

REGULATION ELEMENT W/O ARMS 1ST YR CADET

Instructions to Cadets: You are to adhere to the following sequence of commands in the order they are presented. There will be no deviations. **NOTE: A 5 second pause must be maintained after executing the grayed BOLD UPPER CASE COMMANDS.**

TEAM ENTERS	1	2	3	4
	(SCORED BELOW)			
1. Fall In				
2. Dress Right Dress				
3. Ready Front				
4. Present Arms				
5. REPORT IN				
6. Order Arms				
7. Parade Rest				
8. Attention				
9. Left Face				
10. About Face				
11. Forward March				
12. Right Flank March				
13. Left Flank March				
14. Column Right March				
15. To the Rear March				
16. To the Rear March				
17. Column Right March				
18. Eyes Right				
19. Ready Front				
20. Column Right March				

	1	2	3	4
21. Change Step March				
22. Column Right March				
23.ELEMENT HALT				
24. Left Face				
25. Right Step March				
26. Element Halt				
27. Left Step March				
28. Element Halt				
29. Present Arms				
30. Report Out				
31. Order Arms				
32. Left Face				
33. Forward March (Exit Pad)				

SCORE FROM ABOVE
(132) _____

CADET SIGNATURE: _____ JUDGES SIGNATURE: _____

UNIT NUMBER

Late Arrival	5pts/minute	_____ minute(s)
Crossing Boundaries	5pts/occurrence	_____ occurrence(s)
Time Limit (if applicable)	5pts/minute	+/- _____ minute(s)
Formation Violation	10pts/person	+/- _____ person(s)
Discretionary Violation	_____ points	Comment:
Usage of Notes	Yes <input type="checkbox"/>	50% Score Deduction

Reporting In/Out: When reporting to the head judge, give your unit number and event name. For example: Sir/Ma'am, NC-954 requests permission to use your drill area for element regulation unarmed.

REGULATION FLIGHT W/O ARMS SEQUENCE

Instructions to Cadets: You are to adhere to the following sequence of commands in the order they are presented. There will be no deviations. **NOTE: A 5 second pause must be maintained after executing the grayed BOLD UPPER CASE COMMANDS.**

TEAM ENTERS	1	2	3	4
	(SCORED BELOW)			
1. Fall In				
2. Present Arms				
3. Report In				
4. Order Arms				
5. Open Ranks March				
6. Ready Front				
7. Close Ranks March				
8. Count Off				
9. Left Step March				
10. FLIGHT HALT				
11. Left Face				
12. About Face				
13. Forward March				
14. Right Flank March				
15. Left Flank March				
16. Column Left March				
17. Forward March				
18. Counter March				
19. Forward March				
20. Counter March				
21. Forward March				

	1	2	3	4
22. Column Left March				
23. Forward March				
24. Eyes March				
25. Ready Front				
26. To the Rear March				
27. To the Rear March				
28. Left Flank March				
29. Right Flank March				
30. Column Right March				
31. Forward March				
32. Column Right March				
33. Forward March				
34. FLIGHT HALT				
35. Left Face				
36. Present Arms				
37. REPORT OUT				
38. Order Arms				
39. Right Face				
40. Forward March (Exit Pad)				

SCORE FROM ABOVE
(160) _____

CADET SIGNATURE: _____ JUDGES SIGNATURE: _____

UNIT NUMBER _____

Late Arrival	5pts/minute	_____ minute(s)
Crossing Boundaries	5pts/occurrence	_____ occurrence(s)
Time Limit (if applicable)	5pts/minute	+/- _____ minute(s)
Formation Violation	10pts/person	+/- _____ person(s)
Discretionary Violation	_____ points	Comment:
Usage of Notes	Yes <input type="checkbox"/>	50% Score Deduction

Reporting In/Out: When reporting to the head judge, give your unit number and event name.
For example: Sir/Ma'am, NC-954 requests permission to use your drill area for element regulation unarmed.

REGULATION ELEMENT W/O ARMS SEQUENCE

Instructions to Cadets: You are to adhere to the following sequence of commands in the order they are presented. There will be no deviations. **NOTE: A 5 second pause must be maintained after executing the grayed **BOLD UPPER CASE COMMANDS.****

TEAM ENTERS	1	2	3	4
	(SCORED BELOW)			
1. Fall In				
2. Dress Right Dress				
3. Ready Front				
4. Present Arms				
5. REPORT IN				
6. Order Arms				
7. Left Face				
8. About Face				
9. Right Face				
10. Forward March				
11. Left Flank March				
12. Right Flank March				
13. To The Rear March				
14. Element Halt				
15. Left Step March				
16. Element Halt				
17. Right Step March				
18. Element Halt				
19. Parade Rest				
20. Attention				

	1	2	3	4
21. About Face				
22. Forward March				
23. Right flank March				
24. Column Right March				
25. To the Rear March				
26. Column Left March				
27. Column Left March				
28. Left Flank March (Exit Pad)				

SCORE FROM ABOVE (112) _____

CADET SIGNATURE: _____ JUDGES SIGNATURE: _____

UNIT NUMBER _____

Late Arrival	5pts/minute	_____ minute(s)
Crossing Boundaries	5pts/occurrence	_____ occurrence(s)
Time Limit (if applicable)	5pts/minute	+/- _____ minute(s)
Formation Violation	10pts/person	+/- _____ person(s)
Discretionary Violation	_____ points	Comment:
Usage of Notes	Yes <input type="checkbox"/>	50% Score Deduction

Reporting In/Out: When reporting to the head judge, give your unit number and event name. For example: Sir/Ma'am, NC-954 requests permission to use your drill area for element regulation unarmed.

REGULATION INDIVIDUAL W/O ARMS FEMALE / MALE

(Circle One)

Instructions to Cadets: You are to adhere to the following sequence of commands in the order they are presented. There will be no deviations.

TEAM ENTERS	1	2	3	4
	(SCORED BELOW)			
1. Report In				
2. Right Face				
3. Left Face				
4. About Face				
5. Parade Rest				
6. Attention				
7. About Face				
8. Right Step				
9. Halt				
10. Present Arms				
11. Order Arms				
12. Right Face				
13. Forward March				
14. Right Flank				
15. Right Flank				
16. Change Step				
17. To The Rear March				
18. Left Flank				
19. Left Flank				
20. Right Flank				

	1	2	3	4
21. Halt				
22. Left Step				
23. Halt				
24. Report Out				
25. Military Bearing				

SCORE FROM ABOVE (100) _____

CADET SIGNATURE: _____ JUDGES SIGNATURE: _____

UNIT NUMBER

Late Arrival	5pts/minute	_____ minute(s)
Crossing Boundaries	5pts/occurrence	_____ occurrence(s)
Time Limit (if applicable)	5pts/minute	+/- _____ minute(s)
Formation Violation	10pts/person	+/- _____ person(s)
Discretionary Violation	_____ points	Comment:
Usage of Notes	Yes <input type="checkbox"/>	50% Score Deduction

Reporting In/Out: When reporting to the head judge, give your unit number and event name.
For example: Sir/Ma'am, NC-954 requests permission to use your drill area for element regulation unarmed.