goal 4: Provide outreach to those who identify as LGTBQA+ to participate in the Regional FYSPRT and provide information and education to FYSPRT on inclusion and support for those who identify as LGTBQA+</p>		
<p>FYSPRT Evaluation Survey</p>	<p>All Members – Please fill out during roundtable discussion and note the question regarding meeting preference The FYSPRT meeting evaluation link is: https://www.surveymonkey.com/r/QFLYZZL</p>		

Southeast Washington Regional FYSPRT AGENDA

6/8/2023 3:30-4:30 p.m.

Location – ZOOM & PHONE-IN ONLY

Roundtable Discussion (20 minutes)	All Members – please provide updates, events, etc
Closing Announcements (5 minutes)	Meredith Piehowski Back to School Bash – End of August Take Strides Event – End of September
Regional FYSPRT meeting dates	July 13, 2023 August 14, 2023 Meeting ID: 376 123 4588 1-253-215-8782 or 3761234588# https://us06web.zoom.us/j/3761234588
State FYSPRT meeting dates	June 22 nd 3-5pm
Work Plan Goals	Goal 1: Have adequate representation of youth and family partners on the Regional FYSPRT. Goal 2: Decrease stigma surrounding behavioral health and obtaining behavioral health care in our Region Goal 3: Do at least 1 community project annually that will address the stigma surrounding behavioral health and behavioral health access and treatment Goal 4: Provide outreach to those who identify as LGTBQA+ to participate in the Regional FYSPRT and provide information and education to FYSPRT on inclusion and support for those who identify as LGTBQA+

AGENDA
Southeast Washington Regional FYSPRT
7/13/2023 3:30-4:30 p.m.
Location – ZOOM & PHONE-IN ONLY

<p>Purpose designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience.</p>	<p>Mission through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.</p>	<p>Vision To bring all necessary parties together to contribute to continuous improvement to children’s behavioral</p>	<p>Ground Rules All FYSPRT attendees should have a chance to speak, express their own ideas and feelings freely, and pursue and finish out their thoughts Everyone has an equal opportunity to share their voice and view A variety of points of view are to be put forward and discussed during meetings All attendees should work to remain open-minded Stay true to the FYSPRT goals Participants can interpret topics openly and honestly All respectful feedback is welcomed</p>
Agenda Items	Discussion & Notes		
<p>Welcome & Introductions (5 minutes)</p>	<p>Convener - Meredith Review purpose mission and vision of FYSPRT Brief introductions Please put name, organization (if any) and if you identify as a youth, family or system partner in the chat. Message me directly with your name and email so I can send you the stipend for if you are a youth or family so I can get you the \$15 Amazon gift card <i>Convener reviewed the purpose, mission and vision of the FYSPRT. Asked individuals to put name and if they are a system, family or youth partner in the chat. Reminded individuals to send an email to receive a form to complete for the \$15 Amazon gift card.</i></p>		
<p>Meeting minutes</p>	<p>Convener - Meredith Review of meeting minutes from May and June 2023 Motion made by: <u> Jennifer </u> Seconded by: <u> Tisha </u> Did the vote carry? YES <i>Reviewed meeting minutes and they are accepted as written.</i></p>		
<p>Coordinated Care Presentation</p>	<p>Zia Freeman – Foster Care Community Educator with Coordinated Care <i>Zia discussed programs available for youth in the foster care system, youth can remain in Extended Foster Care until 21 and can continue to be covered by Coordinated Care until they are 26. Youth and their guardians have access to various resources, including referrals to specialists, payment for Boys and Girls Club, evaluations and suicide prevention planning, kinship and adoption support, a2A which is an outreach program for youth about to turn 18. In addition, Coordinated Care provides education and information to anyone, regardless of insurance, including Caregiver Support Groups, Group Trainings such as Talk Saves Lives. There are other benefits as well such as free</i></p>		

AGENDA

Southeast Washington Regional FYSPRT

7/13/2023 3:30-4:30 p.m.

