

12 point Meditation

These 12 points are a form of meditation that can be done whenever one has time, be it during the day or at night before falling asleep. The best way is to learn the words by heart and to speak them to oneself.

Truly, I am the most shining creation of Creation's idea.

Truly, I am in every respect in agreement with Creation's standing rules and regulations and with myself.

Truly, everything turns itself towards the best for me because I live within the success of the idea of the Creation.

Truly, I know that there is no resistance to my successes, also not in my thoughts and not in my imagination and also not in my feelings.

Truly, I know that I can do everything and that success is always granted, because so it is.

Truly, I myself am the master of my destiny and also a consciousness related and psychological magnet, who attracts health, peace, calm, love, respect and reverence and success and wealth.

Truly, I know that my thoughts are my might and that with these I determine everything about myself.

Truly, my thoughts are my might of consciousness and sub-consciousness and I connect with it each and every second.

Truly, I am glad and happy and full of love.

Truly, I am one with Creation's consciousness and also with myself.

Truly, my life and work consist of success because I know what is most successful is success.

Truly, my life is fulfillment because everything fulfills itself in me, for I myself am success.