

SLEEP SALES

1.855.241.-SLEEP ( 855.244.7533) | WWW.HTTPS://SLEEPSALES.COM



CLOUD-BASED SOFTWARE

# SleepView Home Sleep Testing

[info@sleepsales.com](mailto:info@sleepsales.com) | 1.855.244.7533

Sleep Sales, LLC

The world of *Home Sleep Testing* is growing at an accelerated rate. One of the main factors for this growth is due to the introduction of *Testing for Sleep Apnea* in the *Primary Care and Ambulatory Surgery Setting*, as this shift begins to emerge, more providers will now have the ability to screen and test their patients for Sleep Apnea. There clearly is a need to begin screening your patients, Research studies and Clinical trials are being conducted and identifying new affiliations among *Obstructive Sleep Apnea* with very serious health issues.



"Because Everyone's Dream Counts"



SUPPORT TEAM



For Screening, how to use the device, how to set up patients,  
SleepView® Staff Training, Marketing tools, Flyers and  
Forms

855.244.SLEEP (7533)

[info@sleepsales.com](mailto:info@sleepsales.com)



For Patient Support on treatment

Joseph C. 631.820.8220

[sales@hamptonhomecare.com](mailto:sales@hamptonhomecare.com)



For STAFF Questions About treatment, another source for  
Marketing literature, Education of the Home Sleep Testing  
Pathway

Tracy C. 718.664.3619

[Tracey.chamberlin@resmed.com](mailto:Tracey.chamberlin@resmed.com)



For Web Portal Questions, Uploading assistance,  
Technical support

CLEVEMED Technical Support

1.877.253.8363

[support@clevemed.com](mailto:support@clevemed.com)



Sleep Apnea Support Community

1.877.389.8868



FIND OUT MORE ONLINE @  
[WWW.HTTPS://WWW.SLEEPSALES.COM](https://www.sleepsales.com)

## HOME SLEEP TESTING

### WHAT IS HOME SLEEP TESTING?

In order to diagnose **SLEEP APNEA** or other sleep disorders, a patient must undergo a polysomnography (sleep study). This is typically done in a sleep lab, requiring the patient to spend the night in-lab, while the polysomnography (PSG) equipment records his/her physiological data. However, today with technological advancements a polysomnography can be performed at home and is called home sleep testing (HST) or a home sleep study.

### BENEFITS OF HOME SLEEP TESTING?

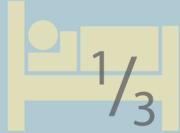
1. **The patient self-administers the home sleep test, and is able to spend the night in the patient's own bed in familiar surroundings** (reducing first night effect)
2. **Home sleep testing, a home sleep study, can be especially advantageous to the home-bound, elderly, or those with chronic illness, who require specialized care such as a nurse or family member spending the night, expensive transportation costs, etc. It is also beneficial for those with trouble arranging time out of their schedules to spend the night in-lab.**

“Because Everyone’s Dream Counts”

## Obstructive Sleep Apnea

### A Serious Problem

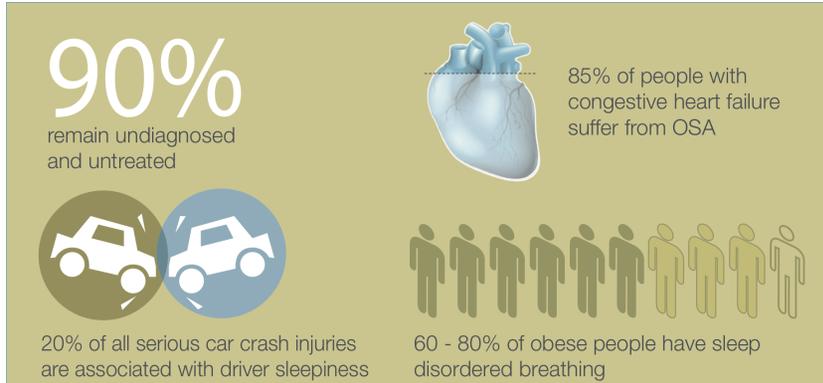
People generally spend 1/3 of their lives sleeping



More than **18 million** Americans suffer from OSA (approximate population of Florida)



### Living with OSA



### Evaluate your health

An estimated **40 million** people in the U.S. alone are affected by a sleep disorder, many of whom are undiagnosed. About 30 million Americans have undiagnosed Sleep Apnea. Our compact, wireless, portable SleepView device is used in sleep labs, hospitals, home sleep tests, etc. **as prescribed by the physician.**

## Sleepiness & Snoring



Do you have trouble remembering the last time you woke up feeling rested and refreshed? Do you snore? If so, chances are you’re not getting the quality sleep you need. Snoring and sleepiness can mean more than just feeling drowsy during the day. They may be

signs of a serious sleep disorder called sleep apnea.

The most common form of sleep apnea is obstructive sleep apnea (OSA). Obstructive sleep apnea occurs when your throat relaxes during sleep and partially or completely blocks your airway. You may snore or stop breathing for several seconds, until your brain triggers a wake-up response and you gasp for air. This can happen hundreds of times a night, though you won’t usually remember waking up.

### Are you at risk?

Sleep apnea can affect anyone. It can affect people who are fit or overweight, old or young, male or female. It can even affect children. A few of the common symptoms are:

- Loud snoring
- Lack of energy
- Daytime sleepiness
- Morning headaches
- High blood pressure
- Depression

A partner or family member says you stop breathing during sleep