Location – ZOOM & PHONE-IN ONLY

	<p><i>diapers, and free fruits and veggies for members. They provide Ambetter for those who don't qualify for Medicaid. Group and trainings are available on the website and individuals can email Zia for additional information and to find out how to sign up for Coordinated Care. CC the Panda also can attend events for free through Coordinated Care. Slides will be sent out to members after the meeting.</i></p>
At-Risk Youth Stakeholder Meeting Summary	<p>All Members <i>Topic was deferred at this time as several individuals who attended the meeting were not present.</i></p>
Non-Emergency Medical Transportation (NEMT) discussion	<p>All Members</p> <ol style="list-style-type: none">1. Share strengths and appreciations for non-emergency medical transportation in your region, including any changes or improvements since March 2022.2. Does your Apple Health funded or NEMT transportation contractor have a grievance process that is easy to access? If yes:<ol style="list-style-type: none">a. are multiple formats available?b. are the questions designed to allow the individual to adequately share their concerns?c. how quickly does the contracted vendor respond to a grievance/concern?3. Do you have choice - more than 1 HCA contracted transportation vendor that does not have a requirement for an excessive amount of appointments in a month to secure a ride?4. Are your Regional FYSPRT participants experiencing any of the following concerns. If yes for any of these challenges, please add a few sentences to describe the challenge/experience in your region/system.<ol style="list-style-type: none">a. Challenge 1 – communication challenges (<i>wait times when calling, no one available in late afternoon, fax machine challenges, etc.</i>)b. Challenge 2 – drop off and pick up challenges (<i>late drop off, early pick up, drop off at locations other than scheduled destination, no show for pick up, etc.</i>)c. Challenge 3 – Questionable driver behavior (<i>smoking in car/pick up area, driver brought friend on the ride, smell of alcohol, swearing, playing music with inappropriate language, etc.</i>)5. Are your Regional FYSPRT participants experiencing a challenge related to non-emergency medical transportation that is not listed above? If so, please share a few sentences about the challenge. <p><i>Members discussed concerns related to NEMT. There were several concerns that were addressed, but most of them were not in the Greater Columbia region.</i></p> <ol style="list-style-type: none">1. <i>Some parents have experienced difficulties obtaining transport to see their youth if the youth are in a different county and they are not able to use the transport.</i>2. <i>Difficulties with contacting transit services in Pierce County, will be on the line and no one will answer for an extended period of time and therefore transportation can't be scheduled.</i>3. <i>In Spokane a parent was not allowed to ride with their youth.</i>4. <i>If a youth has behavioral challenges, they were refused transportation.</i>5. <i>There have been reports of drivers smoking while transporting.</i>6. <i>A youth was dropped off at an incorrect location.</i>

AGENDA
Southeast Washington Regional FYSPRT
7/13/2023 3:30-4:30 p.m.
Location – ZOOM & PHONE-IN ONLY

	<i>7. A driver was reported to have picked up a friend while transporting a client.</i>
FYSPRT Evaluation Survey	<i>Encouraged members to complete survey, survey was sent to the group via email as well after the meeting.</i> All Members – Please fill out during roundtable discussion and note the question regarding meeting preference The FYSPRT meeting evaluation link is: https://www.surveymonkey.com/r/QFLYZZL
Work Plan/Lock box update	<u>2022</u> Medication lock bags: 140 Ammo/Med boxes with locks: 113 Gun Safe: 70 Goal 1: Have adequate representation of youth and family partners on the Regional FYSPRT. Goal 2: Decrease stigma surrounding behavioral health and obtaining behavioral health care in our Region Goal 3: Do at least 1 community project annually that will address the stigma surrounding behavioral health and behavioral health access and treatment Goal 4: Provide outreach to those who identify as LGTBQA+ to participate in the Regional FYSPRT and provide information and education to FYSPRT on inclusion and support for those who identify as LGTBQA+ <i>Convener provided an update on lock boxes and medication bags and asked for individuals to reach out if there is a need for lock boxes.</i>
State FYSPRT meeting update	Convener Mission/Vision <i>Provided FYSPRT state meeting update. Mission and Vision are being updated.</i>
Roundtable Discussion (20 minutes)	All Members – please provide updates, events, etc <i>Carolyn – SPARK will be hosting a WISE symposium watch party on the 14th and 15th during the virtual WISE symposium this year. Peer Pathways training will be August 23rd and 24th at Sea Tac. Discussed changes to Certified Peer Counselor trainings and preparation for taking the classes. Would like more people to be aware of the process to make it easier to attend the trainings and become a certified peer counselor. Discussed having a training for providers and possibly a training during a FYSPRT meeting.</i> <i>Alyssa – requested lock boxes for multiple families at Lutheran</i> <i>Meredith – Reported on upcoming events such as the Live at 5 and ESD back to school event, Zach will be facilitating the next FYSPRT meeting in August as Convener is out of town</i>
Closing Announcements (5 minutes)	Meredith Piehowski *August 3rd – ESD Back to School Event *August 3 rd – Live at 5 booth *August – Back to School Bash *Recovery Walk/Run September * September Take Strides Event
Regional FYSPRT meeting dates	August 13, 2023 September 14, 2023

AGENDA

Southeast Washington Regional FYSPRT

7/13/2023 3:30-4:30 p.m.

Location - ZOOM & PHONE-IN ONLY

	Meeting ID: 376 123 4588 1-253-215-8782 or 3761234588# https://us06web.zoom.us/j/3761234588
State FYSPRT meeting dates	

AGENDA
Southeast Washington Regional FYSPRT
9/14/2023 3:30-4:30 p.m.
Location – ZOOM & PHONE-IN ONLY

<p>Purpose designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience.</p>	<p>Mission through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.</p>	<p>Vision To bring all necessary parties together to contribute to continuous improvement to children’s behavioral</p>	<p style="text-align: center;">Ground Rules Attendees should have a chance to speak and express their own ideas freely Everyone has an equal opportunity to share FYSPRT encourages a variety of points of view to be put forward and discussed Attendees should work to remain open-minded Stay true to the FYSPRT Mission and Vision All respectful feedback is welcome All are welcome at FYSPRT meetings</p>
Agenda Items	Discussion & Notes		
<p>Welcome & Introductions (5 minutes)</p>	<p>Convener – Meredith Tri-Lead - Alyssa Review Mission, Vision, Ground Rules Brief introductions Please put name, organization (if any) and if you identify as a youth, family or system partner in chat. Message me with your name and email for the stipend form if you are a youth or family for the \$15 Amazon gift card</p>		
<p>Meeting minutes</p>	<p>Convener - Meredith Review of meeting minutes from June 2023, no meeting held in July 2023 Motion made by: <u> Alyssa </u> Seconded by: <u> Mya </u> Did the vote carry? YES</p>		
<p>FYSPRT Evaluation Survey</p>	<p>All Members – Please fill out during roundtable discussion and note the question regarding meeting preference The FYSPRT meeting evaluation link is: https://www.surveymonkey.com/r/6YT7JBP</p>		
<p>SPARK CPC Training</p>	<p>Presentation by Carolyn Cox and SPARK <i>Carolyn discussed her work with SPARK at the State of Reform Conference and her work with the MCOs. Carolyn reports she has had to cancel the latest in person Peer Certification class in Kennewick, due to not enough individuals attending. Class will be rescheduled for a date in December, date to be determined. Carolyn discussed various partnerships with MCOs and the HCA. There will be a training in Wenatchee, if there are people interested she will work with them to get to the training and help cover the cost. SPARK is also working with a group of mentors who will become state trainers. Peer Counselors can become state trainers after they work at least a year and attend peer meetings with the HCA. To become a certified peer counselor, you need to complete the modules and complete the application and send to the state. Carolyn is able to provide support for this. Carolyn also state that the application process can be overwhelming, there are a lot of person questions and some aren’t sure how to answer them. If someone is having difficulty at all, Carolyn and those at SPARK are willing and able to help. Discussed that as of 2025</i></p>		

AGENDA
Southeast Washington Regional FYSPRT
9/14/2023 3:30-4:30 p.m.
Location – ZOOM & PHONE-IN ONLY

	<i>Certified Peer Counselors (CPC) will become Certified Peer Specialist, CPS. Group discussed concerns with using this abbreviation when there is another very well state entity that is also CPS. Discussed these concerns will be taken to the State FYSPRT to determine if others have the same concerns and if there is time to make a change. Discussed the potential confusion that could impact youth, families and other systems. SPARK is also looking to do some work with Gang Prevention and will be putting in an RFP for the Youth Space contract the HCA is putting out. Carolyn will keep us updated with future plans and programs that will be coming in the next year.</i>
Review of WISE Data	Meredith and WISE providers <i>Reviewed WISE data that was sent by Palouse River Counseling and Catholic Charities. No additional concerns or issues were discussed regarding the data. No other WISE providers sent Convener data.</i>
State FYSPRT Meeting Update	Meredith Piehowski, Alyssa Cruz, all members *subcommittee for mission and vision *subgroups and the connection to FYSPRT – presentation scheduled for December with HCA Children and Youth Behavioral Health Work Group *Working on improving youth and family engagement <i>Group discussed that the mission and vision is being updated and subcommittee has been developed. Discussed that someone from the HCA will be providing information at the December meeting regarding the HCA Children and Youth Behavioral Health Work Group and the subgroups, as well as how to get involved in those meetings and groups. State FYSPRT continues to discuss how to improve youth and family engagement and the challenges many work groups face.</i>
Roundtable Discussion (20 minutes)	All Members – please provide updates, events, etc Meredith – Provided information regarding the Run for Recovery event on Saturday the 16 th at Wade Park in Pasco. Group members discussed the Take Strides Event that is coming to Richland on September 27 th . Discussed details of the event and how to participate. Encouraged individuals to attend and to spread the word to youth and their families. No additional events or updates were given at this time.
Closing Announcements (5 minutes)	*Recovery Walk/Run September – September 16th *September Take Strides Event – September 27th, 5pm Fran Rish Stadium
Regional FYSPRT meeting dates	October 12, 2023 November 9, 2023 – LGBTQIA+ Meeting ID: 376 123 4588 1-253-215-8782 or 3761234588# https://us06web.zoom.us/j/3761234588
State FYSPRT meeting dates	State FYSPRT Meeting August 31, 2023 from 3-5pm

AGENDA

Southeast Washington Regional FYSPRT

9/14/2023 3:30-4:30 p.m.

Location - ZOOM & PHONE-IN ONLY

	All are welcome to attend the State FYSPRT meeting!
Work Plan	<p>Goal 1: Have adequate representation of youth and family partners on the Regional FYSPRT.</p> <p>Goal 2: Decrease stigma surrounding behavioral health and obtaining behavioral health care in our Region</p> <p>Goal 3: Do at least 1 community project annually that will address the stigma surrounding behavioral health and behavioral health access and treatment</p> <p>Goal 4: Provide outreach to those who identify as LGTBQA+ to participate in the Regional FYSPRT and provide information and education to FYSPRT on inclusion and support for those who identify as LGTBQA+</p>

AGENDA
Southeast Washington Regional FYSPRT
10/12/2023 3:30-4:30 p.m.
Location – ZOOM & PHONE-IN ONLY

<p>Purpose designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience.</p>	<p>Mission through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.</p>	<p>Vision To bring all necessary parties together to contribute to continuous improvement to children’s behavioral</p>	<p style="text-align: center;">Ground Rules Attendees should have a chance to speak and express their own ideas freely Everyone has an equal opportunity to share FYSPRT encourages a variety of points of view to be put forward and discussed Attendees should work to remain open-minded Stay true to the FYSPRT Mission and Vision All respectful feedback is welcomed All are welcome at FYSPRT meetings</p>
Agenda Items	Discussion & Notes		
<p>Welcome & Introductions (5 minutes)</p>	<p>Convener – Meredith Tri-Lead - Alyssa Review Mission, Vision, Ground Rules Brief introductions Please put name, organization (if any) and if you identify as a youth, family or system partner in chat. Message me with your name and email for the stipend form if you are a youth or family for the \$15 Amazon gift card <i>Members were asked to put information in chat, purpose, mission, vision and ground rules were reviewed.</i></p>		
<p>Meeting minutes</p>	<p>Convener - Meredith Review of meeting minutes from September 2023 Motion made by: <u> Alyssa </u> Seconded by: <u> Carolyn </u> Did the vote carry? YES <i>Meeting minutes from September were reviewed with the members. Meeting minutes were accepted as written and approved.</i></p>		
<p>FYSPRT Evaluation Survey</p>	<p>All Members – Please fill out during roundtable discussion and note the question regarding meeting preference The FYSPRT meeting evaluation link is: https://www.surveymonkey.com/r/6Q9DYF5</p>		
<p>Youth Tri-Lead Application</p>	<p>Meredith, Cori and Members <i>Cori was unable to attend the meeting due to a scheduling conflict at work. Application approval will be moved to the December meeting, as the November meeting will be a training with WSCC.</i></p>		
<p>Ground Rules discussion</p>	<p>All Members <i>Members discussed updated ground rules. There was a brief discussion and members agreed the updated version works well for the group. Updated ground rules were adopted with no opposition or changes.</i></p>		
<p>Conflict – Youth and Young Adult Continuum of Care</p>	<p>FYSPRT meeting date and time open discussion Meeting occurs at 4pm on the 2nd Thursday of the month <i>Group discussed meeting time change due to a conflicting meeting. A survey will be sent out to the group to determine meeting time preference.</i></p>		

AGENDA
Southeast Washington Regional FYSPRT
10/12/2023 3:30-4:30 p.m.
Location – ZOOM & PHONE-IN ONLY

<p>Roundtable Discussion (20 minutes)</p>	<p>All Members – please provide updates, events, etc. <i>Zach R. provided an update on YARP, will be expanding to other counties including Walla Walla, Columbia, Whitman and Kittitas, with Yakima, Garfield and Asotin to follow.</i> <i>Miranda B. – New at BFHD and is part of the Community of Hope Coalition and they will be hosting a Positive Childhood Experiences Parent Night in the future</i> <i>Stephanie B. – WISe team fully staffed and staying busy</i> <i>Carolyn C. – Staying busy at SPARK, continue to provide peer counseling training, working to provide a mentorship program at SPARK, many projects and grants in the works</i> <i>Salomon C – Event on October 13th at Pasco High – Welcome Back event through Migrant Coalition</i> <i>Tisha R – New position at OBHA, Alyssa has taken Tisha’s old position, excited to transition and going to be coming back to these meetings at times</i> <i>Meredith P. – Provided an update with YARP events, will be attending an event in November for a back to school night, continue to reach out to YARP for events if they are appropriate.</i></p>
<p>Closing Announcements (5 minutes)</p>	<p><i>Next meeting will feature a training for WSCC on LGBTQIA+, understanding sexual orientation, gender identity, and gender expression.</i> <i>Encouraged members to attend the State FYSPRT meeting on 10/26/23</i></p>
<p>Regional FYSPRT meeting dates</p>	<p>November 9, 2023 – LGBTQIA+ Training by WSCC – see description below December 14, 2023 – HCA CBHWG and subgroup presentation Meeting ID: 376 123 4588 1-253-215-8782 or 3761234588# https://us06web.zoom.us/j/3761234588</p>
<p>State FYSPRT meeting dates</p>	<p>State FYSPRT Meeting October 26, 2023 from 3-5pm All are welcome to attend the State FYSPRT meeting!</p>
<p>Work Plan</p>	<p>Goal 1: Have adequate representation of youth and family partners on the Regional FYSPRT. Goal 2: Decrease stigma surrounding behavioral health and obtaining behavioral health care in our Region Goal 3: Do at least 1 community project annually that will address the stigma surrounding behavioral health and behavioral health access and treatment Goal 4: Provide outreach to those who identify as LGTBQA+ to participate in the Regional FYSPRT and provide information and education to FYSPRT on inclusion and support for those who identify as LGBTQIA+</p>

Upcoming Training by WSCC Information:

UNDERSTANDING SEXUAL ORIENTATION, GENDER IDENTITY, AND GENDER EXPRESSION – AN INTRODUCTION FOR FAMILIES

AGENDA

Southeast Washington Regional FYSPRT

10/12/2023 3:30-4:30 p.m.

Location – ZOOM & PHONE-IN ONLY

This is a customized, interactive training designed for families from a training created by En Route Consulting for WA State Health Care Authority. This training creates a space for understanding and learning together in order to better support those around us who identify differently than we do. Participants will learn the relevant and appropriate language and terms within the LGBTQ+ community, hear from community experts on what was helpful and what was not helpful as youth identifying in a gender non-conforming way, begin the conversation on how we as parent/caregivers can best support the youth in our lives to allow open space for discussions, questions, and thoughts to be shared with us, and share relevant resources to support families in their personal growth and learning around this topic. (2-hour training)

AGENDA
Southeast Washington Regional FYSPRT
11/09/2023 3:30-5:00 p.m.
Location – ZOOM & PHONE-IN ONLY

<p>Purpose designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience.</p>	<p>Mission through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.</p>	<p>Vision To bring all necessary parties together to contribute to continuous improvement to children’s behavioral</p>	<p style="text-align: center;">Ground Rules Attendees should have a chance to speak and express their own ideas freely Everyone has an equal opportunity to share FYSPRT encourages a variety of points of view to be put forward and discussed Attendees should work to remain open-minded Stay true to the FYSPRT Mission and Vision All respectful feedback is welcomed All are welcome at FYSPRT meetings</p>
Agenda Items	Discussion & Notes		
<p>Welcome & Introductions (5 minutes)</p>	<p>Convener – Meredith System Tri-Lead – Alyssa Members please review Mission, Vision and Ground Rules Brief introductions Please put name, organization (if any) and if you identify as a youth, family or system partner in the chat. Message me with your name and email for stipend form if you are a youth or family so I can get you the \$15 Amazon gift card <i>Members introduced themselves and ground rules, mission, vision and purpose of the FYSPRT meeting was reviewed.</i></p>		
<p>Meeting minutes</p>	<p>Convener - Meredith Review of meeting minutes from October 2023 Motion made by: <u> My Thai </u> Seconded by: <u> Maria </u> Did the vote carry? YES <i>Members reviewed the meeting minutes from October 2023. 1 motion was made to pass the minutes as written and a 2nd motion was made to pass the minutes. Minutes were approved as written.</i></p>		
<p>Barriers and Community Needs discussion</p>	<p>All Members <i>Barriers that were discussed:</i> -<i>No intensive outpatient option for private pay youth, including no peer partners</i> -<i>Difficult to get autism diagnosis and ABA therapy booked out at least a year</i> -<i>Difficult to get ABA for teens</i> -<i>Difficult to get occupational therapy</i> -<i>Difficulty with MCO trying to be in contact with youth for services, not responsive to calls or emails regarding services</i> <i>Some new connections/options discussed:</i></p>		

AGENDA
Southeast Washington Regional FYSPRT
11/09/2023 3:30-5:00 p.m.
Location – ZOOM & PHONE-IN ONLY

	<p>-Discovery Behavioral Solutions willing to take older youth -Bridges Forward in Tri Cities accepts Medicaid</p>
Tri-Lead Application Review	<p>All Members <i>Members reviewed Youth Tri-Lead application. Tri-Lead discussed why she wants to be a Tri-Lead and what she does for work</i> <i>Members voted unanimously for Cori to be the Youth Tri-Lead for the Southeast FYSPRT.</i></p>
Roundtable Discussion	<p>All Members <i>Roberta – Provided update YARP is working on expansion to Walla Walla and Columbia counties</i> <i>No other announcements made and meeting was adjourned.</i></p>
FYSPRT Evaluation Survey	<p>All Members – Please fill out during roundtable discussion and note the question regarding meeting preference The FYSPRT meeting evaluation link is: https://www.surveymonkey.com/r/36SLNLC Please also take the meeting time/location survey here: https://www.surveymonkey.com/r/YH6MFM8</p>
Closing Announcements	<p>All Members</p>
Regional FYSPRT meeting dates	<p>December 14, 2023 January 11, 2023 – HAPPY NEW YEAR! Meeting ID: 376 123 4588 1-253-215-8782 or 3761234588# https://us06web.zoom.us/j/3761234588</p>
State FYSPRT meeting dates	<p>State FYSPRT Meeting</p> <p>All are welcome to attend the State FYSPRT meeting!</p>
Work Plan	<p>Goal 1: Have adequate representation of youth and family partners on the Regional FYSPRT. Goal 2: Decrease stigma surrounding behavioral health and obtaining behavioral health care in our Region Goal 3: Do at least 1 community project annually that will address the stigma surrounding behavioral health and behavioral health access and treatment Goal 4: Provide outreach to those who identify as LGTBQA+ to participate in the Regional FYSPRT and provide information and education to FYSPRT on inclusion and support for those who identify as LGTBQA+</p>

AGENDA
Southeast Washington Regional FYSPRT
12/06/2023 3:30-5:00 p.m.
Location – ZOOM & PHONE-IN ONLY

<p>Purpose designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience.</p>	<p>Mission through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.</p>	<p>Vision To bring all necessary parties together to contribute to continuous improvement to children’s behavioral</p>	<p style="text-align: center;">Ground Rules</p> <p style="text-align: center;">Attendees should have a chance to speak and express their own ideas freely Everyone has an equal opportunity to share FYSPRT encourages a variety of points of view to be put forward and discussed Attendees should work to remain open-minded Stay true to the FYSPRT Mission and Vision All respectful feedback is welcomed All are welcome at FYSPRT meetings</p>
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Agenda Items	Discussion & Notes
<p>Welcome & Introductions (5 minutes)</p>	<p>Convener – Meredith Tri-Lead - Alyssa Review Mission, Vision, Ground Rules Brief introductions Please put name, organization (if any) and if you identify as a youth, family or system partner in chat. Message me with your name and email for the stipend form if you are a youth or family for the \$15 Amazon gift card <i>The December FISPR meeting began with introductions from attendees, including representatives from various organizations and the FISPR convener, Meredith Piehowski. The convener took attendance and welcomed everyone, expressing excitement about the new faces in attendance. Attendees included youth partners, program consultants, and regional directors, among others. The meeting was off to a positive start with a diverse group of attendees present.</i></p>
<p>Meeting minutes</p>	<p>Convener - Meredith Review of meeting minutes from November 2023 Motion made by: ___ Maria Perez ___ Seconded by: ___ Cori Nustad ___ Did the vote carry? YES <i>Meredith Piehowski reviewed the last meeting minutes and November’s minutes were passed without changes. Meredith introduced the HCA presentation on their work with youth mental health and mental health in general in Washington state.</i></p>
<p>HCA CBHWG Presentation</p>	<p>Children’s Behavioral Health Workgroup Members <i>The Child Behavioral Health Work Group makes recommendations to improve access to mental health and substance use services for children, young people up to age 25, and their families. The work group has six subgroups, and almost all of their recommendations have been passed in some form or another in the last three years. Nate Lewis discussed the Strategic Plan Advisory Group, which aims to develop system-wide strategies for high-quality and equitable access to care for children, youth, and young people aged 0-25 and their families. The group is made up of parents, caregivers, young people, and youth with personal experience in the behavioral health system, and meetings are open to the public. Stipend payments are available for eligible members who participate in meetings.</i></p>

AGENDA
Southeast Washington Regional FYSPRT
12/06/2023 3:30-5:00 p.m.
Location – ZOOM & PHONE-IN ONLY

	<i>Ruvine Jimenez shared her frustration with the systemic issues surrounding mental health services and her inability to get her daughter the help she needs. She highlighted the need for advocacy and support for those struggling with mental health conditions.</i>
Survey Update	Meredith
FYSPRT Evaluation Survey	All Members – Please fill out during roundtable discussion and note the question regarding meeting preference The FYSPRT meeting evaluation link sent out via email.
Roundtable Discussion (20 minutes)	All Members – please provide updates, events, etc <i>Karen Kelly introduced an upcoming training called Understanding Sexual Orientation, Gender Identity, and Gender Expression, which is an introduction training for families to better support those who identify differently. The training will focus on learning and understanding the relevant and appropriate language and terms within the LGBTQ+ community.</i> <i>Nicole - A Common Voice that provides support for parents and caregivers raising children with mental health challenges.</i> <i>Meredith - YARP is expanding its youth access and resource program to different counties in Greater Columbia.</i>
Closing Announcements (5 minutes)	<i>Reminder that starting in January 2024, meetings will take place on the 1st Thursday of the month, same time, same day.</i>
Regional FYSPRT meeting dates	January 4, 2023 – HAPPY NEW YEAR! February 1, 2024 Meeting ID: 376 123 4588 1-253-215-8782 or 3761234588# https://us06web.zoom.us/j/3761234588
State FYSPRT meeting dates	State FYSPRT Meeting January 25, 2024 3-5pm All are welcome to attend the State FYSPRT meeting!
Work Plan	Goal 1: Have adequate representation of youth and family partners on the Regional FYSPRT. Goal 2: Decrease stigma surrounding behavioral health and obtaining behavioral health care in our Region Goal 3: Do at least 1 community project annually that will address the stigma surrounding behavioral health and behavioral health access and treatment Goal 4: Provide outreach to those who identify as LGTBQA+ to participate in the Regional FYSPRT and provide information and education to FYSPRT on inclusion and support for those who identify as LGBTQA+